

SOUTHERN EXPOSURE

SEED
EXCHANGE



2025

CATALOG & GARDEN GUIDE

SAVING THE PAST FOR THE FUTURE



Dear Valued Customers & Gardening Friends,

Welcome to our 2025 catalog! This year we welcome 21 new varieties to the catalog and welcome back many other varieties.

Acorn Community, pictured above, is the egalitarian community that owns and runs Southern Exposure Seed Exchange (SESE). Learn more about our farm in Louisa County, Virginia, at www.acorncommunity.org

New varieties this year include Mannon's Majesty tomato (p. 50), named in honor of Dr. Mannon Gallegly, who released this new variety after turning 100. Dr. Gallegly's lifetime of tomato breeding work started with releasing West Virginia 63 tomato (p. 50) in 1963.

Florida High Bush eggplant (p. 18) is an old favorite commercial variety. Grace your fall table with unusual red Brussels sprouts Red Rubine (p. 10). Granny Hobbs collards and Minnie Mizelle collards (p. 22) are more treasures thanks to the Heirloom Collard Project.

Five native plants are new in this year's catalog, providing an easy way to support pollinators and other wildlife. New varieties include Short-Toothed Mountain Mint (p. 63), Yarrow (p. 65), *Rudbeckia hirta* (p. 70), Purple Lovegrass (p. 73), and Partridge Pea (p. 75).

Returning varieties include Sieva (p. 9), a small white-seeded pole lima with great flavor that dates back to the 1700s. Viroflay spinach (p. 25) is a famous French heirloom with smooth, giant leaves that was last offered by SESE in 1991. Cajun Jewel okra (p. 31) is a great early and short Louisiana variety. Balcony petunia (p. 70) is a fragrant



**Southern Exposure
Seed Exchange**

heirloom that grows luxuriously either in the ground or a balcony planter. Yellow Pear tomato (p. 56) is a favorite heirloom variety that yields loads of tender-skinned fruits.

This year had many challenges. We're impressed that our growers produced as many crops as they did. We couldn't fit every variety into this catalog, so check our webstore for more options.

For many of us, drought was a problem this year. Here in Virginia, we had little rain for several months, along with a hot early summer. As a result, wildlife were more impactful than usual, eating the lush foliage of irrigated crops. Hurricanes Helene and Milton caused awful destruction to the Southeast. Many of our growers had severe damage to their farms and seed crops. On the West Coast, many seed growers had to evacuate due to wildfires. Thankfully all our growers were able to return to their farms, although many had crops that were destroyed or reduced due to smoke.

In August we held a special event on our farm with invitations going out to local customers. This was the first Tasting & Farm Tour we've held since 2019. We welcomed many local customers to taste tomatoes and melons, tour our trial gardens and offices, and attend workshops offered in collaboration with the Virginia Association for Biological Farming (VABF) and Quality Certification Services (QCS). We look forward to hosting a similar event next summer: local customers should watch for their newsletter invitation in early August and RSVP early as space is limited. You can sign up for our email newsletter on our homepage at www.southernexposure.com.

*We wish you an
abundant harvest!*

Metric Madness!

We indicate weight in grams for most sizes. You may find these conversions helpful.

28 g = 1 oz 114 g = 4 oz = ¼ lb
227 g = 8 oz = ½ lb 454 g = 16 oz = 1 lb

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**Complete ordering instructions & conditions
can be found on page 86.**

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Garden Planner

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FEATURED SESE SEED GROWERS



Trouvaille Farm

Lindsay Klaunig and Michael Barnes, with their son Elias, farm 80 acres in hilly eastern Ohio. Their farm, Trouvaille Farm (“lucky find”), is diverse, getting a third of its income from seed sales, a third from vegetable crops (market sales and Community Supported Agriculture shares), and a third from animals (cows, goats, and chickens). Besides their regular farm work, they supplement their income with farm research grants and products from their farm’s commercial kitchen. (The juice from the watermelon seed crops they grow for SESE makes great frozen popsicles!) If cocoa bean prices come back down, Lindsay may be able to make and sell her excellent goat milk chocolate bars again.

Before buying their farm in 2017, Lindsay and Michael gained experience working on many different farms, including stints by Lindsay at SESE in 2008 and 2009. They picked their farm site with care, in an area with historically good rainfall. They’ve improved their soil with cover crops and animal manures to better hold water. They plant on contours to reduce erosion and minimize their water use with drip irrigation.

Nature, and climate change, haven’t made it easy. Droughts have been the rule since they moved in. This year, the drought was so severe that their region was declared a Natural Disaster Area, which provided some monetary relief for hay bills, but no aid for lost vegetable or seed crops. Water bills were too high due to the drought to make it worthwhile to keep irrigating. Most of the seed crops that they grew for SESE and for five other seed companies had greatly reduced yields.

Lindsay and Michael love growing seed crops. They like the work and the income flexibility that seeds bring to the farm. Their flower and herb seed crops help them make connections with local florists and herbalists. Growing out new varieties for seed provides the opportunity to identify and select for crops that do well in increasingly demanding growing conditions.



Brian Chadwell

Brian Chadwell, a 4th-generation farmer, grew up working alongside his uncles on the family farm in a valley nestled between the hills near Richmond, Kentucky. As a child, he helped raise cattle, tobacco, hay, corn, and soybeans, learning the values of hard work and dedication that continue to inspire his farming journey today.

Now, Brian is focused on sustainable agriculture, specializing in wholegrain rice production. He is passionate about providing nutritious, fresh food to his community. To achieve this, he transplants thousands of rice starts per acre using the System of Rice Intensification (SRI), a method that reduces methane emissions and minimizes water use while preserving soil health through low-tillage and environmentally conscious practices. This approach not only benefits the environment but also emphasizes long-term sustainability, ensuring the land remains fertile for future generations.

Brian’s commitment to sustainability extends beyond rice. He plans to expand his operations to include dry beans, lentils, and quinoa, continuing his family’s tradition of farming while adapting to evolving agricultural needs. As a new member of the Southern Exposure Seed Exchange (SESE) and Ujamaa Grower Network, Brian is dedicated to sustainable farming practices. He also actively supplies fresh wholegrain rice to local chefs and his neighbors, fostering strong connections within his community that enhance local food systems.

His hard work and dedication are evident in every step of his farming process, from transplanting seedlings to harvesting crops. Brian’s journey reflects a deep-rooted respect for the land and a commitment to sustainable practices that honor the legacy his family has built over generations. With a clear vision for the future, he is excited to contribute to a more sustainable and nourishing food landscape in his community.

Order online for fastest service & largest selection:

www.SouthernExposure.com

You’ll find everything in our catalog, plus:

- updated availability
- more growing guides
- retail stores that sell our seeds
- profiles of many of our small farm seed growers
- our popular Seed Saving handout
- our Blog
- Fall & Winter Quick Reference
-and more!



AAS Winners All-America Selections (AAS) is an independent, non-profit organization that tests new varieties then introduces only the best garden performers as AAS Winners.

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Ark of Taste

The Ark of Taste is a listing of rare traditional foods compiled by the Slow Food movement to protect these products from extinction and encourage good, clean, fair food for all.



Our Guarantee

We guarantee that you will be 100% satisfied with our seeds, bulbs, slips, and accessories, or we will replace the dissatisfactory item or refund the purchase price according to your choice. We do not sell, rent, or exchange any customer names, phone numbers, e-mail addresses or other information from our mailing list. See Ordering Information on page 86 for complete details.

Especially Well-Suited to the Southeast: These varieties thrive in the conditions particular to the southeastern United States. All our varieties are well-adapted to the mid-Atlantic, but varieties with this symbol are particularly well suited to hot, humid summers.

Heirloom: We define heirlooms as varieties introduced before 1940. Our definition is stricter than that used by many others.

Seed from Small Eco Farms: Seeds from small farmers in our seed grower network. Most of these farms are family-owned. Some are cooperatives. For farmer profiles, see above, and more on our website.



OG USDA Certified Organic: we are certified by Quality Certification Services (QCS). Our organic certificate is online at www.SouthernExposure.com.



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- Local customers, look for our annual *Tomato Tasting & Farm Tour*: nearby addresses receive an email invitation to our August tour.
- Learn about our Seed Growers at southernexposure.com/our-seed-growers/

 Southern Exposure Seed Exchange

SOUTHERN EXPOSURE PROGRAMS & AFFILIATIONS

The Safe Seed Pledge

Agriculture and seeds provide the basis upon which our lives depend. We must protect this foundation as a safe and genetically stable source for future generations. For the benefit of all farmers, gardeners, and consumers who want an alternative, we pledge that we do not knowingly buy or sell genetically engineered seeds or plants. The mechanical transfer of genetic material outside of natural reproductive methods and between genera, families, or kingdoms poses great biological risks, as well as economic, political, and cultural threats. We feel that genetically engineered varieties have been insufficiently tested prior to public release. Further, we wish to support agricultural practice that encourages healthier soils, genetically diverse agricultural ecosystems, and ultimately, people and communities.

Plant a Row for the Hungry

Support those in need in our local communities. Learn how to get started in your town: www.gardenwriters.org/Par/



SEED PROGRAMS INTERNATIONAL works to provide quality seed to impoverished communities in developing countries. In addition to seed, SPI provides critical seed expertise and experience operating seed-based self-help programs. Learn more or make a donation: www.seedprograms.org

Fundraisers

Make your next fundraiser a bountiful experience! We help schools and nonprofit organizations raise money by selling easy-to-grow seed collections. Visit www.southernexposure.com/fundraisers to learn more, or contact us by email at fundraiser@southernexposure.com.

Seed Storage

Most seeds can be stored for more than a year if kept clean, cool, dry, and out of light. Some seeds (onions, parsnips, salsify, spinach, supersweet corn) are only good for a year unless stored well. For long-term storage, store packets in a larger container (such as an airtight tupperware or a mason jar with a two-piece lid) and tightly seal for storage in your fridge or freezer. (Be careful to let the container warm to room temperature before opening.)

Gift Certificates

We offer gift certificates in any whole dollar amount. Simply send us the name and full address of the recipient along with payment. We will send a catalog with the gift certificate code. You may include a personal message to the recipient.



Donation Seeds

We donate seeds to worthy causes. We mostly focus on local projects in the Southeast. Please reach out if you know of a project that we can support.

Books by SESE's own Ira Wallace and our friend and neighbor Pam Dawling: See pgs. 77-78.



We're proud to help sponsor the Charlottesville area **Buy Fresh Buy Local Guide**. The **Piedmont Environmental Council** launched Virginia's first BFBL chapter. Their work has inspired us to be more active in support of local food and farms. We hope you will be inspired as well. The website and guides explain why and how to buy from local growers, food artisans, farmers' markets, institutions, and restaurants. To learn more, visit BuyLocalVirginia.org and pecva.org.

We're donating 30% of your purchase of our **Welcome-to-the-Garden Pollinator Collection** (pg. 82) and **Virginia Heritage Seed Sampler** (pg. 82) to the Piedmont Environmental Council.

Artichokes

Cynara scolymus

Culture: In the mid-Atlantic region it can be difficult to over-winter artichokes. We only offer annual artichokes that are able to produce in one season. Sow indoors 2 months before last frost, ½ in. apart and ¼ in. deep. Germinate at 70–80°F, then transplant to 2–4 in. pots at 60–70°F day and 50–60°F at night; by two months transplant outdoors, 2–3 ft. apart and protect from frost.

IMPERIAL STAR 🌟 The first artichoke bred to produce in one season. #09101 Pkt (1 g, ~24 seeds) \$3.90



Imperial Star

Snap Beans (Bush Plants)



Blue Lake Bush

BLUE LAKE BUSH (Blue Lake 274)

OG 🌟 55 days. A vigorous bush producing round pods with fine flavor. Prolific. Resistant to bean mosaic virus. 15–18 in. plants with mostly stringless 6–8 in. pods. Excellent

for freezing or canning. #13104 Pkt (~76 seeds) \$3.65; #13104F (¼ lb) \$7.55



Contender

CONTENDER **OG** 🌟 (Buff Valentine) 49 days. [1949, SC/AES. Possibly derived from pre-1855 Early Valentine.]

The best early green bean for gardeners who desire

good flavor, disease resistance, and high yield. 5½ in. long pods. Fairly hardy under adverse conditions and well suited to greenhouse use. Resistant to common bean mosaic virus (race 1) and tolerant of powdery mildew. #13103 Pkt (~50 seeds) \$3.65; #13103F (¼ lb) \$7.55; #13103G (½ lb) \$9.65



Fowler

FOWLER **OG** 🌟 53 days.

[Heirloom of Don Fowler who obtained it in 1981 from a friend whose relatives settled in

Oregon. Introduced 1986 by SESE.] Tender, great flavor. 5 in. slender round stringless pods, dark-brown seeds. Vigorous and productive, excellent heat and drought resistance. Large leaves suppress weeds. #13108 Pkt (~52 seeds) \$3.85; #13108F (¼ lb) \$8.60

Beans

Phaseolus vulgaris

Culture: Beans grow well in any well-drained garden soil, but do best in soils with pH above 6.0. After the last frost, plant seeds 1 in. deep and 2 in. apart in rows 12–18 in. apart, thinning to 4 in. apart. Peppering seeds with inoculants before sowing helps ensure good growth. Beans may benefit from a source of soluble nitrogen (if your soil is low in nitrogen) during the first 3 weeks until nitrogen-fixing nodules develop, but do not apply nitrogen after this period. Dark-seeded beans are more resistant to rotting in cool soil than light-seeded beans. Beans need a minimum soil temperature of 65°F to germinate well, otherwise seeds may rot. Succession: Plant every 3 weeks for a steady supply. Hot weather: in deep summer heat, flowers may not set pods; southern peas and asparagus beans are more reliable producers at these times. **Harvest:** Pick when pods are small, before seeds fill the pods, for snap beans, pick before seeds fill the pods. Keep well picked so that plants continue to bear. Many beans are multi-purpose and can be harvested in snap, shelly, and dry stages. Storage: Keep dry – wet beans will mold in storage. **Diseases:** Rotate on a 3-year cycle if disease is a problem. Don't cultivate or harvest when foliage is wet since anthracnose, bacterial blight, and rust diseases may be spread. Avoid watering plants in the evening. Mulch plants to prevent rain from splashing dirt on beans. **Insect Pests:** The Pedio Wasp (*Pediobius foveolatus*) can biologically control Mexican bean beetles. Seed Savers: Isolate bean varieties a minimum of 25 ft. for home use. Isolate (non-lima) bean varieties by a minimum of 10 feet from other beans of the same species. For pure seed, isolate by at least 30 ft. **Packet:** 28 g (1 oz) for bush snap beans, unless otherwise indicated (about 50–105 seeds depending on variety) sows 10–18 ft.



Gold Rush Yellow Wax

GOLD RUSH YELLOW WAX **OG** 🌟 52 days.

5–6 in. tender stringless pods have good flavor, are easy to pick, hold well on the plants, and have great disease resistance – what's not to like? Pkt. #13302 Pkt (14 g ~57 seeds) \$3.40; #13302F (¼ lb) \$8.10



Maxibel

MAXIBEL **OG** 🌟 55 days. One of the best gourmet French “haricot vert” beans. Sturdy bush plants produce abundant yields of dark green, pencil thin, flavorful 7 in. pods in a concentrated set for easy picking. The stringless beans hold well on the plants. Folks have been asking us for years for this one; we're happy to finally have a good supply to offer!

#13201 Pkt (14 g, ~60 seeds) \$3.40; #13201F \$7.55

Snap Beans (Pole & Cornfield)

Culture: Pole beans usually bear later than bush beans and generally give higher yields, usually bearing for six or more weeks. Poles or other means of support should be at least 8 ft. high. Sow seeds 1 in. deep. Along a trellis, sow seeds 4 in. apart, thinning to 8–12 in. apart. With a bean teepee, sow 6–8 seeds around the base of each pole. Corn plants may be used as bean poles. We recommend using tall, sturdy dent corns like Tennessee Red Cob, Pungo Creek Butcher, and Hickory King. **Note:** Only certain varieties of beans are shade tolerant and adapted to growing in corn, though most grow well along the



Black-Seeded Kentucky Wonder

outside rows. **Packet:** 14 g unless stated (about 35–55 seeds depending on variety) sows 6–9 poles

BLACK-SEEDED KENTUCKY WONDER **S** 🌟 75 days.

[Central Ohio heirloom.

Original seed from Tom Knoche's Aunt Marge, who kept this variety alive for 60 years.] Germinates well in cool soil. Good flavor and texture. 6–8 in. stringless, fleshy, fiberless pods. #13511 Pkt (~45 seeds) \$3.90

PROVIDER **OG** 🌟 48 days.

[Introduced by Dr. Hoffman of South Carolina in 1965.] A favorite of many market growers, this widely adapted snap bean offers heavy early yields. Virus resistant and slow to wilt. 16–18 in. plants with 5–8 in. green beans. #13110 Pkt (~82 seeds) \$3.65; #13110F (¼ lb) \$7.55; #13110G (½ lb) \$9.65



Provider

TANYA'S PINK POD **OG** 🌟 60 days.

Romano-type beans from a sport of 'Sequoia'. Flat pods are a lovely mottled green and phosphorescent pink. Pink color fades when cooked. #13371 Pkt (~67 seeds) \$3.90; #13371F (¼ lb) \$8.60



Tanya's Pink Pod

BACK! CASE KNIFE **S** 🌟 60 days.

[Bertie County, NC] Large pods, up to 9 in. long. Brown seeds. Stringless and quite flavorful when picked small. Sets well even in hot weather. We started carrying these in 2019, and it's already a customer favorite! #13522 Pkt (~44 seeds) \$4.15



Case Knife



Cherokee Cornfield

CHEROKEE CORNFIELD **S** 🌟 58 days. Heirloom with pretty earthtone shades and markings. Yields well, especially when grown up corn stalks. The story goes that the different color varieties should not be separated out or else they will barely flower – that

much like a family, they are stronger when kept together. Traditionally eaten as a shelly bean – boil the pods like one would with edamame, then pop the small beans out of their pods. #13513 Pkt (~42 seeds) \$3.65; #13513F (¼ lb) \$11.20

Beans (Pole & Cornfield) continue on the next page.

Beans (Pole & Cornfield) continued.



Genuine Cornfield

GENUINE CORNFIELD (Scotia, Striped Creaseback) 83 days. [Possibly of pre-Columbian origin, one of the oldest beans cultivated by the Iroquois who used it as a corn soup bean and bread bean. In the Cayuga Iroquois dialect its name means 'wampum bean.'] Shade tolerant, an old

favorite for growing with corn. Straight 5–7 in. pods, gray-brown seeds with brown mottles and stripes. Best harvested before seeds fill the pods. Strung pods are tender even in the shelly stage. Produces very well during high heat. A valuable variety for keeping the nitrogen in your corn patch. #13501 Pkt (~51 seeds) \$3.90; #13501F (¼ lb) \$11.20



Grandma Nellie's

GRANDMA NELLIE'S YELLOW MUSHROOM 56 days. [Original seed from Marge Mozelisky, given to her by her grandmother.] Has the unusual characteristic of tasting somewhat like mushrooms when cooked. Tender when picked at 5 in., this bean is a true treasure. Heavy yielder of light yellow pods. #13512 Pkt (~39 seeds) \$4.15



Hensley

NEW! HENSLEY 67 days. [Thanks to Andrew Calhoun for our seedstock. His great-great grandmother Hensley, as well as many of her

descendants and their acquaintances, grew this bean in Southwest Virginia.] Small green pods, about ½ in. × 4 in., become quite plump as seeds reach full size. Pods remain tender through the shelly stage. Traditionally used as a green bean and dried to make leather britches. White seeds. #13533 Pkt (~60 seeds) \$4.15

IDEAL MARKET (Brown Creaseback) 55 days. [First sold in 1914 as Black Creaseback in Mobile, AL by Van Antwerp's Seed Store. Later reintroduced in 1924 in New Orleans as Reuter's Ideal Market by Chris Reuter Seed Company.] 5–6 in. green stringless pods, good flavor, crisp texture. Other qualities making these ideal for market are earliness, long season, and the pods' good keeping quality on the vines! #13527 Pkt (~59 seeds) \$3.65; #13527F (¼ lb) \$7.80



Ideal Market

KENTUCKY WONDER (Old Homestead) 66 days. [Pre-1864, first known as 'Texas Pole.'] Popular since its introduction, though it has undergone some change over the years. Resistant to bean rust. 8 in. pods, stringless and tender when small. Use fresh, for canning and freezing, or as a dry bean. #13503 Pkt (28g, ~75 seeds) \$3.65; #13503F (¼ lb) \$7.80; #13503G (½ lb) \$12.80



Kentucky Wonder



NT Half-Runner

NT HALF-RUNNER 73 days. In recent years the commercial strains of white half-runner beans have been contaminated by pods with tough hulls. Bill Best of the Sustainable Mountain Agriculture Center spent years carefully selecting this variety to bring back the tender hulls they should have! Great production and flavor. 4–6 in. pods, white seeds. #13251 Pkt (~45 seeds) \$4.15; #13251F (¼ lb) \$12.25



Rattlesnake

RATTLESNAKE 56 days. A heavy producer in the hot, humid areas of the coastal Mid-Atlantic and South where sandy soil prevails. Steamed snaps are sweet, rich, and full flavored. Stringless when pods are small to medium size. Vigorous vines bear 7 in. round purple-streaked pods containing buff-colored seeds splashed with brown. #13508 Pkt (~39 seeds) \$3.15; #13508F (¼ lb) \$6.80; #13508G (½ lb) \$12.00



Selma Zesta

BACK! SELMA ZESTA 54 days. [Heirloom from the J. C. Metzger family of Newberry, SC, offered by Parks Seed in the 1960s.] Rattlesnake type. Lovely olive green pods speckled with purple. Tasty pods at any stage, even when large. The seeds remain small in the pods for a long time; it is the meat of the bean that thickens, giving you a real mouthful. Small beans are excellent eaten raw. Older, thicker beans make a great meat substitute in vegetarian meals. #13515 Pkt (~37 seeds) \$4.15



Sparkman Cutshort

SPARKMAN CUTSHORT 70 days. [Northern Alabama family heirloom from grower Dan Geer. Introduced 2021 by SESE.] 6–7 in. curved pods, good fresh or as shelly beans. Brown and tan seeds with speckles and swirls. #13523 Pkt (~55 seeds) \$3.15



Turkey Crow

TURKEY CRAW 67 days. [Heirloom from VA, NC, and TN. According to folklore, a hunter shot a turkey and removed a bean from its craw; the bean was later planted and saved, hence the name Turkey Crow.] Often used as a cornfield bean. Excellent fresh flavor. Good canned. Similar to other beans for freezing and drying quality ("leather britches on a shuck"). Pods grow ¾–4 in. long and cling to the vines. Seeds are buff, frosted with brown on one end. #13510 Pkt (~52 seeds) \$3.90

Purple-Podded Pole Beans

LOUISIANA PURPLE POD 51 days. Our earliest pole bean. Great production with a long harvest season. Purple-green vines have good drought-resistance. 6-in. pods are bright purple and turn green when cooked (blanch indicator). Very good flavor, especially when minimally cooked. Young beans are stringless. We steamed some of the pods in the shelly stage: while stringy, they were hearty and delicious. #13753 Pkt (~49 seeds) \$4.15



Louisiana Purple Pod

Small amounts of other bean varieties not listed here may be available - see our website! www.SouthernExposure.com

Tepary Beans

P. acutifolius

Culture: Native to Mexico and the southwest U.S., tepary beans are highly drought- and heat-tolerant, able to set pods at higher temperatures than common beans. Sow seeds 4–6 in. apart in well-drained soil. Water sparingly – plants given too much water will be more viny and set less pods. **Harvest:** Pick pods as they mature, or pull up plants when more than 75% of the pods have dried, and let the pods finish up drying on a tarp. **Cooking:** Seeds will triple in size when cooked. Higher in dietary fiber and protein than common beans, and more easily digested. Seeds have a slightly nutty flavor. Soaked overnight, the seeds need only 60–90 minutes to cook; double the time for unsoaked beans.



TARS-Tep 23

NEW! TARS-TEP 23 [USDA-ARS/Zamorano U./UC Davis/U. of Nebraska.] 60–120 days. Longtime project to select for exceptionally disease-resistant and productive plants. Black mottled seeds. #11702 Pkt (7 g, ~48 seeds) \$4.50

Asparagus Beans (Long Beans)

Vigna unguiculata ssp. sesquipedalis

Culture: Asparagus or “yard-long” beans originated in Southern Asia and are now grown extensively in Asia, Europe and more recently the U.S. Although they resemble pole snap beans, they are more closely related to southern peas (cowpeas). Asparagus beans are called “Dow Gauk” in China and “Sasage” in Japan. Asparagus beans are easily grown; produce heavily; harvest easily; thrive in hot weather when snap beans may not produce; are slightly more resistant to drought than snap beans; are much more resistant to bean beetles; and are tolerant of a wide range of soils. Need warm soil to germinate – sow a month after last frost. Grow in the same manner as pole beans or along a trellis, sow seeds ¾ in. deep, 4 in. apart, thinning to 8 in. One planting along a tall trellis will produce well all season. **Harvest:** Harvest when pods reach pencil thickness, before the seeds fill the pods. May be cooked like snap beans. Young leaves and stems are also edible. **Flavor:** Sweet and mild, resembling the combined flavor of asparagus, mushrooms, and beans. **Serving suggestion:** Braid or tie into knots before cooking. **Seed Savers:** Isolate from southern peas and asparagus beans by a minimum of 10–20 ft. for home use. For pure seed isolate 50 ft. **Packets:** (4–7 g) (30–49 seeds, depending on variety) sows 10–16 ft.



Chinese Red Noodle

GREEN POD RED SEED

S 58 days. [Pre-1860] 24–26 in. green pods are tender to 18 in. Pink red seeds. Always a reliable, trouble-free variety that is excellent for the home garden. #11102 Pkt (6 g, ~39 seeds) \$4.15



Green Pod Red Seed

BACK! LIANA OG S

52 days One of the earliest maturing asparagus beans. Like most black-seeded varieties it does well in the North and the South. Since it is day-neutral, in the South it can be planted for early market sales, late for a fall harvest, or year-round in the greenhouse. Green pods up to 23 in. long, but are best picked at 18 in. or smaller (less than pencil-width). A market favorite. #11105 Pkt (7 g, ~39 seeds) \$4.15



Liana

PURPLE PODDED S

79 days. Beautiful dark purple pods that retain color when stir-fried. 18 in. long pods, tender up to 12 in. Red-brown seeds. Reliable and prolific, takes heat well. #11103 Pkt (7 g, ~44 seeds) \$4.15



Purple Podded



Taiwan Black

TAIWAN BLACK S

52 days. Pale green beans up to a full yard long! Vigorous, branching vines, with high yields. Black seeds. #11108 Pkt (5 g, ~40 seeds) \$3.90



White Galaxy

BACK! WHITE GALAXY S

55 days. Pretty green-white pods up to 22 in. long, best harvested at 15 in. or less. Early, productive, and vigorous. #11107 Pkt (7 g, ~32 seeds) \$4.15



Yancheng

YANCHENG S

54 days. [Chinese variety. Thanks to Chris Hoetschl for our seedstock!] 10–14 in. green pods, reddish-brown seeds, very productive! Bushy habit in cooler conditions, vining in hotter conditions. #11110 Pkt (5 g, ~34 seeds) \$3.90

Drying Beans (Bush Plants)



Honduran Small Red

Harvest dried pods before rains so seeds won't mold inside pods. Continue drying pods for 2–4 weeks indoors or under cover before shelling and storing.

NEW! HONDURAN SMALL RED S

90 days. [Land race from the Honduras-Nicaragua area. Thanks to Joshua

Gochenour for our seedstock.] Popular Latin American market variety. Half-runner type, a great cornfield variety. Seeds dry well in the field, the pods turning bright red as they dry. #13413 Pkt (~64 seeds) \$4.15



Jacob's Cattle

JACOB'S CATTLE OG S

86 days. [Popular northern heirloom, though it was likely developed in VA by Jacob Trout.] Beautiful and distinctive seeds. Large, kidney-shaped beans are spotted with maroon markings on a white coat. Excellent for baking and soups. #13402 Pkt (~45 seeds) \$3.65; #13402F (¼ lb) \$7.55; #13402G (½ lb) \$10.15



Jamapa

JAMAPA OG S

80–85 days. [Los Tuxtlas, Veracruz, Mexico; seed shared with Lalo Lazaro by his mother, Ofelia Aguirre. Introduced 2023 by SESE.] Similar to Black Turtle Beans, but more productive, and more tender skins make for faster cooking.

The taller plants better keep their pods off the ground, helping to prevent rotting and disease. Bush plants may have short runners. They don't need staking, but may benefit from hilling. **Seed stewarded by Care of the Earth Community Farm in Corryton, TN.** #13412 Pkt (14 g, ~68 seeds) \$4.15; #13412F (¼ lb) \$10.15

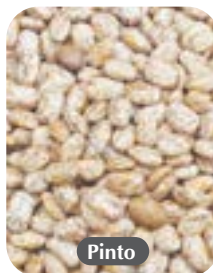


Kebarika

KEBARIKA OG S

75 days. [Kenyan heirloom.] Sturdy upright plants produce loads of dark purple mottled beans. 6 in. pods, 5 large seeds/pod. The window

for picking as a snap bean is small, but it excels as a dry shell bean that tolerates heat and drought well. Widely adapted. #13406 Pkt (~50 seeds) \$4.15



Pinto

PINTO (Quincy) OG S

90 days. A wonderful shelling bean. Traditionally used for refried beans, they cook up smooth and creamy with great flavor. 4–6 beans per pod. Bushy habit in cooler conditions, vining in hotter conditions. #13408 Pkt (~101 seeds) \$3.65; #13408F (¼ lb) \$7.55

SMALL RED OG S

75 days. 14 in. tall semi-bush plants tend to sprawl a bit, and produce small, dark-red beans. Very productive. 4–6 beans/pod. #13409 Pkt (~97 seeds) \$3.65; #13409F (¼ lb) \$7.55



Small Red

TIGER EYE OG S

55 days fresh shell bean, 80 days dry bean. [Heirloom from Chile/Argentina.] Versatile bean can be used three ways. When young it's a snap bean (green to light yellow), when the pods fill it makes a great fresh shelling bean (beans are mostly white at this stage), and when fully mature it's a dried bean with colors like a tiger's eye (orange with maroon stripes). The beans have a wonderful rich flavor and smooth texture. The tender skins disappear in cooking. #13411 Pkt (~40 seeds) \$4.15; #13411F (¼ lb) \$9.10



Tiger Eye

Edamame (Soybeans)

Glycine max

Culture: Edamame is very easy to grow—as easy as growing any bush bean. It's planted the same way as bush beans, and a mature soybean plant (edamame plant) is 2–5 ft. tall. After the soil has warmed to 65°F, sow seeds 1 in. deep and 2+ in. apart, in rows 15–30 in. apart. Don't rush planting; if the soil isn't warm enough, seeds will not germinate. Do succession plantings for an extended harvest. **Harvest:** Manually pick the immature green pods when 80–90% filled out. If pods are allowed to turn yellow much of the quality is lost. Beans reach their maximum sweetness about a month after flowering. Quality is best when the pod is plump and bright green, similar to snow peas in color. **Cooking:** Most often served steamed in the shell – but don't eat the shell. **Seed Savers:** Isolate varieties a minimum of 25 ft. for home use. **Packet:** (14 g) (40–46 seeds depending on variety) sows 9–14 ft.

BACK! **LANCO OG S** 🌞 90 days. [Grown in Pennsylvania for many years, "Lanco" is thought to stand for Lancaster County. May have come from Asia in the early 1900s.] Large green seeds, mild nutty sweet flavor. Harvest beans when the tops of the plants start to lose their deep green color, but before the leaves start to turn yellow on top. (There will always be a few yellow leaves at the very bottom of the plants, that's natural.) Don't wait until the beans fill out all the way to the end of the pods, this variety won't do that. Hardy plants may grow 3–4 ft. tall if seeded early. Early group V maturity. **#11503 Pkt (~40 seeds) \$4.15**



Lanco

BACK! **MOON CAKE OG S** 🌞 92 days. [Bred by Thomas E. Devine, Beltsville/ARS & USDA.] Unusually tall stalks (5–6 ft.) help plants outgrow the weeds! Large-seeded pods, bred for taste, flavor, and nutrition. Soybean maturity group VI. **#11601 Pkt (~57 seeds) \$4.15**



Moon Cake

TANKURO S 🌞 65 fresh shell bean, 90 days dry bean. For edamame, harvest when pods are filled out but green. Also traditionally harvested fully dry and used as a dry bean, such as in Japanese kuromame. Black-seeded soybeans are quicker to cook than most dry beans, and deemed to have a richer flavor than green- or tan-seeded soybeans. 30 in. plants. **#11505 Pkt (~46 seeds) \$4.15; #11505F (¼ lb) \$8.60**



Tankuro

BACK! **TOHYA OG S** 🌞 68 days. Great flavor and texture. Concentrated pod set means you can harvest whole plants at once. 2 ft. plants. **#11506 Pkt (~41 seeds) \$4.15**



Tohya

Lima Beans

Phaseolus lunatus

Culture: Limas need warmer soil than snap beans. Wait to direct sow until at least 2 weeks after last frost. Plant seeds 2–3 in. apart, thinning to 4–6 in. Be sure the soil is well drained. **Harvest:** Limas can be used fresh when beans fill the pod, or they can be left to dry in the pod to be used as dried beans. **Seed Savers:** Isolate varieties by at least 150 ft. **Packet:** Seed size varies considerably: 14 g unless stated (10–42 seeds depending on variety, sows 5–14 ft.



Fordhook 242

Bush Limas

FORDHOOK 242 🌞 65 days. [1945, USDA Beltsville, IN. AAS winner.] The standard lima for middle and northern latitudes where it bears well in warm years. Plants have dense foliage and are heat- and drought-resistant. Thick 4 in. pods have 3–5 large, flat greenish-white seeds with a nut-like flavor. **#14102 Pkt (42 g, ~33 seeds) \$3.65; #14102F (¼ lb) \$6.80; #14102G (½ lb) \$10.15**

HENDERSON 🌞 61 days. [1885, originally found growing along a Virginia roadside.] Bushy 2 ft. plants bear loads of pods, 3–4 small creamy white seeds per pod. Early maturity. Widely adapted. Plants sometimes have short runners. An old favorite, good fresh, canned, or frozen. **#14104 Pkt (28 g, ~65 seeds) \$3.65; #14104F (¼ lb) \$6.80; #14104G (½ lb) \$10.15**



Henderson

JACKSON WONDER 🌞 66 days. [1888. Originated by GA farmer Thomas Jackson.] Popular heirloom yields well under hot, dry conditions. 3–5 seeds/pod. Fresh seeds are red; dried seeds are buff-colored with purple-black mottling. Good fresh or dried. Widely adapted, also does well in northern areas. **#14101 Pkt (28 g, ~58 seeds) \$3.65; #14101F (¼ lb) \$6.80; #14101G (½ lb) \$10.15**



Jackson Wonder

NEMAGREEN S 🌞 62 days. [1958] Bred for root knot nematode resistance! Small, white-green seeds, good flavor. Bush plants sometimes have short runners. 3–4 seeds/pod. **#14106 Pkt (14 g, ~38 seeds) \$4.15**



Nemagreen

THOROGREEN 🌞 60 days [1941. Selected from Henderson Bush.] Old time favorite with concentrated pod set for canning and freezing. Easy to grow, good flavor and texture. Similar to Henderson Bush, with 3–4 medium seeds/pod, but earlier, shorter (18 in.) plants, and light green seeds. Grower Cliff Slade's favorite bush lima. **#14105 Pkt (28 g, ~71 seeds) \$3.65; #14105F (¼ lb) \$6.80; #14105G (½ lb) \$10.15**



Thorogreen

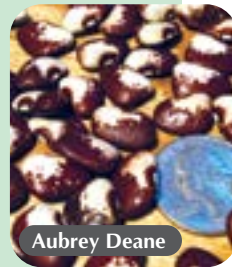
Pole Limas

ALABAMA BLACK EYE 🌞 85 days. [Alabama family heirloom.] Tall, vigorous plants, 3–4 small creamy white seeds per pod. Unusually for a lima, seeds have a small black eye! Good flavor, cooked seeds are rosy beige. **#14514 Pkt (14 g, ~25 seeds) \$3.65; #14514F (¼ lb) \$8.60**



Alabama Black Eye

AUBREY DEANE S 🌞 87 days. [Pre-1890 family heirloom from Greene County, VA. Introduced 1993 by SESE.] Medium-size limas, maroon with splashes of white. Tall plants tolerate poor soil and are very productive in hot, dry conditions. Some dried pods may release their seeds if left too long on the plants. **#14515 Pkt (~24 seeds) \$4.15**



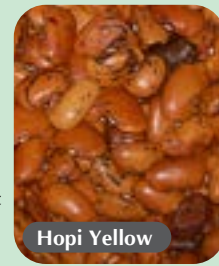
Aubrey Deane

BACK! **CHRISTMAS (Large Speckled Calico)** 🌞 84 days. Dependable and flavorful. A high yielder under hot, humid conditions. Seeds are about the size of a quarter, 5–6 in. long pods. Full-flavored seed is an attractive cream color with irregular red stripes. Use fresh or dry. **#14502 Pkt (42 g, ~30 seeds) \$3.65; #14502F (¼ lb) \$7.55; #14502G (½ lb) \$11.70**



Christmas

BACK! **HOPi YELLOW S** 🌞 80 days. [From Native Seeds/SEARCH] Lovely seeds, ranging from deep yellow to dark orange, mottled with dark brown specks. Great heat tolerance, very productive. Medium-size limas average 3 per pod. **#14511 Pkt (14 g, ~19 seeds) \$4.15**



Hopi Yellow

KING OF THE GARDEN 🌞 88 days. [Introduced 1883 by Frank Platt after selecting bigger pods of Large White pole lima.] 4–7 in. pods, contain 4–6 large creamy-white seeds with honey-like flavor. Vines grow to 9½ ft. and bear heavily over an extended season. An old favorite of excellent quality. **#14506 Pkt (42 g, ~34 seeds) \$3.65; #14506F (¼ lb) \$6.80; #14506G (½ lb) \$10.15**



King of the Garden

Fava Beans *Vicia faba*

Culture: Favas have approximately the same cultural requirements as peas. Sow seeds 4–6 in. apart in rows 18–36 in. apart. Use as a frost-tolerant, spring-planted lima bean substitute from Virginia northward. Fava beans thrive in cool, rainy areas. Plant so that plants are flowering when daytime temperatures average less than 70°F. From Virginia northward, favas are planted in the spring, whereas in Gulf Coast states and warm coastal areas they may be planted from October to December for harvest in March. Favas have a flavor that is similar to a blend of limas and peas, but are more nutritious than limas. For use as a snap bean, harvest when pods are 4–7 in. long. Prepare in the same manner as peas or beans. **Caution:** A small percentage of people of Mediterranean descent may experience a hereditary reaction to fava beans. **Packet:** 1–1½ oz. sows 8–16 ft.



Broad Windsor



Sweet Lorane

BROAD WINDSOR 🌞 ⌚ 85 days. 2–3 ft. tall plants produce 1 in. wide, 6–8 in. long pods containing 5–6 large beans. We love to substitute this bean for chickpeas in hummus. #11201 Pkt (42 g, ~30 seeds) \$3.40; #11201F (¼ lb) \$6.00; #11201G (½ lb) \$9.65

SWEET LORANE 🌞 95 days. [Bred by Steve Solomon.] Glossy seeds in pretty earth tone shades are half the size of Broad Windsor and cook faster. Very cold hardy (to 10°F), an excellent nitrogen fixer, works well as a winter cover crop in mild winter areas. #11203 Pkt (28 g, ~50 seeds) \$3.40; #11203F (¼ lb) \$7.05; #11203G (½ lb) \$10.15



Sieva



Violet's Multicolored Butterbeans



Willow Leaf Colored

BACK! SIEVA 🌞 ⌚ 82 days. [Pre-1750. Seedstock from Monticello.] Lima beans were a summertime favorite of Thomas Jefferson. This small, plump white lima has great flavor. 3–4 seeds/pod. Vigorous, drought tolerant vines can grow 9–10 ft. tall, need a sturdy trellis. #14518 Pkt (~29 seeds) \$4.15

VIOLET'S MULTICOLORED BUTTERBEANS 🌞 🌞 ⌚ 80–90 days [Banks County, GA, saved by 4 generations of Violet Brady Westbrook's family. Introduced 2009 by SESE.] A rainbow of seed colors – cream, beige, red-brown, and violet-purple, with speckles and swirls. Small seeds have great flavor, good fresh or dried. 3–5 in. pods. Good disease- and drought-resistance. #14301 Pkt (~38 seeds) \$4.15

WILLOW LEAF COLORED 🌞 ⌚ 80 days. [From Dr. James Wolf, via David Bradshaw.] Rainbow mix of colors in different shades of white, beige, tan, red, and purple – some plain, some speckled. Narrower leaves than most limas, more like a willow tree. #14513 Pkt (14 g, ~26 seeds) \$4.15

Greasy Beans (Pole Beans)

Greasy beans are a southern Appalachian specialty, mostly found in SE Kentucky and western North Carolina. The pods have a shiny/hairless look to them, hence "greasy"; the hairless pods keep fresh longer. Old-timers love them for their great texture and flavor, and will tell you that any bean that doesn't have to be stringed isn't worth eating!



Cherokee Greasy

CHEROKEE GREASY 🌞 ⌚ 72 days. [Cherokee heirloom via Sustainable Mountain Agriculture Center.] 4 in. pods, 7–10 seeds/pod, best as shelly or dried beans. This prolific white-seeded greasy is still grown on the reservation at Cherokee, NC. #13605 Pkt (14 g, ~50 seeds) \$4.15

GRADY BAILLY GREASY 🌞 ⌚ 80 days [Polk County, NC heirloom] Highly productive white-seeded greasy bean. Very tender, with large seeds quite similar to Lazy Wife greasy bean. #13604 Pkt (~67 seeds) \$4.15



Grady Bailly Greasy

Runner Beans

Phaseolus coccineus

History: Many runner varieties can be traced back to the Hopi Indians before the arrival of the Spanish, and may have been previously cultivated by the Aztecs. Now widely grown in England. **Culture:** High temperatures over 90°F may prevent pod set; if grown for food, expect pod production only during late summer/early fall in the Mid-Atlantic and southward. A bulbous root is produced which in mild climates can be dug up in the fall and replanted in the spring. **Harvest:** Runner beans are eaten as snap beans when pods are small, and can be used as green shelly or dried beans. Dried beans have a nut-like flavor. **Seed Savers:** For home use isolate from other runner beans by at least 75–150 ft. For pure seed, isolate by ¼–¼ mile. **Packet:** 28 g (1 oz, ~28 seeds) sows approximately 5 poles.



Scarlet Runner

SCARLET RUNNER 🌞 🌞 ⌚ 68 days to snap stage, 115 days to dry shell stage. [Pre-1750. Grown by the early colonists who obtained seed from the Native Americans.] Grown mostly in the U.S. for its brilliant scarlet flowers, which are highly attractive to hummingbirds. 8–12 in. pods contain lovely, mottled reddish-purple beans. #11301 Pkt \$4.75

Southern Peas (Black-Eyed Peas & edible-podded) see p. 35

Beets *Beta vulgaris*

History: Until the 1800s, beets were referred to as blood turnips because of their red turnip-like roots. The round and flat-bottomed beets of today are an improved form. **Culture:** Beets should be grown in a light loam of pH 6.5–7.0. If soil pH is below 6, sprinkle limestone or wood ashes in the row as you plant; otherwise, yield will be seriously impaired. An even supply of moisture and absence of extended periods of hot weather is necessary for development of fine-quality roots. In dry, hot weather beets can become tough and stringy and must be harvested at an earlier stage. Sow seeds ½ in. deep directly in the garden from March through mid-June. Later sowings should be ¾ in. deep. Sowing beets in deep summer heat can be difficult – young seedlings may wilt and disappear, and even thick sowings may have only spotty survival. However, beets sown after July may only make leaves and not sizable roots, so it's often worth taking a chance on a July sowing! Thin to 6 plants per foot for fresh beets, 3 plants per foot for beets used for winter storage, in rows 12 in. apart. **Seed Savers:** Plants are biennial. Isolate by ¼ mile. For pure seed isolate by a minimum of ½–1 mile. Crosses with chard. **Packet:** Seed size varies considerably: 5 g (unless noted, average 385 seeds) sows 31 ft.

BULL'S BLOOD 🌞 ⌚ 35 days for baby leaves, 60 days for roots. [1840, French variety.] Famous for its mild, dark leaves – usually harvested young for salad mix before the roots have even matured. Flattened round roots, but the leaves are the real attraction – their reddish-purple color comes out most strongly in cool weather. #31106 Pkt \$3.65

CHIOGGIA 🌞 🌞 ⌚ (Dolce Di Chioggia) 52 days. [Pre-1840, Italian variety.] Beautiful scarlet-red garden beet with interior rings of reddish-pink and white. Green leaves. Notable for its earliness, attractive color, relative absence of bleeding, and vigor. Has a small % of all-white beets. Good storage variety. #31101 Pkt (3 g) \$3.40

CROSBY EGYPTIAN 🌞 🌞 ⌚ (Early Crosby Egyptian) 60 days. [1880. The parent strain of the Egyptian beet was introduced from Germany in 1865.] This variety has been selected and refined over the years. 3–5 in. roots are very flattened in shape, and grow virtually on the surface of the soil. Roots have a dull red skin and dark red interior. #31102 Pkt \$3.40



Bull's Blood



Chioggia



Crosby Egyptian

Beets continue on the next page.

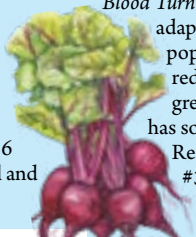
Beans, Beets

Beets continued.



Cylindra

CYLINDRA OG 55 days. [Danish heirloom.] Rich red beets are tender sweets. 6 × 2 in. carrot-shaped beets are easier to peel and slice than regular beets. #31107 Pkt \$3.65



Early Wonder Tall Top

DETROIT DARK RED OG 60 days. [1892. Developed from the popular variety Early Blood Turnip.] Widely adapted, very popular dark red beet. Dark green foliage

has some red coloration. Use fresh or canned. Resistant to Downy Mildew. Excellent flavor. #31103 Pkt \$3.40; #31103E (28 g) \$7.55



Detroit Dark Red

LUTZ GREEN LEAF OG S (Winter Keeper) 76 days.

One of the sweeter varieties available. An excellent keeper; a beet developed before the days of refrigerators. Retains its sweetness and texture even when large (unlike most beets, which become woody when large), just peel off the thin skin. Fall leaves are tender enough to use in salads. We've had problems finding good "true" seed for Lutz Green Leaf, but this is the good stuff – thanks to the fine folks at Uprising Seeds for sharing theirs! #31105 Pkt \$3.90



Lutz Green Leaf

Broccoli

Sprouting: Brassica oleracea var. italica;
Heading: B. oleracea var. botrytis

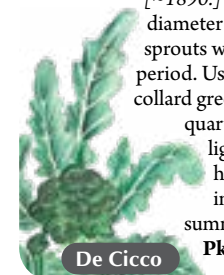
Culture: Culture of broccoli is similar to cabbage, but broccoli is more sensitive to hot weather. (See Cabbage section for detailed cultural notes.) Start seeds indoors 4–5 weeks before transplanting out. Transplants should have at least 4 leaves. Transplant starting 1 month before last spring frost. (If seedlings experience 20°F or lower they may "button up" and only make tiny heads, because the plants will think that they've gone through a winter and that it's time to flower.) Broccoli does best in cooler weather – avoid maturing heads in deep summer heat. For fall crops start seed 10–12 weeks before the first hard freeze date, and transplant to garden after seedlings are well developed. Broccoli requires a steady supply of moisture in a well-drained fertile soil. Any temporary arrest of growth will adversely affect production and taste. Keep a deep layer of mulch on the soil during hot weather. Side-sprouting varieties have smaller central heads with many side sprouts, a feature that is useful for extended harvest. Plant in raised beds or rows 12–16 in. apart. **Maturity Dates:** Days to maturity are from transplanting. Add 25 days if from seed. **Seed Savers:** Broccoli will cross with Brussels sprouts, cabbage, cauliflower, kale, collards, and kohlrabi. Isolate by 1/8 mile for home use. For pure seed of small plantings isolate by 1/4 to 1/2 mile. **Packet:** Open-pollinated varieties, 2 g (about 625 seeds) sows 50 ft. direct seeded or 350 ft. as transplants. Hybrids, 0.3 g (about 58 seeds).



Calabrese

CALABRESE OG (Italian Green Sprouting) 58 days. [Brought to U.S. by Italian gardeners, introduced to seed trade 1914–'18.] Produces central head (3–6 in. diameter) plus many side shoots. #21101 Pkt \$3.40

DE CICCIO OG 49–78 days. [~1890.] Produces a 3–6 in. diameter central head and side sprouts which extend the harvest period. Use the young leaves like collard greens once the head is a quarter developed. Plants are light green and of medium height. May be planted in the early spring, late summer, or early fall. #21102 Pkt \$3.40



De Cicco



Sorrento

Broccoli raab

Brassica rapa

Culture: A spicier relative of broccoli, used in Italian cooking, quicker to mature. Best planted in spring and for fall. Space closer than regular broccoli, 4–6 in. apart. **Harvesting:** For multiple harvests, just as the flower buds are starting to open, use knife or hand pruners to harvest the buds and several leaves below them. **Seed Savers:** Will cross with Chinese cabbage, turnips, and some rapeseed (canola). Packet: 2 g (~625 seeds)

SORRENTO OG S 45 days. One of the earliest broccoli raab to mature. Its uniform 3–4 in. florets, leaves, and stems can be harvested well into winter. #21501 Pkt \$3.90

BACK! NUTRI-BUD OG S [Developed by Alan Kapuler.] Vigorous 24 in. plants produce 4–6 in. heads over a long period with moderate side shoot production. The plants are high in free glutamines, one of the building blocks of protein. Good for spring or fall planting. #21108 Pkt \$3.90



Nutri-Bud



Umpqua

UMPQUA OG S 95 days. [Tim Peters, 1990] Great fall variety. Dark green heads average 5–6 in. with good side shoot production. #21110 Pkt \$3.90; #21110D (14 g) \$8.60

WALTHAM 29 OG 74 days. [1954.] Widely adapted, drought-tolerant variety for fall crops. 4–8 in. diameter head holds for a long time. Also produces sideshoots for 6–8 weeks after harvest of the main head. Low, compact plant has a distinctive slate-green color. Good freezing variety. #21105 Pkt \$3.40

Brussels Sprouts

Brassica oleracea var. gemnifera

Culture: Culture of Brussels sprouts is similar to cabbage. (See Cabbage section.) Sow seed 1/4–1/2 in. deep in flats or pots in early June. Then transplant to the garden as soon as several sets of leaves have developed. Northern gardeners can sow seeds indoors in mid-May for transplanting in mid June. **Harvest:** As soon as the lower sprouts are harvested, break off the leaf below each sprout. Upper sprouts will continue to form. To produce a uniform harvest and to hasten maturity, top the plants when the lower sprouts are 3/4 in. in diameter. For a non-uniform extended harvest, remove the leaf at the base of each sprout as soon it reaches 3/8–1/2 in. in diameter. Brussels sprouts are cold-hardy to 0°F and their flavor is enhanced by frost. Do not top plants to be overwintered. **Storage:** May be stored for about a month in the root cellar if the plants are pulled out by the roots and most of the leaves removed. **Note:** Days to maturity are from transplanting. **Seed Savers:** See Broccoli section. **Packet:** 2 g (about 625 seeds) sows 50 ft. direct seeded or 290 ft. as transplants.

CATSKILL (Long Island Improved) OG S 90 days. [1941.] Still the best garden variety for sustained production. Compact plants, about 20 in. tall. Produces large sprouts 1 1/4–1 1/2 in. diameter, closely packed on the stem. Widely adapted variety. #20101 Pkt \$3.40

NEW! RED RUBINE OG S Red Rubine is a distinctive heirloom Brussels sprout variety with vibrant purple-red sprouts and foliage, growing up to 2 feet tall. It produces abundant 1–1.5 inch sprouts with a rich, nutty flavor and a subtle sweetness that sets it apart from traditional green Brussels sprouts. Ideal for early planting, it's a great choice for those looking to try something different in the garden. #20103 Pkt (1 g) \$4.50



Red Rubine

Cabbage

Brassica oleracea var. capitata

Culture: All members of the cabbage family grow best on a rich, moist, well-drained loam of high fertility. Early varieties require a higher soil fertility than mid- or late-season varieties. Since members of the cabbage family are shallow-rooted, irrigation may be necessary to provide adequate moisture. Cabbage needs a steady supply of water and full sun throughout the growing season. Heads may split if a heavy rain follows a long dry spell without irrigation. A thick layer of organic mulch conserves moisture and reduces the tendency to bolt in hot weather, as root temperature is more important than air temperature. **Early Crops:** Use early varieties that will mature before heavy summer heat settles in, and start seed 4–6 weeks before transplanting to the garden. Sow seed ¼ in. deep. Seedlings need a soil temperature of 75°F, and strong, direct light. Soil temperature can be reduced to 60°F once the seeds have germinated. Maintain good air circulation around plants during all growth stages. Harden plants before transplanting starting a month before last frost. When plants have become properly hardened they can stand a temperature as low as 20°F without buttoning up. Space small head varieties 10–12 in. apart, large head varieties 16–18 in. apart. **Late Crops:** For fall crops, either transplant to desired spacing when plants have 3 true leaves or direct sow 6–12 seeds/ft at a depth of ¼–½ in. and thin as needed. Maintain adequate soil moisture during germination. **Note:** The tendency to bolt is decreased by applying a thick layer of mulch, and by twisting the head slightly to check the plant's growth when the head is fully grown. **Harvest:** After harvest, select the strongest side sprout and allow it to develop into a second, smaller head. **Solar Greenhouse Notes:** Use early and midseason varieties. Avoid varieties with savoyed leaves. **Diseases:** Where *Fusarium* yellows may be a problem in the Mid-Atlantic region, use resistant varieties. A number of other diseases may affect cabbage. To reduce disease problems, maintain good air circulation, practice good sanitation, and follow a 3-year crop rotation. **Insect Pests:** Control cabbage worms and loopers with bT, flea beetles with spinosad, cutworms with paper cylinders around seedlings, and aphids with insecticidal soap. Introducing ladybugs helps control aphids in greenhouses, but they may "fly away home" when introduced into gardens. **Note:** Days to maturity are from transplanting. **Seed Savers:** See Broccoli section. **Packet:** 2 g (about 625 seeds) sows 70 ft. direct seeded or 350 ft. as transplants.

Early Cabbage



Early Jersey Wakefield

EARLY JERSEY WAKEFIELD 🌞 ⌚ 64 days. [1840.] Dark-green, sweet, conical heads average 5 in. in diameter and weigh 2–3 lbs. Has a small core and good wrapper leaves. Good resistance to frost and cabbage yellows. For home, storage, or fresh-market. #22102 Pkt \$3.15 ; #22102E (28 g) \$6.80



Golden Acre

GOLDEN ACRE 🌞 ⌚ 62 days. Small, 5–7 in. heads can be spaced closer than larger, later varieties. 3–4 lb green heads don't store for long, but it's one of the fastest to mature. Resistant to cabbage yellows. #22106 Pkt \$3.65, #22106E (28 g) \$7.05

Order online at

www.SouthernExposure.com

for fastest service and largest selection.

Red Cabbage



Red Acre

RED ACRE 🌞 ⌚ 76 days. Round, 5–7 in. reddish-purple heads weigh about 3 lbs. Adds a festive color to coleslaw. An excellent storage variety with resistance to cabbage yellows. Heads may sunburn in hot weather, so best for early spring and fall crops. #22104 Pkt \$3.40, #22104E (28 g) \$7.05

Late & Winter Cabbage

PREMIUM LATE FLAT DUTCH ⌚ 100 days. [Introduced by German immigrants ~1840.] In the early 1900s, Virginia gardeners used to sow seeds of this variety and use it as a source of cut greens while the heads were forming. Large, flat heads weigh 10–15 lbs and measure 7 × 14 in. Low-growing heads have a short core and excellent wrapper leaves. May grow poorly in hot weather, but revives quickly in cool, wet weather. Very good keeper. #22103 Pkt \$3.15

Savoy Cabbage

SAVOY PERFECTION 🌞 ⌚ 89 days. Flattened, round 6–8 lb heads are white inside, wrapped on the outside with well-savoyed, blue-green leaves. Good heat tolerance, makes especially beautiful heads in the fall. #22107 Pkt \$3.15



Savoy Perfection

Celery & Celeriac

Celery: Apium graveolens var. dulce;
Celeriac: A. graveolens var. rapaceum

Culture: Celery and celeriac are moisture-loving, cool-season crops that have similar cultural requirements. They do well in muck soils and well-drained soils high in organic matter. Both crops do best in areas free of temperature extremes. Virginia temperatures are sometimes too hot to grow celery and celeriac well. Roots of celery rarely extend more than 8 in. in any direction and must be kept well watered and fertilized, during the growing season. Use a thick mulch to retain moisture. During the summer, partial shade at mid-day may be helpful. In the fall, dig up and transplant mature plants to a greenhouse; protected plants can keep producing stalks all winter that are milder than summer harvests. **Sowing Instructions:** Sow seed no more than ⅛ in. deep in sterile seed starting mix. Keep temperature between 70–75°F. Transplant when plants are 2½–3 in. tall. Germination is slow, typically 14–21 days at 65–75°F. **Planting Times:** In Virginia, sow seed in late January or early February for transplanting into a cold frame in March. Then transplant to the garden from May 1st to June 1st. **Premature Bolting:** If plants are exposed to night temperatures below 55°F for more than 8–10 days the plants will go to seed. **Spacing:** Space 8 in. apart in rows 2½ ft. apart. **Packet:** Celery, 0.5 g (about 1230 seeds); Celeriac, 0.25 g (about 660 seeds).



GOLDEN SELF-BLANCHING CELERY ⌚ 85 days from transplant. [1886.] Compact celery with thick, tender, stringless stalks blanching to yellow. Thick hearts of good quality. #36101 Pkt (0.5 g) \$3.15

BACK! LARGE SMOOTH PRAGUE CELERIAC ⌚ 110 days from transplant. [Pre-1870] Also called "turnip-rooted celery", celeriac is grown for its globe-shaped roots. Flavor is starchy and sweeter than celery with overtones of parsley flavor. Harvest roots when 2–4 in. in diameter and use in vegetable soups and stews, boiled and served in cheese dishes or mashed with potatoes, fried in butter until almost brown, or grated or peeled into salads. To make peeling easier, cut into quarters. Culture is the same as for celery though the leaves are not eaten. Roots may be stored for winter. #36501 Pkt (0.25 g, about 660 seeds) \$3.65



Large Smooth Prague Celeriac

TALL UTAH CELERY 🌞 ⌚ 110 days from transplant. [1953.] 30 in. plants are medium dark green, with 12 in. crisp, tender and tasty stalks. #36102 Pkt (0.5 g) \$3.65

Carrots *Daucus carota*

Culture: For best results, carrots need a loose sandy loam, free of rocks. Clay soils require loosening and lightening to a depth of 9 in. with organic matter such as leaf mold or peat moss to provide good drainage, loose structure, and adequate moisture-holding capacity. Do not add fresh manure before planting – too much nitrogen favors top growth and causes roots to become rough and highly branched. Maintain high levels of phosphorus and potassium. Plant seed ¼ in. deep, 3 seeds/in., and thin to 1–2 in. apart in rows 12 in. apart. Cover seeds with a fine light soil, and keep soil moist. For planting in blocks, mix seed with dry sand or fine soil, and add some radish seeds to prevent soil crusting and broadcast seeds over a prepared bed. Seeds take 5 days to germinate – longer in cool weather. After foliage is several inches high, add mulch to conserve moisture. Extreme fluctuations of soil moisture between dry and wet conditions may cause cracking of the roots. Carrots maturing in cool weather have the sweetest roots. **Diseases:**

Follow a 2- to 3-year rotation to help prevent disease. **Pests:** Avoid planting in previously sodded ground and sprinkle wood ash along the row to prevent wireworm damage. Carrot rust flies can be controlled by skipping the spring planting for a year to break the life cycle by starving the spring generation of rust fly. Interplanting carrots with onions in a ratio of 1:2 reduces carrot fly damage by 70%. Sow seed 2–3 times as thick in late summer plantings to help carrots survive grasshoppers. **Harvest:** Best quality roots are no larger than 1 in. in diameter. **Storage:** Cut off the tops, leaving ¼ in. Store in the refrigerator or overwinter the roots in the garden by covering with a thick, loose mulch such as straw.

History: Carrots have historically been used to make jelly, syrup, wine, liquor, and dye. **Seed Savers:** Isolate from other carrot varieties and Queen Anne's lace by a distance of 330 ft. for home use. For pure seed, isolate by ¼

to ¼ mile. **Packet:** 3 g unless stated (about 1500–1950 seeds, depending on variety) sows 84–110 ft.

CHANTENAY RED CORE OG

65 days. [Introduced from France in the late

1800s.] Blocky, broad-shouldered variety with blunt tip, 5½ in. long and 2½ in. at the shoulder. Deep-orange interior. Adaptable to clay and a wide range of soils. #35101 Pkt \$3.40; #35101E (28 g) \$7.55



Cosmic Purple

COSMIC PURPLE OG 70 days. [Yellow and purple carrots were first recorded in Asia Minor in the 10th c. For the first few hundred years of managed cultivation, carrots were predominantly purple.] Purple-skinned 7 in. carrots, orange and yellow flesh. Spicier than regular carrots; great for adding color to salads and stir fries. #35113 Pkt (1 g) \$3.65



Danvers 126

DANVERS 126 OG 75 days. [1947.] Widely adapted, productive, and heat-tolerant. Dark-orange roots 6–7 in. long, 2 in. at the shoulder, tapering to a blunt point. Especially suited to growing in clay soil, and the strong tops aid harvesting. Good storage variety. #35103 Pkt \$3.40; #35103E (28 g) \$7.55



Imperator

IMPERATOR (Tendersweet) 74 days. [AAS winner.] Sweet, crisp, and tender. 7–9 in. orange-red roots are coreless, have semi-blunt ends and narrow shoulders. Requires loose, deep soil to achieve its full potential. #35108 Pkt \$3.15; #35108E (28 g) \$7.55

MINICOR OG S (Amsterdam Minicor) 54–75 days. A gourmet carrot from Holland, grown for tender baby carrots 3–4 in. long, or 6–7 in. long when grown to full size. Roots are sweet, fine-grained, deep orange, and uniform in size and shape. Excellent for canning or eating fresh. #35105 Pkt \$3.65; #35105D (14 g) \$8.10

NANTES FANCY OG S 68 days. Dark orange carrots with a blunt end are excellent keepers, but the fresh, crisp taste also makes it especially nice for early spring planting. #35112 Pkt (1 g) \$3.40; #35112C (7 g) \$10.70

OXHEART 90 days. [1884.] Thick, sweet “oxheart” shaped carrots, 5–6 in. long and 3–4 in. wide, weighing up to a pound! Give this one extra growing space. A good carrot choice for shallow or clay-heavy soils that most carrots don't like, and a good storage variety. #35107 Pkt \$3.65; #35107E (28 g) \$9.10



Oxheart

PURPLE DRAGON OG S

80 days. Beautiful regular-size purple carrot bred by John Navazio. Bright orange or yellow interior, sweet almost “wild” spicy flavor, can be used just like any regular carrot, good storage. Our favorite purple carrot, with better flavor and more consistent color than “Cosmic Purple.” #35109 Pkt (1 g) \$3.90; #35109C (7 g) \$10.70



Purple Dragon

BACK! ST. VALERY'S OG S 70 days. [French heirloom mentioned in Vilmorin 1885. Popular market variety in the early 1900s.] Deep orange roots are 8–10 in. with sweet, tender flesh and excellent storage quality. #35110 Pkt \$3.65



St. Valery's



Scarlet Nantes

SCARLET NANTES OG (Coreless, Nantes Half Long)

70 days. [1870.] A garden favorite appreciated for its fine texture, mild flavor, and very small core. Cylindrical roots 6½ in. long, 1–1½ in. at the shoulder. Can be grown for winter storage, but best flavor is from spring-grown carrots. #35106 Pkt \$3.40; #35106E (28 g) \$7.55

YELLOWSTONE OG S 70 days. Pretty yellow roots, 8–10 in. long, have good flavor raw or cooked. Vigorous plants have strong tops for easier harvesting, and have good winter storage indoors or in the field. #35114 Pkt (1 g) \$3.90; #35114C (7 g) \$10.95

Cauliflower

Brassica oleracea
var. botrytis



Culture: Culture of cauliflower is similar to broccoli and cabbage. (See Cabbage section.) **Blanching the Curd:** When the white head or curd begins to form, tie the top leaves together over it to protect the curd from sunlight that causes the curd to yellow. **Harvest:** Harvest while the curd is in the tight bud stage. Don't harvest for storage when heads are wet – the curds will mold in storage. **Maturity Dates:** Days to maturity are from transplant date. Add 25 days if direct seeded. **Seed Savers:** See Broccoli section. **Packet:** 2 g (about 600 seeds) sows 72 ft. direct-seeded or 360 ft. as transplants.

Spring Cauliflower

EARLY SNOWBALL OG 50 days. Highly recommended for the Mid-Atlantic. The best in our trials of spring-planted cauliflower. Good coverage of the curd by wrapper leaves. Head denser than other early snowball varieties. Compact plants. Can also be used for fall crops. #23101 Pkt \$3.40

Fall Cauliflower

Fall varieties are larger than spring varieties. However, fall varieties are daylength-sensitive, and should not be planted for spring harvest.

SNOWBALL OG 80 days. [1947.] Large, smooth, white heads are uniform, solid, and smooth. Widely adapted, well suited for fall crops. #23103 Pkt \$3.40

SNOWBALL SELF-BLANCHING 68 days. [Developed by Dr. Homna at MSU.] Self-wrapping leaves protect the white curds from heat and sunlight during late summer or early fall. No tying of the leaves is necessary unless heads grow larger than 6 in. in diameter. During hot weather growth slows until cooler weather, thus preventing formation of undersized heads. #23102 Pkt \$3.40



Yellowstone

Sweet Corn

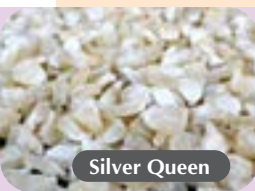
Zea mays

Culture: Sweet corn seed requires a soil temperature of 65°F to germinate well, otherwise seed may rot easily due to its high sugar content. Don't rush your first planting; wait until after the first average frost-free date. An old saying is to plant corn when oak leaves are the size of squirrel ears. Succession plantings can then be made 2–3 weeks apart.

Sow seed 1 in. deep in rows 36 in. apart and thin to 6–12 in. apart within rows. Later, taller varieties need wider spacing than early, shorter varieties.

For good pollination and well-filled ears, plant in blocks at least 5 rows wide. **Harvest:** After silk has dried and turned brown, puncture the skin of a kernel with your thumbnail. If a sweet, milky juice is released (milk stage) the corn is ready for harvest. Prepare corn for eating quickly after harvest. At room temperature, harvested ears lose 50% of their sugar in 24 hours. **Pests:** Corn earworm can be suffocated by inserting a medicine dropper half filled with mineral oil into the silk after it has wilted and browned at the tip (4–5 days after silk appears). Corn borers can be prevented by composting corn refuse and stubble as soon as possible.

Disease: Corn smut forms large puffy, gray, irregular masses of fungus during dry hot weather. Corn smut is a delicacy in Mexico, but if you want corn rather than corn smut, remove and destroy the fungus; otherwise the black spores will re-infest your corn for several years. **Medicinal:** Cornsilk is used as a diuretic. **Seed Savers:** Corn is wind pollinated. Separate varieties by 600 ft. for home use, or ½ to 1 mile for absolute purity. Save at least 500 seeds from at least 10% of the plants to maintain vigor and genetic diversity of the variety. **Packet:** 28 g (1 oz, ~115–210 seeds, depending on variety) sows 30–45 ft.



Silver Queen

wilt. Has some drought tolerance and better insect-resistance than other hybrids. Seeds germinate poorly in cold soil, so don't rush the season! Early plantings can be started by setting out transplants or by pre-sprouting seeds. Wide adaptability and well suited for the Mid-Atlantic. **#41901 Pkt (~135 seeds) \$4.50; #41901F (¼ lb) \$9.85**

Open-Pollinated Sweet Corn



Ashworth

ASHWORTH OG S (yellow) 69 days. An early maturing, widely adapted sweet corn with good flavor and dependability. Stalks average 5 ft. with 1–2 ears (6–7 in. long), 12 rows of yellow kernels per ear. **#41101 Pkt (~113 seeds) \$4.15; #41101F (¼ lb) \$10.95**



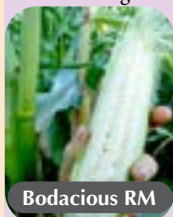
Aunt Mary's

AUNT MARY'S S (white) 69 days. [Ohio heirloom, our stock is from the original 1800s native strain. Later selected for canning and commercial seed sales.] Aunt Mary's has attracted a loyal following among gardeners and Seed Savers. 6–8 ft. sturdy stalks, 1–2 ears/stalk, 6–8 in. ears, most with 12–14 rows of white kernels. Great flavor. **#41102 Pkt (~134 seeds) \$4.15**

BACK! BLACK MEXICAN (Black Iroquois, Mexican Sweet) S (white in early milk stage, maturing to blackish blue) 76 days. [1864. Despite its name, it appears to have originated in upper NY, and was probably derived from Iroquois Black Puckers. The name may have been given by a seed company trying to give novelty to its seed offerings, a practice not uncommon in the late 1800s.] The kernels, white at milk stage, change to bluish-black in the late milk stage. Exceptional flavor. 5½ ft. plants. 7½ × 1½ in. ears, typically with 8 rows of kernels. Harvest several days before kernels show color to several days afterwards. Though adapted to New England, it does well as an early-to-mid-season crop further south. **#41103 Pkt (~144 seeds) \$4.15**

Hybrid Sweet Corn

BODACIOUS RM – “Sugary Enhanced” Hybrid (yellow) 74 days. Sweet, tender, golden kernels. 18 rows/ear. Ears are 8 in. long on sturdy 7 ft. stalks. Good disease resistance. For best germination, avoid planting during early cold spells. **#41904 Pkt (~138 seeds) \$4.75; #41904F (¼ lb) \$10.25**



Bodacious RM

SILVER QUEEN – “Normal Sugary” Hybrid (white) 90 days. One of the most popular and dependable hybrid sweet corns. Ears are 8½ in. long, filled with 14–16 rows of sweet white kernels. Stalks average 7½ ft. Tolerant of the majority of leaf blights and of Stewart's



Luther Hill

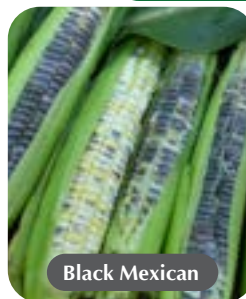


Painted Hill

sweet corn is mostly white in its fresh stage, with some other colors, before drying to its full range of colors. Short milk stage, and not very sweet, but lots of old-timey corn flavor. Taller (6–7 ft.) and with much better cold soil tolerance than Luther Hill. 2+ ears per stalk, 7–8 in. ears with tight husks. **#41112 Pkt (~167 seeds) \$4.70**

Open-pollinated or hybrid sweet corn?

Which to grow depends on what is important to you. Old-fashioned, open-pollinated corn is not as uniform in size and maturity as hybrid corn. For the home gardener, this means the convenience of an extended harvest from one planting. Hybrid corn tends to mature all at once, an advantage to some farmers. The new supersweet and extrasweet hybrid corns are sugary sweet and hold their sweetness in storage, but they may have weak seedling vigor, are more susceptible to ear damage by insects, and the seeds rot readily in cool soil. Standard, open-pollinated sweet corn is still preferred by many gardeners because of its old fashioned corn flavor. When pigs, chickens, horses, and cows are given a choice between open-pollinated and hybrid corn the animals invariably prefer the old open-pollinated varieties, possibly because of the higher protein content. For good pollination and ear development, open-pollinated corn should be planted in blocks at least 5–6 rows wide, whereas hybrid corn should be planted in blocks at least 4 rows wide. Note: If open-pollinated corn is new to you we suggest planting less than ¼ lb. until you are familiar with its characteristics.



Black Mexican



Country Gentleman

COUNTRY GENTLEMAN OG (white) 93 days. [1891.] The dense, round kernels are irregularly arranged instead of in rows, giving these ears a striking appearance. The sweet 8 in. ears remain in the milk stage longer than many varieties. 2 ears per stalk. A favorite for freezing and creamed corn. Well known throughout the Hudson Valley, well adapted to the northern Mid-Atlantic. More resistant to corn smut than earlier, smaller varieties. **#41104 Pkt (~271 seeds) \$4.15**

LUTHER HILL OG S (white) 82 Days. [Developed 1902 in Andover Township, NJ, by horticulturist Luther Hill.] Produces two 6 in. ears on each 5½ ft. tall stalk. A home garden variety adapted to the Appalachian foothills. Can be grown as far north as southern Ontario. Flavor is unsurpassed compared to other open-pollinated corns. One of the parental lines of the very successful 'Silver Queen' hybrid sweet corn. Still used by breeders to impart exceptional flavor to hybrid sweet corn. Does best on a well-drained ridge, not in a soggy lowland. We recommend pre-sprouting the kernels and sowing in warm soil at 12 in. in-row spacing. Once established provide plenty of water and nitrogen. When grown for seed in a humid climate it must be watched carefully to produce quality seed. **#41109 Pkt (~171 seeds) \$4.15; #41109F (¼ lb) \$10.95**

PAINTED HILL OG S 75–80 days. [Alan Kapuler, from a stabilized cross of Painted Mountain flour corn and Luther Hill sweet corn.] This beautiful, widely adapted, super hardy

Open-Pollinated Sweet Corn continues on the next page.

Open-Pollinated Sweet Corn continued



Top Hat

STOWELL'S EVERGREEN OG 🌞🌀 (white) 98 days. [1848. One of the oldest white sweet corns, tracing back to Native American stock. Developed by Nathan Stowell of NJ.] Ears are large, 8–9 in., with deep, wide kernels in 16–18 rows. Remains in the milk stage a long time, hence the name “ever-green.” Dependable variety in the Mid-Atlantic. 8 ft. stalks. #41107 Pkt (~135 seeds) \$4.15

TOP HAT (Sugary Enhanced) 🌞 (yellow) 77 days. [Carefully selected from “Tuxedo” by Jonathan Spero.] Sweet and tender kernels, great flavor. 6–7½ in. ears, 2 ears/plant. Good cold soil emergence, and good husk coverage helps deter bugs. #41113 Pkt (~142 seeds) \$4.15; #41113F (¼ lb) \$10.95



Stowell's Evergreen

Baby Corn

CHIRE'S BABY SWEET CORN S 🌞 75 days. The tiny corn seen in Asian restaurants! 3–5 stalks per plant, 8–12 ears per stalk. 2–3 in. long ears. Harvest soon after the silks emerge (within 5 days) to stimulate the formation of more ears. Planting: same spacing as other corn. Easy to grow, as corn earworms don't have time to do damage and corn smut is rarely a problem. If dried on the plants, ears can be used for popcorn. #41701 Pkt (4 g, ~100 seeds) \$3.65



Chires

Dent, Flint & Flour Corn

Zea mays

Culture: Plant these grain (field) type corns when the soil is at least 55°F, or when the dogwood leaves are the size of squirrel's ears. Space plants 12–24 in. apart, leaving more room for taller varieties, in 36 in. rows. Harvest for roasting when ears have just reached full size, or for dry corn when the husks have fully yellowed. In other respects, grow like sweet corn. Two maturity dates may be given: the first is for use as roasting ears, the second is for drying and grinding. **Dent, Flint, and Flour Types:** These three broad categories of field (grain) corn differ in climactic adaptation, kernel composition, kernel shape, and best culinary uses. Flint corns tend to do well in wet and cold climates, they are especially common in the Northeast. They have pointed kernels in which the hard part of the kernel predominates, and they are especially good for cooking methods that involve boiling, such as polenta and johnnycakes. Flour corns are most common in the Southwest, but have been traditionally grown in many areas. Flour corns have rounded kernels in which the soft part of the kernel predominates, and can be ground into flour fine enough to use like wheat flour. They are especially good for baking. Dent corns include most of the heirloom corns from the Southeast and Midwest, and as well as most modern hybrid field corns, though these hybrids have much less flavor. A dent corn kernel typically has a flinty ring around a floury center; as the kernel dries the center contracts, creating a dent in the top of the kernel. Heirloom dent corns make great cornbread, hominy, and roasting ears. All our field corns are dents unless otherwise stated. Some old-timers actually prefer eating the starchy dent corns in the same manner as sweet corns. **Disease Resistance:** The tight husks of many dent corns gives them improved insect resistance. **Cooking:** To roast corn preheat oven to 375–400°F, or prepare a good bed of coals. Husk young ears, remove silk, replace husk, fill husk with water, drain, twist husk closed, and bake about 25 minutes. Alternately: husk completely, rub with butter, salt and pepper, foil wrap, and roast. **Packet:** 1½ oz (42 g) unless otherwise stated (78–150 seeds, depending on variety) sows 30–45 ft.



Bloody Butcher

BLUE CLARAGE S 🌞🌀 (Ohio Blue Clarage) (blue) 100 days. [~1920, Ohio heirloom, selected from “Rotten Clarage.”] A highly uniform, semi-dent corn. Solid blue, 8–10 in. ears on 10 ft. stalks, 2 ears/stalk. Originally developed as a meal and feed corn, it has a higher sugar content than most dent corns, and may be used fresh in the milk stage. As cornmeal it has a sweet flavor. It mills easily and makes speckled blue and white flour, but if the bran is sifted out, a white flour is obtained. Older farmers who use this corn to feed chickens claim that the chickens will eat more, lay more eggs, and put on more meat. Sturdy stalks, excellent Corn Rootworm resistance, and tolerates crowding and smut better than many other open-pollinated corns. #41303 Pkt (~136 seeds) \$3.90; #41303G (½ lb) \$12.25

BLOODY BUTCHER S 🌞🌀 (red) 120 days. [1845. Originally from Virginia.] Stalks grow 10–12 ft. tall producing 2 ears per stalk. Kernels are blood-red with darker red stripes, and occasional white or blue kernels. For flour, cereal, or roasting ears. #41302 Pkt (~170 seeds) \$3.65; #41302G (½ lb) \$9.90



Blue Clarage

CATETO SULINO FLINT S 🌞 (orange) 100 days. [Blend of Argentine and Uruguayan landraces, selected in TN by Joshua Gochenour, for insect resistance, virus resistance, and bright orange color that indicates high carotene content.] Ears up to 8 in. on 5–8 ft. stalks. Kernels are such a bright orange, inside and out, that Farm and Sparrow bakery in North Carolina says it's caused customers to ask why they'd put cheddar cheese in the bread they'd baked using it! Name may be roughly translated as “Southern Unrefined.” #41329 Pkt (~158 seeds) \$3.90; #41329G (½ lb) \$12.00



Cateto Sulino Flint

CHEROKEE WHITE EAGLE S 🌞🌀 (blue and white) 110 days. A beautiful blue and white corn with a red cob. Occasionally there will be an all-blue ear. Some people can see the image of a white eagle in the kernels! 8–10 ft. tall stalks, mostly 2 ears/stalk, 6–7 in. stocky ears. #41314 Pkt (~127 seeds) \$3.65; #41314G (½ lb) \$13.30



Cherokee White Eagle

CHEROKEE WHITE FLOUR, Original 🌞🌀 (white) 120 days. [Seed collected by grower Tony West from an elderly Cherokee woman in the Tuckasegee area of North Carolina. Longer ears and taller stalks than the Brown and Robinson reselection of the 1980s. Introduced 2011 by SESE.] 11–12 in. ears on sturdy 15-ft. tall stalks. White kernels, 8–10 rows/ear, 50 seeds/row, white cobs. Makes great flour. Important historical variety. #41320 Pkt (~127 seeds) \$4.15; #41320G (½ lb) \$13.30



Cherokee White Flour

FLORIANI RED FLINT OG S 🌞🌀 (red) 100 days. [Family heirloom from the Valsugana valley of Italy near Trento, via William Rubel. Originally brought to Italy from America, it evolved over hundreds of years to become the staple polenta corn of the valley. Introduced by SESE and Fedco Seeds 2009.] Beautiful medium- to deep-red kernels are slightly pointed. Cornmeal has a pink cast, and makes a polenta with a remarkably rich, complex flavor. Plants grow 7–10 ft. tall – slightly smaller and faster maturing than other varieties we offer. Some tendency to lodge. #41318 Pkt (~150 seeds) \$3.90; #41318G (½ lb) \$13.80



Floriani Red Flint



Hickory Cane

HICKORY CANE **OG S** (white) 85/110 days. [Pre-1875.] Heirloom dent corn originally selected by Native Americans in n. Florida and s. Georgia. It came to be prized across the mountain South for roasting ears, creamed corn, grits, and hominy, and particularly for white corn meal, as well as fodder for animals. Plants up to 15 ft. tall. 1–2 ears/stalk. Tight ears keep out ear worms. Large ears stay in the green milk “roasting ear” stage longer than most heirlooms. #41325 Pkt (~80 seeds) \$3.90; #41325G (½ lb) \$13.80

HICKORY KING (white) 85/110 days. [Pre-1875.] In the hills and hollows of Virginia this corn is still appreciated as a roasting and hominy corn. Considered the best variety for hominy because the skin of the kernel is easily removed by soaking. Also good for grits, corn meal, and flour. Makes a nice roasting corn. Extremely tall 12 ft. stalks provide good support for pole beans. 2 ears per stalk. Ears have very large flat white kernels. Husks are tighter than most varieties and give excellent protection from beetles and earworm. Has good tolerance to northern leaf blight (H. turicum) and southern leaf blight (H. maydis). #41304 Pkt (~85 seeds) \$3.15; #41304G (½ lb) \$8.85



Hickory King



Jellicorse Twin

BACK! JELLICORSE TWIN S (white) 120 days. [Pre-1920] Tennessee variety, similar to Neal’s Paymaster but with a white cob. Extremely heat tolerant, has set seed even during 107°F temperatures! #41315 Pkt (~97 seeds) \$3.65



Kentucky Rainbow

KENTUCKY RAINBOW OG S (rainbow) 110 days. [Selected and bred since 2001 by Susana Lein of Salamander Springs Farm in Berea, KY. Its progenitor, Daymon Morgan’s Kentucky Butcher, was grown by generations of Daymon Morgan’s family in Leslie Co., eastern KY. Introduced 2009 by SESE.] Beautiful,

multicolored, huge ears (up to 14 in. long!) on sturdy 12–18 ft. stalks, 1–2 ears per stalk, 10–14 rows per ear. Some all-red and all-blue ears along with an array of purple, white, and striped orange kernels. This variety’s ancestors include Bloody Butcher and many other corns, crossed over the decades to create an immensely productive, drought tolerant, hardy dent corn, good for sweet roasting ears and gorgeous, delicious cornmeal. #41317 Pkt (~78 seeds) \$3.90; #41317G (½ lb) \$13.80

MCCORMACK’S BLUE GIANT OG S (blue) 85/100 days. [Introduced 1994 by SESE. Bred by Dr. Jeff McCormack from a cross between Hickory King and an unnamed heirloom blue dent.] The large, wide, smoky blue kernels can be ground into a light blue flour, suited for blue tortillas and blue corn chips. Also good as a roasting ear corn (old fashioned corn on the cob). Especially suited to the eastern U.S., clay soils, and drought-prone areas. The tall 10–12 ft. stalks are not recommended for loose soils or high wind areas. One or two 7–8½ in. ears per stalk. Good tolerance to leaf blights. #41307 pkt (~95 seeds) \$3.90; #41307G (½ lb) \$13.00



McCormack's Blue Giant

NALO ORANGE FLINT S (orange) Bred in Hawaii by Jay Bost, this corn has also done quite well in TN and VA, producing a high yield of large, dense ears. Strong orange color permeates the kernels, like in the South American Cateto types that are Nalo Orange’s main parents. Stalks 9–11 ft. tall. #41332 Pkt (~119 seeds) \$3.65; #41332G (½ lb) \$12.75



Nalo Orange Flint

PUNGO CREEK BUTCHER OG S (rainbow) [Eastern Shore heirloom from Bill Savage, grown for 165 years by Pungo Creek, VA farmers. Genetic analysis shows it to be descended from Bloody Butcher. Introduced 2010 by SESE.] A tall, hardy corn with sturdy stalks up to 11 ft. Ears are a mixed rainbow of red, brown, yellow, and sometimes purple. 9–12 in. ears in tightly wrapped husks. Rough milled this is a nutritious feed for your flock, or the corn can be ground into a meal with rich flavor and unusual color. Pretty enough to grow just for looks, this corn is delicious baked into muffins or cornbread. #41319 Pkt (~146 seeds) \$3.65; #41319G (½ lb) \$12.25



Pungo Creek Butcher

REID’S YELLOW DENT (yellow) 85/110 days. [1840s. A prize winner at the 1893 World’s Fair and progenitor of a number of yellow dent lines.] One of the most productive, hardy corns ever developed. This old-timer is well known in the Mid-Atlantic region, where it is revered for its adaptability and dependability in Southern heat and soils. 7 ft. stalks with 9 in. double ears well-filled with 16 rows of deep, close-set, moderately flat seed. #41308 Pkt (~130 seeds) \$3.15; #41308G (½ lb) \$8.85



Reid's Yellow Dent

TENNESSEE RED COB S (white) 120 days. [Pre-1900. Original seedstock supplied by Harold Jerrell. For the last several years maintained and selected by Debbie Piesen and Edmund Frost at Living Energy Farm and Twin Oaks Seeds Farm.] High yielding, up to 150 bushels/acre here in Virginia. 10–13 ft. sturdy stalks are often used to support pole beans. 6–9 in. ears, 12–18 rows/ear, 1–2 ears/stalk. Mr. Jerrell reported that in 1995 this variety produced a good crop on only 2 in. of rain from mid-June until the first of September. It was one of the driest years on record in his growing area in Virginia, and was the only variety that produced. Makes great corn bread and polenta as well as attractive corn cob pipes. #41311 Pkt (~135 seeds) \$3.65; #41311G (½ lb) \$13.80



Tennessee Red Cob

THOMPSON PROLIFIC, YELLOW S (yellow) [Introduced 2023 by SESE. Thanks to Donna Hudson for our seedstock.] 110 days. Rare old yellow strain of Thompson Prolific dent corn. Back in the 1850s, this was the corn recommended for Kentucky farmers after a field had been in flax. 12–14 rows/ear, good husk coverage, 1–2 ears/stalk, 6–8 ft. sturdy stalks. Uniquely, ears hang straight down when they’re mature – a useful harvesting signal! #41334 Pkt \$3.65; #41334G (½ lb) \$14.05



Thompson Prolific

TUXPEÑO S (103 days) Intermediate between dent and flint. Described by TN breeder Joshua Gochenour as “the Black Angus of Mexican corn: reliable, productive, and widely grown.” Predominantly yellow and white, this strain also has occasional orange, purple, and red colors, making for a very pleasant husking experience. Tuxpeño corns are some of the main ancestors of midwestern dent corns, and of various tropical corns. Stalks 6–9 ft. tall. #41333 Pkt (~116 seeds) \$3.65; #41333G (½ lb) \$12.75



Tuxpeño

Gourdseed Corn

Zea mays

Gourdseed corns are one of our oldest corns, and Gourdseed corns are one of our oldest corns, and were commonly grown in southern Virginia. The plants of gourdseed corn are heavily stalked and bear ears having a large number of rows of thin, deep kernels. These valuable corns originated from Indian gourdseed corn dating back to at least 1700. They were used for roasting ears, and for feed and flour. At maturity the kernels of some varieties are easily shelled by a light touch to the ear. Gourdseed corns were grown until about 1940, before hybrids became popular. In 1889, gourdseed corn won the Great Corn Contest sponsored by the American Agriculturist, yielding 255 bushels per acre. Because of interest in hybrid corn, gourdseed corns were virtually extinct by the 1960s, but recently they have been found to be valuable because of their resistance to some diseases, notably southern leaf blight. Dr. Brown, former president of Pioneer Hi-Bred, rediscovered gourdseed corn on a Texas farm, after a year-long search. **Packet:** 1½ oz. (42 g) (about 150–165 seeds) sows 35 ft.

CHEROKEE GOURDSEED S

☀️ 120 days (white) [From the Qualls family in

Virginia via Sand Hill Preservation Center.] Similar to Virginia White Gourdseed but with more uniform cobs. Vigorous 10–12 ft. stalks bear 1–2 big, fat ears with long, white kernels that shell easily. 2½ in. wide ears average 6–8 in. long, 22 rows/ear. **#4150S Pkt (~150 seeds) \$3.65; #41505G (½ lb) \$12.75**

CHEROKEE LONG EAR SMALL OG S

☀️ (rainbow) 100 days. [Seedstock from Merlyn Niedens, combining several strains of long ear Cherokee popcorn sent by Carl Barnes of Turpin, OK. Carl has helped save many of the Cherokee corns that came west over the Trail of Tears.] Small kernelled variety makes surprisingly large pops, yielding for a low hull/corn ratio. Great flavor. Highly ornamental, 5–7 in. ears have many shiny colors including red, blue, orange, white, and yellow. 6–8 ft. plants. **#41609 Pkt (~110 seeds) \$4.15; #41609F (¼ lb) \$9.80**



Cherokee Long Ear Small



Dakota Black



Dynamite

Cucumbers *Cucumis sativus*

Culture: Cucumbers require a rich, well-drained soil in pH range 6–7. Avoid too much nitroGen or fruits may be bitter. Water plants regularly to get the mildest fruits. Seeds require a temperature of at least 68°F to germinate. Plant out starting 1–2 weeks after last frost. **Seed Watering Notes:** Be careful not to overwater germinating seeds or they may rot. It's best to soak the ground or the potting soil heavily when first planting, then avoid watering again until seedlings emerge. (For seeds in potting soil, keep them warm but out of direct sunlight so that they don't dry out so fast.) Cucumber seeds emerge in 5+ days; very lightly water ground or potting soil around day 3 or 4 to keep soil from crusting so that seeds can emerge more easily. **Direct Seeding:** Sow seeds ½–¾ in. deep. Final spacing should be 6–12 in. apart in rows 3–5 ft. apart. **Transplants:** Sow seeds ½ in. deep, 2–3 seeds per pot. Cut off weak seedlings at the base to avoid disturbing roots. Seeds germinate best at 85–90°F. Maintain seedlings at 75°F or higher. Harden plants before setting out, and take care not to disturb fragile roots when transplanting. Since cucumber transplants are fussy, hold back a few seedlings for filling in any gaps in the row as they appear. **Harvest:** To maintain good production, harvest fruit every 1–3 days. **Greenhouse Notes:** Grow cucumbers on a trellis to make use of vertical space. Use mildew-resistant varieties, and hand-pollinate. **Diseases:** Although scab is not usually a problem in the Mid-Atlantic region, two fungus diseases, powdery mildew and downy mildew, are common. Powdery mildew occurs during hot, dry spells, whereas downy mildew occurs during wet, cool spells near the end of the growing season. Mosaic virus causes a yellow and green mottling of the leaves and reduces plant vigor. Anthracnose, a fungus disease, is most common during mid- and late-season and during dry weather. Dark brown spots on the leaves and round sunken spots on the fruit are evidence of Anthracnose. Another fungus, angular leaf spot, is common during cool, wet weather. Symptoms of angular leaf spot include interveinal browning and small circular spots on the fruit. Bacterial wilt causes sudden dramatic wilting and death of the vines. Use resistant or tolerant varieties, practice good sanitation and crop rotation, and pay attention to proper growth requirements. **Insect Pests:** Early season cucumber beetles can kill young seedlings. For about a month starting ~2–3 weeks after last spring frost, cucumber beetles are much hungrier than usual, and will kill young seedlings. Cucumber beetles can also spread bacterial wilt. Chickens, row cover, and an Amaranth trap crop can be used

to control cucumber beetles. **Seed Savers:** Isolate varieties by ¼ mile for home use. Isolate a minimum of ¼ to 1 mile for pure seed. **Packet:** 2 g unless stated (about 59–78 seeds, depending on variety) sows 20 ft.

Popcorn *Zea mays*

We tend to think of popcorns for popping only, but some Native Americans also grind popcorn to make bread. Grown and dried in the same manner as dent corn or flint corn. Popcorns are resistant to ear damage by birds. **Packet:** 14 g (~90–125 seeds, depending on variety) sows 22–32 ft. See Sweet Corn for cultural info.

DAKOTA BLACK OG S (maroon-black) 90 days. Beautiful 4½ in. ears, great flavor. 15 rows per ear. 6 ft. stalks, 1 ear per stalk, above-average pest resistance. **#4160S Pkt (~90 seeds) \$4.15**

DYNAMITE OG S (South American Yellow) (yellow) 110 days. High yields and great buttery flavor makes this a farmer's market best seller for grower William Hale. Sturdy 5 ft. stalks produce 2–3 ears with 12–14 rows of big kernels for easy popping. **Seed grown and**

stewarded by William Hale in Louisa, VA. #41610 Pkt (~100 seeds) \$3.90; #41610F (¼ lb) \$8.10; #41610G (½ lb) \$14.85

Slicing Cucumbers

ASHLEY OG S ☀️ 58 days. {als, dm, pm} [1956, Clemson/AES.] Recommended for hot, humid areas where disease resistance is important. Good Downy Mildew resistance. Productive vines produce 7–8 in. dark-green fruits, tapered on the stem end. A popular variety in the Southeast. **#51101 Pkt \$3.90**



Ashley

DMR 401 SLICING CUCUMBER S

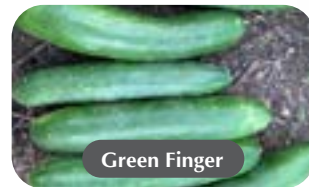
☀️ 59 days. {dm, pm} The next generation Downy Mildew resistant cucumber from Michael Mazourek's breeding program at Cornell U. The best in 2015 trials at Cornell and at Common Wealth Seed Growers, DMR 401 has foliage that will resist Downy Mildew pressure at levels that kill any other standard slicing cucumber plant! Early and productive, 8 in. long cukes. For best fruit, keep plants irrigated during dry spells. **#51113 Pkt \$4.15; #51113D (14 g) \$7.80**



DMR 401

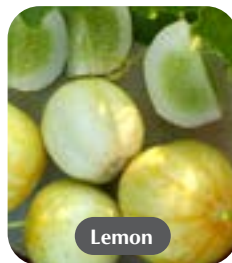
GREEN FINGER S

☀️ 56 days. [Cornell U.] A great new cuke from Cornell. Crisp, mild, thin-skinned Beit-Alpha type. Medium-size cukes with dark green skins. Very productive, nicely consistent fruits. Bred for multiple disease resistance including Powdery Mildew resistance. Enjoy them right off the vine as you stroll through your garden, or in a salad, or pickled, or as an addition of crisp freshness to your cool summer drink! **#51115 Pkt \$3.40; #51115E (28 g) \$11.70**



Green Finger

LEMON OG S ☀️ 67 days. {an, cub} 7 ft. vines are covered with crunchy round yellow fruits. Harvest at 1½ in. for pickling, 2 in. for salads. Excellent, never-bitter, old-fashioned cucumber flavor with a hint of nuttiness. **#5150S Pkt \$3.40**



Lemon

PENNSYLVANIA BUTTER-FLAVORED OG S ☀️ (white) 102 days. [Pre-1885 heirloom popcorn maintained by the Pennsylvania Dutch. Introduced 1988 by SESE.] Flavor is superior to commercial popcorn. Produces white-kerneled ears, averaging 2 per 8 ft. stalk. 4–6 in. ears with 26–28 rows of kernels, 1½–1¾ in. at the butt, tapering to 1 in. at the tip. **Seed grown and stewarded by William Hale in Louisa, VA. #41602 Pkt (~125 seeds) \$3.90; #41602F (¼ lb) \$8.10; #41602G (½ lb) \$14.85**



Pennsylvania Butter-Flavored

Key to Cucumber Disease & Pest Tolerance

Known disease or pest tolerance is indicated in brackets after the variety name. Since many factors affect disease and pest tolerance, results may vary from region to region. Resistance is only partial.

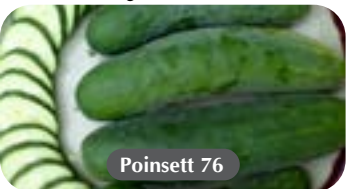
als	Angular Leaf Spot
dm	Downy Mildew
an	Anthraxnose
pm	Powdery Mildew
bw	Bacterial Wilt
scab	Cucumber Scab
cmv	Cucumber Mosaic Virus
spm	Spider mites
cub	Cucumber beetles
tls	Target Leaf Spot

MARKETMORE 76 OG 57 days. {cmv, pm, dm, als, an} A great high-yielding 8 in. bitter-resistant cucumber. Grows well in the Mid-Atlantic region as well as the North. A good dependable market variety. Dark green fruits are white-spined. **#51108 Pkt \$3.40; #51108E (28 g) \$7.80**



Marketmore 76

POINSETT 76 OG 56 days. {als, an, dm, pm, spm} [Developed by Clemson and Cornell.] An improved version of Poinsett, having multiple disease-tolerance. Produces dark green cukes 7–8 in. long and 2½ in. in diameter. The best open-pollinated slicer for the Southeast and Mid-Atlantic coastal areas as a disease-resistant main crop garden variety. **#51103 Pkt \$3.40**



Poinsett 76



Shintokiwa

SHINTOKIWA OG S 60 days. [Introduced to the U.S. by Japanese students of Rudolf Steiner.] Best picked under 8

inches, but still juicy, sweet, and flavorful at a foot long, with floral and buttery notes. Smooth, with thin skin. Resistant to bacterial wilt, and showed good downy mildew resistance in our 2022 trial. **#51703 Pkt (1 g) \$3.65**

SPACEMASTER OG 60 days. {cmv, scab} [Developed by Dr. Munger at Cornell.] Bush-type plant with 2–3 ft. vines and 7½ in. long cukes. Use for salads or pickles. Widely adapted. Plant early to avoid late-season diseases. Ideal for containers and small gardens. **#51104 Pkt \$3.40**



Spacemaster



Arkansas Little Leaf

white-spined pickler has multiple disease-resistance. Compact vines have multiple branch points and will climb a fence or trellis with ease. Small leaf size makes finding fruit easier, and the parthenocarpic flowers produce fruit under stress and without pollinators. 5 in. long fruits good for slicing and pickling. This variety may have lost downy mildew resistance with the emergence of new strains of the fungus, as it now varies from year to year with how well it resists DM. **#51503 Pkt \$3.90**

BOSTON PICKLING OG

58 days. {cmv} [1880.] Medium-green, blunt-shaped fruits are crisp and mild, and just the right size for pickling. Not as rampant as some, but still very productive. **#51506 Pkt \$3.40**

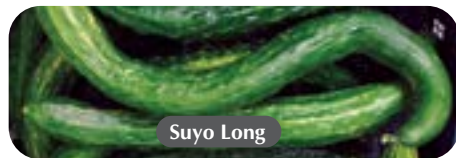


Boston Pickling

STRAIGHT EIGHT OG 57 days. {als, an, pm, spm} [1935, AAS winner.] Highly dependable, high yielding cucumber. Very uniform deep green 8 in. fruits about 2½ in. in diameter with an exceptional flavor. **#51107 Pkt \$3.40; #51107E (28 g) \$7.80**



Straight Eight



Suyo Long

SUYO LONG OG S 61 days. {pm} Sweet-flavored, “burpless” cucumber from China, hot weather tolerant and widely adapted. Exceptionally hardy, productive, and fine-flavored even under adverse conditions. One of the best varieties in Twin Oaks Seeds’ 2013 downy mildew trials. Recommended as an early, main season, and late season variety for the Southeast. 15–18 in. long fruits, use for pickling or slicing. **#51701 Pkt \$3.90**

WHITE HERON OG S 60 days. [Given to SSE by Keith Herron, whose family used this cucumber fresh and for pickling. Introduced 2017 by SESE.] Pale yellow-green fruits are best picked under 5 in., but still have good flavor at larger sizes. Vigorous vines bore well in our 2015 trial, when most of our other cucumbers were killed early on by Downy Mildew. **#51114 Pkt \$3.65**



White Heron

Pickling Cucumbers

Pickling cucumbers can be sliced for eating fresh, and slicing cucumbers can be pickled. Picklers tend to have crunchier texture, but with a hint of soapy taste when used fresh. Pickling cucumbers are usually blocky in shape and tend to have thicker, bumpier skin, sometimes with soft spines.

EDMONSON OG S

70 days. {als, an, cmv, scab} [Family heirloom from Kansas since 1913. Introduced by SESE 1987.] One of our hardiest cucumbers. Has good resistance to disease, insects, and drought. Flavor is buttery and texture is crisp and tender even when past prime. 4 in. long whitish-green fruits. Best for pickles, but used for slicing too. **#51502 Pkt \$3.65**



Edmonson

HOMEMADE PICKLES OG

55 days. Specially developed for home gardeners. Vigorous plants with good disease resistance, including downy mildew resistance. Medium green fruits with small white spines are solid and crisp. Harvest cukes at 1½ in. or larger, up to 6 in. long. Makes robust bite-sized pickles, slices, or large spears. **#51504 Pkt \$3.40**



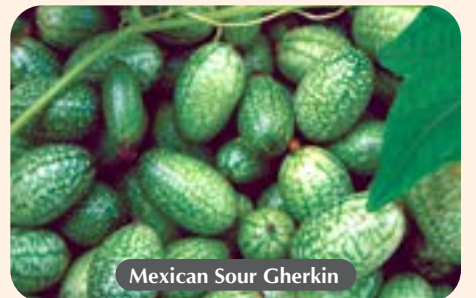
Homemade Pickles



Roseland Small White

ROSELAND SMALL WHITE OG S 55 days. [NC heirloom. In the early ‘70s, Gordon Shronce’s sister Evelyn Allran received seed from a neighbor in the Roseland community near Lincolnton, NC. Introduced 2016 by SESE.] Loads of early, blocky white cukes. Gordon likes to pick them at 3 in. or less, but they’re still mild and tender to 7 in. long. Great sliced or pickled. **#51112 Pkt \$3.65**

MEXICAN SOUR GHERKIN OG S (Mouse Melon, Sandita) *Melothria scabra* 73 days. Thin but tenacious vines bear many ¾ in. × ¾ in. fruits with skin like tiny watermelons. Immature, they taste like cucumbers; when fully mature, they taste like pickled cucumbers. Always popular at tastings! Plant them along your garden path for convenient snacking. Bears until frosts. Trellising recommended. **#51301 Pkt (0.2 g, ~70 seeds) \$3.90**



Mexican Sour Gherkin

Eggplant

Solanum melongena

Culture: Culture of eggplant is similar to peppers. (See Pepper section.) Start seeds 8–10 weeks before setting outside, set out 1–2 weeks after last frost. Don't rush the season because cold-shock can stunt the seedlings. Plants are spaced 24 in. in equidistant spacing, or 20 in. apart in rows 36 in. apart. **Fruit-Set:** Flowers may not set fruit during exceptionally hot weather. Mature plants have good vigor in fall, so cover plants on frosty nights for 1–2 weeks to extend the harvest season. **Harvest:** Keep well picked to keep plants producing. Small fruits have the best eating quality. Fruits are ripe when the skin appears glossy and fruit is resilient to thumb pressure. **Cooking:** Steamed and pureed eggplant is a great tomato paste substitute (really!). **Pests:** Control of flea beetles on young seedlings is essential. Pyrethrum and diatomaceous earth are effective organic controls, or use the following method: Harden off seedlings on a table at least 3 ft. off the ground. (Very little flea beetle damage occurs at this height.) After the seedlings have been hardened off, transplant seedlings under 1 gallon plastic milk bottles and leave off the lid. Leave the plants under the bottles as long as possible. Young seedlings may also be grown under row cover for a month or until flowering starts. **Diseases:** Avoid growing on soil that has previously grown tomatoes, potatoes, peppers, or especially eggplants for the past three years. **Note:** Days to maturity are from transplant date. **Seed Savers:** Isolate varieties by a minimum of 150 ft. for home use. For pure seed isolate a minimum of 1/8 mile. **Packet:** 0.25 g unless otherwise stated (about 54–88 seeds, depending on variety) sows 60–100 ft. of transplants.

Purple & Bi-Color



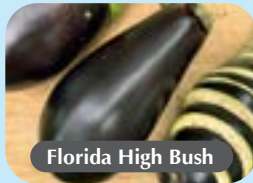
Black Beauty

BLACK BEAUTY OG 74 days. [1902.] Fruits are dark purple, high-quality, and of fine flavor. Dependable, well adapted to the Mid-Atlantic and the South. Produces up to 15 fruits per plant. Fruits are 6½ × 5 in. and may weigh up to 3 lbs, but best harvested when smaller. **#45101 Pkt \$3.65**



Early Black Egg

EARLY BLACK EGG S 65 days. An early Japanese variety of good flavor with small, tender, egg-shaped fruits about 5 in. long. Sets well in the Mid-Atlantic, including cool, short-season areas. Vigorous plants, more tolerant of flea beetles than other varieties. **#45102 Pkt \$3.40**



Florida High Bush

NEW! FLORIDA HIGH BUSH OG S 77 days. Drought and heat tolerant, heavy yields on big, sturdy plants. 6–9

in. long fruits with glossy, dark purple skin. An old commercial variety bred for Florida farmers. **#45108 Pkt \$3.65**

LISTADA DE GANDIA OG 75 days. [Heirloom from France about 1850.] This egg-shaped Italian beauty has 5–7 in. fruits, purple with irregular white stripes. A unique eggplant pleasing to both the eye and the palate. Drought-tolerant, sets fruit well under



Listada de Gandia

high heat, though not as well in cold summers. Thin skin does not need to be peeled for cooking. **#45401 Pkt \$3.65; #45401B (3 g) \$8.60**



Long Purple

LONG PURPLE OG 75 days. Long, slender fruits (2 × 10 in.) are slightly bulbous on the blossom end. Best harvested when

1 in. in diameter. The dark-purple fruits can be sliced like a cucumber. **#45103 Pkt \$3.40**

MORDEN MIDGET S (Morden Mini) 65 days. [1958, Morden Experimental Farm, Manitoba, Canada.] Good short-season variety; in our rare cool summers in Virginia, this one has better harvests in June and July



Morden Midget

than our other eggplants! Short plants (18–30 in. tall) are great for containers. 3–4 in. purple oval fruits. **#45106 Pkt \$3.40**



Ping Tung Long

PING TUNG LONG OG S 62 days. [Taiwanese variety.] Shiny deep lavender fruits can grow to 2 × 11 in. and longer. If plants are kept upright the fruits can be kept straight for over ¾ of the length, making for impressive filets. Disease-resistant variety and high yielding, producing over 20 fruits per plant in our garden. Excellent flavor. **#45104 Pkt \$3.65; #45104B Pkt (3 g) \$8.60**



Poamoho Dark Long

POAMOHO DARK LONG OG S 67 days. [U. of Hawaii, 2018.] A great new variety bred in Hawaii. Long, slender fruits with shiny black skins. The skins are thin and the flesh is tender – a great culinary variety. Tall, sturdy plants are vigorous and productive, bred for Bacterial Wilt resistance. **#45107 Pkt \$3.65; #45107B (3 g) \$8.60**



Rosa Bianca

ROSA BIANCA OG S 83 days. A beautiful Italian heirloom, somewhat similar to Listada de Gandia with creamy white base color and pink-purple irregular stripes radiating from the top. One of our best-tasting eggplants. **#45402 Pkt \$3.65; #45402B (3 g) \$8.60**

Rosita OG S

70–80 days. [Heirloom from Puerto Rico.] 4 ft. tall plants produce excellent yields of lavender-pink, teardrop-shaped fruits with white shoulders. The skin is tender without a trace of bitterness, and the white flesh is mild and sweet, because the seeds are so late to develop in the fruits. Our favorite eggplant, this is the one we always make sure to plant every year. **#45203 Pkt \$3.65; #45203B (3 g) \$8.60**



Rosita

Green

LOUISIANA LONG GREEN OG S 75 days. Attractive 6–12 in. light green, banana-shaped fruits. Spineless plants average 4 ft. tall. **#45301 Pkt \$3.65; #45301B (3 g) \$8.60**



Louisiana Long Green

Seasonal Items: Shipping Surcharges Apply

Garlic & Perennial Onion Samplers

PERENNIAL ONIONS see page 33



BEGINNERS GARLIC STARTER PACKAGE OG This is a garlic starter package appropriate for very small gardens and beginners. It can yield up to 4 lbs in favorable conditions. Included are ¼ lb of an easy softneck type, plus ¼ lb of a more challenging hardneck, as well as SESE's garlic growing guide. **#92501 (cloves, see shipping info p. 19) \$19.25**

GARLIC GARDEN SAMPLER OG This sampler is for the small gardener who wants to try several varieties of garlic. It includes ¼ lb of two different artichoke-type softnecks, ¼ lb of a romanesco-type hardneck, and ¼ lb of a purple-striped hardneck. Yields up to 8 lbs. Also included is SESE's garlic growing guide. **#92502 (cloves, see shipping info p. 19) \$34.85**

Perennial Onions have a lot in common with garlic. See page 33.

GROWING GREAT GARLIC [Ron Engeland.] The definitive sourcebook for growing garlic organically. Written for gardeners and small farmers, it covers site preparation through planting, fertilizing, harvesting, storing, and marketing. Also includes chapters on the history and evolution of garlic. Based on the author's experience with over 200 garlic strains. Softcover, 226 pp. **#91111 \$17.65**



Garlic Books

Learn the art of growing great garlic! See our Garlic Growing Guides on p. 79.

Garlic, Hardneck (Rocamboles, Topsetting)

Allium sativum var. *ophioscorodon*

Culture: Cultural instructions are included with your shipment of bulbs. **Culinary Notes:** Rocamboles garlics are enjoying a renaissance: gardeners and gourmet restaurants are discovering the merits of many varieties previously unavailable. We especially enjoy using the fresh green tops as an ingredient in salads. The cloves of rocambole are large and easy to peel, and as a rule they are more diverse in flavor than those of softneck garlics. **Characteristics:** Rocamboles garlics do not yield as heavily as softneck garlics and they require better soil and slightly more care to maximize yields. They do best from Virginia northward (north of latitude 37°), but some widely adapted varieties can be successfully grown in southern areas. Rocamboles garlic produces bulbs that divide underground to produce cloves in the same manner as softneck garlic, but unlike softneck garlic, rocambole sends up a scape (flower stalk) which coils into a 360° turn, then straightens out to produce a cluster of bulblets (topsets) at the top of the stalk. Coiled stalks can be removed and dried for use in flower arrangements. The bulblets emerge under the cover of a paper-thin “night cap.” Though the bulblets can be planted it can take 2 years to produce mature bulbs. Best results are obtained by planting large cloves. **Harvest and Yield Notes:** Yields (by weight) may range from a low of 3:1 to a high of 8:1 depending on growing conditions. For highest yields, remove the scape (or “seed stalk”) at the junction of the highest leaf as soon as the scape has uncoiled from its 360° turn. Each week the scape remains after this stage causes a yield reduction of approximately 5%. Bulbs are harvested about 4 weeks after the 360° turn stage, when leaves begin to yellow and 6–8 green leaves remain. Most varieties store well for 3–6 months. **Hardiness Zones:** Widely adapted varieties are recommended for zones 3–8, otherwise zones 3–6. **Starter Package:** Rocamboles garlic is sold by weight rather than clove count. Bulb size varies according to conditions. Your starter package includes a free 4-page growing guide that covers perennial onions and garlic. **Check our website in July & August, as we usually add a few varieties after completing harvests.**



Chesnok Red



German Extra-Hardy

CHESNOK RED 0G

S (Purple-striped)

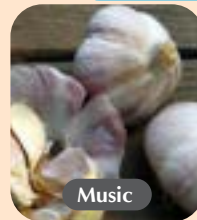
[Republic of Georgia, near Shvelisi.] Nicely-colored, large bulbs. Cloves are more numerous and elongated than most hardneck types. Chesnok Red is the best baking garlic, very aromatic with an abiding flavor.

#65306 Starter Package (cloves, 8 oz, see shipping info) \$16.60

GERMAN EXTRA-HARDY 0G

S (Porcelain) Very winter-hardy. Large cloves

with a purplish blush, 6–8 per bulb, having when raw a very strong flavor, which mellows when cooked. Easy to prepare and stores well. **#65307 Starter Package (cloves, 8 oz, see shipping info) \$16.60**



Music



Romanian Red

MUSIC 0G (Porcelain)

Extremely large cloves, about 4–6 per bulb, sized over 2 in. Music is vigorous and productive, with a nice rich, pungent flavor. **#65314 Starter Package (cloves, 8 oz, see shipping info) \$16.60**

ROMANIAN RED 0G S (Porcelain)

Large, plump cloves numbering 4 to 5 per bulb. In fertile

soil the bulb wrappers are white, otherwise white with splashes of purple. Bulbs are easy to clean, very attractive and have excellent longevity in storage. Flavor is pungent and long-lasting. **#65304 Starter Package (cloves, 8 oz, see shipping info) \$16.60**

Shipping Info

Shipping Surcharge for Garlic: \$2 for one item, \$4 total for any two or more items. Includes all fall-shipped items: garlic, woodland medicinals (pg. 64), and onion bulbs (pg. 34).

Garlic ships in the fall (September – November, northern-most areas first). They may be pre-ordered at any time (but not by mail after September 1). U.S. shipping addresses only.

If a garlic variety you order is unavailable, we may substitute a similar variety; if you would prefer a refund, note “no substitutions” on your order.

CALIFORNIA EARLY 0G S (Artichoke)

This large, easy to grow softneck is probably the most widely grown garlic in the U.S. Mild flavor, Excellent storage. 8–10 cloves per bulb. **#65120 Starter Package (cloves, 8 oz, see shipping info) \$16.15**



California Early

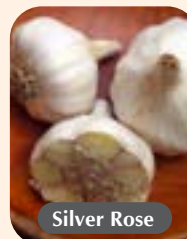


Inchelium Red

INCHELIUM RED 0G S (Artichoke)

[Originally from the Colville Indian Reservation, Inchelium, WA.] Higher in soluble solids than other garlic varieties we offer, in 1991 it won first place among 20 varieties evaluated for flavor at the Rodale Food Center. Clove count averages 15 per bulb with a wide variation

in clove count. Inchelium Red has out-produced Chet’s Italian Purple, formerly our most productive variety. Produces bulbs in excess of 3 in. in diameter under good conditions. **#65102 Starter Package (cloves, 8 oz, see shipping info) \$16.15**



Silver Rose

Seasonal Items: Shipping Surcharges Apply

Elephant Garlic

Allium ampeloprasum

Culture: Cultural directions are described in our 4-page growing guide that is enclosed with bulb shipments. **Culinary Uses:** Elephant garlic is mild and sweet enough to be sliced raw and served in salads or steamed as a vegetable with butter and bread crumbs. Use it to impart garlic flavor to meats, vegetables, and salads without concern about excessive garlic flavor. The large cloves are easy to peel, grate, dry, and prepare. **Storage:** Withstands temperatures well below freezing and has a shelf life of at least 10 months when properly stored.

ELEPHANT GARLIC 0G S

Individual cloves grow to produce large bulbs weighing ½ lb or more (as large as a grapefruit). This garlic is more closely related to leeks, and the flavor is mild and sweet. Serve alone as a steamed vegetable with butter and bread crumbs, or bake it in the oven. Yield by weight is 8:1 under good conditions. **#65801 Starter Package (cloves, 16 oz, see shipping info) \$30.70**



Elephant Garlic

SILVER ROSE 0G S (Silverskin type)

Beautiful rose-colored cloves, with smooth white wrapper skins. Excellent variety for Southern garlic growers, keeps up to a year in ideal storage conditions. The mild smooth flavor is welcome in any dish. Larger bulbs than Mild French Silverskin, great for braiding. **#65113 Starter Package (cloves, 8 oz, see shipping info) \$16.15**

Garlic, Softneck (Braiding)

Allium sativum var. *sativum*



Culture: Cultural instructions are included with your shipment of bulbs. **Characteristics:** Softneck garlics are more domesticated and have evolved from hardneck garlics. They have lost the ability to produce topsets, hence the center of the bulb has a soft braidable neck. Softneck garlics are more productive, more widely adapted, have better storage quality, and are easier to grow than hardneck garlics, but they are slightly less cold-hardy in extreme northern areas. Clove count per bulb is much higher but many varieties have small interior cloves. We have had yields (by weight) as high as 16:1, but 5 or 8:1 is more typical. There are two horticultural groups of softneck garlics: The artichoke type and the silverskin type. **Artichoke types** are the largest, most widely adapted, and most productive, typically with 3–5 layers of cloves that give the bulb a lumpy appearance. **Silverskin types** have smooth, usually white bulb scales. They produce the most uniform and attractive bulbs, and are therefore popular for braiding. Cloves tend to be held tightly in the bulb and do not separate as easily as those of the artichoke type. Silverskin types are popular in western and southern states, but they also perform well in eastern states. **Hardiness Zones:** Recommended for zones 3–9. **Starter Package:** Softneck garlic is sold by weight rather than clove count. Bulb size varies according to crop conditions. Bulbs usually weigh an ounce or more. Your Starter Package includes a free 4-page growing guide that covers perennial onions and garlic.

Gourds

Lagenaria siceraria unless noted

Cultural and Handling Notes: See Cultural Notes for winter squash. Gourd seeds take a few days longer to germinate than squash. Gourds have many fewer insect problems than squash. If not grown on trellis, space plants 18 in. apart, rows 10 ft. apart. Most gourd types can grow past 15 ft. in all directions. Harvest when the fruit stem changes from green to yellow or yellow-brown. Leave 4 in. of stem attached. Wash fruits gently with soapy water, and dry in well-ventilated area. Turn often for 3–4 weeks, scrub off discolored areas. If desired, wax and shine to a luster.

Culinary Gourds

CUCUZZI **OG S**   (Cucuzza, Zuchetta, Guinea Bean) (*Lagenaria siceraria*) 60 days. [Italian heirloom, grown by Jefferson at

Monticello.] Pale green fruits up to 36 in. long. For best tenderness harvest at 6–12 in. Fruits milder than luffa. Bug-resistant plants are a great zucchini substitute. Normally very vigorous, but had a shorter season during 2013's cold, wet summer. Big sprawling vines up to 20 feet long, best planted on the edge of the garden; at Monticello they're grown up a sturdy 10-ft. tall wooden arbor. #54503 Pkt (3 g, ~20 seeds) \$3.65



Cucuzzi



Luffa

LUFFA **OG S**   (Vegetable Sponge, Dishcloth Gourd) (*Luffa cylindrica*) 65 days for edible fruits, 150 days for sponges. The young gourds are edible and make a great zucchini substitute. Best eaten at 1 in. diameter or less. Mature, dark green 14–24 in. fruits may be



retted (soaked in water to soften while the soft tissue breaks down). Once retting is complete, they are cleaned and ready to use as sponges or filters. Vines have pretty, bright yellow flowers. #54501 Pkt (3 g, ~20 seeds) \$3.65

BACK! LUFFA, RIDGED (Chinese Vining Okra, Ridge Gourd) **S**   (*Luffa acutangula*) 76 days for edible fruits, 135 days for sponges. Harvest the long, angular fruits for edible fruits when tender and young, at about 1¼–1½ in. × 6–14 in, picking every 2–3 days. Use as a substitute for summer squash or okra. Fruits are attractive sliced and do not have the bitterness of smooth luffas. For sponges or dish cloths, allow fruits to mature to full size, 18–30 in., then ret. Vigorous vines are best trellised. #54505 Pkt (3 g, ~18 seeds) \$3.65



Ridged Luffa

Ornamental Gourds

AFRICAN DRUM GOURD **OG S**   140 days. [Original seedstock from Suzanne Ashworth.] Huge 18–22 in. gourds with thick walls (½ in. in good conditions).



African Drum

Round to slightly teardrop-shaped. A standout for downy mildew resistance in Common Wealth Seed Growers' 2015 gourd trial, but in other years it's shown some DM susceptibility. #54110 Pkt (4 g, ~11 seeds) \$4.70

Greens

Arugula (Rocket)



Eruca sativa



Culture: Arugula is a cool-weather crop that requires loose, rich, moist soil. Sow seeds in the spring as soon as the soil can be worked, with successive sowings 3–4 weeks apart. Sow ¼ in. deep, 1 in. apart, in rows 8–12 in. apart, thinning to 4–6 in. apart. **Packet:** 1.5 g unless stated (about 750 seeds, sows 30 ft.).

ARUGULA **OG** 40 days. Distinctive, sharp, peppery leaves are best harvested when 2–3 in. long. A nice accent for mixed salads. Greens past their prime may be lightly steamed with other greens such as mustard or turnip greens, or used in creamed soups. #64101 Pkt \$3.15; #64101C (7 g) \$5.50; #64101E (28 g) \$7.55



Jewels of Opar

JEWELS OF OPAR **OG S**   (Fame flower) (*Talinum paniculatum*) 35 days. Purslane relative with elegant panicles of ¾ in. pink flowers. Mild leaves are succulent, light green, and eye-catching. Great in salads, on sandwiches, and as a spinach substitute. Also has medicinal uses. The seedstalks are attractive in dried arrangements – seedpods dry down through shades of orange, red, brown, gold, and grey. 2–3 ft. tall plants can reach 3 ft. wide. Grows in sun or part shade; tolerates poor soil. Native to parts of the South and the Caribbean. Perennial in zones 8 and up. Self-sows readily; may naturalize. #34201 Pkt (0.15 g, ~470 seeds) \$3.65



Jewels of Opar

BIRDHOUSE GOURD, BRADSHAW'S **OG S**


  95 days. For over 50 years, Dr. David Bradshaw has been selecting the strongest and best-shaped gourds for Purple Martin (*Progne subis subis*) birdhouses. This species, the largest American swallow, suffered a population crash in the 20th Century due to the spread of European Starlings, and the birds now rely on humans for nesting houses. It is thought that without our assistance, Purple Martins would be in danger of extinction. Monitor your birdhouses to prevent take-over by aggressive, non-native birds. Purple Martins eat mosquitoes and many other insect pests. The sprawling plants produce up to 12 gourds each. Packets come with Dr. Bradshaw's instructions for building birdhouse condominiums. Hung individually, gourd birdhouses are often appreciated by wrens. #54109 Pkt (3 g, ~22 seeds) \$3.90



Bradshaw's Birdhouse





Bushel

BUSHEL GOURD  130 days. It is not unusual for these gourds to grow to over the size of a bushel, especially if you trim them to 1 fruit per plant. Needs a long season to mature – plant as early as possible. Slate gray gourds make excellent baskets when dried, as their shells are stronger than other gourds. #54107 Pkt (3 g, ~8 seeds) \$3.65

Unusual Heat-Tolerant Greens

Amaranth Greens


CALLALOO **OG S**   (*Amaranthus viridis*) [Jamaican variety, via Melissa DeSa in FL.] Tasty, quick growing, self sowing hot weather greens popular throughout the African diaspora, as well as in Asian cuisines. The abundant leaves are usually eaten cooked, and are sometimes referred to as Chinese spinach. The upright branched plants can reach 6–8 ft. tall in favorable conditions. Cucumber beetles chew some holes in the leaves, but seldom slow down growth. **Culture:** after last frost, sow or transplant 3-week-old seedlings. For continuous harvest, plant every 2–4 weeks.





Callaloo

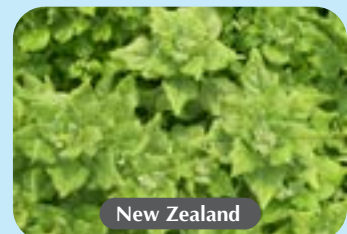
Space plants up to 18 in. apart. Harvest before plants flower. Self-sows. Callaloo is tolerant of poor soil, root knot nematodes, and bacterial wilt – good greens for almost any garden! #33121 Pkt (0.3 g, ~790 seeds) \$3.65

Orach

RUBY RED **OG**  (*Atriplex hortensis*) Dark red/purple leaves, a lively addition to any salad. Picked young it is tender, and many growers use it in their mesclun mixes. Slightly spicy upright growing plant holds its flavor even as the plants mature in summer heat. (**Culture:** Direct seed at 2 in. spacing after frost for summer and fall harvest. Thin to 9 in., harvesting thinnings. Harvest often for more tender leaf production!) #59103 Pkt (0.5 g, ~60 seeds) \$3.90

Summer Spinach

NEW ZEALAND   (*Tetragonia expansa*) 62 days. [Introduced from New Zealand in 1772.] A heat- and drought-tolerant spinach substitute with soil requirements similar to spinach. Greens are best cooked. Seed should be soaked 4–24 hours before planting to speed germination. #68601 Pkt (6 g, ~66 seeds) \$3.15



New Zealand

Chicory & Radicchio

Cichorium intybus



Catalogna Chicory

Culture: See Endive (Escarole) below.

CATALOGNA CHICORY OG S 55 days. This well-known Italian chicory has green, deeply cut dandelion-like leaves with light green mid-ribs. More upright than the frillier varieties, it grows up to 16 in. tall, but is best harvested when smaller. #61501 Pkt (0.5 g, ~750 seeds) \$3.40



Verona Red Radicchio

VERONA RED RADICCHIO

OG S 85 days.

[Named for the Italian region where it originated.] Beautiful red leaves and white stalks. Zesty

flavor develops best in cool weather. Normally planted in mid-summer for fall harvest, can withstand light frosts. #61602 Pkt (1 g, ~450 seeds) \$3.15

WILD GARDEN II CHICORY MIX OG S [Frank Morton]

A rainbow mix of different chicories, now with even more leaf shapes and colors – add some great color to your fall salads! #61952 Pkt (0.5 g, ~350 seeds) \$3.65



Tokyo Bekana

TOKYO BEKANA OG S (B. rapa chinensis) 44 days. Great salad green – fast-growing plants make enormous loose heads of light green, ruffled leaves. Very mild – almost lettuce-like in flavor – with good frost tolerance. Now being grown and eaten on the International Space Station! #22505 Pkt \$3.65

Alternative greens and dual crops:

In addition to the greens listed on these pages, the leaves – and especially the young leaves – of okras, sweet potatoes, hyacinth beans, asparagus beans, southern peas (cowpeas), salsify, and both summer and winter types of squash can be used as cooking greens. Buckwheat leaves and pea shoots, including Austrian Winter Pea shoots, can be used raw in salads. Many herbs also work well in salads, including roselle, salad burnet, anise-hyssop, sorrel, chives, cilantro, dill, borage, and basil.

RED MALABAR OG S (Basella alba var. rubra) 70 days. These Asian greens are a great summer substitute for spinach. The fleshy leaves and stems are high in vitamins

A and C. Excellent for salads, stir fries, and thickening summer soups. Germination is slow (10+ days at 80°F) so plant extra, or start indoors 3–6 weeks before transplanting. Grows best with trellising: a good technique is to plant next to pea trellises and let them take over as the peas finish. Thin to 12–18 in. apart. Will re-grow even if severely cut back. Self-sows readily. #68301 Pkt (1 g, ~42 seeds) \$3.40



Red Malabar

Chinese Cabbage & Asian Greens

Brassica rapa

Culture: Heading types are grown similarly to cabbage. If grown in spring, plant as early as possible, as mature heads will rot in summer heat. Looseleaf types are grown similarly to collards or kale. Pak Choi is usually harvested as small heads but may be harvested by the leaf. **Seed Savers:** Crosses with mustard greens, broccoli raab, turnips, and some rapeseed (canola). Isolate by a minimum of 600 ft. to ½ mile for home use, or by ¼–½ mile for pure seed. **Packet:** 2 g (~625 seeds)



Prize Choi

Pak Choi (Bok Choy)

PRIZE CHOI OG S (B. rapa chinensis)

50 days. Quick-growing heirloom makes excellent baby greens and grows from seed to a hearty 2-lb head in 7 weeks. Dark green leaves and crunchy, tasty, bright white stems. Good in kimchi. Also savory steamed, stir fried or braised. Did great in our spring 2017 Asian green trials, and it's even more productive when planted for fall harvest. Pkt #22507 \$3.65; #22507E (28 g) \$13.00



White-Stemmed

WHITE-STEMMED PAK CHOI OG S (B. rapa chinensis) 45 days.

Tender, light green, spoon-shaped leaves with thick, white ribs. 14–18 in. tall. Crisp and mild, great for Asian cooking. Stems make a good celery substitute. Cold-resistant, extended harvests. #22504 Pkt \$3.40

Heading types

MICHIHILI (B. rapa pekinensis) 73 days. [1948.] Popular variety. Large, upright, well-blanched heads (4 × 18 in.) wrapped with dark-green leaves. Flavor is sweet and mild. Sow in early July for fall harvest. #22502 Pkt \$3.15

Looseleaf types

TOKYO BEKANA OG S (B. rapa chinensis) 44 days. Great salad green – fast-growing plants make enormous loose heads of light green, ruffled leaves. Very mild – almost lettuce-like in flavor – with good frost tolerance. Now being grown and eaten on the International Space Station! #22505 Pkt \$3.65

Endive (Escarole)

Cichorium endivia

Culture: Endive is grown like lettuce and is sensitive to hot weather. Thin plants to 8–12 in. apart in rows 18 in. apart. May be blanched in 3 weeks by tying up the outer wrapper leaves, but must remain dry inside the wrapper. Blanching increases crispness, tenderness, and removes bitterness caused by hot weather. For prolonged harvest, dig plants in late fall with root ball intact and store at about 50°F in a root cellar.

BROAD-LEAVED BATAVIAN OG S (Full Heart Escarole) 90 days. [1934. AAS winner.] Large, broad, dark-green outer leaves enclose round, deep 12–16 in. heads which are well-blanched, creamy-white, and buttery. #61101 Pkt (1 g, ~600 seeds) \$3.40



Endive, sliced in half to show blanched heart



Watercress

Collards see page 22

Cress

Culture: A quick growing cool-weather vegetable, cress has many forms. Plant upland cress and curly cress in late summer or early fall in moist but well-drained soil with plenty of organic matter. Broadcast seed (or plant in rows 7 in. apart) and cover very lightly with soil or compost. Seed can take 2 weeks to emerge.



Belle Isle

BELLE ISLE OG S (Upland Cress)

(Barbarea verna) 50 days. [17th c. Portuguese sailors shipwrecked on Canada's Belle Isle survived the winter thanks to these greens.] A traditional winter green across the Mountain South. Dark green leaves are high in vitamin C. Transplant or sow anytime, but best sown in late summer for winter greens. The yellow blossoms help nourish ladybugs, syrphids, and other beneficial insects. #71307 Pkt (1 g, ~615 seeds) \$3.90

CREASY GREENS (Upland Cress, Winter Cress)

(Barbarea verna) 50 days. An old favorite. As easy to grow as spinach indoors or out. #71217 Pkt (2 g, ~1250 seeds) \$3.15; #71217E (28 g) \$6.75



Creasy Greens

CURLY CRESS OG S (Garden Cress)

(Lepidium sativum) 30 days. Use the young leaves of this mustard family member for adding zing to salads. #71218 Pkt (2 g, ~1330 seeds) \$3.40





Curly Cress

WATERCRESS OG S (Nasturtium officinale) Best sown spring through mid-summer. Rich in vitamins and used in salads for mustard-like flavor. Transplant to a cool stream of pure clean water or grow in pots and add fresh water daily. Can also be grown in trays with just enough water to float the crowns. Needs partial shade in hot weather. #71219 Pkt (0.5 g, ~2740 seeds) \$3.90

Collards

Brassica oleracea var. *acephala*

Culture: Kale and collards are members of the cabbage family, and have similar cultural requirements (See Cabbage section). They are both forms of non-heading cabbage and are among the earliest forms of cultivated cabbage. Both are exceptionally high in iron and in vitamins A and C. Collards are more heat-tolerant than cabbage and are usually winter-hardy from Virginia southward. Kale is best grown as a spring, fall, or winter vegetable. The taste of both kale and collards is sweetened and enhanced by frosts and cool temperatures. **Spacing:** Thin kale plants to 6–12 in. apart, and collards plants to 12–24 in. apart. **Cooking Notes:** Kale and collards are best cooked, but young greens grown in cool weather are good in salads. Onions, garlic, pork fat, and vinegar all complement collards. **Harvest:** Clip individual leaves before they are 12 in. long. Old leaves become tough and stringy. **Diseases and Pests:** See cabbage section. Cabbage worms can be controlled with bT. Pick harlequin bugs off spring-sown crops or start new crops in late summer. **Seed Savers:** See Broccoli section. **Packet:** 2 g unless otherwise stated (about 625 seeds) sows 55 ft. direct seeded or 230 ft. as transplants.



GEORGIA CABBAGE COLLARDS   70 days. [Another Heirloom Collard Project standout, originally from Bobby Prevatte, whose grandparents grew them near Lumberton, NC. Stock seed from the USDA, collected by geography prof. Dr. John Morgan. Introduced by SESE 2019.] Semi-prostrate plants, 15–20 in. tall and 26–38 in. wide with a moderate tendency to head. Sweet and tender yellow-green leaves have a rich flavor some describe as nutty and cabbage-like. A 2018 taste test favorite! Plants are vigorous and high yielding, hardy to 20°F. #24116 Pkt \$3.65



Georgia Cabbage Collards





Green Glaze, McCormack's

GREEN GLAZE, MCCORMACK'S   75 days. [Introduced 2000 by Dr. Jeff McCormack.] Similar to 'Green Glaze' but selected for 8 years for improved cold tolerance and uniform bright green glossy leaves. Has survived to 0°F without freezing. Leaves have a bright green glossy appearance. Excellent resistance to cabbage worm and cabbage looper. #24107 Pkt (1 g) \$3.65





Georgia Green

BACK! GEORGIA GREEN   [Pre-1880] Especially valuable variety for the sandy soil of the Atlantic coast and in places where it is difficult to grow cabbage successfully. It is resistant to heat and frost, and grows well on poor soil. The open, loose heads are best harvested after frost when they are sweet and tender. 36 in. tall plants. #24101 Pkt \$3.45; #24101E (28 g) \$7.05

HEN PECK   72 days. [NC heirloom, seed stock from Benny and Vickie Cox. Introduced 2015 by SESE.] Another great cabbage collard variety from the Collard Shack. Tender, mild greens. The unusual toothed leaf margins appear as if a bird had nibbled on them, hence the name. (Thin out any non-toothed offspring seedlings.) #24112 Pkt \$3.65



Lottie

LOTTIE   [Pre-emancipation NC heirloom. Introduced 2023 by SESE.] Tender light green, slightly heading variety. Legend is Lottie was the name given to the enslaved woman who maintained this variety and passed it in her family after emancipation. More recently it was pulled from extinction and grown by Jeffery "Mr Mac" McPherson at the Lumberton Correctional Institute in NC. #24117 Pkt \$3.65





Alabama Blue



ALABAMA BLUE   75 days. [Alabama heirloom, original seedstock from Jean Mills. Introduced 2015 by SESE.] Landrace with wide variation in beautiful leaf colors. Green, blue-green, and purple leaves with white, pale green, and plum-colored veins. Smaller leaves than most collards; plants can be more closely spaced. The leaves are more tender and faster to cook, and the plants hold their sweetness longer in hot weather. Blue-leaved collards have become rare, we hope to get more folks growing these again! #24114 Pkt \$3.90



Granny Hobbs

NEW! GRANNY HOBBS   [Another release from the Heirloom Collard Project, this family heirloom from Holly Ridge, NC comes from seeds given in 2004 to Dr. John Morgan by Ed Saunders for preservation in the USDA collection.] Variable population has green leaves with moderate waviness and good heading

capacity. Plants vary in size between 13–23 in. tall and 25–39 in. wide. Tender leaves have a slight bitter taste that sweetens with frost. #24122 Pkt (1 g) \$3.65



GREEN GLAZE   79 days. [Introduced 1820 by David Landreth.] Old-fashioned and unique variety with smooth, bright green leaves. Heat- and frost-resistant, slow-bolting and non-heading, 30–34 in. tall. Excellent resistance to cabbage worm and cabbage looper. Recommended especially for Southern and warm coastal states. Thin out any dull-leaved off-type plants. #24102 Pkt (1 g) \$3.65




Green Glaze



Minnie Mizelle

NEW! MINNIE MIZELLE   [NC family heirloom from Williamston, seed donated in 2006 by Henry Mizelle, whose wife saved seeds of this variety for more than 60 years.] Bright yellow-green plants form well developed heads on semi-prostrate short plants 14–18 in. tall and 31–54 in. wide. Lightly sweet leaves have an earthy, mustard like flavor. #24126 Pkt (1 g) \$3.65

CHAMPION   75 days. [VA/AES.] A Vates type collard with increased bolt-resistance, darker blue-green foliage, and enhanced winter hardiness. Non-heading and productive. #24105 Pkt \$3.65



Champion

BACK! NANCY MALONE WHEAT PURPLE S 🌞 ⌚

75 days. [Alabama family heirloom from MacArthur Walter and his wife Annie's mother, Nancy Wheat] Big plants are 1½–2 ft tall and 3–3½ ft wide. Dark green tender sweet leaves have purple veins and stems. #24118 Pkt (1 g) \$3.65



Nancy Malone Wheat Purple

NEW! PURPLE ULTRACROSS COLLARDS S 🌞

From the Utopian Seed Project, this collection of purple-tinged collards is the beginning of an all-purple Ultracross, selected from the original cold-hardy selections first planted in 2020. There's a beautiful diversity of leaf shapes and color combinations in this highly adaptive and evolving collection of collards. Growing and selecting favorites from this mixture is an opportunity to be a part of this nationwide community science backyard breeding project. **50% of all packet sales go straight to supporting the work of The Utopian Seed Project.** #24125 Pkt (1 g) \$5.20



Purple Ultracross



Utopian Ultracross photo ©The Utopia Seed Project

UTOPIAN ULTRACROSS COLLARDS S 🌞 [Introduced 2023 by SESE.] In 2020 The Utopian Seed Project (Asheville, NC) along with 8 other trial sites (including SESE) grew 20 collard varieties as part of a nationwide collard trial for The Heirloom Collard Project. (TUSP also grew Lottie collards, bringing the total to 21 heirlooms.) During winter 2020 the collards survived lows of 8°F, and in spring/summer 2021 seeds were saved from the surviving plants. These seeds represent massive genetic diversity, firstly because the original heirloom collards are genetically diverse, and secondly because they've cross pollinated with each other. Collard grower and Heirloom Collard participant, Melony Edwards, described them as an ultracross: this isn't a technical term, but captures the spirit of these collards! **50% of all packet sales go straight to supporting the work of The Utopian Seed Project.** #24123 Pkt (1 g) \$5.20



Variegated

VARIEGATED OG S 🌞 ⌚ 80 days. [Florida family heirloom since ~1910. Seed originally via SESE grower Walt Childs. Introduced 1999 by SESE.] Tender greens with good cold hardiness; as the plants experience colder and colder weather, at least half the plants' leaves become a beautiful green-and-white during the winter. In the South where winter temperatures remain above 20°F, plants can live 5+ years and develop 3–4 in. diameter stems. #24106 Pkt \$3.65



Vates

VATES 🌞 68 days. [VA/AES.] Slow-bolting collard with large blue-green leaves on 32 in. tall plants. Produces high-quality frost-resistant greens especially suited to the Mid-Atlantic and the South. #24104 Pkt \$3.65



Whaley's Favorite

WHALEY'S FAVORITE CABBAGE COLLARDS S 🌞 ⌚ [Introduced 2021 by SESE.] An old timey variety. Flavor is milder than most collards, even in summer. Loose heads form in cooler weather and make excellent collard kraut. This winter-hardy variety has been featured on the PBS shows "A Chef's Life" and "Somewhere South." #24119 Pkt \$3.65

Collard Seed Savers Project

We are working with Seed Savers Exchange to learn more of the stories behind landrace collards and to find stewards for these varieties. Contact us to learn how you can get involved.

www.heirloomcollards.org



White Mountain Cabbage

WHITE MOUNTAIN CABBAGE COLLARDS S 🌞 ⌚ 70 days. [SC family heirloom from Rodger Winn. Introduced 2009 by SESE.] Heading collard with dark-green savoyed leaves, similar to Morris Heading, but much larger, up to 3 ft. Like "Variegated" collards, most leaves will turn green-and-white after enough cold winter weather. Rodger's great-aunt made excellent sauerkraut with this. #24109 Pkt (1 g) \$3.65



William Alexander Heading

WILLIAM ALEXANDER HEADING S 🌞 ⌚ [One of the first releases from the Collard Project, this heirloom variety comes from 79-year-old black farmer William Alexander, who got the seeds from his father. Introduced 2018 by SESE.] Rich, mustardy taste with a touch of sweetness. Leaves are green to dark green. Plants are 15–26 in. tall and 25–40 in. wide. Plants have a slight heading tendency. Flavor is best after a frost. #24115 Pkt (1 g) \$3.65



Yellow Cabbage Collards

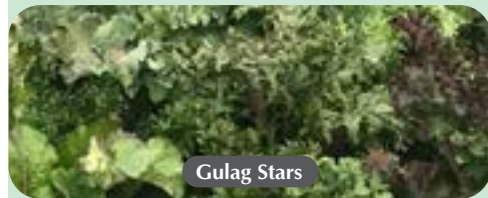
YELLOW CABBAGE COLLARDS S 🌞 ⌚ 75 days. [NC heirloom, seedstock from Benny and Vickie Cox, owners of the famous Collard Shack in Ayden, NC. Introduced 2015 by SESE.] Milder and more tender than most collards, the yellow-tinted leaves form a loose head. Seed for cabbage collards is hard to come by – many thanks to the Coxes for sharing theirs! #24111 Pkt \$3.90; #24111D (14 g) \$10.15

Order online at www.SouthernExposure.com for fastest service and largest selection.

Kale

Brassica oleracea & Brassica napus

Culture: A member of the cabbage family with similar cultural requirements to collards and cabbage (see Collards section). **Seed Savers:** *Brassica napus* crosses with rutabaga and some rapeseed (canola). For *Brassica oleracea*, see Broccoli section. **Packet:** 2 g unless otherwise stated (about 625 seeds) sows 55 ft. direct seeded or 230 ft. as transplants.



Gulag Stars

GULAG STARS OG S 40–60 days. (*B. napus* x *B. rapa*) [Originally bred by Tim Peters, since further developed by Adaptive Seeds.] A fun and fascinating mix of different kales in all their different colors, leaf shapes, textures, and stem types. #25114 Pkt \$3.90



open source seed initiative

LACINATO OG S

60 days. Dark green heirloom kale from Tuscany that dates back to the 1700s. Sometimes called “dinosaur kale,” Italians call it “cavolo lacinato,” or curly kale. It is sweet and delicious and so hardy it can be harvested under a foot of snow. #25106 Pkt \$3.90

Lacinato

LACINATO RAINBOW MIX OG S

[Bred by Frank Morton of Wild Garden Seed, Lacinato crossed with Redbor kale.] Lacinato's

treasured taste, plus many shades of red and purple in the stems and leaves. As with other red-tinted greens, color is most vivid in cool weather. Now extra cold-hardy – the 2014 seed crop went through a -6°F freeze, and seed was saved from the plants that survived! #25109 Pkt (1.5 g, ~450 seeds) \$3.90



Lacinato Rainbow Mix



Premier

PREMIER 60 days. When over-wintered, the vigorous plants remain compact while developing new growing points on the main stem. This results in higher leaf production for spring harvest. Plants resist bolting 3–4 weeks longer. Smooth, exceptionally tender dark green leaves have scalloped edges. #25105 Pkt \$3.15

RED RUSSIAN OG (B. *napus*) 40 days. Beautiful plants grow 2 ft. tall. Mild, tender leaves have purple-pink veins lightly tinged with purple on the margins. In cold weather the leaves turn reddish-purple and are very attractive. Less cold-hardy (15°F) than most kales. #25102 Pkt \$3.40; #25102E (28 g) \$7.05



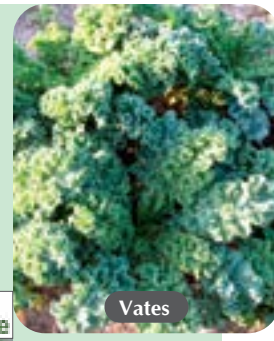
Red Russian



Siberian

SIBERIAN OG S (B. *napus* var. *pabularia*) 55 days. Good basic kale, 24–30 in. tall, tender leaves are light green and ruffled, thick white stems. #25108 Pkt \$3.40; #25108E (28 g) \$7.05

VATES OG S 55 days. [Selected from ‘Dwarf Blue Curled Scotch’ by the VA/AES.] Planted spring or fall. Overwinters well in the Mid-Atlantic. Resistant to yellowing due to frost or heat. Very flavorful, best when steamed, good in salads. #25101 Pkt \$3.65



Vates



White Russian

Great wet soil tolerance, even surviving flooding. #25113 Pkt \$3.65; #25113D (14 g) \$8.10

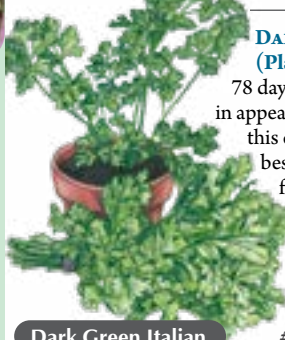
WHITE RUSSIAN OG

(B. *napus*) [Bred by Frank Morton of Wild Garden Seed.] Green with white veins, tasty tender greens are similar to Red Russian, but taller, more cold-hardy, and overwintered plants last longer.

Parsley

Petroselinum crispum

Culture: Parsley seed germinates very slowly, requiring 3–4 weeks, and so is best started indoors. It can be sown directly outside in early spring before weeds are growing fast: sow seeds ¼ in. deep, and thin to 6–12 in. Keep well watered. Soaking seed in water for 24 hours will speed germination. Mark location with radish seed. (Fast germination procedure: Plant seed in a small flat of soil or planting medium. Place flat in a zip-lock bag, and freeze for 12–24 hours. Remove from freezer and keep moist until seed begins to germinate.) **Pests:** Voles can eat parsley roots. We often do a 2nd planting in late summer to replace any plants lost to voles. **Seed Savers:** Isolate by a minimum of ¼ mile for home use. For pure seed isolate by ½ to 1 mile. **Packet:** 2 g (approx. 900–1350 seeds, depending on variety) sows 35–70 ft



Dark Green Italian

DARK GREEN ITALIAN OG S

(Plain Leaf) (var. *neapolitanum*) 78 days. [Introduced by 1807.] Plain in appearance but fancy in taste, this celery-leaf parsley is the best-flavored variety. Excellent for dried parsley. Good greenhouse variety, as aphid control is easier due to its wide straight leaves. Less cold-hardy than curly types. #37101 Pkt \$3.40; #37101E (28 g) \$7.05

MOSS CURLED OG

70–85 days. [Pre-1865.] Vigorous, high-yielding, and very uniform. Dark green leaves are so thickly curled that this parsley resembles moss. #37103 Pkt \$3.40; #37103E (28 g) \$7.05



Moss Curled

Mustard Greens

Brassica juncea & Brassica rapa

Culture: This nutritious cool weather crop shares cultural requirements with members of the cabbage family. (See Cabbage section.) Direct sow ¼ in. deep in spring, summer, and early fall. Thin to 8–12 in. apart in rows 10–12 in. apart. Keep well watered. **Seed Savers:** *Brassica rapa* crosses with Chinese cabbage, broccoli raab, turnips, and some rapeseed (canola). Isolate by a minimum of 600 ft. to ¼ mile for home use. For pure seed isolate varieties by ¼–½ mile. **Packet:** 2 g unless otherwise stated (1050 seeds) sows 90 ft.



Carolina Broadleaf

CAROLINA BROADLEAF OG S

42 days. [2015, Mark Farnham & Pat Wechter, ARS/USDA. Introduced 2017 by SESE.] Old favorite “Florida Broadleaf” mustard is now having big problems with a new bacterial blight, so Carolina breeders have come to the rescue and added needed resistance! 16–24 in. tall plants, green leaves, pick ‘em small for salads, or larger for cooking. #27112 Pkt \$3.65; #27112E (28 g) \$8.10; #27112F (¼ lb) \$17.20

Spinach

Spinacea oleracea

For "Summer Spinach," see pages 20–21

Culture: Spinach does well with a combination of cool weather, short days, high soil fertility, ample water, and neutral pH (6.5–7.5). Sprinkle some limestone in the row as you plant if you think the soil is too acidic. Sow seed ½ in. deep directly into the garden as soon as the ground can be worked, and thin to 4–6 in. apart in rows 8–10 in. apart. Succession plantings can be made every 2 weeks. Temperatures above 60°F for the first 6 weeks of growth may increase the tendency to bolt. Mulch the soil to reduce bolting by keeping the roots cool. As spring heats up, plants get smaller and less sweet and bolt faster. **Fall Planting:** High summer temperatures can kill small seedlings, so wait until a month before first fall frost to sow. Fall plantings give a more sustained harvest than spring plantings. Spinach grown in frosty weather has the largest and sweetest leaves. Some varieties tolerate 0°F and over-winter to produce excellent spring crops. **Pests:** For fall crops, sow seed 2–3 times as thick to help spinach survive grasshoppers. **Seed Savers:** Grow only one variety or isolate by ¼ mile for home use. For pure seed isolate by ½–1 mile. **Packet:** 5 g (about 475 seeds) sows 40 ft.



Abundant Bloomsdale

LONG STANDING BLOOMSDALE

OG S 42 days. [Pre-1915.]

A fully-savoyed or crinkled variety with dark green leaves. Most heat-tolerant variety we offer, very dependable, and the most full-flavored variety for salad use. Has withstood winter lows to 0°F. #67102 Pkt \$3.65



BACK! VIROFLAY (Monstrueux de Viroflay)

OG S 43 days. [Pre-1866, famous

French heirloom.] Smooth, dark green, giant (monstrous!) leaves up to 10 in. long – give the plants some extra room! #67109 Pkt \$3.45



Beaujolais

BEAUJOLAIS OG S

40 days. [Uprising Seeds] Beautiful and unique red-veined spinach, lovely in salads. Smooth, tender leaves. Bolts sooner in spring than Bloomsdale types. Good survival of winter freezes. #67108 Pkt \$3.65; #67108E (28 g) \$8.10



Long Standing Bloomsdale

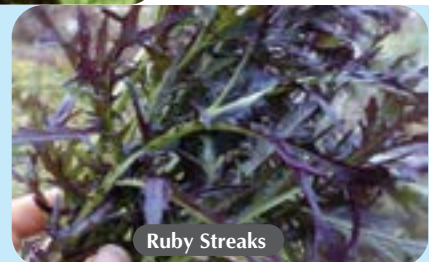
WINTER BLOOMSDALE S

OG S 47 days. Adapted for late summer and early fall plantings and overwintering. The slow-bolting plants are resistant to blue mold, blight, and mosaic. Dark green, well-savoyed leaves. #67103 Pkt \$3.65



Winter Bloomsdale

RUBY STREAKS OG 40 days. Beautiful, lacy, deeply serrated leaves are purple in cold weather, purple and green in warm weather. They have just the right kind of spiciness and add a great touch to salads. Good in stir-fries as well. #27111 Pkt \$3.65



Ruby Streaks

HORNED MUSTARD OG S 41 days. As the lightly frilled, bright green leaves grow, a small horn emerges from the stem. The tender leaves are spicy when raw but mild when cooked. Texas grower Tim Miller grows this mustard fall through spring in his hot climate. #27110 Pkt \$3.65

OLD FASHIONED RAGGED EDGE 42 days. An old favorite that produces fine quality salad greens. Leaves are long, narrow, deeply cut, and ruffled. A popular mustard in Virginia and the Carolinas. Though it bolts early, it has the best flavor. #27101 Pkt \$3.15

RED GIANT OG (B. juncea) 43 days. A beautiful mustard from Japan, Red Giant has well-savoyed leaves, predominately reddish-purple with an undercoat of deep green. Good cold tolerance and strong mustard flavor. More insect-resistant than other varieties. #27102 Pkt \$3.40



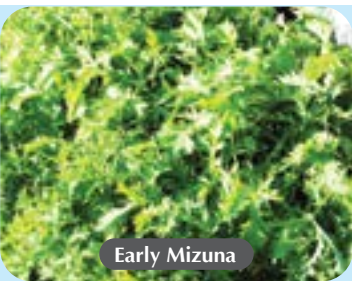
Tatsoi

YUKINA SAVOY OG S

(B. rapa pekinensis) Dark green, highly savoyed, spoon-shaped leaves, like a larger version of Tatsoi, with stems similar to Pak Choi. Pleasant, mild flavor, and good heat tolerance. #27113 Pkt \$3.65



Yukina Savoy



Early Mizuna



Feaster Family Heirloom



Old Fashioned Ragged Edge



Red Giant

Swiss Chard

Beta vulgaris var. *cicla*

A few plants of Swiss chard will provide a large supply of greens throughout the spring, summer, and fall. Can withstand light frosts; mulching around plants may help plants overwinter in areas with mild winters. Planted from early to late spring, or again in the fall.

Culture: Sow seeds ½ to ¾ in. deep and thin to 12–16 in. apart.

Harvest: Clip off leaves near the base of the plant. **Cooking:**

Excellent when stir-fried, or used in creamed soups or quiche.

Freezes well. **Greenhouse Notes:** Swiss chard is an ideal plant for greenhouses, where it may be grown as a perennial. **Pests:** In the Southeast, blister beetles may attack chard in mid-summer. Pick off beetles (wear gloves!), or pull up plants and wait to replant for fall.

Seed Savers: Isolate varieties by a minimum of ¼ mile for home use. For pure seed isolate by ½–1 mile. Will cross readily with beets.

Packet: 4 g (about 200 seeds) sows 25 ft.

BACK! BARESE OG 🌞 25 days for baby greens/50 days for mature leaves. Barese's white stems and glossy green leaves are sweeter and more tender than typical Swiss chards. This Italian variety has also overwintered well in our garden to produce seeds. #32103 Pkt \$3.40



Barese

FORDHOOK GIANT OG 🌞 50 days. [1924] Reliable heirloom – big vigorous plants, big white stems, big dark green leaves! #32104 Pkt \$3.40; #32104E (28 g) \$7.05



Lucullus

LUCULLUS 🌞 50 days. [~1914. Named after the Roman general Lucius Lucullus (pronounced "lu-kyul-us") who was renowned for his splendid banquets.] Large, pale green leaves with thick white stems and heavily crumpled leaves. #32101 Pkt \$3.15



Perpetual Spinach

PERPETUAL SPINACH 🌞 (Leaf Beet Chard) 55 days [European heirloom, 1869.] Smooth dark green leaves with slender stalks, milder than other chards. Produces tasty greens all summer and late into the fall. An excellent no-fuss warm weather substitute for spinach in the Southeast. (It won't be as sweet as spinach grown in cool weather, but still, we're glad to have this one around for summer greens!) #32301 Pkt \$3.15

PRISMATIC RAINBOW OG 🌞 60 days.

[Originally from Australia, more recent selection by Siskiyou Seeds.] A real rainbow – stalks in vivid shades of orange, pink, white, yellow, and red, with some striping. Also selected for resistance to leaf miners and upright leaves. #32952 Pkt \$3.65

Pkt \$3.65

RUBY RED OG 🌞 (Rhubarb Chard) 55 days. A beautiful addition to any garden, worth growing for the color alone. Foliage is dark green on ruby red stalks. More frost-tolerant than other chards, plants are especially striking in cold weather. #32102 Pkt \$3.40; #32102E (28 g) \$7.05



Ruby Red

Kohlrabi

Brassica oleracea var. *gongylodes*

Kohlrabi is grown for its bulbous stem and its leaves which can be eaten raw in salads or cooked. Kohlrabi stores very well when refrigerated. **Culture:** Grow kohlrabi in the spring or fall since it does best in cool weather. Sow seed ¼ in. deep to be thinned to 5 in. apart in rows 12 in. apart. See Cabbage section for additional cultural notes. **Harvest:** When roots are 2 in. in diameter or smaller except as noted. **Solar Greenhouse Notes:** Any variety of kohlrabi does well in the solar greenhouse in the spring, fall, and winter. Purple varieties have more flavor, are less susceptible to cracking of the bulb, and are more insect tolerant, but grow more slowly. **Insects and Disease:** Fairly resistant to insects and disease. Cabbage worms can be controlled with Bt. **Seed Savers:** See Broccoli section. **Packet:** 4 g unless stated (about 1275 seeds) sows 135 ft.

EARLY PURPLE VIENNA 🌞 60 days. [Pre-1860.] More flavorful and slightly larger than White Vienna, and our garden trials have shown it to be slightly more resistant to the cabbage worm. #26101 Pkt \$3.40; #26101E (28 g) \$7.05



Early Purple Vienna

GIGANT WINTER 🌞 130 days. [Czechoslovakian heirloom reselected by E. M. Meader at UNH. Introduced 1989 by SESE.] Excellent for winter storage, and can remain in the garden all winter in warmer areas, especially if protected with mulch. Typically grows 8–10 in. in diameter, yet remains tender. Has grown up to 62 lbs, but 15–20 lbs is more normal. Used fresh or cooked at any size from small to large. Leaves of large plants can be eaten like kale. Resistant to root maggots. #26201 Pkt \$3.40



Gigant Winter

Leeks *Allium ampeloprasum*

Leeks are biennial members of the onion family grown for their delicate onion flavor in soups and salads. Cultural Notes: Culture of leeks is similar to that of onions, but leeks are easier to grow. (See Onion cultural notes.) Sow seed indoors in flats 6–12 weeks before setting out transplants 2–6 in. apart in rows 18 in. apart. Leeks require loose, fertile soil kept well watered through the growing season. Blanch stalks by hilling up soil around the stalks as they grow. **Packet:** 3 g (about 1100 seeds) sows 40 ft. direct-seeded or 120 ft. as transplants.

AMERICAN FLAG 🌞 (Broad London) 130 days. The standard variety for home gardens. Stems average 1½ × 8–10 in., well-blanching from the base upward. Good variety for overwintering, hardy to at least 10°F. #66401 Pkt \$3.40

Lettuce

Lactuca sativa

Culture: Lettuce is a cool-weather crop that thrives in the temperature range 60–65°F, and if thoroughly hardened, most varieties survive temperatures as low as 20°F. Cold-adapted varieties survive even lower temperatures. Seed germinates best at about 75°F. Lettuce seed will germinate at temperatures as low as 40°F. Early spring plantings should be made as hardened transplants from seed started one month before setting outdoors. Later plantings can be direct-seeded. Sow seed ¼ in. deep and thin to 10–16 in. apart depending on the variety. Loose-leaf varieties may be planted more closely but good air circulation should be maintained around the plants. Soil should be cool and moist during germination. **Germination Notes:** At temperature over 80°F lettuce will often fail to germinate. Lettuce can be planted during hot weather if the seeds are germinated in the refrigerator for 4–6 days. Another method is to soak seed in 10% bleach for 2 hours at 40–60°F followed by 4 water rinses. This enhances germination speed and quality. One more method is to keep soil cool with burlap or boards; remove cover promptly after germination (3–4 days) to keep grasshoppers and other pests from enjoying the tender sprouts! **Bolt Resistance:** Resistance to bolting is highest with loose-leaf lettuce, followed in order by romaine, butterhead, bibb, and crisphead. Lettuce bolts more readily if exposed to temperatures below 50°F during the 2- to 3-leaf stage (the first 3 weeks after germination). Thus, early spring lettuce is best started

KING RICHARD OG 🌞 75 days. Early-maturing leek. Slender and tall (1 × 12 in.). Best for summer and early fall – harvest before frosts drop below 20°F. #66402 Pkt \$3.65



King Richard

KING SIEG OG 🌞 84 days. [Stable cross of King Richard and Siegfried, from grower Beth Rasgorshok.] Short, thick shanks (3 × 6 in.) with blue-green leaves. Good variety for overwintering. #66403 Pkt \$3.65; #66403D (14 g) \$7.55

open source seed initiative



American Flag

indoors and transplanted out at least 3 weeks after sowing. Before the days become hot, mulch the plants to keep the root temperature cool. In deep summer heat it's difficult to mature quality lettuce – heads become smaller and less sweet – at that time of year, cucumber and tomato salads are the easiest! **Harvest and Flavor Notes:** The glucose content of lettuce harvested in the morning may be 2½ times greater than lettuce harvested in the early afternoon. For best quality and maximum sweetness harvest by 7–8 a.m., especially in summer.

Greenhouse Note: Use heat-tolerant loose leaf or bibb types. **Insect Pests and Diseases:** In the greenhouse, control aphids by means of ladybugs, sticky yellow traps or by insecticidal soap. Maintain good air circulation around plants to reduce disease. **Maturity Dates:** Dates are from direct seeding. Subtract 15–20 days for dates from transplanting. **Seed Savers:** Isolate varieties by a minimum of 12 ft. for home use. For pure seed isolate varieties a minimum of 25–50 ft. **Packet:** 0.5 g unless stated (about 400–625 seeds, depending on variety) sows 30 ft. direct-seeded or 175 ft. as transplants.

Culture: Lettuce is a cool-weather crop that thrives in the temperature range 60–65°F, and if thoroughly hardened, most varieties survive temperatures as low as 20°F. Cold-adapted varieties survive even lower temperatures. Seed germinates best at about 75°F. Lettuce seed will germinate at temperatures as low as 40°F. Early spring plantings should be made as hardened transplants from seed started one month before setting outdoors. Later plantings can be direct-seeded. Sow seed ¼ in. deep and thin to 10–16 in. apart depending on the variety. Loose-leaf varieties may be planted more closely but good air circulation should be maintained around the plants. Soil should be cool and moist during germination. **Germination Notes:** At temperature over 80°F lettuce will often fail to germinate. Lettuce can be planted during hot weather if the seeds are germinated in the refrigerator for 4–6 days. Another method is to soak seed in 10% bleach for 2 hours at 40–60°F followed by 4 water rinses. This enhances germination speed and quality. One more method is to keep soil cool with burlap or boards; remove cover promptly after germination (3–4 days) to keep grasshoppers and other pests from enjoying the tender sprouts! **Bolt Resistance:** Resistance to bolting is highest with loose-leaf lettuce, followed in order by romaine, butterhead, bibb, and crisphead. Lettuce bolts more readily if exposed to temperatures below 50°F during the 2- to 3-leaf stage (the first 3 weeks after germination). Thus, early spring lettuce is best started indoors and transplanted out at least 3 weeks after sowing. Before the days become hot, mulch the plants to keep the root temperature cool. In deep summer heat it's difficult to mature quality lettuce – heads become smaller and less sweet – at that time of year, cucumber and tomato salads are the easiest!

Harvest and Flavor Notes: The glucose content of lettuce harvested in the morning may be 2½ times greater than lettuce harvested in the early afternoon. For best quality and maximum sweetness harvest by 7–8 a.m., especially in summer. **Greenhouse Note:** Use heat-tolerant loose leaf or bibb types. **Insect Pests and Diseases:** In the greenhouse, control aphids by means of ladybugs, sticky yellow traps or by insecticidal soap. Maintain good air circulation around plants to reduce disease. **Maturity Dates:** Dates are from direct seeding. Subtract 15–20 days for dates from transplanting. **Seed Savers:** Isolate varieties by a minimum of 12 ft. for home use. For pure seed isolate varieties a minimum of 25–50 ft. **Packet:** 0.5 g unless stated (about 400–625 seeds, depending on variety) sows 30 ft. direct-seeded or 175 ft. as transplants.

Bibb (Butterhead) Lettuce

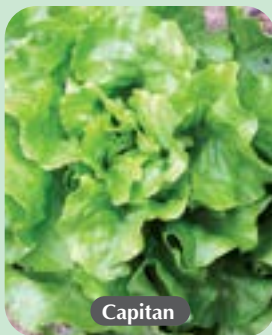
Bibb lettuce is more tolerant of hot weather than crisphead lettuce. It is best for cooler regions, with some notable exceptions. Intermediate in nutritional value, it has small loose green heads with blanched yellow interiors and thin, soft-textured leaves.



Buttercrunch

BUTTERCRUNCH OG

☀️ 55 days. [1963, AAS winner.] A reliable variety for garden, market, and greenhouse use. Dark green leaves and compact heads. Holds well under heat and stress, good bolt resistance. #62302 Pkt \$3.40; #62302C (7 g) \$7.05



Capitan

CAPITAN OG S

☀️ 62 days. This Dutch variety was judged the best Boston-type lettuce in the 1983 Rodale Research Center trials. Excellent heat and cold tolerance plus resistance to lettuce mosaic virus. 5 oz loose, light green heads. Nice buttery

flavor. Recommended with consistent high praise from our customers, one of our personal favorites. #62303 Pkt \$3.65; #62303C \$7.55



Crawford

CRAWFORD OG S ☀️ 57 days. [TX heirloom, brought from OK by Marshall Crawford's family.] A Texas favorite, famous for fast growth, great flavor, and heat resistance. Green bibb, slightly savoyed, with some red/brown on the leaf edges. In Texas it's planted in the fall and winter. Here in Virginia, it holds up well in summer heat and also winter cold. A favorite of SESE founder Jeff McCormack. #62710 Pkt \$3.65; #62710C (7 g) \$7.55

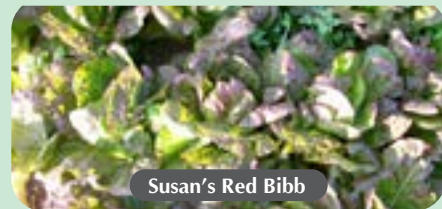
SPECKLED BIBB OG S

☀️ 43 days. A great-tasting lettuce for any season. Holds longer in the heat than Slobolt or Buttercrunch, yet still grows quickly in cool weather. Attractive light green leaves are spotted with red dots. Crispy heads often self-blanch in the center. #62309 Pkt \$3.65; #62309C (7 g) \$7.55



Speckled Bibb

Extend Your Lettuce Season: Begin lettuce production early and keep it going later in the season by covering plants with a row cover blanket (p. 81). Extend your harvest into early summer with this technique: plant tall vegetables in east-west rows and plant heat-resistant lettuce in the shade of the north side of the rows. Corn planted in rows 4 ft. apart or pole beans on a fence or trellis is ideal. Interplanting lettuce with bush squash also gives good results. Mulch the lettuce well, keep well watered, and enjoy!



Susan's Red Bibb

SUSAN'S RED BIBB OG S ☀️ 60 days. The most attractive variety in our heirloom lettuce trials. Ruffled, bitter-free red bibb has large tender leaves with rosy-red margins. Color is beautiful in salads. #62306 Pkt \$3.65; #62306C (7 g) \$7.55

TOM THUMB OG S

☀️ 48 days. [Pre-1850.] Space-saving miniature butterhead. Apple-sized head can be used whole in individual salads. Tender leaves are medium-green and crumpled. Popular in some restaurants. #62307 Pkt \$3.65; #62307C (7 g) \$7.55



Tom Thumb

YUGOSLAVIAN RED BUTTERHEAD OG S

☀️ 58 days. [Heirloom from a peasant family in Marburg, Yugoslavia (now Slovenia). Introduced 1987 by SESE.] Red-tinged leaves form heads 10 in. across. The interior leaves are quite pretty: creamy yellow-green dappled with red. Succulent with a buttery flavor. #62308 Pkt \$3.65



Yugoslavian Red

Buttercos Lettuce

Buttercos lettuce has the characteristics of both bibb and romaine.

WINTER DENSITY OG S

☀️ 58 days. [English.] 8 in. heads are compact, dense, and upright. A high-quality lettuce with excellent cold tolerance. Does well for us in greenhouse or garden. #62802 Pkt \$3.65; #62802C (7 g) \$7.55



Winter Density

Lettuce continues on the next page.

Lettuce continued

Romaine (Cos) Lettuce

Romaine lettuce produces upright, elongated tall heads with thick succulent ribs and distinctively flavored long thick crinkled leaves. Moderately tolerant of heat and shade, romaine does best in a loose fertile soil, and is the most nutritious type of lettuce.



Cosmo

COSMO OG S ☀️
55 days. 12 in. tall heads have vibrant green, broad, savoyed leaves that are crisp and sweet. Stays bitter-free longer than many other varieties. One of our favorites. #62701 Pkt \$3.65; #62701C (7 g) \$7.55



Mayan Jaguar

open source seed initiative

MAYAN JAGUAR OG S 61 days. The heaviest yielder in our 2017 lettuce trials. Crunchy, dark green leaves with bold, dark red splotches. Upright heads reduce splashback of soil onto leaves. Attractive pink hearts. Slow to bolt. Bred by Frank Morton. #62711 Pkt \$3.65



Outredgeous

open source seed initiative

OUTREDEGEOUS OG S ☀️ 64 days. [Bred by Frank Morton of Wild Garden Seed.] Intensely dark red, slightly ruffled leaves form loose heads. Chosen by NASA for space farming – in Aug. 2015, *Outredgeous* became the first vegetable to be grown and eaten on the International Space Station! #62709 Pkt \$3.65



Parris Island Cos

PARRIS ISLAND COS OG ☀️ 68 days. [1952, named after Parris Island, SC.] Parris Island Cos has steadily gained in popularity since its introduction. It has resistance to tipburn, tolerance to mosaic, and is medium-to-slow-bolting. A 2020 study identified it as one of the best romaines for keeping fresh after leaves are cut. 10–12 in. heads of slightly savoyed leaves with a creamy white heart. #62702 Pkt \$3.40; #62702C (7 g) \$7.05



Forellenschluss

FORELLENSCHLUSS OG S ⚡️ 58 days. Translated as “Speckled Trout,” this Austrian lettuce has gorgeous green leaves with maroon markings. Crispy leaves with thick midribs. Grows quickly in cold weather but will bolt in heat. Holds its excellent flavor even after it starts to bolt. #62705 Pkt \$3.65



Jericho

JERICHO OG S ☀️ 60 days. [Israeli introduction.] Bred for desert heat, Jericho thrives in our hot summers. The tall (24 in.), heavy, light-green heads retain their

sweetness even when other lettuces have gone bitter. Good tipburn resistance, A favorite among market growers. #62706 Pkt \$3.65; #62706C (7 g) \$7.55



Kalura

KALURA OG S ☀️ 57 days. This tall, heavy, open headed romaine has great flavor. Resists heat and tip burn almost as well as Jericho. Pam Dawling, author of *Sustainable Market Farming*, praises it

for its flavor, texture and large heads. #62708 Pkt \$3.65; #62708C (7 g) \$7.55

QUEENSLAND OG S ☀️ ⚡️ 64 days. [Australian heirloom. Thanks to Melissa DeSa for our seedstock.] Large romaine, light green leaves. Great heat resistance, a favorite of Florida growers. #62115 Pkt \$3.65; #62115C (7 g) \$7.55



Queensland

ROUGE D'HIVER OG ☀️ ⚡️ (Red Winter) 62 days. [French heirloom ca. 1840.] Red and green leaves with deep red tips, forms semi-open romaine heads with good flavor. Does best in cooler weather. We've had excellent quality overwintering it under row cover here in Virginia. #62707 Pkt \$3.40; #62707C (7 g) \$7.05



Rouge d'Hiver



Sweet Valentine

SWEET VALENTINE OG S ☀️ 55 days. Sweetest lettuce we offer. Good summer variety – heads stay mild even when plants have bolted. The extremely deep-red leaves are slightly smaller than other cos varieties. #62112 Pkt \$3.65; #62112C (7 g) \$7.55

Crisphead & Batavian Lettuce

Crisphead lettuce is the most popular type, appreciated for its tightly folded blanched crisp leaves, though it's less nutritious than other types. Because it is harder to grow to perfection, we offer varieties that are more adapted for hot regions. Crisphead lettuce should be set out early in the season since it requires a long cool season. If heads have not formed by late spring, shading with cheesecloth or screening is recommended.

ANUENUE OG S ☀️ 50 days. [1987, U. of Hawaii. Anuenue is Hawaiian for “rainbow” (pronounced “ah-nu-ee-nu-ee”).] Seed is able to germinate at higher soil temperatures (above 80°F). Resembles a crisphead lettuce with bright glossy green leaves. Heat-tolerant and bolt-resistant. Recommended for all lettuce growing seasons. #62506 Pkt \$3.65



Anuenue

LOMA OG S ☀️ 49 days. Small, dense heads with good heat resistance. The crisp, crunchy leaves are apple green and frilly. A favorite of many market growers. #62509 Pkt \$3.65; #62509C (7 g) \$7.55



Loma

QUAN YIN OG S ☀️ [Siskiyou Seeds] 61 days. Lovely big, dense heads. Batavian type does well in summer heat, and its seeds germinate more easily in hot soils than other lettuce types. Good cold-tolerance as well, overwinters well in mild winters. #62510 Pkt \$3.65



Quan Yin

open source seed initiative

Loose-Leaf Lettuce

Loose-leaf lettuce is a non-heading type of lettuce, second to romaine in nutritional value, and generally the easiest type for gardeners to grow. As a group it is the most forgiving of poor soil, is generally more heat-tolerant, and contains the largest diversity of attractive heirlooms.



Black-Seeded Simpson

BLACK-SEEDED SIMPSON **OG** ⌘ 49 days. [~1850.] An old standard and one of the earliest loose-leaf types. Good for early spring planting for the first lettuce of the season but quality declines in heat or late plantings. Still a popular variety. #62102 Pkt \$3.40; #62102C (7 g) \$7.05



Bronze Arrow

BRONZE ARROW **OG S** ⌘ 60 days. [California Heirloom.]

Very attractive large oakleaf-shaped leaves with reddish-brown tips. High yields, cut and come again, slow to bolt, delicious flavor. #62803 Pkt \$3.65



Sierra

SIERRA **OG S** ☀ 54 days. Open-headed batavian crisphead with excellent resistance to bottom rot and tip-burn. Leaves are glossy green with reddish veins. Grows in open fashion at first, forming a compact head at maturity. Very tasty, crisp, and juicy. Holds well under high heat. #62503 Pkt \$3.65; 62503C \$7.55



Tennis Ball

TENNIS BALL **OG** ⌘ 55 days. [Pre-1804. Grown by Jefferson at Monticello.] Medium-sized Boston-type heads with light green leaves, yellow-green at the base. Black-seeded. Best grown as a spring lettuce. #62505 Pkt \$3.65



Deer Tongue

triangular, round-tipped leaves with a succulent mid-rib. Moderate bolt resistance. One of our favorites. #62103 Pkt \$3.65; #62103C (7 g) \$7.55



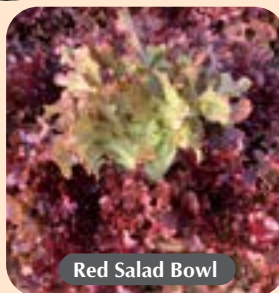
Drunken Woman

DRUNKEN WOMAN **OG S** 55 days. Gorgeous bright green leaves with ruffled – almost fringed – edges in deep bronze. Crisp texture, very beautiful with sweet taste. Slow to bolt. #62801 Pkt \$3.65; #62801C (7 g) \$7.55



Red Sails

RED SAILS **OG** 45 days. [1985. AAS winner.] Early producer. Slow to develop bitterness when compared to red varieties, but average compared to green ones. Crinkled leaves; maroon-red color intensifies as leaves mature. #62107 Pkt \$3.65; #62107C (7 g) \$7.55



Red Salad Bowl

RED SALAD BOWL **OG** ☀ 55 days. Big, beautiful, wine-red leaves, like Salad Bowl only red. Excellent fall variety. #62301 Pkt \$3.40; #62301C (7 g) \$7.05

SALAD BOWL **OG** 40 days. [1952. AAS winner.] Large looseleaf lettuce with long frilly leaves arranged in a rosette. Tolerant to heat and tip-burn. One head makes a salad. #62302 Pkt \$3.40



Salad Bowl

SIMPSON ELITE **OG S** ☀ 48 days. [1993] Holds up to 30 days longer than 'Black-Seeded Simpson' without bolting and with less tendency to develop bitterness later in the season. An excellent variety that for years was only available through a Monsanto subsidiary, but now back in the public domain! #62108 Pkt \$3.65; #62108C (7 g) \$7.05



Wild Garden Mix

Lettuce Mix

WILD GARDEN LETTUCE MIX **OG S** ☀ More than 60 different varieties of lettuce from Wild Garden Seeds – a huge variety of colors, shapes, sizes, and textures, all together in one packet! Instant diversity for salad mixes or for gardeners wanting to try it all. #62951 Pkt \$3.65

SLO-BOLT **OG S** ☀ 48 days. [1946.] "Grand Rapids" type with good heat tolerance. Excellent choice for Southern gardens or greenhouse use. Leaves are bright green and ruffled. #62109 Pkt \$3.65



Slo-Bolt

SWORD LEAF **OG S** ☀ (Yu Mai Tsai) 53 days. [Taiwanese.] This unusual lettuce has a robust, distinctive flavor with hints of almond and clove. Uniquely long, thin, pointed leaves. Sometimes used in cooking as well as salads. #62114 Pkt \$3.65



Sword Leaf

THAI OAKLEAF **OG S** ☀ 39 days. [Introduced 1988 by SESE from a Thai breeding program.] Selected to produce excellent quality lettuce under high heat. A favorite of hydroponics growers. Resembles Oakleaf, but with larger, more tender, and more upright leaves. Moderately slow to bolt. Distinctive, almond-like flavor. #62110 Pkt \$3.65; #62110C (7 g) \$7.05



Thai Oakleaf



Simpson Elite

Muskmelon (Cantaloupe)

Cucumis melo var. reticulatus

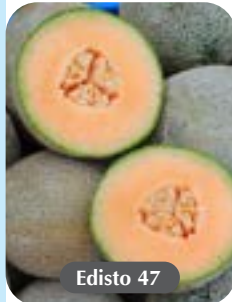
Muskmelons include green-fleshed and orange-fleshed melons, and are often confused with cantaloupes. **Noir des Carmes** is the only true cantaloupe we carry. **Culture:** Melons require a loose, warm, sandy loam of pH 7 to reach their full potential. They will not thrive on soil below pH 6, nor will they thrive in peat, muck, or heavy clay soil. An even supply of water is necessary through pollination and early fruit-set, and the soil should be well supplied with nutrient-rich compost. **Seed Watering Notes:** See Cucumbers section. **Direct Seeding:** Once soil temperature averages 70°F sow seeds ½–¾ in. deep, 1–2 in. apart, in rows 5–6 ft. apart, thinning to 12–18 in. apart. **Transplanting:** See Cucumbers section. **Harvest:** When ripe, most varieties of melon slip from the vine in response to thumb pressure at the base of the stem. Ripe melons also develop a sweet aroma. **Flavor:** Flavor development begins in the last two weeks before peak ripeness; knowledge of proper harvest time is important. Cool, wet, cloudy conditions may cause melons to lose flavor. **Diseases:** Controlling or preventing disease is not a problem in every area or in every year, but if you have problems with diseases it is best to rely on disease-resistant or -tolerant varieties. **Insect Pests:** See Cucumbers section. **Animal Pests:** Raccoons, groundhogs, and other critters love melons. Fence off melons, or buy a supermarket melon and set out a trap in the melon patch before the main crop is ready in order to catch or relocate any critters. **Greenhouse Notes:** Mildew tolerance is important and pollination is necessary for fruit set. Soap sprays can be used to control mealybugs, whiteflies, and aphids, but foliage of the squash and melon family may be injured by soap. Test the spray on a few leaves before spraying the entire plant. **Seed Savers:** Isolate melons by a minimum of ¼ mile for home use, or ½ to 1 mile for pure seed. **Packet:** 2 g unless otherwise stated (about 50–90 seeds, depending on variety) sows 25–50 ft.



Eden Gem

EDEN GEM (Rocky Ford) (Green-orange flesh) 89 days. [1881.] Well known for its fine-grained texture and sweet flesh. 4–6 in. fruits average 2–3 lbs, are heavily netted and slightly ribbed. Highly resistant to rust, holds well, suited for garden or market. #52109 Pkt \$3.40

EDISTO 47 (Salmon-orange flesh) 88 days. [1965, Clemson/AES.] Exceeds disease resistance of many hybrid cantaloupes. Has resistance to Alternaria leaf spot, powdery mildew, and downy mildew. Well adapted to the Mid-Atlantic region and hot, humid areas. The most downy mildew resistant and productive of 38 melon varieties trialed by Twin Oaks Seeds in 2013. Rind is netted, fruits are round-oval, about 6–7 in. in diameter. Keeps well. Pick on full slip. Sweet fruits, even in cool, wet years. Melon grower Edmund Frost's favorite! **Seed grown and stewarded by Twin Oaks Seed Farm in Louisa, VA. #52102 Pkt \$3.65**



Edisto 47

HALES BEST (Orange flesh) 86 days. [1924.] Sweet, juicy, 3–5 lb. oval fruits, one of the favorites at the Twin Oaks 2012 Melon Trials. Netted and moderately ribbed. Very vigorous, drought-resistant plants; powdery mildew resistant. #52104 Pkt \$3.40



Hales Best

ICE CREAM (Green Machine) (Green flesh) 79 days. [1998. Bred by Merylin Niedens, cross between 'Jenny Lind' and 'Kansas.')] Melons make a perfect bowl for a scoop of ice cream. Sweet 2 lb fruits on compact vines, fruits slip the vine when ripe. Also known as "Green Machine" for the large number of melons it makes! #52113 Pkt \$3.65



Ice Cream



Kansas

KANSAS (Orange flesh) 90 days. Outstanding features include sweet flavor, fine texture, high production, and hardness.

Ridged, oval-shaped fruits are moderately netted and average 4 lbs. Has good resistance to sap beetles that destroy fruit of other varieties. #52106 Pkt \$3.65

NOIR DES CARMES (Orange Flesh) 76 days. [Pre-1787, named for the Carmelite monks in France who grew it.] A wonderfully aromatic true cantaloupe with sweet flavor. The 2–3 lb ribbed fruits have a helpful ripeness indicator: over 24–48 hours the greenish-black rinds suddenly turn yellow and green, signalling their readiness! #52123 Pkt \$3.65; #52123D (14 g) \$8.10



Noir des Carmes

BACK! OLD TIME TENNESSEE (Salmon flesh) 95 days. Large, oval-shaped fruits, 12–16 in. long, average 12 lbs! Must be harvested at peak ripeness (before full slip) and not a good keeper, but flavor can be outstanding. Some gardeners say there is no better melon if you harvest at the right time. One gardener reports that the melons are so fragrant he can find them in the dark! Good Downy Mildew resistance. #52107 Pkt \$3.50



Old Time Tennessee

PIKE (Orange flesh) 85 days [1935, Aaron Pike of Pike & Young Seeds; seedstock supplied by Aaron Pike's niece.] Outstanding flavor; a local favorite, for many this is the only muskmelon they'll grow. Bred specially for growing in unirrigated clay soil. Produces 3 lb fruits on unirrigated clay, 7 lb fruits on good irrigated soil. Heavily netted, oblong fruits. Vigorous, high-yielding, disease-resistant plants. #52108 Pkt \$3.65



Pike

PLUM GRANNY (Queen Anne Pocket Melon) (White flesh) 75 days. [Appalachian Heirloom.] Small tennis ball sized fruit – so fragrant 2 or 3 can make a whole room smell like melons, however taste is bland. Very prolific, best grown with trellising or support, fruit is yellow with maroon stripes. #52103 Pkt (0.5 g, ~48 seeds) \$3.15



Plum Granny

TRIFECTA (Orange flesh) 83 days. [Michael Mazourek, Cornell U.] Sweet and productive, good-looking fruits with firm flesh. Good keeper. Bred for downy mildew resistance and striped cucumber beetle resistance. One of the best in Twin Oaks Seeds' 2013 and 2014 downy mildew resistance trials. #52122 Pkt \$3.65



Trifecta



Anne Arundel

ANNE ARUNDEL (Green flesh) 80 days. [Grown in Anne Arundel County, MD, as early as 1731.] The green outer flesh turns pale orange in the center. Large (4–9 lb.) oval, slightly ridged, coarsely netted melons. The skin turns golden yellow when ripe. Very productive. #52120 Pkt \$3.65

DELICIOUS 51 (Orange flesh) 77 days. [Developed by Dr. Munger at Cornell as an early strain of Bender's Surprise.] Creamy orange flesh is sweet and juicy, very flavorful. 2–3 lb. fruits are lightly netted and slightly ribbed. Pick on full slip. Tolerant to Fusarium wilt (race 1). #52101 Pkt \$3.65



Delicious 51

Okra

Abelmoschus esculentus

History: Okra originated in NE Africa and reportedly grows wild in the upper watershed of the Nile. It was brought to the U.S. in the late 1660s by way of the slave trade or via Europe. [“Okra” is derived from “nkru” in the Ashanti language of West Africa, while “gumbo” is derived from “ngombo” in the Bantu language of southern Africa.] **Folk Uses:** The dried pods of okra are used in flower arrangements; the roasted seeds serve as a coffee substitute; the juice has been used to stop bleeding and to clean metal; the stem fibers have been used to make rough cloth or cordage. The raw pods of okra can be applied to the forehead or nose to make a quick Halloween mask. **Culture:** Okra does best on a fertile, loamy soil with lots of added humus. Excess nitrogen will favor leaf production at the expense of pod production. Start seed in pots 2–3 weeks before transplanting outside, or plant directly in the garden once the soil temperature averages 65°F (3–4 weeks after last frost). Sow seed ¼–1 in. deep and thin to 18 in. apart in rows 5–6 ft. apart. Seed may be slow to germinate, especially for older heirloom varieties (Alabama Red, Choppee, Stewart Zeebest, etc.). To speed germination, soak seed overnight in water, or abrade the seed lightly with sandpaper to break down the hard seed coat. **Pest and Disease Notes:** Observe 4-year rotation for okra, cotton, and roselle (hibiscus). Old varieties of okra tend to have deeper root systems and are more tolerant of root-knot nematode. Okra grown in rich, moist soil gives the best and longest resistance to nematodes. In years of high grasshopper numbers, grasshoppers may eat lower leaves of plants. **Harvest:** Harvest pods when 2–4 in. long except as noted; pod tenderness varies over the course of the season. Pods toughen as they mature, and continue to toughen after harvest. We recommend snipping off the pods using hand pruners; young pods also can often be snapped off by hand. Wear long-sleeve shirts to harvest – leaves of most varieties irritate the skin of all but a few lucky humans. **Seed Savers:** Isolate varieties by ¼ mile for home use, or ¼ to ½ mile or greater for pure seed. **Packet:** 4 g (about 64–86 seeds, depending on variety) sows 31–52 ft.



Alabama Red

ALABAMA RED S 50 days. [Alabama heirloom.] 5–7 ft. tall plants produce abundant fat, 4 in. red-and-green pods. Stems and leaf veins are also red. This okra is delicious fried, and add color and unique flavor to salads when young. **#69112 Pkt \$3.65; #69112E (28 g) \$8.10**

BECK'S BIG BUCK OG S (Snapping Okra)

57 days. [German heirloom from Malcom Beck of San Antonio, TX.] Vigorous 7–8 ft. plants produce an abundance of large, fat, tender, fluted pods. Young pods (3 in. or less) easily snap off the plant when ready to harvest. **#69120 Pkt \$3.65; #69120E (28 g) \$8.10**



Beck's Big Buck

NEW! BORNEO S

62 days. [Collected before 1994 by Crafton Clift from a nursery on the Asian island of Borneo.] Extra-long pods are predominantly pale green, and often develop a pink to crimson blush as they grow. We've had pods grow to over 14 in. while remaining tender! Good flavor. Thanks for our seedstock go to ECHO, in N. Fort Myers, FL, which serves those working with farmers in the Global South. **#69132 Pkt \$3.65**



Borneo

BOWLING RED OG S

57 days. [Grown by the Bowling family of Virginia since the 1920s.] Early, productive, and beautiful – one of the best okras in the Kerr Center's trial of 30 heirloom varieties. Long, slim, tender red pods. 7–8 ft. plants have red stems and red-veined leaves. **#69125 Pkt \$3.65**



Bowling Red



Burgundy

BURGUNDY OG S

50 days. [1988, AAS winner.] Stems, leaf veins, and pods are deep red-maroon.

4–6 ft. plants. ½ in. wide spineless pods up to 10 in. long, tenderest at 7 in. or less. Other red okras bear longer and handle disease better but Burgundy is earlier and fine tasting. **#69101 Pkt \$3.40**

BURMESE OG S

53 days. [Burmese heirloom, seedstock courtesy Hap Heilman. Now a favorite in some local restaurants.] Bears when plants are 18 in. tall and continues to bear until frost. Huge leaves, typically 16 in. across. 9–12 in. slender pods are curved and virtually spineless. Pods mature from light green to creamy yellow-green. At 10 in. long they are tender, sweet, and spineless enough to be eaten raw or added to salads. Pods are less gooey than other okra. **#69109 Pkt \$3.65; #69109E (28 g) \$8.10**



Burmese



Cajun Jewel

BACK! CAJUN JEWEL OG S

53 days. [Local favorite in Cajun country since the 1950s. Introduced 1989 by SESE.] Dwarf-type, 2½–4 ft. tall spineless plants produce an early crop of tender 1 in. diameter pods up to 8 in. long. Good flavor. Widely adapted. **#69102 Pkt \$3.65; #69102E (28 g) \$8.10**

CHOPPEE S 69 days.

[~1850, from the Jacobs family of Georgetown, SC. Named for the Choppee Indians native to the area.] High-yielding, 6 ft. plants. Slim, tender pods, great flavor, almost as spineless as Clemson Spineless. **#69116 Pkt \$3.40**



Choppee



Clemson Spineless

CLEMSON SPINELESS OG S

56 days. [1939, Clemson/SC. AAS winner.] 4–7 ft. plants with few side-branches. Ribbed pods (1¼ × 8 in.), harvest when pods are 3 in. or smaller. Spineless characteristic makes this popular variety easy to pick. **#69103 Pkt \$3.40; #69103E (28 g) \$7.55**



Evertender

EVERTENDER OG S

50 days. Spineless variety from India averages 5½ ft. tall. Pods up to 8 in. long, pods remain tender for a long period. The Kerr Center named it the easiest variety to harvest (thanks to unbranched plants) in their trial of 30 heirloom varieties. **#69104 Pkt \$3.65**



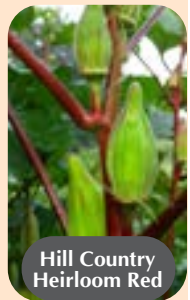
Gold Coast

GOLD COAST S

50 days. [1960, Louisiana AES.] Sweet, mild, spineless light-green pods up to 6 in. long. 5–6 ft. plants are well-branched with an open growth habit. Thanks to its well-developed root system, has good drought and heat tolerance, as well as tolerance of root-knot nematodes. **#69105 Pkt \$3.65**

HILL COUNTRY HEIRLOOM RED OG S

64 days. [Texas Heirloom] Very colorful red and green 6 ft. plants. 6 in. long, thick, green pods with reddish tips and ribs and great flavor. Drought tolerant, produces exceptionally well when picked small, perfect for pickled okra. **#69111 Pkt \$3.65; #69111E (28 g) \$8.10**



Hill Country Heirloom Red

JADE S

50 days. [Developed by U. of Arkansas, introduced by SESE 1991.] Early maturing, tender-podded, high-yielding okra. Compared to Clemson Spineless, Jade has darker green pods, fewer side branches, higher yields, and better ability to mature in late plantings. 4½ ft. plants. Dark-green pods remain tender to 5 in. **#69106 Pkt \$3.65**



Jade

Okra continues on the next page.

Okra continued.

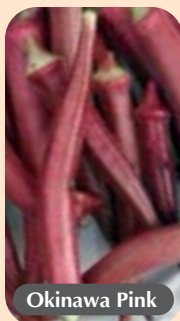


Jing Orange

JING ORANGE OG S
 ☀️ 62 days. [Asian variety] Strikingly ornamental, bright red stems. Thinly lobed leaves have red veins as well. 6–7 in. smooth, slim, dark red pods have great flavor. 5–6 ft. tall plants. #69126 Pkt \$3.65

LEE S ☀️ 54 days. [1978, U. of Arkansas] Compact, 3–5 ft. plants make this a great okra for container gardens and for gardeners with limited space! Good flavor, harvest the spineless pods at 4–6 in. for best flavor. #69117 Pkt \$3.65

OKINAWA PINK S ☀️ 55 days. [Japanese variety] Uniquely pink smooth pods. It's fun to try to describe their color – neon? eggplant? magenta? However you describe them, they've got good flavor and good production. Pods tender to 6 in. 5–6 ft tall plants. #69131 Pkt \$3.65; #69131E (28 g) \$8.10



Okinawa Pink

PUERTO RICO EVERBLUSH S ☀️ 53 days. [Introduced 2023 by SESE.] In 2018 Chris Smith of The Utopian Seed Project grew 76 varieties of okra. One of the best was a 1953 USDA accession called Puerto Rico Evergreen. Since then Chris has been selecting for smooth, velvety pods, green with red blushing, and in 2021 Chef Terri

Terrell helped do harsh selections for great taste. There's still a bit of variation, but it's a distinct enough variety now for Chris to rename it as Puerto Rico Everblush. Medium-tall plants are early and productive. SESE founder Jeff McCormack now describes this as his favorite okra. **50% of all packet sales go straight to supporting the work of The Utopian Seed Project.** #69130 Pkt \$5.20

SHERWOOD RED (Red Okra 98)

S ☀️ 53 days. Fast-growing, non-prickly plants reached 9 ft. in our garden. Pods have low mucosity and remain tender even when large. [Jean Sherwood of Lenoir City, TN, donated this okra to SSE in 1979, writing, "My father-in-law (a retired Baptist Minister) always called it Red Okra. He is half Cherokee Indian. The okra can be grown to 7 or 9 inches without getting tough. The seed has been in the family for a long time. He's 82 and said they were passed down to him. Everyone in the area where we live prefers it to the ordinary green stuff grown here. It has a better taste when cooked too. We cut it into 1/2 inch pieces, dip it into corn meal and deep fry it for a few minutes til golden brown. It's so crunchy, it's like popcorn."] #69129 Pkt \$3.65



Sherwood Red



Shows

SHOWS S

☀️ 58 days. [Mississippi family heirloom, named for the Shows family. Seed sent to us by the late Texana McFarland, who at the time was 98 and still gardening!]

Introduced 2017 by SESE.] Great production on 4–5 ft. plants. Fluted light green pods, 1 1/4 in. wide. Tender up to 4 in., the pods can reach 8 in. long. A 2015 okra trials favorite! #69118 Pkt \$3.65



Stewart Zeebest

Onions (seed) *Allium cepa*

Culture: Onions often only have a short window of time to grow before heat and/or lengthening days cause bulbs to stop growing and start drying down. To encourage fast growth, plant large, healthy seedlings into fertile, weed-free soil as early as soil can be worked. Onions require light, fertile, well-drained soil with lots of organic matter. Maintain soil pH 6–7. Soil that is too acid or alkaline will cause slow growth and late maturity. Onions are heavy feeders requiring abundant potassium and phosphorous for good bulb formation. NitrOGen should be abundant during the period of active leaf growth. Onions and weeds do not mix. Experiments have shown yield reductions of 4% per day in the presence of weeds, or 50% reduction of yield in 2 weeks. Cultivation should be shallow since onion roots are near the soil surface. A layer of organic mulch will help suppress weeds and will aid in maintaining moisture and nutrient levels. Onions are hardy to 20°F.

Transplanting: Sow seeds indoors, 1/4 in. deep in flats in January through mid-March and transplant outdoors 3–4 in. apart in rows 12–16 in. apart. Do not prune the seedling tops as the harvest will be significantly decreased. To grow the largest bulbs possible, in areas with cold winters onions may be started ~mid-November: in a cold frame or in the greenhouse, sow a thick batch of seeds, then transplant to garden around late February or as soon as soil can be worked. Onion seedlings are hardy to about 20°F. **Harvest:** When most of the tops have fallen over, pull onions, cure in partial shade for 2–3 weeks until necks have thoroughly dried. Clip tops to within 1 in. of the bulb. Breaking over the tops by hand to accelerate harvest harms the keeping quality of some varieties and helps the keeping quality of other varieties. **Pests and Diseases:** Practice crop rotation of at least 3 years to control pests and diseases. Compost all onion residues. **Long Day (LD) and Short Day (SD) Types:** LD types begin to form bulbs when day length is 14–16 hours. Plant LD types in spring from Virginia northward. Not all LD types can bulb up as far South as Virginia, but ours can. SD types begin to form bulbs when day length is 10–12 hours. SD types can be spring or fall-planted in Virginia, and fall-planted in the South. If started in a greenhouse, or started in the fall and kept refrigerated as sets, SD onions can be grown to small bulbs in the North. **Seed Savers:** Isolate varieties by a minimum of 150 ft. For pure seed, cage plants or isolate by 1/4–1/2 mile. **Packet:** 3 g (about 700 seeds) sows 50 ft. direct seeded or 245 ft. as transplants.

STAR OF DAVID OG S (Old Fashioned)

55 days. Pods have a distinctive strong flavor, recommended for okra lovers who would like to try something different. 8–10 ft. plants with few side branches. Easy to harvest 5–7 in. pods, 1 1/4–2 in. diameter with medium spines. Harvest pods when small. Highly productive; tolerant of root-knot nematode. #69108 Pkt \$3.40; #69108E (28 g) \$8.10



Star of David

STEWART ZEEBEST S ☀️ 57 days [Texas heirloom, from a Mr. Zeigler and George & Mary Stewart.] 7 ft. tall plants produce lots of long, slender, curved green pods without ribs. Stays tender up to 7 in. or longer. #69115 Pkt \$3.65; #69115E (28 g) \$8.10

AUSTRALIAN BROWN S (intermediate to long day)

☀️ 100 days. [Australian heirloom, pre-1897.] Spanish type. A wonderfully solid, round, medium-size onion. White, mild flesh and thick, deep amber-brown skin. Great keeper, one of the best for extended storage. #66107 Pkt \$3.65



Australian Brown

GRANEX HYBRID S (short day)

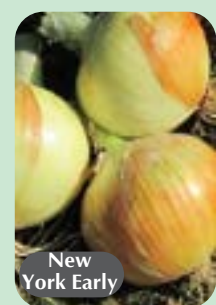
☀️ 80 days. Similar to the Vidalia onion. Bulbs are large, thick, and noted for their exceptionally sweet flavor. Produces high yields and is resistant to pink root. Does especially well in the Mid-Atlantic and South. Widely adapted variety. #66901 Pkt \$3.65



Granex Hybrid

NEW YORK EARLY OG S (intermediate to long day)

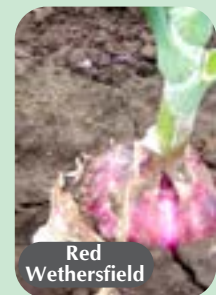
☀️ 98 days. A dependable and productive open-pollinated version of Early Yellow Globe maintained by commercial growers in Orange County, New York. The 2 1/2–3 in. bulbs are good for early fresh market sales and suitable for medium term storage. #66106 Pkt \$3.90



New York Early

RED WETHERSFIELD S (long day)

☀️ 100 days [Developed by farmers in Wethersfield, CT; grown by Jefferson at Monticello.] Large, flattened globes with deep purple-red skin. Fairly firm, pink-tinged white flesh with red concentric circles. Fine pungent flavor, a good keeper. #66105 Pkt \$3.65



Red Wethersfield

Bunching Onions (seed)

Allium fistulosum & *Allium cepa*

Most bunching onions are perennial onions which divide at ground level in the same manner as multiplier onions. Unlike potato onions they do not form large bulbs. The bases of bunching onions are slightly enlarged, like scallions. Once established, clumps need only be divided periodically. **Culture:** See Cultural Notes for Dry Bulb Onions. For easiest weeding, space clumps of 10 seedlings 6–12 in. apart. Bunching onions are cold-hardy and may be left in the ground year-round where the ground doesn't freeze. Where the ground does freeze, most varieties should be transplanted into a greenhouse or cold frame and moved out again in the spring. **Packet:** 1 g (about 450 seeds) sows 25 ft.



Deep Purple

DEEP PURPLE 🌞 60 days. A new development in bunching onions. This reddish-purple variety develops and retains its color throughout its growth period and through high and low temperatures. #66503 Pkt \$4.15

EVERGREEN HARDY WHITE 🌞 60 days. This hardy white bunching onion is highly resistant to freezing and may be left in the ground year-round. Has resistance to thrips, smut, and pink root. This is a first-class perennial onion which needs only occasional division of clumps once established. #66501 Pkt \$3.65



White Spear

WHITE SPEAR 🌞 60 days. This is the largest, most attractive variety of bunching onion. Produces thick white, cylindrical stalks 5–6 in. long, topped by 6 in. of blue-green leaves. Less winter-hardy than Evergreen, though perennial as far north as USDA zones 4–5. #66502 Pkt \$3.40



Evergreen Hardy White



Rossa di Milano

ROSSA DI MILANO 🌞 🌸 (intermediate to long day) 110 days. Italian heirloom onion with sweet white flesh and beautiful bright red/purple skins. These distinctively flattened barrel shaped onions store exceptionally well and make a tasty addition to any savory dish. #66112 Pkt \$3.90; #66112D (14 g) \$11.70

TEXAS EARLY GRANO 🌞 🌸 (short day) [1933, Texas heirloom, "The Mother of All Sweet Onions."] This Vidalia-type onion is a good choice for the Mid-Atlantic and the South. Best started in the fall or winter and transplanted in early spring. Large top-shaped bulbs, thin skin, soft white flesh, with sweet mild flavor. Good resistance to splitting. Short keeper. #66104 Pkt \$3.90



Texas Early Grano

WALLA WALLA SWEET 🌸 (intermediate to long day) 110 days. [1890 Italian heirloom via WA state.] This is the sweet onion for gardeners in the Mid-Atlantic and Northeast who have trouble growing short day Vidalia types. These onions are more cold hardy and can still produce large onions with sweet white succulent flesh in



Walla Walla

soil enriched with plenty of compost or other organic matter. Large 4–6 in. bulbs with light brown skin and upright necks that dry down nicely. #66111 Pkt \$3.15

YELLOW OF PARMA 🌸 (Dorata di Parma) (long day) 110 days. [Brought to Parma, Italy in 1896 by a seedsman from nearby Pavia.] Large white globes with golden skin, excellent storage variety. One of the best in our 2011 onion trials. #66110 Pkt \$3.65

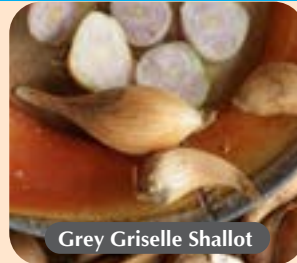


Yellow of Parma

Shallots (bulbs)

Allium spp.

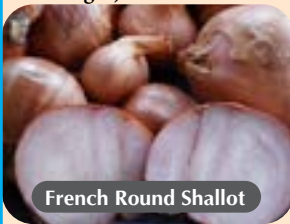
Shallots are planted and harvested in essentially the same manner as potato onions. They have a delicate, mild flavor and some varieties are especially valued in gourmet cooking. Our shallots are widely adapted and do not require special day lengths to yield well. **Note:** Shallots are shipped only in September and October.



Grey Griselle Shallot

GREY GRISELLE SHALLOT 🌞 🌸 (A. oschaninii) 180 days. [French heirloom.] Prized by French gourmet chefs, these small, teardrop-shaped (1 × 1½ in.) bulbs have a hard, grey skin and tender, pinkish-white flesh. They have a distinctive, rich, earthy smell, and mild, delicious flavor. Grey shallots are considered by many to be the only "true shallot." #66708 Starter Package (bulbs, 4 oz, see shipping info right) \$11.40

DUTCH RED SHALLOT 🌞 🌸 Tender red/brown skinned shallots have purple edged white flesh with a sweet, savory flavor between garlic and onion. Produces well in a variety of soils, and stores up to a year in good conditions. Typically yields 5–8 times the amount planted. #66706 Starter Package (bulbs, 8 oz, see shipping info above right) \$14.55



French Round Shallot

FRENCH ROUND SHALLOT 🌞 🌸 (*Allium cepa* var. *aggregatum*) One of several types classified as a French Red Shallot. It is usually smaller and rounder, with a slightly red-tinged tan wrapper. The flesh is pinkish white, with a purple tint in the rings. They grow more slowly, have a firmer texture, and can be stored longer than other shallots. High yields. Excellent flavor for use in both French and Chinese dishes calling for shallots. #66712 Starter Package (bulbs, 8 oz, see shipping info above right) \$14.55

Seasonal Items: Shipping Surcharges Apply

Shallots Sampler

COOK'S SHALLOT SAMPLER 🌞 🌸 🌸 Explore the diversity and rich, mild, melt-in-your-mouth flavor of shallots grown fresh in your garden. Includes several of our great varieties for you to try. From 4 oz. to 8 oz. of 3 different varieties, you may harvest up to 10 lbs. in good conditions. #92508 (bulbs, 20oz. see shipping info below) \$33.30

Shipping Surcharge for Onion Bulbs: \$2 for one item, \$4 total for any two or more items. Includes all fall shipped items: garlic (pg. 18-19), woodland medicinals (pg. 64), and onion bulbs.

Onion Bulbs ship in the fall (September, November, northern-most areas first), but may be pre-ordered at any time. U.S. shipping addresses only.

Perennial Onions (bulbs)

Allium cepa var. *aggregatum*

Culture: Multiplier onions are hardy, productive perennials. According to the National Gardening Bureau, multiplier onions can produce a larger yield per area than any other vegetable except staked tomatoes. Multiplier onions produce a cluster of bulbs at ground level from a single planted bulb. The larger bulbs are saved for eating, and the medium and small bulbs are stored and replanted. Both potato onions and shallots can be grown in pots for forcing green onions during the winter. Multiplier onions exist in two horticultural forms: potato onions and shallots. Shallots may be distinguished from potato onions by the shape and division pattern of the bulbs. Shallots vary in their ability to produce seed, but potato onions rarely produce seed. There are several advantages of growing multiplier onions: (1) They are not as readily bothered by the onion fly as are seed onions. (2) Once you have enough potato onions or shallots you need not buy seeds or sets again. (3) Some types of multiplier onions are in demand as gourmet items in restaurants. (4) Potato onions and many shallots store well, and can withstand subfreezing temperatures in every area of the continental U.S. when properly planted. **Multiplier Onions Starter Package:** Multiplier onions are sold by weight rather than bulb count. Bulb size varies according to crop conditions and bulbs are usually supplied as mixed sizes. Your Starter Package includes a free 4-page growing guide which covers perennial onions and garlic.

Perennial Onions continue on the next page

Seasonal Items:
Shipping Surcharges Apply

Perennial Onions continued



Shipping Surcharge for Onion Bulbs:
\$2 for one item, \$4 total for any two or more items. Includes all fall shipped items: garlic (pg. 18–19), woodland medicinals (pg. 64), and onion bulbs.

Onion Bulbs ship in the fall (September – November, northern-most areas first), but may be pre-ordered at any time. U.S. shipping addresses only.

Egyptian Walking Onions

Allium cepa var. proliferum

These hardy perennial onions grow well throughout most of North America (zones 3–9). The onion to plant if you always want onions. The bulbs set bulblets on stalks, and these air-bound bulblets will sprout new smaller stalks, which fall over and replant themselves, hence the name “Walking.” Bulbs can be harvested over the fall and winter. Green onions can be harvested selectively as they grow. Plant them where you intend to have them for a long time, as they are quite hardy. They tend not to yield very much the first year, but after that they will keep you supplied with onions. Planting instructions included.

EGYPTIAN WALKING ONIONS   (Tree Onions) Small reddish green aerial bulblets that fall over and root as they mature, “walking” across



the garden. Green onions, edible bulbils and small in-ground bulbs make for onions all year once established. **#66604 Starter Package (bulbs, 1 oz, see shipping info above)** \$14.55; #66604A (bulbs, 3 oz, see shipping info above) \$25.50



Egyptian Walking Onions



Heirloom White Egyptian Walking Onions

HEIRLOOM WHITE EGYPTIAN WALKING ONIONS   Prolific producers of small sweet white shallot like bulbs with tender greens as well as the namesake aerial bulblets which can


be planted where desired or left to fall over and sprout in place thus eventually walking around the garden. **#66609 Starter Package: (live plants, 2 oz, see shipping info above)** \$16.60; #66609A (live plants, 6 oz, see shipping info above) \$25.50

Perennial Leeks & White Multiplier Onions
Available online only as spring shipped plants. Check our website for availability!



Perennial Onion Sampler



Perennial Onion Sampler

S  Excited about getting started with perennial multiplying onions? Let us pick 4 stars from our trial gardens to begin your exploration. 1 oz Egyptian Walking onions, ¼ lb white shallot, ¼ lb red/brown shallot, and ¼ lb yellow potato onion. Each variety will be labeled. Yields up to 8 lbs in favorable conditions. Also included is SESE's Garlic and Onion Growing Guide. **#92505 (bulbs, see shipping info at left)** \$38.50



Yellow Potato Onions



YELLOW POTATO ONION   (Hill, Mother, Pregnant Onion) [In 1982 SESE reintroduced an heirloom strain dating prior to 1790.] Produces onions up to 4 in. in diameter under good conditions, and 3 in. in diameter under average conditions. Flavorful, yet not strong. This has always been a popular variety with our customers. The Yellow Potato onion has good drought resistance, pink root resistance, and is widely adapted for different growing regions, except Florida and southern Texas. Especially valued for the keeping quality of the small and medium-sized bulbs, which keep 8–12 months under good conditions. We've kept small bulbs up to 18 months under ideal conditions. Some old-timers grow this heirloom onion exclusively because it provides all the onions they ever need. **#66601 Starter Package (bulbs, 8 oz, see shipping info above)** \$15.55

Starter Package (bulbs, 8 oz, see shipping info above) \$15.55

Parsnips

Pastinaca sativa

This hardy root vegetable develops a sweet, nut-like flavor after it has been heavily frosted. Parsnips were once a common vegetable at the dinner table and they deserve to come back in style. In the 1800s parsnips were often used to make marmalade and wine.

Culture: Sow seed in spring as soon as soil can be worked; sow within a few weeks of last spring frost at latest. Seeds may take 2–3 weeks to germinate and soil must not dry out. Parsnips may be used to prevent soil crusting and to mark the location. Parsnips are even slower to germinate in hot soil and will be overwhelmed by weeds before they can germinate, so plant early!



Plant ½ in. deep in raised beds and thin to 4–6 in. each way, or plant in rows 18 in. apart with plants thinned to 4 in. Soil should be well drained and not too rich in nutrients.


Harvest: A heavy frost is necessary for full flavor development. Roots may be harvested or left in place during the winter for use in the spring. For a winter supply place roots horizontally in small boxes filled with garden soil or sand. Bring a box inside to thaw as needed. **Cooking:** Boil, fry, or roast. **Seed Savers:** Isolate varieties by ¼ mile for home use. For pure seed isolate by a minimum of ½ to 1 mile. **Packet:** 2 g (about 845 seeds) sows 62 ft.

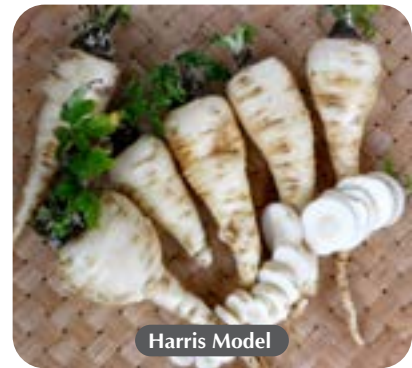


Halblange Weisse



HALBLANGE WEISSE (Half-Long White)

OG   110 days. [German heirloom.] 10-in. long white roots are thick at the top, making for easier harvesting. Great flavor. **#38105 Pkt \$3.65; #38105D (14 g) \$8.25**

HARRIS MODEL  120 days. Sweet, tender, bright white roots, 10–12 in. long, 3½ in. shoulders. Long a popular favorite. **#38102 Pkt \$3.65**




Harris Model

HOLLOW CROWN   (Sugar) 105 days. [Pre-1850.] Wedge-shaped roots, 8–12 in. long, 2¾ in. at the shoulder. Excellent storage variety. **#38101 Pkt \$3.15**


Snow Peas

Snow Peas are harvested before the pods fill out. They are eaten along with the pods either raw or cooked. Often cooked in Asian dishes. For best quality, pods should be harvested at least twice a week.

MAMMOTH MELTING SUGAR (tall)  70 Days. Wilt-resistant vines grow to 5 ft. A 35 ft. row can yield as much as a bushel. Sweet, flavorful pods hold their quality even when picked a bit late. **#15301 Pkt (~114 seeds) \$3.40; #15301F (¼ lb) \$6.00**



Mammoth Melting Sugar

OREGON GIANT (dwarf)  70 days. [Improved selection of old favorite Oregon Sugar Pod II.] One of the best yielding snow peas. Giant (5 in.) pods have mild, sweet flavor. 3 ft. vines resist common wilt, mosaic virus, powdery mildew. **#15302 Pkt (~86 seeds) \$3.40**



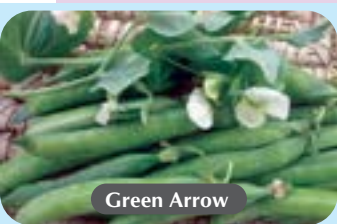
Oregon Giant

www.SouthernExposure.com

Peas

Pisum sativum

Culture: Peas are a fast-maturing cool-weather crop. In the Mid-Atlantic region spring-planted peas produce a better quality crop than fall-planted peas. Spring planting is also better because the vines are more resistant to freezing than the pods, which are more likely to freeze as they mature in the fall. Sow peas as soon as the soil can be worked. Soil should be well drained with pH in the range of 6.0–6.8. Peas require a soil rich in phosphorus and potassium for good production. Too much nitroGen causes lush vine growth at the expense of pod production. Sow seed 1 in. deep, ½–1 in. apart in double rows 4 in. apart. Thin to 2 in. apart. Single or double rows should be planted 2 ft. apart for dwarf varieties and 2½–3 ft. apart for tall varieties. Support tall varieties on a trellis or fence, or use well-branched brush stuck into the ground. Peas normally do not need to be watered unless the soil is consistently dry at the time of pod production. **Harvest:** Harvest every 2–3 days. Peas are sweetest when harvested after their seeds reach full size, but before pods begin to whiten. The sugar in peas converts to starch soon after harvest, so to keep the sweet flavor, use or process within two hours. **Diseases:** Peas are susceptible to a variety of diseases, most commonly in soils that have grown peas for many years. If disease is a problem, use resistant varieties and follow a 5-year rotation. **Seed Savers:** Isolate varieties by a minimum of 50 ft. for home use. For pure seed isolate by 150 ft. **Packet:** 28 g (1 oz., ~90–220 seeds, depending on variety) sows 12–20 ft.



Green Arrow



Wando

Snap Peas

This class of peas was developed by Dr. Calvin Lamborn at Gallatin Valley Seed Co. Snap peas originated by breeding the sweet pea Mammoth Melting Sugar with a chance mutant of a popular freezing pea called Dark Skinned Perfection. For home gardeners, snap peas represent one of the more significant breeding advances in fifty years. Snap peas have excellent disease resistance and thick pods remain sweet and tender when mature. Snap peas more than double the amount of food produced by a crop of peas. **Culture:** See above. **Germination Note:** Because snap pea seeds have a high sugar content, the seed may rot in cold soil before germinating. We recommend pre-sprouting the seeds for early-season plantings in cold soil. **Harvest:** Harvest when pods are filled out and peas inside are full size. Strings can be removed while picking by holding the vine in one hand and pulling the pod upward and off the vine with the other hand. **Preparation:** Shelling isn't necessary since pods and peas are eaten together like a snap bean. The small strings along the pod sutures are not noticeable when eaten raw, but they should be stripped off before cooking. Flavor is excellent, but is easily destroyed by overcooking or canning. **Packet:** 28 g (1 oz., ~100 seeds) sows 12–20 ft.

AMISH SNAP 🌞🌀 62 days. [*Amish heirloom predates the more recent Sugar Snap varieties.*] Tall vines have excellent quality and very sweet flavor. Vigorous vines yield many medium-sized deep-green pods. **#15502 Pkt \$3.65; #15502F (¼ lb) \$6.80**



Amish Snap

SUGAR ANN (dwarf) 🌞 56 days [1984, AAS Winner.] Extra-early. Crisp, flavorful 3 in. snap peas. Compact 2 ft. vines don't require trellising. Also good for fall crop. Freezes well. **#15507 Pkt (~123 seeds) \$3.40; #15507F (¼ lb) \$5.50; #15507G \$8.60**



Sugar Ann

Shelling (English) Peas

Wrinkle-seeded peas are sweeter and earlier than smooth-seeded peas and maintain picking quality longer. Use these peas for shelling and eating fresh.

GREEN ARROW (dwarf) 🌞🌱🌀 68 days. [*English heirloom.*] This favorite variety for home gardeners produces loads of 4–5 in. pods full of plump, sweet, dark green peas on 30 in. plants. Double pods set heavily at the top of the plant for easy picking. Excellent fresh flavor holds well for canning and freezing. Resists wilt and mildew (DM, FW, RR, & LCV). **#15204 Pkt (~133 seeds) \$3.40**

LITTLE MARVEL (dwarf) 🌀 (Improved American Wonder) 62 days. [1908.] Dwarf, 16 in. vines produce double-borne pods. 3½ in. pods contain 6–7 peas. Resistant

to Fusarium wilt. An old dependable variety. **#15201 Pkt (~153 seeds) \$3.15; #15201F (¼ lb) \$5.50; #15201G (½ lb) \$8.60**

WANDO (dwarf) 🌞 68 days. [1943.] Popular since its introduction. Heat- and cold-resistant, the most productive pea for late sowings where heat is a problem. Recommended especially for southern and coastal regions. 24–30 in. vines bear 3½ in. pods filled with 7–8 dark-green, medium-sized peas. Use fresh or frozen. **#15202 Pkt (~161 seeds) \$3.15; #15202F (¼ lb) \$5.50; #15202G (½ lb) \$8.60**



Little Marvel

SUGAR SNAP (tall) 🌞🌱🌀 70 days. [1979. AAS winner.] The best flavored snap pea. 3 in. pods on 6–8 ft. vines. Tolerant of pea wilt but not powdery mildew. Highly recommended. **#15501 Pkt (~122 seeds) \$3.40; #15501F (¼ lb) \$6.00; #15507G (½ lb) \$7.55**



Sugar Snap

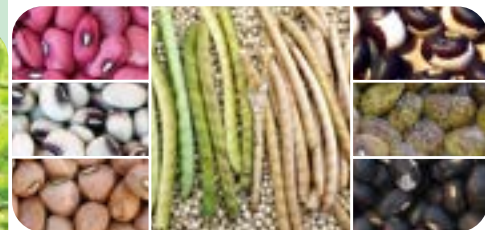
Southern Peas (Cowpeas)

Southern peas, cowpeas, field peas:

Vigna unguiculata

Black-eyed peas:

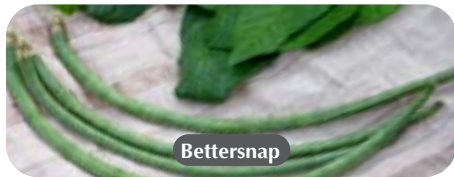
Vigna unguiculata unguiculata



This vegetable seems to have a different name in each section of the country. Southern peas are also called cowpeas, field peas, crowder peas, and black-eyed peas. By whatever name you call them, they're an old favorite in the South and can be grown wherever both days and nights are warm for a period of 60–90 days. **Culture:** Sow seed 1 in. deep, 2 in. apart in rows 3–6 ft. apart, thinning to 4 in. apart. Vining varieties are very vigorous and drought resistant, but they should be given extra room, or trellised, or planted so they can climb stalks of dent corn. Southern peas have cultural requirements similar to beans. They need warmer soil, so wait until 3–4 weeks after last frost to plant. Need full sun and a warm growing season. For best results provide a well-drained soil, with pH in the range of 5.5–6.5. Do not apply nitrogen, which will result in poor yield and lush foliage. The ability of southern peas to grow in poor soil is quite remarkable – many varieties are also used as cover crops – and they are relatively free of insects and disease in the Mid-Atlantic. **Harvest:** Days to maturity are for fresh shelly-stage peas. For dry peas, add 2–3 weeks. For fresh use, harvest when seeds have filled the green pods, but before seeds have hardened. For dried use, make sure to harvest dried pods before rain or else seeds will mold. Let dried pods finish drying under cover in a rodent-proof space. **Cooking:** Can be boiled, frozen, canned, or dried. Green seeds can be roasted like peanuts. Scorched seeds can be used as a coffee substitute. Leaves may be used as a potherb. **Animal Pests:** Deer love them. Fence off crops or cover plants with row cover when pods emerge. **Insect Pests:** Weevils sometimes infest dried seed. To kill weevils, freeze thoroughly-dried seed in sealed containers for 48 hours. **Seed Savers:** Isolate from southern peas and asparagus beans by a minimum of 10–20 ft. for home use. For pure seed isolate 50 ft. **Packet:** 14 g unless stated (~43–135 seeds, depending on variety) sows 8–22 ft.

Southern Peas continue on the next page.

Southern Peas continued.



Betersnap

BETERSNAP S 61 days. [Richard Fery and Philip Dukes, ARS/USDA, 1994.] Like snap peas or snap beans, the young pods of Betersnap can be eaten! 9–11 in. green pods, 1–3 pods/cluster, small white seeds, bush habit. Resistant to root knot nematodes and many other Southern afflictions. #16129 Pkt (~112 seeds) \$3.65

BIG RED RIPPER S 70 days. [VA and NC heirloom.] Good flavored table pea with 10 in. pods containing as many as 18 large peas per pod! Use fresh or dried. Reddish-green pods are borne high and are easy to see in the foliage. Resistant to very hot, dry summers.

Vigorous, sprawling vines. Very popular with our Texas customers. #16107 Pkt (~66 seeds) \$3.65; #16107F (¼ lb) \$8.60



Big Red Ripper

NEW! BIG RED RIPPER, OLD FASHIONED S 67 days. There's a lot of Big Red Ripper strains out there – our Missouri grower likes this one the best, and says it's got the biggest pods and biggest seeds of any strain that she's grown! She's been stewarding it since getting seedstock from Sand Hill Preservation Center in 2006. 16–18 seeds/pod. #16143 Pkt (14 g, 48 seeds) \$3.65



Big Red Ripper, Old Fashioned

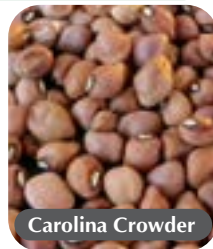


California Blackeye

CALIFORNIA BLACKEYE 75 days. Large-seeded blackeye pea. 7–9 in. green pods are held well above the foliage for easy picking. 2–3 pods/cluster, semi-vining plants. Creamy-white seeds are light green in shelly stage. #16142 Pkt (~115 seeds) \$3.15; #16142F (¼ lb) \$7.55; #16142G (½ lb) \$12.00

Nematode Resistance & Cowpeas: Root knot disease, caused by root-knot nematodes (tiny worms that feed on plant roots), is a soil problem in many parts of the Southeast. Heirloom varieties particularly resistant to nematodes include Hardee and Iron and Clay. Newer varieties such as Carolina Crowder, Kiawah Pinkeye Purple Hull, Betersnap, Green Dixie Blackeye, and KnuckleHull-VNR have been bred to resist nematodes, and we plan to offer more in the future!

CAROLINA CROWDER S 63 days. [Richard Fery and Philip Dukes, ARS/USDA, 1990.] **Mississippi Silver**-type with beautiful cranberry red pods. Red-brown seeds, great flavor. Semi-bush plants, 7 in. pods. Improved resistance for root-knot nematodes and many other Southern afflictions. #16130 Pkt (~41 seeds) \$3.65; #16130F (¼ lb) \$8.60

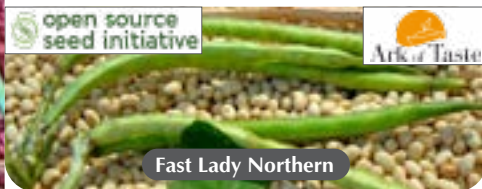


Carolina Crowder



Creel Crowder

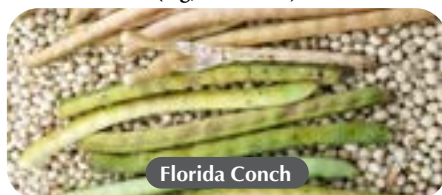
6 in. curved pods turn golden yellow when dry, large brown seeds. Semi-vining plants, very productive! #16120 Pkt (~31 seeds) \$3.65



Fast Lady Northern

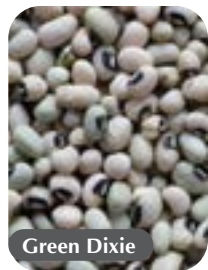
FAST LADY NORTHERN SOUTHERN PEA S 58 days. Carol Deppe selected this small, white lady pea in Oregon to mature fast in the NW's cool summers, but it handles Southern summers as well! Great for short-season areas. 7–8 in. long, yellow pods are easy to pick and shell. Bushy, semi-erect plants. Tender, tasty seeds cook fast without any soaking. #16124 Pkt (~125 seeds) \$4.45

FLORIDA CONCH S 63 days. [1905. Rare and famous Florida heirloom that came from the West Indies. Thanks to The Utopian Seed Project for seedstock!] Small, tender white seeds cook up nice and creamy. Taste test favorite in TUSP's 2019 trials! 4–6 in. light tan pods, 2–4 pods/cluster. There's different strains of this pea – this one has shorter vines (~5 ft long) and smaller seeds than other strains. #16139 Pkt (5 g, ~62 seeds) \$4.15



Florida Conch

GREEN DIXIE BLACKEYE S 60 days. [Richard Fery, ARS/USDA, 2000.] Seeds retain their green color even when dry/mature, making this a great canning/freezing variety for that "fresh" look. Sweet, fruity flavor. 8–9 in. light green pods, 1–2 pods/cluster, upright for easy picking. #16135 Pkt (~73 seeds) \$4.15; #16135F (¼ lb) \$12.75



Green Dixie



Hercules

HERCULES S 75 days. [1981, Clemson AES] Large, brown seeds are the biggest we offer. 8–9 in. pods held upright on bushy plants with short runners. Easy to shell. #16123 Pkt (~44 seeds) \$3.65; #16135F (¼ lb) \$8.60

IRON AND CLAY S [Brought to the U.S. by enslaved Africans before the American Revolution. Clay peas were carried as rations by Confederate soldiers. Iron and Clay peas sustained newly freed African-Americans after the Civil War according to George Washington Carver's 1908 "Cookbook of Field Pea Recipes."]

Vigorous, drought-hardy plants. Good root-knot nematode resistance. Sprawling vines. A great nitrogen-fixing cover crop. Daylength-sensitive variety starts flowering when nights lengthen to ~11 hours. Late-maturing pods can be harvested for the kitchen or used for fodder. 6–7 in. pods, light tan seeds. #16125 Pkt (28 g, ~245 seeds) \$3.15; #16125F (¼ lb) \$6.00; #16125G (½ lb) \$9.10



Iron and Clay

KNUCKLEHULL-VNR S 61 days. [Richard Fery, Judy Thies, and A. Graves Gillaspie, ARS/USDA, 2002.] Large brown peas in 6 in. purple pods. Bushy plants. Classic Alabama variety, now updated to add resistance to root-knot nematodes and other soil problems. #16133 Pkt (~82 seeds) \$3.65



KnuckleHull-VNR

PEKING BLACK S 69 days. [From the Southern Seed Legacy collection via grower Harry Cooksey.] There is a bit of mystery about this variety's origins. But there is no doubt that it produces an abundance of delicious black crowder-type peas on vigorous disease-free plants. 8–9 in. pods. #16110 Pkt (~62 seeds) \$3.65



Peking Black

Small amounts of other southern pea varieties not listed here may be available - see our website!

www.SouthernExposure.com



Pinkeye Purple Hull, Kiawah

BACK! PINKEYE PURPLE HULL, KIAWAH S 61 days. [1988, Richard Fery & P.D. Dukes, ARS/USDA. Named for the Native American tribe who welcomed English settlers to Charleston, SC.] Everyone's favorite Pinkeye Purple Hull, bred to add nematode resistance. 6–8 in. dark purple pods. 2–4 pods/cluster, upright for easy harvesting on bushy plants. **#16132 Pkt (~101 seeds) \$3.65**

PINKEYE PURPLE HULL, TOP PICK 65 days. Popular favorite. An early, heavy yielding, semi-bush variety with good disease resistance. This one's bred for easier picking – pods are nicely visible above the leaves. Pods contain elongated white peas with purple or pink eyes; pods turn purple as the seeds mature. Use for canning, freezing, or fresh eating. **#16140 Pkt (~78 seeds) \$3.15; #16140F (¼ lb) \$7.55**



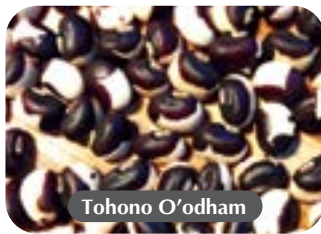
Pinkeye Purple Hull, Top Pick



Rouge et Noir

ROUGE ET NOIR S 63 days. [Heirloom from Washington Parrish, LA.] Similar to Peking Black but earlier. Large seeds are red when fresh, drying to black. Vigorous, semi-vining plants. Food historian William Woys Weaver notes that in Louisiana these peas are often cooked with limas and green peanuts. **#16118 Pkt (~61 seeds) \$3.65**

TOHONO O'ODHAM (PAPAGO) OG S 63 days. [SW Native American heirloom.] Highly drought- and heat-tolerant variety often used for summer cover crops. 6–7 in. purple-tinged pods. Earthy-flavored seeds have black and white markings like Holstein cows. (Some seeds are dark brown.) **#16119 Pkt (~85 seeds) \$3.65; #16119 (¼ lb) \$8.60**



Tohono O'odham



Whippoorwill

WHIPPOORWILL S 72 days. [Brought to the Americas from Africa during the slave trade. Grown by Jefferson at Monticello.] Once the standard for southern peas, this variety is drought-tolerant and will grow in almost all soils. 5 ft. vines produce extended harvests of 7–9 in. green pods. Small seeds are light brown with dark speckles, good eaten green or dried. **#16111 Pkt (~85 seeds) \$3.65; #16111F (¼ lb) \$8.60**



White Acre

BACK! WHITE ACRE S 62 days. High-yielding heirloom southern pea has superior flavor. Quick early growth and dense foliage reduces much of the need for weeding. 7–8 in. pods, small white seeds, 18–25 peas/pod. **#16109 Pkt (~137 seeds) \$3.65; #16109F (¼ lb) \$12.90**



Zipper Cream

ZIPPER CREAM S 67 days. [1972, FL AES. Thanks to Bob Bulluck for our seedstock!] Southern favorite. Bushy 2–3 ft. plants bear prolifically. 6–9 in. pods with large, creamy-white seeds, 18–20 seeds/pod, easy to shell. Unusually, seeds have a taste between English peas and cowpeas when fresh. **#16116 Pkt (~58 seeds) \$3.95**

Peanuts

Arachis hypogaea

History: Originally from Brazil, peanuts were brought to France and Africa, and then later introduced into the U.S. during the 1700s. The first commercial peanuts were grown near Wilmington, NC, around 1800. **Culture:** Shell out the seeds and sow 1–2 in. deep, 6–12 in. apart, in rows 30–36 in. apart. If planting in hills, plant 3 nuts per hill, 10–12 in. apart in hills 2–3 ft. apart. Loose, well-drained soil is important for good germination, and a soil pH of 5–6 will give the best results. Plant a month after last frost once soil has warmed up. Peanuts transplant well, and can be started indoors 3–4 weeks before transplanting out. (Even when direct sowing, we find it useful to start a few seeds in pots for transplanting out to fill any gaps in the rows.) Peanuts are slow growing at first, so keep the seedlings well weeded. A useful technique is to inter-plant with a fast-maturing weed-suppressing crop (radishes, green onions, lettuce, cilantro) that will be harvested before the peanut plants grow large enough to need the space. Peanuts require 110–130 days of hot weather and ample water, especially once plants have begun to set pods. When plants are 12 in. high, hill them up with loose soil as you would with potatoes, and mulch between the rows. Once plants start flowering, they need at least an inch of rain/irrigation every week for best production. **Harvest:** Harvest during a dry spell in October or after a light frost. After 3 consecutive nights of low temperatures (40°F or colder), plants will not mature pods any further, so harvest can happen anytime. (In the Deep South, peanuts may need to be harvested earlier to keep pods from sprouting in cold/wet soil late in the season.) If weather and critters allow, dig vines and let them sun-dry for several days before pulling pods off. Cure indoors in a rodent-proof space for 2–3 weeks before storing. **Seed Savers:** Isolate varieties by at least 10–50 ft. **Packet:** Peanuts are sold in the shell to preserve seed freshness. See variety descriptions for packet weights. **Peanuts are sold in shell. Cannot ship to California.**



Jungle Striped

JUNGLE STRIPED, SUNDANCE STRIPED S 125 days. [Georgia farmer Ed Janosik has been improving this one since getting them at a seed swap in 2004. Introduced by SESE 2018.] Ecuadorean type peanut, 2–4 seeds/pod, with wavy ridged shells and orange/purple skins. Ed has been selecting for larger yields, bigger seeds, and more color variation. Tasty boiled, roasted, or fried. **#17115 Pkt (28 g, ~30 seeds) \$6.00**



Schronce's Deep Black

SCHRONCE'S DEEP BLACK S 110 days. [Selected since 1980 by NC gardener Gordon Schronce. Seedstock sent by his son Arty. Gordon was proud of these peanuts, and when he passed on in 2023, his family buried some of his peanuts with him. Introduced 2011 by SESE.] Black peanut selected for larger seeds with darker (violet-black) skins than Carolina Black and 3–4 seeds per pod. Very productive. Gordon's favorite way to serve these was to fry up a mix of black and red peanuts in canola oil. **#17108 Pkt (~42 seeds) \$6.00**



Tennessee Red Valencia

TENNESSEE RED VALENCIA OG S (Valencia Tennessee Red) 110 days. [Pre-1930.] Rich, sweet peanuts with red skins. 2–4 seeds/pod. Easy to grow without hilling, even in clay soils. An early variety for those who have trouble maturing Virginia-type peanuts. We're again offering the best strain of this variety, with larger pods and better yields. **#17104 Pkt (28 g, ~40 seeds) \$6.00**

Peppers

Capsicum annuum, unless noted

Culture: Sow seeds 8–10 weeks before planting out after last frost. Plant seeds ¼ in. deep in well-drained soil in shallow flats. Maintain soil temperature at least 75–85°F for good germination. Peppers won't germinate in cold potting soil – heat makes a big difference in seeds germinating in 5 days, or seeds taking up to 20 days! (Since germination can be slower if seeds don't have enough heat, make sure to sow extra seeds in case germination is low.) Don't overwater seeds or they may rot. Transplant to 3 in. pots as soon as several leaves have developed. Maintain day temperature 75–80°F, and night temperature at least 65°F. Water plants with warm water. Transplant again to larger pots if the seedlings become too large. Peppers need to have an uncrowded root system or subsequent yields will be reduced. Harden the plants by giving them plenty of light and setting them outside for a few hours on warm days. Be careful not to let the plants wilt. Don't rush the season: a good rule of thumb is to transfer peppers to the garden after the dogwood blossoms have fallen, or when average soil temperature is 65°F or above (usually a month after last frost). Space plants 18–24 in. apart in rows or blocks. Wait a month to mulch peppers so that the soil can heat up. Small-fruited varieties tolerate hot humid conditions better than large-fruited varieties. Once flowering begins, fertilizer should be withheld; otherwise, flowers may drop without setting fruit. Other factors causing flower drop are low humidity (sometimes caused by wide spacing), poor pollination, full fruit set, or night temperatures above 80°F or below 65°F. In the greenhouse, pollinate peppers the same way tomatoes are pollinated. Maintain high levels of phosphorus for sustained yields. Once fruit production begins, short stakes or small tomato cages may be necessary to prevent large-fruited varieties from falling over. **Harvest:** Peppers are fully ripe after turning color. Although all peppers may be eaten in the green stage, ripening to red, yellow, etc. increases flavor and nearly doubles the vitamin C content. Mature plants have good vigor in fall, so cover plants on frosty nights for 1–2 weeks to extend the harvest season. Then, before the first killing frost, uproot plants and place the roots in a bucket of water and store in a cool location to extend harvest by one month, or grow the variety Doe Hill Golden Bell which is an excellent keeper. **Diseases:** Peppers are fairly disease-resistant, but are susceptible to anthracnose, bacterial leaf spot, and tobacco mosaic virus (TMV). Use resistant varieties and control aphids. TMV may not kill plants but will greatly reduce the yield. Keep cigarettes out of the garden and greenhouse. **Physiological Diseases:** Sunscald is common on varieties with sparse foliage. Blossom-end rot is rare in peppers, and is due to inadequate calcium supply or uneven supply of water. **Greenhouse Pests:** Similar to treatment of tomato pests. **Seed Savers:** Wear gloves when collecting seeds from hot peppers. Isolate varieties by 300 ft. **Note:** Days to maturity are days after transplanting. Days are for green peppers; for ripe peppers, add 2–4 weeks. **Packet:** 0.3 g unless stated (about 36–60 seeds, depending on variety) sows 21–60 feet of transplants.



Ashe County Pimento

Extra-Early Sweet Peppers

ASHE COUNTY PIMENTO **OG S** ☀️ ⌚ 52 days. (green > red) [Revived by NC seed saver Rob Danford.] One of the few peppers that reliably produces well in the short Smoky Mountain growing season (150 days or less). An incredibly sweet, bright red, thick-fleshed pimento pepper, 4 × 1½ in. Great raw, as well as for cooking, roasting, and canning. Small (24–30 in.) plants may be closely spaced (18 in. apart). #46136 Pkt \$3.65

FEHEROZON **OG S** ☀️ (creamy white > orange > red) 55 days. [Seed from Dr. Terry Berke at the Asian Vegetable Research Center. Introduced 1999 by SESE.] An extra-early, large wax, Hungarian sweet pepper with compact growth and concentrated fruit set. Dwarf plants are only 12–15 in. tall, yet produce an early yield of 7 fruits per plant on the first harvest. Thick-walled pointed bells, 2½ × 3½ in. Excellent variety for container gardens, early crops, and short-season areas. #46124 Pkt \$3.65



Feherozon

LIPSTICK **OG S** ☀️ 55 days. (green > red) [Johnny's Selected Seeds.] Early and productive, a great choice for short season areas. Chunky triangular peppers, 2 × 3½ in., on 4 ft. plants. Good flavor, juicy flesh. #46139 Pkt \$3.65; #46139B (3 g) \$7.55



Lipstick

SWEET PICKLE **OG** ☀️ (Christmas Tree Pepper) 55 days. (purple > pale yellow > orange > red) Beautiful plant, a great edible ornamental. Compact 18–24 in. plants are loaded with upright fruits in many colors. Thick walled fruits, 1 in. wide × 2-3 in. long, best flavor when red. #46143 Pkt \$3.65



Sweet Pickle

Nematode-Resistant Sweet Peppers

The first nematode-resistant bell peppers were introduced by SESE. They were developed by Drs. Fery, Duke, and Thies at the USDA, Charleston, SC. Many gardeners in the South have found it difficult or impossible to grow sweet bell peppers because of southern root-knot nematodes. Previously they had to sterilize their soil or find alternative growing sites. Nematode-resistant varieties now make it easy for organic growers and home gardeners to grow bell peppers.



Truhart-NR

Chocolate & Purple Bells

PURPLE BEAUTY **OG S** ☀️ 80 days. (green > purple > deep red) On their way to deep red, the peppers stop and linger at a dark purple color (lime green inside) that's lovely in salads. Medium-sized bells, 3 × 3 in., thick flesh, good foliage cover. 3 ft. tall, mosaic resistant plants. #46140 Pkt \$3.65; #46140B (3 g) \$8.10



Purple Beauty

SWEET CHOCOLATE (Choco) **OG S** ☀️ 86 days. (green > chocolate brown) Medium-sized, shiny, chocolate-cherry-colored bells, 2½ × 4½ in., 3-lobed. Unusual dark maroon interior fruit color. Extremely productive, continuous fruiting, very disease resistant. Stake tall plants for best production. #46103 Pkt \$3.65; #46103 \$8.60



Sweet Chocolate

CAROLINA WONDER **OG S** ☀️ 75 days. (green > red) [Introduced by SESE 1999.] The best nematode-resistant bell for home gardeners. Foliage, fruits, and yields are very similar to California Wonder. This variety is a potentially valuable line for developing other nematode-resistant bell peppers. It is also less prone to developing fungus in the seed cavity. The premium-grade, 3- and 4-lobed, fruits weigh ¼–½ lb and measure 3–4 in. Sweet flavor even when green. #46123 Pkt \$3.90



Carolina Wonder



CHARLESTON BELLE **OG S** ☀️ 67 days. (green > red) [The first nematode-resistant bell pepper. Introduced by SESE 1998.] Plants have a compact growth habit and reach a height of 4 ft. 3 × 5 in. fruits are virtually identical to 'Keystone Resistant Giant', weighing ~¼ lb. #46121 Pkt \$3.90; #46121B (3 g) \$8.60



Charleston Belle

TRUHART-NR **OG S** ☀️ 75 days. (green > crimson red) [2009, Richard Fery & Judy Thies, ARS/USDA. Introduced 2017 by SESE.] A classic Southern pimento pepper, now with newly added nematode resistance. Very flavorful heart-shaped fruits (2 × 3 in.), thick flesh. Use fresh, roasted, peeled, or canned. Especially well suited for salads, Spanish omelets, or eating out of hand. Productive plants are tall and sturdy, with good foliage cover. #46142 Pkt \$3.65; #46142B (3 g) \$8.60



Red Bells

BULL NOSE   (Large Sweet Spanish) 58 days. (green > scarlet red) [Introduced in 1759 from India. Pre-1900 this variety was often stuffed with cabbage and pickled.] Early maturing. In our trials




Bull Nose

we have noted that the heat can be very subtle or absent and may depend on growing conditions. 3 x 4 in. fruits are 4-lobed, borne on tall, prolific plants. #46101 Pkt \$3.65

CALIFORNIA WONDER   75 days. (green > red) [1928.] Widely adapted variety, well-known and preferred by many market growers and gardeners. A smooth, blocky bell, mostly 4-lobed, with thick walls. Fruits up to 4 x 4 3/4 in. Foliage provides good cover for fruits. Tobacco mosaic resistant. #46102 Pkt \$3.90




California Wonder

BACK! **JUPITER**  75 days. (green > red) One of the largest and best sweet bell peppers. Sturdy 3-5 ft. plants have an excellent canopy of dark green leaves to protect the high yields of 4 in. fruits. Excellent drought resistance. Great for stuffing. #46134 Pkt \$3.65





Jupiter

KEYSTONE RESISTANT GIANT  79 days. (green > red) A California Wonder type with large, blocky, pendant fruit (3 1/2 x 4 in.). Mosaic resistant. Heavy foliage reduces susceptibility to sunscald. Thick stems hold up under heavy fruit load. Well suited to the Mid-Atlantic, but not recommended for the Deep South. #46106 Pkt \$3.90



Keystone Resistant Giant


WORLD BEATER   (Ruby Giant) 72 days. (green > red) [Pre-1912. Developed from a cross combining the size and production of Chinese Giant with the shape and color of Ruby King.] 3 x 4 in., thick fleshed bells, very sweet when red. 3 ft. tall plants. #46108 Pkt \$3.90



World Beater

Pepper Species Guide: Our peppers fall into three species: *Capsicum annuum*, *Capsicum chinense*, and *Capsicum baccatum*. *C. annuum* includes most peppers easily found in the U.S., and almost all sweet peppers. **Disease resistance:** *C. baccatum* and *C. chinense* are generally more disease-resistant than *C. annuum*. **Processing:** *C. annuum* generally has thicker walls, so adds more bulk to sauces. *C. chinense* has the thinnest walls, but *C. baccatum* tends to be easiest to dry. **Flavors:** While any hot pepper has its heat mostly in its seeds and ribs, the heat of *C. chinense* is relatively more dispersed, and the heat of *C. baccatum* is especially concentrated in the seeds. *C. baccatum* and *C. chinense* generally have very fruity flavors that complement sweet as well as savory dishes.

Yellow & Orange Bells

CORONA  68 days. (green > golden orange) [Dutch variety, 1991.] Fancy, flavorful, very sweet bell pepper often featured in gourmet produce markets. (except not in 2020, we didn't sell many bulk size packets of these last year, growers probably didn't want to make display signs for Corona peppers...) 3 1/2 in. fruits are 3- to 4-lobed, averaging 6-7 oz. Fruit stem separates easily from plant for trouble-free harvest. Choice variety for salad use. Good foliage cover of fruits. 4 ft. plants. Mosaic resistant. #46104 Pkt \$3.90



Corona


DOE HILL GOLDEN BELL  61 days. (green > orange) [Pre-1900 family heirloom from the Doe Hill area in Highland County, VA. Introduced by SESE 2000.] Miniature (1 x 2 1/4 in.), 4- to 6-lobed, flattened orange bells, with sweet, fruity, multidimensional flavor. High yielding, 30 in. plants widely adapted and disease resistant. Fruits keep well. #46126 Pkt \$3.90



Doe Hill Golden Bell




Golden Cal Wonder

GOLDEN CAL WONDER  72 days. (green > gold) Widely adapted and similar to California Wonder. The thick-walled, golden ripe fruits average 3 x 3 in. 3 ft. plants. Does well in the Mid-Atlantic. #46105 Pkt \$3.40

Sweet Non-Bell Peppers

Sweet peppers don't have to be bell-shaped. Non-bells are often earlier, more productive, and more vigorous than bell peppers.

CORNO DI TORO  80 days. (green > red) "Horn of the Bull" thick bull's horn type, extremely productive, plants will produce so much fruit that the plants can use a good staking! Great flavor, beautiful vigorous plants. Good pepper for frying and cooking. #46131 Pkt \$3.65



Corno di Toro


JIMMY NARDELLO'S ITALIAN  58 days. (green > crimson red) Best sweet variety for drying. This treasure was in our seed bank for 15 years before we grew it in our pepper trials; we wish we'd offered it sooner! One of the more productive, disease-resistant, and most widely adapted heirloom sweet peppers we have grown. Tapered banana-shaped fruits are multidimensionally sweet and intensely flavored. Excellent for drying, frying, freezing, relishes, or salads. Thin-walled fruits are 3/4 in. to 1 1/4 in. at the shoulder and 5-8 in. long. 3 ft. plants. #46122 Pkt \$3.65; #46122B (3 g) \$8.60



Jimmy Nardello's Italian



Melrose

MELROSE  80 days. (green > red) [Heirloom Italian frying pepper discovered in Melrose Park, IL.] Productive plants full of 2 x 4 in. peppers that turn brilliant red early. Very sweet flavor, rich and full-bodied. Excellent for salads, roasting, and stir-frying. #46133 Pkt \$3.65

Sweet Non-Bell Peppers continue on the next page.

Sweet Non-Bell Peppers continued



Pimiento Lago Agrio

PIMIENTO LAGO AGRIO (C. chinense) 87 days. (green > red) [Lowland NE Ecuador. Introduced 2023 by SESE.] Pumpkin-shaped peppers, about 2 in. across, with 3–4 prominent lobes, on plants about 28 in. tall. Unusually, fruit walls are thicker than other chinese peppers. One of the most disease-resistant sweet peppers we've grown! **We give 30% of your purchase to Ecuador's Red de Guardianes de Semillas to support them in connecting seed savers in Ecuador to each other. #46145 Pkt \$3.90**



Super Shepherd

SUPER SHEPHERD 66 days. (green > red-brown > red) This Italian sweet pepper is one of our most productive and versatile varieties. Early yields of high quality, defect-free fruits. Thick, juicy flesh good fresh, fried or pickled. 3–4 lobed fruits average 2 × 4 in. long. Tall, vigorous plants. **#46119 Pkt \$3.90; #46119B (3 g) \$8.60 Seed grown and stewarded by Living Energy Farm in Louisa, VA.**



Sweet Banana

SWEET BANANA (Long Sweet Hungarian) 70 days. (pale green > yellow > orange > crimson red) [1941, AAS winner.] Heavy yields of attractive, banana-shaped peppers, 6 × 1½ in. Eaten at any ripeness stage, but sweetest when red. Great for colorful salads, frying, and freezing. 42 in. plants. Excellent choice for Mid-Atlantic region. **#46111 Pkt \$3.65; #46111B (3 g) \$8.60**

Spice (Seasoning) Peppers



Aji Dulce

AJI DULCE (C. chinense) 99 days. (green > orange-red > red) [Venezuelan heirloom. Seed source from Donna Hudson in TN.] Has the same shape, size, color and aroma as Habanero, but is sweet, spicy, and delicious, with only a trace of heat. Highly aromatic fruits; their flavor is unusual and complex, with overtones of black pepper and coriander, and undertones of other spicy flavors. An excellent choice for sautéed vegetables, rice and bean dishes, paprika, or herbal vinegars. The thin-walled pendant fruits are 1 × 2 in., tapering at both the stem and blossom end. Plants have good foliage cover and bear at 18 in. high. Seedlings grow slowly at first, but grow rapidly later in the season to 48 in. or more. **#46601 Pkt (0.20 g) \$3.90**



Biquinho

HUNGARIAN PAPRIKA

OG S 70 days. (green > red) Our seedstock originally came from Hungary, where the paprika pepper has been developed to its finest quality. This strain has excellent color and sweet, spicy flavor. 3 ft. plants produce an abundance of 1½ × 4½ in. peppers. Fruit shows some susceptibility to sunscald and blossom-end rot, but is otherwise an excellent variety. The fruits keep well. The sweet, very dry flesh is ideal for drying. Grind dried fruits for a superb paprika seasoning. **#46117 Pkt \$3.90; #46117B (3 g) \$8.60**



Hungarian Paprika



Ancho Poblano

ANCHO POBLANO 74 days. (green > red) Called poblanos when fresh, the classic choice for chiles rellenos. After ripening red and then dried, they are called anchos and are used in mole, adobo, and other sauces. Chunky fruits up to 4 in. long. Usually mild when green, may become slightly hotter when red. **#46524 Pkt \$3.90**



Pepperoncini, Greek

PIMIENTO ARRUGADO (C. chinense) 74 days. [Lowland NE Ecuador. Introduced 2023 by SESE.] (pale green > orange > red) Very low heat – barely detectable! – even milder than Aji Dulce, with great flavor. 1½ in. × 2½ in. fruits, on 45 in. plants. Fruits often have purple blushing at the tops. Young plants have some of the largest leaves we've seen on any peppers! **We give 30% of your purchase to Ecuador's Red de Guardianes de Semillas to support them in connecting seed savers in Ecuador to each other. #46605 Pkt \$3.65**

PEPPERONCINI, GREEK 58 days. Prolific, medium-size plants with good disease resistance. Flavorful fruits, 1 in. × 3 in., with thin walls. A classic pickling pepper, also great for eating fresh. **#46606 Pkt \$3.65**



Pimiento Arrugado

Hot Peppers



Aji Chinchi Amarillo

AJI CHINCHI AMARILLO **OG S** (C. baccatum) 59 days. (green > golden orange-yellow) [Introduced by SESE 2018.] Fruity, flavorful, with medium-high heat. A heavy yielder and a favorite in our 2016 pepper taste test. Aji Amarillo peppers are a key ingredient in Peruvian cuisine. This rare "Chinchi" strain bears smaller peppers, about 3 x 1/2 in., much earlier in the season than the standard Aji Amarillo. Thanks to Chris Watson for providing our seedstock. **#46526 Pkt \$3.90; #46526B (3 g) \$8.60**



Anaheim

ANAHEIM CHILE **OG** 77 days. (green > deep red) A versatile mild pepper used fresh, canned, fried, or dried. 6–8 in. pendant fruits are borne abundantly on tall, productive, vigorous plants. **#46501 Pkt \$3.40**

ANCHO POBLANO see Spice (Seasoning) Peppers

BALIK **OG S** (green > red) 46 days. [From Gokhan Erdinc of Istanbul, via Two Seeds in a Pod.] Sleek, crunchy peppers, about 1 in. x 3 in., generally with two lobes, similar to fish in shape. (Its name, pronounced BA-luck, means "fish" in Turkish.) Milder heat than most Jalapeños. Productive plants ~18 in. tall. **#46530 Pkt \$3.65**



Fish



Balik

CHINESE FIVE-COLOR **OG S** 70–90 days. (purple > creamy yellow > yellow > orange > red) Lovely ornamental hot pepper with a stunning palette of bright fruit colors all present at the same time. Foliage is green with purple veins and purple blush on some leaves. 48 in. tall plants bear upright conical 3/4 x 1/2 in. fruits. An arresting ornamental with hot fiery fruits. **#46517 Pkt (0.2 g) \$3.65**



Chinese Five Color

FISH PEPPER **OG S** 55 days. (green-white > green-yellow > red) [African-American heirloom from MD.] White and green mottled leaves. Most of the 2 in. long fruits have variegated colors before ripening to red. Beautiful edible landscape plant. Great heat tolerance. Very hot, used traditionally in shellfish and fish cookery. Also good for drying. **#46518 Pkt \$3.90; #46518B (3 g) \$8.60**



Gochugaru

GOCHUGARU **OG S** 60 days. (green > red) A classic Korean pepper, named for the flakes traditionally made by drying peppers in the sun followed by grinding them. High yields of 3/4 in. x 4 in. peppers, great for making kimchi and various Korean sauces. Medium heat. **#46536 Pkt. \$3.65; #46536B (3 g) \$8.60**



Trinidad Perfume

TRINIDAD PERFUME **OG S** (C. chinense) 94 days. (green > yellow) A spice pepper with lots of sweet flavor and a trace of heat. 42 in. tall, bushy plants with light green foliage. 1 x 1 1/2 in. bright yellow peppers. Widely adapted. **#46138 Pkt (0.20 g) \$3.65**



Brazilian Starfish

BRAZILIAN STARFISH **S** (Pitanga) (C. baccatum) 82 days. (green > red) Ribbed, spaceship-shaped fruits, 1 1/2–2 in. wide by half as tall, with mild heat and great fruity flavor on 3 1/2 ft plants. Open branch structure makes for easy harvest. **#46528 Pkt (0.2 g) \$3.90**



Long Red Cayenne

CAYENNE, LONG RED **OG** 72 days. (green > red) [Pre-1827.] A choice, fiery, red-hot seasoning pepper. Use fresh or dried, especially in salsa or chili. 1/2 x 3–5 in. fruits. 42 in. plants. **#46504 Pkt \$3.40; #46504B (3 g) \$7.55**



Habanero

HABANERO **OG S** (C. chinense) 95 days. (green > orange-red) [Cultivated in the Yucatan, Trinidad, and West Indies.] A very aromatic, flavorful, very hot pepper used in Caribbean curries and jerk sauces. 1 1/4 x 2 in. thin-walled fruits. Slow germinating. Requires a long warm growing season; plants eventually reach 3–4 ft. **#46506 Pkt (0.20 g) \$3.90; #46506B (3 g) \$8.60**



Ubatuba Cambuci

UBATUBA CAMBUCI **OG S** (C. baccatum) 88 days. (green > red) [Brazil] Peppers shaped like bells, each with 2–5 prominent, flattened lobes with a great, fruity flavor. Its low level of heat is appreciated in Brazil as well as in the US. Easy to dry. Cambuci peppers are named after the Cambuci fruit, which they also resemble, which in turn is named for being shaped like an indigenous style of earthen jar. This Ubatuba strain of Cambuci peppers was likely collected in Ubatuba, Brazil, by the Instituto Agronomico de Campinas. **#46603 Pkt (0.2 g) \$3.90; #46603B (3 g) \$8.60**

NEW! CHICLAYO **OG S** (C. chinense) 60 days. (light green > light orange) [Peruvian variety, pronounced cheek-lie-oh.] Heavy producer of peach-colored peppers that sometimes develop a purple blushing. One of the earliest chinese types we've grown. Fruits measure 2–3 in. x 5/8 in., on 3 ft. plants. We've especially enjoyed them pickled. Mild to medium heat. **#46540 Pkt (0.2 g) \$3.65**



Chiclayo

Hot Peppers continue on the next page.

Hot Peppers continued



Hungarian Wax

HUNGARIAN WAX **OG** (Hot Banana) 60 days. (pale green > yellow > crimson red) Long, banana-shaped, medium-hot, spicy peppers, 1½ × 6–7 in. A very reliable and productive variety adapted to the cool North as well as the Deep South. Use fresh, canned, or pickled. #46507 Pkt \$3.65



Jalapeño

JALAPEÑO **OG** 72 days. (green > red) The classic salsa chile. Medium-hot 1½ × 2½ in. thick-walled peppers usually harvested green, but can be left to mature to red, or removed from the plants to redden indoors. (A chipotle is a smoked red jalapeño.) A teaspoon of jalapeño vinegar is excellent seasoning for bean soups. Jalapeños filled with cream cheese and fried are a Southern specialty. #46508 Pkt \$3.40; #46508B (3 g) \$7.55



Jaloro

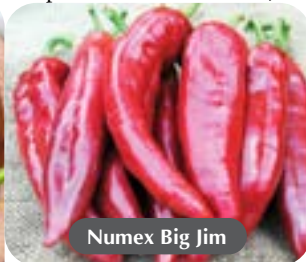
JALORO JALAPEÑO **OG** 65 days. (yellow > orange > red) [1992, Texas A&M.] Big yields of colorful yellow Jalapeño, peppers, one of the best in our 2018 jalapeño trials. 1½ × 2 in. fruits are juicy with thick walls. Medium hot fruits, milder than our regular Jalapeño. Shorter plants than our regular Jalapeño – a good container variety! – with bigger early harvests. Resistant to many diseases including TMV. #46529 Pkt \$3.90; #46529B (3 g) \$8.60

Order online at
www.SouthernExposure.com
for fastest service and largest selection.



Lombok

LOMBOK **OG** 90 days. (green > orange > red) [Heirloom from a food market in Yogyakarta, Indonesia.] An excellent hot drying pepper with great taste and rich color. Fruits measure 1 in. at the shoulder and taper to 5–6 in. long. The lower third of the fruit is without heat and may be eaten like a sweet pepper. The best of our dried hot pepper trials. 42 in. plants. #46515 Pkt \$3.65; #46515B (3 g) \$7.55



Numex Big Jim

NUMEX BIG JIM **S** 80 days. (green > red) [1975, New Mexico State U.] Large, mild, Anaheim-type peppers up to 12 in. long, on 48 in. plants. Great for stuffing. Listed by the Guinness Book of World Records as the largest hot

pepper! Good yields even under hot dry conditions. Ripe fruits hold well on the plants. #46520 Pkt \$3.90; #46520B (3 g) \$8.10

OROZCO **OG** 80 days. (green > orange) [From E. European origin, developed by John Adams.] Orange carrot-shaped peppers, 5 in. long × 1½ in. wide at the shoulders, clustered close together, appearing as though they grow in bunches. Mildly hot fruits are sweet and flavorful. 2–4 ft. plants. #46513 Pkt \$3.65



Orozco



Sally's

SALLY'S **OG** 50 days (cream > purple-tinged > yellow > orange > red) 12–18 in. plants bear lots of small ½ in. × ½ in. fruits with medium heat. One of our favorites! Short plants and bright ornamental colors make this pepper great for small gardens and container growing. #46532 Pkt (0.2 g) \$3.65

SERRANO TAMPIQUEÑO **OG** 75 days. (green > orange > red-orange) Attractive 4 ft. plants with pendant, thin-walled fruit (½ × 2¼ in.). Flavorful pepper, ideal for chili, salsa, hot pepper vinegar, and pickling. Very hot whether green or red. Dries easily. #46512 Pkt (0.20 g) \$3.65; #46512B (3 g) \$8.10



Serrano Tampiqueño



Xochiteco

XOCHITECO **OG** 55 days. (green > red) [From s. Mexico.] Ripe fruits slip easily off the plants and are juicy and very easy to mash into hot sauce. Medium heat. Delicious both green and red. Fruits vary in shape, but average ¾ in. × 1 in. Fuzzy leaves – but white flowers and calyx shape indicate that this variety is probably in the common C. annuum species, and not the rare C. pubescens species. 3 ft. plants have a tendency to lodge and make new stems from the base. Support (cages or staking) is highly recommended. #46533 Pkt \$3.65

Nematode-Resistant Hot Peppers

More great nematode-resistant peppers – see text box on p. 38 for info on nematode-resistance!

CAROLINA CAYENNE **OG** 70 days. (green > red) [1986, Clemson U. & USDA.] 2–3 times more hot than regular Cayennes! Heavy yields of 1 × 5 in. fruits, larger than most Cayenne peppers. Excellent nematode resistance. 3 ft. plants. #46521 Pkt \$3.90; #46521B (3 g) \$8.60



Carolina Cayenne

CHARLESTON HOT **OG** 72 days. (green > yellow > orange > red) [1993, Charleston/USDA.] Almost as hot as Habaneros! Flavorful ½ × 5 in. fruits; a favorite for hot sauce in the Carolinas. Colorful fruits and the unusual yellow leaves make this an interesting ornamental. Very good nematode resistance. 30–36 in. plants. #46522 Pkt \$3.90; #46522B (3 g) \$8.60



Charleston Hot

Potatoes page 83;
Sweet Potatoes page 84.

Radishes *Raphanus sativus*

Culture: Sow seed in spring as soon as the soil can be worked. Successive sowings can be made through May, and again in late summer. Hot, dry weather hastens bolting and causes the roots to become strong-flavored and woody. Sow seeds $\frac{3}{4}$ in. apart, $\frac{1}{2}$ in. deep in rows 8–12 in. apart and thin to $1\frac{1}{2}$ in. apart. Maintain adequate soil moisture. **Harvest:** Harvest salad-type radishes when small, when roots are about the same diameter as a quarter.

Storage: Store in plastic bags or containers in the refrigerator. **Seed Savers:** Isolate a minimum of $\frac{1}{8}$ mile for home use. For pure seed isolate from wild and cultivated radishes by a minimum of $\frac{1}{4}$ to $\frac{1}{2}$ mile. **Packet:** for salad-type radishes, 7 g (about 625 seeds), sows 35 ft.

CHERRY BELLE OG 24 days. [1949, AAS winner.] Round roots, bright red skin, and firm white flesh. Somewhat less susceptible to developing pithiness compared to other varieties. Our sweetest spring radish. #28103 Pkt \$3.65; #28103E (28 g) \$7.55



Cherry Belle

EASTER EGG OG 24 days. Colorful mix of purple, red, and white round radishes. Longer harvesting period thanks to the variety of types. #28951 Pkt \$3.40; #28951E (28 g) \$7.55



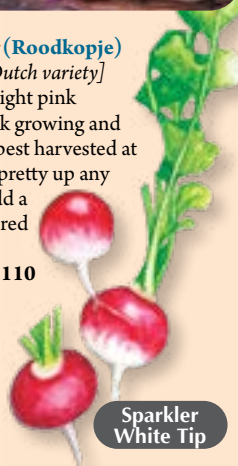
Easter Egg

RED HEAD (Roodkopje) 25–30 days. [Dutch variety] Ivory white/bright pink globes are quick growing and mild flavored, best harvested at 1 in. They will pretty up any party tray or add a little mild flavored crunch to your lunch box. #28110 Pkt \$3.40



Red Head

SPARKLER WHITE TIP OG 24 days. Bicolored globes, bright scarlet on the upper portion, and white on the lower third. Medium tops and sweet, white flesh. #28108 Pkt \$3.40



Sparkler White Tip

WHITE ICICLE OG (Lady Finger) 29 days. [Pre-1865.] Mild-flavored, white, carrot-shaped roots up to 4–5 in. long. Best harvested small, but remains milder than other varieties when harvested large. Stands heat well. One of our favorites. Gardeners growing this for the first time are often pleasantly surprised by this good variety. #28106 Pkt \$3.40; #28106E (28 g) \$7.55



White Icicle



Black Spanish Round



Miyashige White Daikon

MISATO ROSE OG 60 days. Our favorite fall radish. Green and white skin, rose and white flesh. Beautiful when sliced or grated for salads. Round roots up to 5 in. Very forgiving crop – unlike many radishes, this one will still bulb properly even if crowded or thinned late. #28109 Pkt \$3.90



Misato Rose

Winter Storage Radishes

Culture: Sow 5–10 weeks before first fall frost. Thin to wider spacing (4–6 in. apart) than regular radishes. Harvest before temperatures drop below 20°F. Trimmed roots can store 2–3 months in the refrigerator or root cellar. These radishes are daylength-sensitive and should not be sown in spring. **Packet:** 4 g (about 300 seeds), sows 20 ft.

BLACK SPANISH ROUND OG 53 days. [Pre-1824.] Round roots grows 3–4 in. or larger in diameter. Firm, white flesh and thin, nearly-black skin. Very hardy, an excellent winter keeper. Flesh is crisp and pungent. #28102 Pkt \$3.40

DAIKON, MIYASHIGE WHITE OG (Raphanus sativus var. longipinnatu) 65 days. [Originating from Asia, daikon (pronounced “dye-con”) is the Japanese word for radish.] Juicy and flavorful, can be used fresh in salads, cooked in vegetable dishes, pickled, used in kimchi, or grated and mixed with ginger and soy sauce to make a dip. Usually harvested when 12 in. long and 2–3 in. in diameter, though it will grow much larger! #28201 Pkt \$3.90; #28201E (28 g) \$12.25

Rhubarb

Rheum rhabarbarum

Culture: Rhubarb grows well in the Mid-Atlantic. In the South, rhubarb can be grown in partial shade (ideally on north-facing slopes). Losing up to 25% of plants over the course of a Southern summer is normal; to fill in gaps, divide up and replant roots in the fall/winter, or plant new seedlings in the spring. Deep South summers are too hot for growing rhubarb. Rhubarb prefers a soil pH of 6.2–6.8 and good levels of phosphorus, potassium, and organic matter; avoid planting in very sandy soils. Plant 2–3 ft. apart in rows 3–5 ft. apart. Mulch plants and regularly irrigate them during the summer. Break off any flowering stalks back to the ground so that the plant’s energy goes into producing stems. **Harvesting:** Rhubarb leaves are poisonous – only the stems are edible. Wait until the second year to harvest stems from plants started from seed. Mature plants can be harvested twice a week for 6–8 weeks in the spring. Harvest $\frac{1}{3}$ – $\frac{1}{2}$ of the stems, leaving at least 5 stems still growing. Harvest stems by pulling and twisting at the same time. Can also be harvested lightly in the fall, or heavily right before first fall frost (the tops die back after frost, so help yourself before the stems will die off anyway). **Packet:** 0.60 g (about 45 seeds)



Victoria

Salsify

Tragopogon porrifolius



Sandwich Island Mammoth

SANDWICH ISLAND MAMMOTH 120 days. [Pre-1900.] Easy-to-grow roots, 1– $1\frac{1}{2}$ in. wide by 8 in. long. Sow in spring, seeds 1 in. apart, in rows 12–18 in. apart, thinning to 3–4 in. apart. Roots have an oyster-like flavor (some say scallop-like or artichoke-like). Best harvested after frost, roots keep well in ground. Use stewed, baked, or in a cream sauce. Shoots, buds, and young leaves can also be eaten. #63101 Pkt (3 g, ~185 seeds) \$3.40



VICTORIA [1837, English variety named for Queen Victoria; popular variety still widely grown commercially.] 30–36 in. red-green stems, select plants for the largest and thickest stems. #34101 Pkt \$4.25

Squash, Zucchini, & Pumpkins

Cucurbita spp.

Culture: Culture of squash and pumpkins is similar to that of cantaloupe and cucumber, which are also members of the squash family. Squash and pumpkins require warm days and warm nights to mature properly. Sow seeds ½ to 1 in. deep. Bush varieties should be spaced 18–30 in. apart in rows 4 ft. apart, or 6–8 seeds per hill, in hills 4 ft. apart. Vining varieties are planted in rows or hills 6–8 ft. apart. Keep soil moisture high by mulching. **Seed Watering Notes:** See Cucumbers section. **Transplanting Notes:** See Cucumbers section. **Fruit Set:** Flowers may not set fruit in exceptionally hot weather. Plant out winter squash early enough so that fruit will already be forming when high heat arrives. **Harvesting Summer Squash:** Harvest crooknecks and zucchini when 6–8 in. long. Zucchini will grow large enough to become “attack zucchinis” if you don’t keep them harvested. Yellow squash are the easiest to find when harvesting! **Harvesting Winter Squash:** Winter squash is ready for harvest when the rind loses its shiny luster, becomes duller, can no longer be dented by a fingernail, and when stems have dried. Harvest by cutting stems 1 in. above the fruit (leave stems on, squash will store better). Do not allow fruits to become frosted. Store at 45–60°F and maintain good air circulation. **Culinary:** All squash seeds can be eaten. **Diseases:** Squash is affected by downy and powdery mildew, and bacterial wilt. (See Cucumbers section.) To prevent blossom-end rot, maintain an even supply of moisture. **Insect Pests:** See Cucumber section for notes on cucumber beetles. For vine borers, mix charcoal into soil just before planting to reduce their numbers. For small varieties another strategy is to pinch growing tip(s) when vines are 1–2 ft. long. This creates multiple vines, increasing odds of escaping borer damage. Use pyrethrum or sabadilla to control cucumber beetles and squash bugs. Destroy eggs of squash bug by hand, or deposit eggs in a jar of soapy water. To trap squash bugs, place boards around base of plants. Squash bugs will hide under the boards at night and can be collected in the morning. Vine borers can be cut out of stems by making a cut along the length of the stem and removing larvae of the borers. Keeping plants under row cover until flowering extends plant survival. For non-resistant varieties of squash a succession of plantings may be required. Use resistant varieties, like Tromboncino, where possible, or substitute edible gourds. **Seed Savers:** There are 4 species of pumpkins and squash. Species is listed in parentheses beside the name of each variety. Crossing occurs easily within a species and rarely between species. Isolate varieties of the same species by a minimum of ¼ mile if you save seed for home use. Pure seed requires hand pollination or a minimum isolation of ¼ to 1 mile, depending on planting size. **Summer Squash Packet:** 2–5 g (about 25–56 seeds, average 33 seeds) **Winter Squash Packet:** 2–6 g (about 13–49 seeds, average 28 seeds)

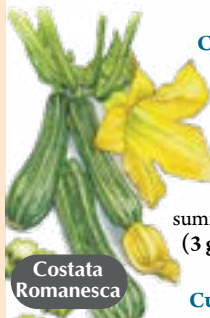
Summer Squash & Zucchini

BENNING’S GREEN TINT **OG**   (*C. pepo*) 52 days. [~1914.] One of the most beautiful and hardy varieties of Patty Pan squash. Saucer-shaped fruits with scalloped edges and pale-green, fine-textured flesh of good flavor. Harvest when small. #53115 Pkt (4 g, ~42 seeds) \$3.40



COCOZELLE ITALIAN **OG**   (*C. pepo*) 59 days. [Pre-1934.] This Italian zucchini is long and cylindrical. Young fruits are dark green with light-green stripes and the flesh is greenish-white and firm. Fruits grow 10–12 in. long and become yellow when mature, but best quality when harvested at 6–8 in. long. #53116 Pkt (3 g, ~33 seeds) \$3.65





Cocozelle Italian



Costata Romanesca



COSTATA ROMANESCA **OG S**   (*C. pepo*) 62 days. This Italian heirloom zucchini is favored for flavor. Fruits remain tender even at 18 in.; best picked at 12 in. Heavily ribbed fruits are striped with alternating light and dark green shades. Hardy vines grow larger than other summer squash. #53120 Pkt (3 g, ~19 seeds) \$3.65

CUCUZZI – see Culinary Gourds, p. 20.

EARLY GOLDEN SUMMER CROOKNECK **OG S**   (*Early Yellow Summer Crookneck, Dwarf Summer Crookneck*) (*C. pepo*) 50 days. [Native American variety dating to before European contact. It was commonly grown in Appalachia.] Picked at 5–6 in., the fruit is a bright golden yellow with a curved neck, creamy white flesh, and excellent flavor. #53121 Pkt (2 g, ~34 seeds) \$3.90





Early Golden Summer Crookneck

EARLY PROLIFIC STRAIGHTNECK **OG**   (*C. pepo*) 48 days. [1938, AAS winner.] Straight, lemon-yellow, slightly club-shaped fruits. Harvest small, when 3–7 in. long. Quality of the flesh is excellent. Plants are very vigorous, hardy, and productive. #53101 Pkt (4 g, ~54 seeds) \$3.40; #53101E (28 g) \$7.55





Early Prolific Straightneck

EARLY WHITE BUSH SCALLOP **OG S**   (*White Patty Pan*) (*C. pepo*) 54 days. [Pre-1722.] White-fleshed fruits are whitish-green ripening to white. Fruits average 6–7 in. in diameter by 3 in. tall. Very productive. #53103 Pkt (2 g, ~27 seeds) \$3.65

GOLDEN BUSH SCALLOP **OG S**   (*C. pepo*) 68 days. Golden-yellow, plump, Patty-Pan fruits on space-saving bush plants. Prolific and hardy, the plants bear continuously over a long season. Downy mildew resistant. Harvest fruits when 4–5 in. across. Use boiled, fried or stir-fried. Matures 2 weeks later than other varieties, but flavor is superior. #53104 Pkt (~25 seeds) \$3.90; #53104E (28 g) \$13.30



Golden Bush Scallop

KARS EGG S   (*Kars Yumurtasi*) 48 days. (*C. pepo*) [Kars province of NE Turkey.] Fruits about the size and shape of a chicken egg, firmer and more flavorful than most summer squash, yet still mild. Vining plants. We usually cut them in half for cooking. Also good for grating raw into salads. If left to mature past the summer squash stage on the plants, the fruits become gourd-like, with tan shells, and would be good to use as Easter eggs. Thanks to Mehmet Oztan of Two Seeds in a Pod for our seedstock. #53126 Pkt (1 g, ~27 seeds) \$3.40



Kars Egg

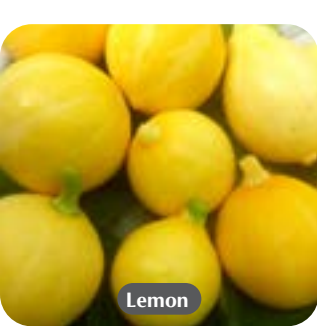
Squash Species Guide (Summer Squash, Zucchini, Winter Squash & Pumpkins)

Cucurbita pepo Most zucchini and summer squash are of this species. Winter squash varieties do not store well and are best eaten within a few months of harvest, but also need less time curing to sweeten up. Best planted in monthly successions throughout the summer due to vine borer susceptibility. If you have trouble growing these squash, try luffa gourds or Tromboncino summer squash as a substitute for zucchini.

C. maxima Often quite large-growing, this species generally keeps well in storage, from a few months to a year or more, depending on the variety. Fine-textured flesh and very good flavor. May be tender and sensitive to wilt, as well as vine borers and other insect pests. These are a good choice where nights are cool.

C. moschata Excellent keepers, with flavorful, sweet flesh that is often fragrant. Well-suited for pies and cakes, though they are often just baked or boiled. Good resistance to vine borers and cucumber beetles once the plants are beyond the seedling stage. During the growing season, these plants need night temperatures above 60°F to grow well.

C. mixta (*C. argyrosperma*) A traditional Southern crop, though their popularity has diminished. The somewhat coarse flesh is typically not as sweet as maximas and moschatas, though it is well-suited to savory dishes or may be sweetened. Many are grown for the large, flavorful seeds, perfect for roasting. Like moschatas, they have good resistance to vine borers and cucumber beetles. Excellent drought tolerance.



Lemon

LEMON SQUASH S
☀️ ⌘ (C. pepo) 50 days. Bright yellow fruits look like lemons! Very prolific. Delicious when eaten young while the skin is tender and the seeds are small. Tasty and attractive for farmers markets as well as the home garden. Some

fruit shape variability. Good pest resistance: plants are more likely to outlast the bugs and sprawl a bit. #53124 Pkt (3 g, ~41 seeds) \$3.65



Tromboncino

TROMBONCINO ☀️ ⌘ (C. moschata) 60 days. [Italian heirloom.] Light green fruits grow long, curving to a bell at one end. Vining plants can be grown on a trellis. Harvest at 8–10 in. long when the flavor is fine and sweet. Vigorous moschata plants can bear all season in areas where insects are a problem for other summer squash. If left to mature, skin will ripen to tan like a butternut squash. Grower Richard Moyer notes that the male squash blossoms sell well at market! #53607 Pkt (2.5 g, ~24 seeds) \$3.65

YELLOW CROOKNECK ☀️ ⌘ (C. pepo) 55 days. [~1700.] Yellow, bulb-shaped fruit with a narrow, curved neck. Skin becomes bumpy and warted on large fruits. Best eaten when fruits are no longer than 6 in. A consistently popular variety. #53102 Pkt (4 g, ~56 seeds) \$3.40; #53102E (28 g) \$6.80



Yellow Crookneck

ZAPALLO DEL TRONCO ☀️ S 53 days. (C. maxima) Rare Argentinian maxima-type summer squash. Light green fruits have a uniquely sweet, rich texture. Harvest smooth, round fruits at 2–4 in. Squash bugs and squash vine borers make it hard to mature maxima winter squash in the Southeast, but with this one, we at least get to enjoy some great summer squash for a while! #53308 Pkt (5 g, ~29 seeds) \$3.65; #53308E (28 g) \$10.15



Zapallo del Tronco



Black Beauty

ZUCCHINI, BLACK BEAUTY ☀️ OG (C. pepo) 48 days. [1957, AAS winner.] Fruits are dark green, turning black green as fruit matures. Plants are semi-spineless, semi-upright, with an open growth habit. Flesh is white with small seed cavity. Freezes well. Note: Our observations over several seasons indicate that Black Beauty attracts squash bugs much more than other varieties and we have used it successfully as a trap plant for hand-picking squash bugs. #53105 Pkt (4 g, ~29 seeds) \$3.40

ZUCCHINI, DARK GREEN ☀️ OG (C. pepo) 50 days. Mottled dark green fruits with pale green flesh. A vigorous, productive bush variety with early concentrated yields. #53106 Pkt (4 g, ~28 seeds) \$3.40

ZUCCHINI, DARK STAR ☀️ OG S (C. pepo) [From a farm-breeding collaboration between Eel River Farms and the Organic Seed Alliance that started in 2006.] Abundant quantities of slender, shiny dark green fruits on large, drought-tolerant, disease-resistant plants with an open habit and smooth leaves that make harvesting easier. Pick daily and succession plant for a longer season and best yields. Although this variety was bred for dry farming in the Southwest, many market farmers here in the Southeast praise Dark Star as an outstanding new OP zucchini. #53125 Pkt (3 g, ~25 seeds) \$3.65



Dark Star

Winter Squash

Growing instructions on previous page.

Bush Varieties



Burpee's Butterbush

BURPEE'S BUTTERBUSH ☀️ OG S (C. moschata) 86 days. [1978.] Earlier and smaller than Waltham Butternut, but even better tasting. A space-saving variety for small gardens: most plants are bush-like, some have short runners. 1½ lb. fruits with sweet orange flesh, average 3–6 fruits per plant. (Not downy mildew resistant in summer 2013.) #53615 Pkt (2 g, ~29 seeds) \$3.90; #53615E (28 g) \$13.30

TABLE QUEEN BUSH OG (Acorn) (C. pepo) 80 days. [1948.] Space-saving version of Table Queen. Averages 5 fruits per plant. #53108 Pkt (2 g, ~24 seeds) \$3.40



Table Queen Bush

Vining Varieties

BUTTERCUP, BURGESS OG ⌘ (C. maxima) 100 days. [1932.] This Burgess strain of Buttercup is noted for its thick, fine-grained flesh and excellent flavor. Fruits are flattened turbans, approximately 4½ × 6½ in., weighing 4–5 lbs. Rinds are dark green with slight ribs and a "button" on the blossom end. #53301 Pkt (5 g, ~29 seeds) \$3.40



Burgess Buttercup



Candy Roaster Melon

CANDY ROASTER MELON OG S ☀️ ⌘ (C. maxima) 112 days. [Appalachian heirloom from western NC.] 6–30 lb. squash with great flavor. Pinkish-orange fruits with some blue-green color. Ribbed pumpkin shape, big vines. #53302 Pkt (5 g, ~18 seeds) \$4.15; #53302E (28 g) \$13.30



Candystick Dessert Delicata

DELICATA, CANDYSTICK DESSERT OG S (C. pepo) 98 days. [Bred by Carol Deppe and Nate France.] Larger and sweeter than other delicatas, 2–3 lb. fruits have orange-tan skin with green stripes. Very sweet, dry flesh, bred to be a squash that you can serve up for dessert, with flavor "reminiscent of Medjool dates!" #53123 Pkt (2 g, ~31 seeds) \$3.65; #53123E (28 g) \$13.30

DELICATA ZEPPELIN OG S (C. pepo) 97 days. [Frank Morton] One of the sweetest winter squashes we offer. Cream-colored skin has dark-green stripes. 2 lb oblong fruits, 10 × 3 in. Semi-bush vines yield up to 8 fruits per plant. #53117 Pkt (2 g, ~32 seeds) \$3.65

open source seed initiative



Delicata Zeppelin

Winter Squash continues on the next page.

Winter Squash continued

 OPEN SOURCE
seed initiative

GREEN-STRIPED CUSHAW  (Striped)

Crookneck *C. argyrosperma*) 110 days. [Pre-1893, possibly pre-1860. Cushaws came from the West Indies, earlier than 1700.]


This bulb-shaped squash is a reliable producer and the most popular of its class. Large, vigorous vines are resistant to squash vine borer and downy mildew.

Green-Striped Cushaw

Fruits average 10–12 lbs, about 18 in. long, and 10 in. wide at the bowl. Not a good keeper. Whitish-green skin with mottled green stripes. Thick, light yellow flesh is slightly sweet and medium-coarse. Fine for pies and baking. The mashed squash is great when fried with savory herbs. **#53501 Pkt (4 g, ~18 seeds) \$3.90**




Illinois

ILLINOIS  *(C. argyrosperma)* 95 days. [Grown in s. Illinois since at least the 1830s, including by friends of Abraham Lincoln's parents.] Long white 15–30 lb. fruits with large curved necks and some green mottled striping. Light yellow flesh has mild, pleasant flavor. Earlier and better keeping than Green-Striped Cushaw. **#53503 Pkt (4 g, ~16 seeds) \$3.65**



Mrs. Amerson's

MRS. AMERSON'S  *(C. moschata)* 110 days. 5–9 lb. squash with great flavor, bakes quickly despite its size. Tan skin, orange flesh. Two different shapes make up the variety: one slightly bell-shaped, the other flatter. Favorite of our 2009 heirloom moschata trials. **#53612 Pkt (3 g, ~28 seeds) \$3.65**



North Georgia Candy Roaster

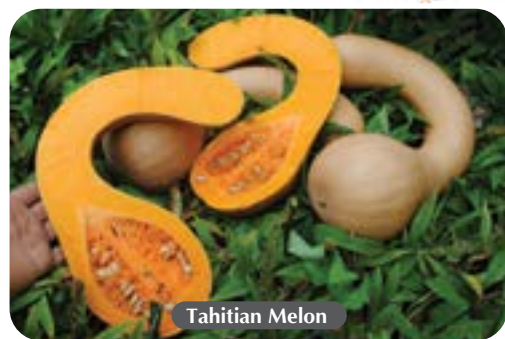
NORTH GEORGIA CANDY ROASTER  *(C. maxima)* 100 days. [Early 1900s Appalachian Thanksgiving feasts included "candy roaster pie" instead of pumpkin pie.] Banana-shaped fruits are up to 18 in. long and 6 in. wide, pink with blue tips. Smooth, delicious orange flesh. Stores well. **#53304 Pkt (5 g, ~17 seeds) \$4.15**

SOUTH ANNA BUTTERNUT  *(C. moschata)* 100 days. A new Downy Mildew resistant butternut developed by Edmund Frost of Common Wealth Seed Growers. Stemming from a 2011 cross between Seminole Pumpkin and Waltham Butternut, the final stages of selection are ongoing. Expect excellent DM resistance, productivity and keeping quality, as well as rich sweet flavor. Immature fruits are mostly dark green. These ones take longer to turn fully tan, but when they do you can be sure that they are ripe. South Anna will avoid the crop failure that can occur in years when DM comes early, and provide higher, better quality yields in years with average DM pressure. Can be planted late, allowing for later harvests that will keep better into the winter and spring. **#53621 Pkt (3 g, ~23 seeds) \$4.15; #53621D (14 g) \$12.25**




South Anna Butternut

SPAGHETTI SQUASH  *(Vegetable Spaghetti) (C. pepo)* 90 days. 9 in. pale yellow fruits. Keeps well. Pale flesh breaks up into spaghetti-like strands when cooked – boil fruit for 20–30 minutes and remove flesh with a fork. Tasty flesh may be used like spaghetti, topped with your favorite sauce – a good low-carb option! **#53110 Pkt (4 g, ~25 seeds) \$3.40**





Tahitian Melon

TAHITIANT MELON  *(C. moschata)* 120 days. Long-necked butternut type has one of the highest sugar contents of any winter squash. The sweet, fine-textured neck flesh is excellent for pies and soups. Large (10–20 lb) fruits keep well for 9+ months. **#53613 Pkt (3 g, ~27 seeds) \$3.65**




Thelma Sanders' Sweet Potato

THELMA SANDERS' SWEET POTATO  *(C. pepo)* 96 days. [Family heirloom from Thelma Sanders in Adair County, MO. Introduced 1988 by SESE.] Acorn-type squash up to 6 in. long. Ripens from cream to light gold. Lighter squash color helps prevent sunscald in Deep South. Thick, golden yellow flesh with fine texture and superb flavor. Sweetens in storage. Great vigor in VABF's 2009 squash trials. **#53111 (2 g, ~34 seeds) \$3.65**

WALTHAM BUTTERNUT  *(C. moschata)* 95 days. [1970, AAS winner.] Very vigorous and dependable. Fruits average 8–9 in. long, 3–4 lbs, and have buff-colored skin, and fine-textured, sweet, orange flesh. Can be harvested when small and used like a summer squash. Excellent resistance to vine borers. Stores very well. **#53601 Pkt (4 g, ~49 seeds) \$3.40; #53601E (28 g) \$7.55**



Waltham Butternut

WALTHAM BUTTERNUT, VIRGINIA SELECT  *(C. moschata)* 95 days. [Introduced 2008 by SESE.] Virginia grower Barbara Kling started this selection back in the '70s, and her son Carl continues the work, selecting for shorter necks and for squash that can keep up to a year! One of the best performers in Twin Oaks Seeds' 2012 butternut trials. **#53608 Pkt (3 g, ~34 seeds) \$3.65**



Waltham Butternut, Virginia Select

XIYE BUTTERNUT  *(C. moschata)* 110 days. [Bred by Care of the Earth Community Farm in Corryton, Tennessee, from a cross between San Jose Mountain Club Squash (from Costa Rica) and Waltham Butternut. Named in honor of climate activist Xiye Bastida.] Great-tasting squash bred specifically for resistance to downy mildew and to tolerate variable and unpredictable climatic conditions. Plants are fully vining and very productive. Squash is sweet and nutty and has a caramel or butterscotch flavor when roasted. Exterior color is an especially deep tan. Selection is ongoing for butternut shape, size (selecting for 4 lb. size), smaller seed cavity, dry matter content, flavor, and ability to store at least 3 months. Currently in its 7th generation, expect a bit of variability for all characteristics. **#53623 Pkt (3 g, ~30 seeds) \$4.15**



Xiye Butternut

Sweet Potatoes pg. 84.

Pumpkins

Pumpkin is the word used to describe a pumpkin-shaped squash, but there are many colors, sizes, and types of pumpkins in the different squash species. Generally, Halloween pumpkins for carving are pepo types. The best-flavored pumpkins are maxima and moschata types. The most bug-resistant pumpkins are moschata types.

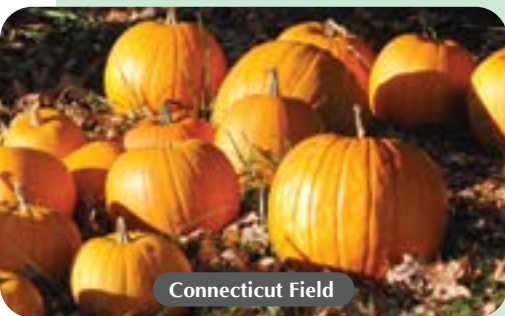


Big Max

BIG MAX OG

(*C. maxima*) 115 days. Extra large pumpkin often grown for county fairs and Hallowe'en. Weighs up to 100

lbs. or more when well grown. Bright orange fruits with orange flesh good for pies. #53303 Pkt (6 g, ~22 seeds) \$3.40



Connecticut Field

CONNECTICUT FIELD OG S (Big Tom, Yankee Cow Pumpkin) (*C. pepo*) 110 days.

[Pre-1700 cultivar of Native American origin.] Still the most popular variety of large Hallowe'en pumpkins. 15–20 lbs fruits are bright orange, slightly ribbed, and vary in shape and size. Good for canning, baking, and pies. #53113 Pkt (4 g, ~20 seeds) \$3.40



Magic Cushaw

MAGIC CUSHAW OG S

(*C. moschata*) 110 days. [Found in a s. GA swamp, grown for 10 years now by Rag & Frass Farm and The Little Farm. Introduced 2022 by SESE.] "We named it Magic Cushaw because it is so good and always pulls through, resistant to most everything,

and now it is the only winter squash we grow," writes grower Julia Asherman. An amazing mix of shapes and sizes – round and oval and cheese-type pumpkins, plus long-necked ones, 5–30 lbs, mostly beige and tan, some green. Bright orange flesh, sweet with good flavor, tender skin. For smaller squash, plant closer together (~1 ft. in row); for larger squash, plant further apart (~2 ft. in row). Stores well. #53622 Pkt (3 g) \$4.15



Rouge Vif d'Étampes

ROUGE VIF D'ÉTAMPES OG S

(*Cinderella*) (*C. maxima*) 120 days. [First available in the US in 1883. "Rouge Vif" is French for "deep red."] Beautiful, rich orange pumpkin with deep ribs and a flattened shape.

Good for pies. 12–35 lb fruits. #53305 Pkt (5 g, ~18 seeds) \$3.40

SEMINOLE OG S

(*C. moschata*) 95 days. [Cultivated in Florida by the Native Americans in the 1500s.] Keeps up to 1 year at room temperature! Small fruits are sweeter than Butternut and have firm, deep-orange flesh. Large vines bear bell-shaped buff-colored fruits averaging 6 in. in diameter. Resistant to vine borers. Excellent downy mildew resistance; a good choice for hot, humid, disease-prone areas. Give it ample water and room to roam. Also good as a summer squash when picked young. #53604 Pkt (3 g, ~28 seeds) \$3.90 Seed grown and stewarded by Living Energy Farm in Louisa, VA.



Seminole



Larger-Fruited Seminole

SEMINOLE, LARGER FRUITED OG S (C. moschata)

95 days. [Strain selected by NC grower Dan Zipple. Introduced 2014 by SESE.] An interesting strain of Seminole, with fruits up to 8–9 lbs., along with Seminole's usual vigor. Alabama grower Tim Fields measured a vine up to 36 ft. long! #53610 Pkt (3 g, ~31 seeds) \$3.65



Small Sugar

SMALL SUGAR OG S (New England Pie, Sugar Pumpkin) (*C. pepo*) 100 days. [Pre-1860.] A traditional favorite of home gardeners. Sweet dry flesh is high in solids and low in stringiness. Round orange fruits weigh 6–8 lbs. #53114 Pkt (4 g, ~34 seeds) \$3.40; #53114E (28 g) \$7.55



Tan Cheese

BACK! TAN CHEESE S (*C. moschata*) 110 days. [Pre-1824, one of the oldest varieties cultivated.] Cheese pumpkins are hardy, productive, and superior to most field pumpkins. Smooth, tan skin, moderately deep ribs, and deep orange sweet flesh. Good keepers. 8 in. high fruits weigh 6–12 lbs. #53605 Pkt (4 g, ~23 seeds) \$3.65

THAI KANG KOB OG S

(*C. moschata*) 110 days. [Thai variety.] High yields of flattened, ribbed 6–8 lb. fruits turning from green to tan in storage. Thin, edible skins make peeling unnecessary. Appealing flavor, stronger than most moschata squash. Excellent Downy Mildew resistance. One of the best in our 2013 moschata trials. #53617 Pkt (3 g, ~29 seeds) \$3.90



Thai Kang Kob

Order online at

www.SouthernExposure.com

for fastest service and largest selection.



Winter Luxury Pie

WINTER LUXURY PIE OG S (*C. pepo*) 100 days. [1893, improved and popularized by Gill Brothers Seeds by 1917.] Deep orange and slightly netted with sweet, tender flesh. Fruits are 6½ in. tall, 8 in. wide, average 6½ lbs. In *The Compleat Squash*, author Amy Goldman says, "Winter Luxury Pie makes the smoothest and most velvety pumpkin pie I've ever had." #53152 Pkt (4 g, ~34 seeds) \$3.65

Tomatoes

Solanum lycopersicum

Culture: Sow seeds 6 weeks before the last frost date for your area. Plant seed ¼ in. deep in shallow flats and maintain soil temperature in the range of 75–85°F for good germination. When the seedlings have produced several leaves, transplant to 3 in. pots to promote root growth. After transplanting, keep seedlings at a lower temperature at night, 50–60°F, to promote earlier flowering in some varieties. Day temperatures should rise to 75–85°F to promote rapid growth. Expose plants to light and air currents to harden the plants and to encourage stockiness. Water sparingly, but do not allow the growth to be checked. Fertilize with complete, soluble fertilizer or fish emulsion if leaves become yellow and/or purple. Keep phosphorous levels high. Too much nitrogen will delay fruiting. For transplanting to the garden, average soil temperature should be 60–65°F.

Spacing: Staked plants should be spaced 24 in. apart. Caged plants should be spaced 36–48 in. apart in rows 60 in. apart. **Diseases:** Plant disease-resistant varieties for a sustained harvest. Leaf blight diseases such as early blight and alternaria begin to appear about mid-July, and plants are more susceptible once fruit production begins. To reduce disease problems, use resistant or tolerant varieties and rotate tomatoes to different parts of the garden each year, using a 4-year rotation. Mulching and caging/staking plants helps prevent disease. Fusarium wilt (race 1), a disease caused by a soil fungus, is common in the Mid-Atlantic region during mid- to late-season. Fusarium races 1 and 2 are present in southern regions. Where Fusarium wilt is present a 6-year rotation or use of resistant varieties is recommended. Do not plant eggplants, peppers, or potatoes in wilt-infested soil during the rotation period. Avoid planting tomatoes near walnut trees to avoid “walnut wilt.” Early blight and anthracnose are common in the Mid-Atlantic region, and are favored by hot, humid conditions. Late blight is more common in inland regions at higher elevations, especially during the spring and fall. Blossom-end rot is prevented by ensuring an adequate level of soil calcium and steady moisture. **Pests:** Tomatoes planted in healthy soil will generally have few severe pest problems.

Foliage: Many heirlooms are “potato-leaved” – their leaves look like those of potatoes. Some folks think these larger leaves improve fruit flavor and aide pest control. **Flavor:** Type of fertilizer used has an effect on flavor. Highly flavored tomatoes are sometimes subject to “off flavors” under certain growing conditions. Avoid placing freshly harvested tomatoes in the refrigerator because refrigeration will destroy much of the delicate flavor. Tomatoes are best stored at a temperature above 50°F. **Seed Savers:** Isolate varieties of *L. lycopersicon* by a minimum of 35 ft. for home use and 75–150 ft. for pure seed. Isolate varieties of *L. pimpinellifolium* from all other tomatoes by a minimum of 150 ft. **Maturation:** Days to maturity are the number of days after transplanting. **Packet:** Seed size varies considerably. 0.16 g unless otherwise stated (about 40–83 seeds, depending on variety, average 64 seeds) sows 100 ft. Seeds/oz: 7,000–15,000 seeds/oz (average 11,500) sows 1½–2½ acres of transplants at 24 in. spacing in rows 60 in. apart.

Determinate vs. Indeterminate: Determinate varieties are short-vined plants that may not need staking, though yields will be much better if plants are staked. Indeterminate varieties are long-vined plants that bear fruit continuously. These varieties should be caged or staked. Some varieties are semi-determinate. **Mulching:** Too much mulch on the soil in the spring may delay growth by preventing soil temperature from rising enough to support active root growth. In June, apply a deep mulch around plants to conserve moisture, prevent disease, and increase yield. **Yield:** Too much nitrogen after transplanting will delay flowering. High levels of phosphorus are necessary to produce good yields. Pruning and staking increase early fruiting at the expense of yield. Indeterminate varieties may be pruned if necessary. Pruning of determinate varieties should be kept to a minimum. For largest yields, cages 2½ ft. wide by 5 ft. tall are recommended for indeterminate varieties.

Dwarf Tomatoes

The Dwarf Tomato Project is an international group of tomato enthusiasts devoted to breeding short tomato varieties with great flavor.

DWARF EMERALD

GIANT S 77 days. (Dwarf Indeterminate)

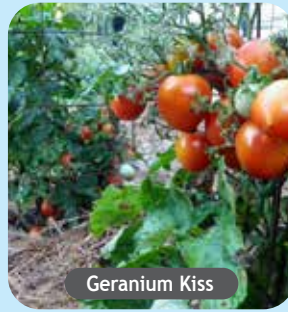
[2011, Dwarf Tomato Project.] Tasty, bright green fruits, 6-16 oz; some fruits have a pink blushing on the bottom when ripe. (If unsure, feel the fruits – ripe ones will be soft!) One of the tastiest and most disease-resistant dwarfs in Craig LeHoullier’s 2015 trials. 2-4 ft. tall plants, rugose foliage. #49256 Pkt \$3.65



GERANIUM

KISS S 68 days. (Dwarf Indeterminate)

[Alan Kapuler] Massive clusters of ½–4 oz. red fruits with pointed blossom ends borne high on stocky 1½-4 ft. plants. A great container variety. Late Blight resistant. #49259 Pkt (0.08 g) \$3.65



Geranium Kiss

ROSELLA PURPLE

S 65 days. (Dwarf Indeterminate)

[Dwarf Tomato Project.] Similar to Cherokee Purple for great flavor and 6–10 oz. deep-purple fruits, but on shorter plants suitable for container gardening. Productive 36 in. plants need some staking to keep upright and to prevent sunscald. Fruits have few seeds. Rugose foliage. #49250 Pkt (0.08 g) \$4.15



Rosella Purple

SUMMER SWEET GOLD

OG S 79 days. (Dwarf Indeterminate)

[2015, Dwarf Tomato Project.] When we visited Craig LeHoullier’s dwarf tomato trials in 2015, this was one of our favorites for taste and plant vigor. Medium to large yellow flattened fruits, great flavor. Rugose foliage. #49257 Pkt \$3.65



Red Tomatoes

ABRAHAM LINCOLN OG S

70 days. (Indeterminate)

[The original Abraham Lincoln was a late-maturing variety introduced about 1923. This early season selection (circa 1975) ripens

10-12 days earlier, has smaller fruit, and does not have the bronze-green foliage characteristic of the original.] Flavor is slightly acidic and distinctive. Plants have excellent resistance to foliage disease - highly recommended where foliage disease is a problem. Medium-sized, red fruits are very uniform. #49101 Pkt \$3.90; #49101A \$8.60



Abraham Lincoln

ATKINSON OG

S 70 days. (Indeterminate)

(fw1,rkn,gl) [Introduced 1966 for hot humid areas by Alabama’s Auburn U.]

An excellent producer of 6–10 oz flattened globular red fruit on vigorous plants with heavy foliage. Medium fruits keep well, meaty with good color and flavor. #49212 Pkt \$3.65



Atkinson

BRANDYWINE OTV See OTV Brandywine.





Costoluto Fiorentino

COSTOLUTO FIORENTINO S 83 days (Indeterminate)



[Italian heirloom from the Tuscany region.] One of the most heat tolerant and productive varieties in a 2011 U. of Georgia trial. Also did well in Virginia in 2013’s cool, wet summer. 8-12 oz. red, deeply lobed fruits. Richly flavorful for sauces and stuffers, or just slice them up! #49251 Pkt \$3.90

Culture of Greenhouse Tomatoes: Greenhouse-grown tomatoes require pollination for good fruit set. Vibrate the blossom clusters with an electric toothbrush or tap them with a pencil. Daytime temperature should not exceed 90°F, and night temperatures should drop below 70°F, but not lower than 55°F. Optimum night temperature is 59–68°F. At 40°F some tomato varieties show tissue damage not readily visible. **Greenhouse Pests:** Greenhouse tomato pests such as whiteflies, mealybugs, aphids, and spider mites can be controlled with insecticidal soap up to one day before harvest. Whiteflies, winged-aphids, and leafminers are attracted to and trapped by sticky-yellow traps.

DRUZBA **OG S**   (ab, ber, cf, cr) 75 days. (Indeterminate) [Bulgarian heirloom. Introduced 1995 by SESE from seed from Dr. Carolyn Male.] Excellent juicy sweet flavor. 5 oz fruits are borne 2–4 to a cluster. Although the fruit walls are tender, they are resistant to fruit diseases, cracking, and blossom end rot. Produces a large percentage of uniform-ripening, high-quality blemish-free fruit. Well liked at farmers markets. #49157 Pkt \$3.65; #49157A (1.5 g) \$7.55




Druzba

GERMAN RED STRAWBERRY **S**   80 days. (Indeterminate) [Introduced 1995 by SESE, original seed from Dr. Carolyn Male.] This German heirloom resembles a strawberry in color and shape, though much larger! Meaty with scant seed and juice, the flavor spectrum runs broad and deep. A favorite at our 2007 festival. Fruits average 10 oz, 3 x 3½ in. Shoulders are smooth to slightly ribbed and slower to ripen. Plants have light foliage cover. #49158 Pkt (0.08 g) \$3.90




German Red Strawberry

HAZELFIELD FARM RED **S**  80 days. (Indeterminate) [A volunteer in a farmer's field performed better than any of the planted tomatoes!] Medium-height plants produce 8 oz flattened red tomatoes. Highly productive, a favorite at the Lexington, KY, Farmers Market. #49213 Pkt \$3.40




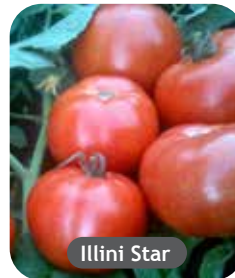
Hazelfield Farm Red

HOMESTEAD 24 **OG S**  (asc, cf, cr, fw1) 80 days. (Semi-determinate) [1966.] Developed for hot humid coastal areas, especially Florida. Often grown in the Mid-Atlantic region, where it reliably sets fruit at high temperatures. Red 8 oz slightly flattened globes. #49121 Pkt \$3.65





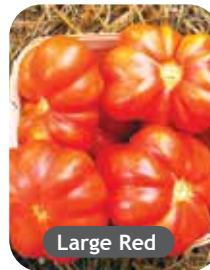
Homestead 24

ILLINI STAR **OG S**  65 days. (Indeterminate) [Developed by IL grower Merlyn Niedens.] Produces heavy crops of 6–8 oz fruits on 4–6 ft. plants. Deep red tomatoes have excellent flavor and good disease- and split-resistance. Strongly recommended to market growers and home gardeners alike. #49199 Pkt \$3.65



Illini Star

LARGE RED **OG S**   85 days. (Indeterminate) [Original seed from the USDA. Historical notes by Hank and Linda Trent. Prior to the Civil War, one of the most commonly grown and best documented tomato varieties in the country. Listed in the 1843 Shaker seed catalog at New Lebanon, NY, the Large Red tomato is vital for ante-bellum garden recreations and historic farms. Fearing Burr in his 1865 book stated, "From the time of the introduction of the tomato to its general use in this country, the Large Red was almost the only kind cultivated, or even commonly known."] 2 x 4 in. deep-red fruits are heavily ribbed or lobed and flattened in shape – quite distinct from modern tomatoes. Sweet with a bit of tang and some flavor intricacy. Vines provide medium foliage cover. We introduced Large Red for historical reasons, but we were surprised and pleased during our 1996 trials to find that it became a favorite of a local restaurant's chef. #49183 Pkt \$3.90






Large Red

Extra-Early Red Tomatoes



Glacier

GLACIER **OG S**  58 days. (Determinate) Unlike other extra-early varieties, produces both an early crop and continues to bear the entire season. Great flavor, especially for an early variety. 1½ in. bright red fruits. We have had yields of ¾ bushel per plant. Very cold-tolerant and may survive a light frost. Potato leaf foliage. #49196 Pkt \$3.65

MARGLOBE VF **OG S**   (Marglobe Improved) (vw, fw1, asc, clm, nhr, st, sun) 70 days. (Determinate) [A select strain of the old favorite Marglobe originally released by the USDA in 1925.] Marglobe has been in demand for several generations while many other varieties have come and gone. This selection has been improved for disease-resistance. Red, medium-sized, 5–8 oz. fruits with firm walls and good flavor. Stocky, vigorous plants with excellent disease tolerance. Vines provide good protection from sunscald. #49126 Pkt \$3.65; #49126A (1.5g) \$7.55




Marglobe VF

BACK! MARTIAN GIANT SLICER **OG S**  95 days. (Semi-determinate) [Developed for organic market gardeners by Seeds of Change, further selected by Bill Reynolds of Eel River Produce.] Juicy red beefsteak with firm texture and a good acid/sweet balance. It has done well in our trials - even in very wet seasons it has produced loads of big, beautiful tomatoes. #49202 Pkt \$3.90



Martian Giant Slicer

MORTGAGE LIFTER VFN **OG S**  (Red Mortgage Lifter) 83 days. (ab, asc, vw, fw1, rkn) (Indeterminate) An improved version of Radiator Charlie's Mortgage Lifter (see Pink & Pink-Red Tomatoes) with increased disease-resistance and more uniform fruit, ripening to red rather than pink-red. Large, 10–14 oz. fruits, not as large as the original Mortgage Lifter, but the plants are much more productive. It still deserves the Mortgage Lifter reputation and is one of our most productive tomatoes. 6–7 ft. tall plants bear until frost. #49129 Pkt \$3.90; #49129A (1.5 g) \$8.60



Mortgage Lifter VFN

Key to Tomato Disease Tolerance: Known disease tolerance or resistance is indicated in parentheses after the variety name. V, F, and N at the end of a variety name indicate known resistance to Verticillium wilt, Fusarium wilt, and nematodes, respectively. Many factors affect disease resistance and results may vary from region to region and from season to season. Disease resistant varieties will not be totally disease-free but they will resist or tolerate disease better than other varieties. Note that many heirloom tomatoes have not been extensively tested for disease tolerance either in the laboratory, or in extensive field trials – absence of disease resistance information in the variety description does not imply lack of resistance.

ab	Alternaria (early blight)	cr	Crack resistance	nhr	Nail head rust
asc	Alternaria stem canker	cs	Crease stem	rkn	Root knot nematode
an	Anthraco nose	fw1	Fusarium wilt, race 1	sls	Septoria leaf spot
ber	Blossom end rot	fw2	Fusarium wilt, race 2	st	Stemphylium spot
bw	Bacteria wilt	gw	Gray wall	sun	Sun scald
cf	Cat facing	gls	Gray leaf spot	tmv	Tobacco mosaic virus
clm	Cladosporium leaf mold	lb	Late blight	vw	Verticillium wilt

Favorite disease-resistant varieties: Atkinson, Druzba, Eva Purple Ball, Geranium Kiss, Homestead 24, Marglobe VF, Mason Marvel Ph.D., Matt's Wild Cherry, Mortgage Lifter VFN, Mountaineer Delight, Mountaineer Pride, Neptune, Ozark Pink VF, Roma VF Virginia Select, Tropic VFN, West Virginia 63, Yellow Centiflor

Red Tomatoes Continued



photo credit: West Virginia University

Dr. Mannon Gallegly

In 1963, West Virginia U. professor Dr. Mannon Gallegly released West Virginia 63 tomato, one of the first tomatoes bred for Late Blight resistance. 54 years later, Gallegly and colleague Mahfuz Rahman used West Virginia 63 to breed two new, larger tomatoes. Mountaineer Delight and Mountaineer Pride were released in 2017, with their disease resistance now including Septoria leaf spot. Dr. Gallegly released Mannon's Majesty in 2023, after turning 100; the new variety was named in his honor, and it includes even better Septoria leaf spot resistance.

NEW! MANNON'S MAJESTY (WEST VIRGINIA '23)

OG S (fw, lb, sls, vw) 80 days. (Indeterminate) [2023, WVU. Named in honor of Dr. Mannon Gallegly, who released this tomato after turning 100.] Dr. Mannon Gallegly has updated West Virginia 63 tomato for even more vigor, keeping the great flavor of WV 63 while incorporating septoria leaf spot resistance from a wild tomato (*Solanum habrochaites*). Medium red fruits. **#49275 Pkt \$3.90**



Mannon's Majesty

MOUNTAINEER DELIGHT **OG S** (West Virginia '17B)

(fw, lb, sls, vw) 77 days. (Indeterminate) [WVU 2017. Introduced 2018 by SESE.] Larger red beefsteak, sweeter flavor than the original West Virginia 63 tomato. Great disease resistance, fruits hold well on the vine. **#49264 Pkt \$3.90**



Mountaineer Delight

MOUNTAINEER PRIDE **OG S** (West Virginia '17A)

(fw, lb, sls, vw) 80 days. (Indeterminate) [WVU 2017. Introduced 2018 by SESE.] Medium red slicers, good flavor, great disease resistance. Firmer skins make this a good variety for market growers to ship and to bring to market. Fruits hold well on the vine. **#49262 Pkt \$3.90; #49262A (1.5 g) \$8.10**



Mountaineer Pride

NEPTUNE **OG S** (vw, fw1, fw2, bw, gls) 67 days. (Determinate) [Developed and released to SESE in 1999 by Dr. J. W. Scott at the U. of Florida.] An early- to mid-season fresh market tomato specially bred for heat tolerance and resistance to bacteria wilt which is prevalent in the Southeast and Florida. Recommended for gardeners and market growers in hot, humid, rainy growing regions where it is difficult to grow tomatoes. 4-oz. red fruits in clusters of 2-4 on short vines. **#49195 Pkt \$3.65; #49195A (1.5 g) \$8.10**



Neptune

OLD VIRGINIA **OG S**

80 days. (Indeterminate) [Heirloom from the Giltner family.] Old-time sweet/tart tomato taste. 4-7 oz., dark red, smooth, round fruits with few seeds. The 5-6 ft. tall plants produce even in long hot summers. Good yields and flavor make this a keeper. **#49215 Pkt \$3.90; #49215A (1.5 g) \$8.60**



Old Virginia

OTV BRANDYWINE **OG S**

72 days. (Indeterminate) [Named and released by Dr. Carolyn Male and Craig LeHoullier, editors of Off the Vine (OTV), heirloom tomato newsletter. Bred from an accidental cross of Yellow Brandywine and an unknown red beefsteak.] One of the best Brandywine strains. Smooth, creamy, almost buttery texture, and harmonious sweet flavor. Fruits are a rich red color with an orange undertone. Produces a large percentage of usable attractive tomatoes, relatively free of defects, averaging 12 oz. Excellent potato leaf foliage cover. 6-8 ft. tall plants. The most productive and heat-tolerant Brandywine. A must for every tomato lover. **#49189 Pkt \$3.90; #49189A (1.5 g) \$8.60**



OTV Brandywine



Stupice

STUPICE **OG S** 62 days. (Indeterminate) [Czech.] Pronounced Stu-PEET-sa. Early bearing, productive, disease-tolerant, and flavorful. It usually produces until frost. Great flavor depth with excellent sweet-tart balance. Juicy 3-4 oz. fruits borne in clusters of 6-8. Fruit ripens to red (with an orange undertone) with some tendency for green shoulders later in the season. A great salad tomato. **#49141 Pkt \$3.65; #49141A (1.5 g) \$7.55**



Super Choice

BACK! SUPER CHOICE **S** 85 days. (Indeterminate) [KY heirloom from Rev. Hobart Pearson.] Tall (7 ft.) vigorous vines yield 1-1½ lb. classic beefsteaks with wonderful flavor and texture. Perfect for tomato sandwiches. **Pkt.#49216 Pkt \$3.65**

TROPIC VFN **OG S**

(fw1, asc, rkn, ab, cfm, gw, st, tmv1, tmv4, sun, cr) 80 days. (Indeterminate) [Developed by U. of Florida.] This exceptionally disease-resistant variety has excellent versatility as a garden, greenhouse, or market tomato. Sweet-flavored fruit averages 8-9 oz, is thick-walled, and tends to sit high on the vine under a protective cover of foliage. Recommended highly for the Mid-Atlantic and hot, humid, disease-prone areas, especially where blight is a problem. **#49145 Pkt \$3.90**



Tropic VFN



West Virginia 63

WEST VIRGINIA 63 (Centennial) **OG S** (fw1, lb, sun, vw) 70 days. (Indeterminate) [1963, WVU AES] 6-8 oz red fruits, meaty flesh, small cores, few blemishes. Excellent, mildly sweet flavor. Good disease resistance includes resistance to late blight race T-0 and some resistance to T-1. **#49239 Pkt \$3.65; #49239A (1.5 g) \$8.60**

Storage Tomatoes

Though the quality of winter storage varieties doesn't match that of fresh garden tomatoes, flavor and texture is superior to most winter supermarket tomatoes. Best planted 1–2 months after the main tomato crop, timing the harvest for fall. Avoid watering plants in the 2 weeks before frost. Harvest unblemished tomatoes before frost. Dark green fruits won't ripen off the vines. Keep out of direct sunlight, ripen at room temperature or lower. Store so fruits aren't touching, and check for ripeness and rotting weekly. Used apple boxes with their fruit separators are convenient for this. Some folks wrap individual fruits in newspaper. One longtime grower says he prevents rot by regularly turning over the fruits so they ripen more evenly.

ALSTON EVERLASTING See Small & Cherry Tomatoes

GARDEN PEACH See Yellow & Orange Tomatoes.

LONG KEEPER 🌞 78 days. (Semi-determinate) Fruits become ripe 6–12 weeks after harvest. Some customers report storing it for 4–6 months. Fruits are mature for harvest when they have a pale pink blush. 4–7 oz fruits ripen in storage to a satiny, red-orange color. #49125 Pkt \$3.40

REVEREND MORROW'S LONG KEEPER 🌞 83 days. (Determinate) [Louisiana heirloom.]

Lots of 6–10 oz reddish-orange fruit with reddish-pink flesh. This tomato's excellent storage quality earned it a place in our garden. Stake plants for the highest quality fruit. #49231 Pkt \$3.65

SAN MARZANO: See Paste Tomatoes, pg. 55.



Long Keeper



Dr. Walter



German Johnson

heirloom popularized by Ben Quisenberry.] Prized for distinctively flavorful fruit, highly rated in our taste trials. 'Brandywine' has achieved a national reputation as the flavor standard for tomatoes. Dark reddish-pink, 10–12 oz. fruits. Potato leaf vines are not as disease-resistant as other Brandywine strains, but we were impressed by how well it held up in 2013's cold, wet summer. The flavor of the tomatoes is of gourmet quality. Use for slices, salads, and sandwiches. #49104 Pkt \$3.90

DR. WALTER 🌞 75 days. (Indeterminate) [from New Zealand.] One of the best heirlooms for market gardeners. Medium-tall indeterminate produces lots of delicious, low-acid, 8-oz. red globes. #49223 Pkt \$3.40

GERMAN JOHNSON 🌞 76 days. (Indeterminate) [Popular heirloom from VA and NC, a favorite at farmers markets.] One of the four parent lines of "Mortgage Lifter" tomato, very similar in flavor. Pink-red fruits average ¾ to 1½ lbs. with generally smooth tops. Good for slicing or canning. Fruits have few seeds. Plants are very productive and fairly resistant to disease. #49115 Pkt \$3.90

Pink & Pink-Red Tomatoes

ARKANSAS TRAVELER 🌞 89 days. (Indeterminate) [Pre-1900 heirloom grown throughout the South from NW Arkansas to North Carolina.] An old Southern heirloom esteemed for its ability to produce flavorful tomatoes under conditions of drought and high heat where many other varieties fail. Good disease resistance. Medium-size, pink fruits with wonderful flavor. Keeps well. #49102 Pkt \$3.65; #49102A (1.5 g) \$8.60



Arkansas Traveler



Aunt Lou's Underground Railroad

AUNT LOU'S UNDERGROUND RAILROAD 🌞 82 days. (Indeterminate) [Heirloom carried through the Underground Railroad area by an unnamed black man as he crossed to Ripley, OH, from KY. Seeds were passed on to Aunt Lou, who passed them on to her great nephew, and eventually on to heirloom tomato enthusiast Gary Millwood.] Dark pink, tangy and juicy, 4–12 oz fruits. Sparse foliage. #49240 Pkt \$3.65

BRANDYWINE (SUDDUTH STRAIN) 🌞 74 days. (Indeterminate) [TN



Brandywine (Sudduth Strain)

GRANNY CANTRELL'S 🌞 69–80 days. (Indeterminate) [KY heirloom. The only tomato grown by Lettie Cantrell of West Liberty since the '40s.] Large beefsteak, 1+ lb, tasty fruit on large, vigorous plants. Lettie died in January 2006, at the age of 96. Her tomato was voted best flavor at the 2010 Monticello Tomato Tasting. #49208 Pkt \$3.90



Granny Cantrell's



Illinois Beauty

ILLINOIS BEAUTY 🌞 80 days. (Indeterminate) [Selected by grower Merlyn Niedens from an accidental cross.] 6-ft. plants are heavy producers of 4–6-oz. blemish-free fruit. Even in the hot, dry summer of 2007 the plants continued to set good quantities of tasty fruit. A tomato tasting favorite. #49214 Pkt \$3.40



Mason Marvel

MASON MARVEL, PH.D 🌞 81 days. (Indeterminate) [Introduced 2020 by SESE.] Large pink beefsteak with great flavor and few seeds. In the 1950s, Dr. Mason Marvel was at West Virginia University, working as part of the breeding project that led to "West Virginia 63" tomato. WV heirlooms were collected, crossed with each other, then planted at a minimum security prison in an area known to have severe Late Blight. One of the results was this tomato! It was larger and more tender than the program was aiming for, so Dr. Marvel proceeded to select it on his own over the next 55 years. Dr. Marvel wrote in 2011, "I have grown it in Florida, Alabama, Vietnam, Ethiopia, Indonesia, and El Salvador, and it has done well everywhere I have grown it." #49265 Pkt (0.08 g) \$4.15

Pink & Pink-Red Tomatoes
continued on the next page.

Pink & Pink-Red Tomatoes Continued

Our Flagship Tomato



Radiator Charlie's Mortgage Lifter

MORTGAGE LIFTER, RADIATOR CHARLIE'S **OG S** (vw, fw1) 79 days (Indeterminate) [Developed by M.C. Byles in the 1930s and released to SESE in 1985.] A legendary tomato always in demand in the Mid-Atlantic states. The following history is based on portions of our 1985 taped interview with M.C. Byles who developed this tomato in the early 1930s while in Logan, WV. Mr. Byles is affectionately known as "Radiator Charlie." He earned that nickname from the radiator-repair business he opened at the foot of a steep hill on which trucks would often overheat. Radiator Charlie had no formal education or plant-breeding experience, yet he created this legendary tomato by cross-breeding four of the largest-fruited tomatoes he could find: German Johnson, Beefsteak, an Italian variety, and an English variety. One of the four varieties was planted in the middle of a circle. Then, using a baby's ear syringe, he cross-pollinated the center plant with pollen from the circle of tomatoes. Next year he selected the best seedlings: he planted the best seedling in the center and the rest in a circle around it. The pollination and selection process was repeated six more years until he had a stable variety. After Charlie developed and named this large tasty tomato he sold plants for \$1 each (in the 1940s) and paid off the \$6000 mortgage on his house in 6 years. Each spring, gardeners drove as far as 200 miles to buy Charlie's seedling tomatoes. Fruits of Mortgage Lifter can average 2½ lbs and may reach 4 lbs when grown well. Plants are very productive and disease-resistant, and continue to bear until frost. These large, slightly flattened, pink-red tomatoes are meaty and flavorful with few seeds. #49128 Pkt (0.08 g) \$4.70

MORTGAGE LIFTER VF N – See Red Tomatoes.

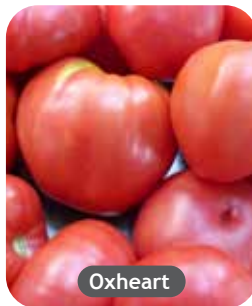


Omar's Lebanese

OMAR'S LEBANESE **S** 80 days. (Indeterminate) [Heirloom from farmers in a Lebanese hill town. The best of Dr. Carolyn Male's extensive 1995 heirloom tomato trials.] Huge pink beefsteak tomato: fruits typically weigh 16–24 oz., or even larger when well grown. A good choice for a gardener's boast or county fair entry. Has a multidimensional sweet flavor that seems to be expressed best in northern areas. In southern areas the quality is more variable. Good foliage disease resistance. #49190 Pkt \$3.65

OXHEART OG S

88 days. Indeterminate) [The oxheart shape is the result of a mutation, about 1925. Somewhat similar to meaty ponderosa types, except for the distinctive shape.] Heavy yielding vines produce extra large, pink tomatoes weighing 1–2 lbs. Firm, meaty flesh with few seeds and mild flavor. #49116 Pkt \$3.65



Oxheart

OZARK PINK VF

OG S (fw1, vvv, ber, cr) 65 days. (Indeterminate) [Introduced 1991 by SESE. Developed by the U. of Arkansas.] Adapted for growing on stakes for vine-ripe harvest in home gardens and for farmer's markets. 5 ft. plants bear 7 oz flattened-globe fruits with few defects, and uniform-ripening shoulders. Developed from a complex pedigree involving 'Bradley', 'Arkansas Traveler 76', 'Heinz 1439', and 'Campbell 1327', the pink fruits have excellent eating quality and good shelf life. Unlike many other varieties, flavor is not greatly affected by early harvest in the post-breaker (pale pink) stage. Very productive all season. Recommended for hot, humid, disease-prone areas. #49132 Pkt \$3.90



Ozark Pink VF



Tappy's Finest

TAPPY'S FINEST **S** 77 days. (Indeterminate) [WV family heirloom from before 1948, originally from Italy. Introduced by SESE 1983, named for "Tappy" who selected for regular shape, small cores, few seeds, and fine flavor. The first heirloom tomato SESE introduced.] Performs best where summers are moderate to cool. Large, pink-red fruits average 14–16 ozs, sometimes up to 2 lbs, and are very meaty. Slightly irregular fruits are somewhat flattened with prominent shoulder indentations. Excellent tomato for processing or for use in salads or sandwiches. Also makes delicious tomato juice. Like all sweet, good-flavored tomatoes, it's not a heavy producer, but has won several flavor trials. #49142 Pkt \$3.40



Vinson Watts

VINSON WATTS OG S 85 days. (Indeterminate) [Heirloom originating in Lee County, VA, but perfected by 50 years of selection for flavor, texture and disease resistance by Vinson Watts of Morehead, KY.] The large flattened pink fruit has won many taste tests and is considered by many to be the best tomato they ever tasted – a smooth-textured, finely balanced combination of sweet and acid. #49218 Pkt \$3.65

Purple & Black Tomatoes

BLACK BRANDYWINE

85 days. (Indeterminate) [1920s PA heirloom. Cross between Brandywine and Fejee Improved tomato. William Woys Weaver's grandfather obtained seed from the breeder, Dr. Harold E. Martin.] Large dusky rose/purple fruit with rich, sweet flavor and good yields. #49233 Pkt \$3.90



Black Brandywine



BLACK CHERRY – See Small & Cherry Tomatoes
BLACK PLUM – See Processing/Paste Tomatoes.



Cherokee Purple

CHEROKEE PURPLE OG S 85 days. (Indeterminate) [Pre-1890 TN heirloom, reportedly of Cherokee Indian origin. Introduced 1993 by SESE. Seed courtesy Craig LeHoullier.] Large, smooth fruits (10–12 oz) with slightly ridged shoulders. Ripens to a unique dark, dusky pink/purple. Sometimes called a black tomato, the color carries through to the flesh, especially at the stem end. Good resistance to Septoria leaf spot. A shorter indeterminate, plants average 5 ft. tall. 'Cherokee Purple' has spread widely since its introduction, with variations developing over time, but our strain is still the original, shorter shape. #49106 Pkt \$3.90; #49106A (1.5 g) \$8.60



EVA PURPLE BALL **OG S**   (ab, lb, ber, cr, cf) 78 days. (Indeterminate) [Late 1800s heirloom from the Black Forest region of Germany from Joe Bratka's grandfather. Seed courtesy of Carolyn Male and Craig LeHoullier. Introduced 1994 by SESE.] Outstanding performer in hot, humid areas. Excellent resistance to diseases, including some resistance to late blight. One of the most blemish-free tomatoes we have grown, with a soft tender texture. Easy-to-peel, smooth, round, attractive pink-purple fruits weigh 5–7 oz. Fruits are easy to harvest, some dropping from the vine at peak ripeness. A wonderful all-purpose tomato with excellent flavor. #49112 Pkt \$3.90; #49112A (1.5 g) \$8.60



Eva Purple Ball







Japanese Black Trifele

JAPANESE BLACK TRIFELE   75 days. (Indeterminate) [Russian heirloom.] Unusual pear-shaped 4–6 oz fruits, deep burgundy colored with green shoulders and a rich, complex flavor. Very productive, bearing early through late in the season. Crack-resistant fruits. Potato-leaf foliage. #49247 Pkt \$3.40





Paul Robeson

PAUL ROBESON **OG S**   74 days. (Indeterminate) [Russian heirloom. Original seed sent to SESE by Marina Danilenko, a Moscow seedswoman. Named after Paul Robeson, performer of "Old Man River" and operatic vocal artist who was an advocate of equal rights for Blacks. His artistry was appreciated world-wide, especially in the Soviet Union, and hence this tomato bearing his name.] Like other so-called black tomatoes the fruit is more of a dusky dark red with dusky dark green shoulders. 6-oz. fruits, 2 × 4–5 in., borne two to a cluster. Excellent flavor. #49161 Pkt \$3.65

BARNES MOUNTAIN ORANGE **OG S**   90 days. (Indeterminate) [KY heirloom.] Large orange fruits, up to 16 oz. Disease-resistant 6–8 ft. tall plants bear until frost. Outstanding flavor, perfect for BLTs. #49220 Pkt \$3.65





Barnes Mountain Orange

BACK! DJENA LEE'S GOLDEN GIRL **S**   64 days. (Indeterminate) [Family heirloom of Djena Lee since the early 1920s. Won first prize at the Chicago Fair 10 years in a row! Introduced by SESE 1987. Djena (pronounced "Zshena") was part Native American and granddaughter of Minnesota financier Jim Lee. She grew this tomato in Minnesota and on moving to Illinois in 1929 gave plants to Reverend Morrow (then 15 years old) who nurtured this variety and kept it alive.] Beautiful golden-orange fruits, one of the most appetizing golden tomatoes we have grown. 4-6 oz fruits. Delicious flavor, rich balance of sweetness and tanginess. Heavy early yields. #49111 Pkt \$3.65





Djena Lee's Golden Girl

GARDEN PEACH TOMATO **OG** **S**   73 days. (Indeterminate) This tomato truly resembles a peach. 2–3 oz fruits have a peach-like fuzz and are yellow, often with a hint of pink blush when fully ripe. Outstanding flavor. A good storage tomato if picked light green right before frost. Highly split-resistant. Vigorous vines bear until frost. #49201 Pkt \$3.65; #49201A (1.5 g) \$7.80







Garden Peach

HUGH'S **S**   89 days. (Indeterminate) [1940. Madison County, IN heirloom.] Hugh's has gained a local reputation for its meaty fruit and sweet delicious flavor. Rated as one of the better-flavored in a 1988 trial of 250 tomatoes. Though late-maturing, it is a heavy producer with some disease-resistance. This pale yellow beefsteak rivals the flavor of the best heirloom reds. #49122 Pkt \$3.65



Hugh's



KELLOGG'S BREAKFAST **OG S**   80 days. (Indeterminate) [WV Family heirloom selected and named by Darrell Kellogg of Redford, ML.] 1-2 lb orange beefsteaks are delicious, perfect for a tomato sandwich. #49268 Pkt \$3.90

PERSIMMON **OG S**   88 days. (Indeterminate) [1981.] Beautiful persimmon-colored, rose-orange fruits. 12–16 oz fruits, though early ones can weigh up to 2 lbs. Vigorous vines, well branched, Late Blight tolerant. One of our personal favorites for color and rewarding flavor. #49133 Pkt \$3.65; #49133A (1.5 g) \$8.10



Persimmon

YELLOW BELL – See Processing/Paste Tomatoes.



YELLOW BRANDYWINE **OG**   76 days. (Indeterminate) [IN heirloom.] Same great flavor as pink-fruited Brandywine. Large, slightly ribbed beefsteaks are sweet and tangy – our grower prefers it to pink Brandywine! Fruits keep well. Large potato-leaf foliage provides medium fruit cover. #49186 Pkt \$3.65; #49186A (1.5 g) \$7.80



Yellow Brandywine



Yellow Oxheart

YELLOW OXHEART **S**   79 days. (Indeterminate) [Possibly first available commercially in 1929 by Livingston Seed Co. though it dates from ~1915 as a family heirloom from Willis, VA. Reintroduced 1989 by SESE.] Sweet fruits have a small core and a distinctive, rich, full, and exceptionally well-balanced flavor. Plants not very vigorous, but otherwise a superb tomato. Thin, lacy foliage. Fruits are bright yellow, meaty, oxheart-shaped and weigh close to a pound. A favorite at our 2008 festival. #49153 Pkt \$3.65



Kellogg's Breakfast

Bicolored Tomatoes

CHEROKEE GREEN 🌞 75 days. (Indeterminate) [Selected from Cherokee Purple tomato by NC grower Craig LeHoullier.] This is one of the best tasting green tomatoes anywhere. 8–12 oz. fruits with green flesh and green-yellow skin with amber to red color on the blossom end. #49249 Pkt \$3.40



Cherokee Green

GREEN GRAPE See Small-Fruited Tomatoes, p. 55.

GREEN ZEBRA 🌞 (Indeterminate) 78 days. [Developed 1985 by Tom Wagner.] An unusual and exquisite tomato chosen by Alice Waters for the famous California restaurant Chez Panisse. 3–5 oz fruits ripen to yellow-gold with alternating dark-green zebra-like stripes. Emerald flesh with good flavor. Colorful sliced or in salads. Well branched vines provide good foliage cover and have some resistance to septoria leaf spot. #49119 Pkt \$3.65



Green Zebra

LITTLE LUCKY 🌞 (Indeterminate) Small bicolor with round fruits, generally 4–6 oz. Breeder Craig LeHoullier attributes the great flavor of this tomato to its Brandywine parentage. He says he was lucky to save the seed from a Brandywine tomato that a bee had crossed with another variety. This is the smaller-fruited and therefore more unique of the two varieties that came of that cross. #49270 Pkt \$3.65

OLD GERMAN 🌞 (Indeterminate) [Introduced 1985 by SESE. Mennonite family heirloom from Shenandoah Valley, VA.] Large, attractive and tasty tomato. Fruit color is yellow with a red center visible on the surface and throughout the core. Best color of several strains of this heirloom. Not a heavy producer, nor does it tolerate drought, but its flavor and color are outstanding. Fruits often weigh over a pound. #49131 Pkt \$3.65



Old German

TROPICAL SUNSET see Cherry Tomatoes p.56

VIRGINIA SWEETS 🌞 80 days. (Indeterminate) Sweet, delicious fruits average one pound. Beautiful yellow with red striping. #49273 Pkt \$3.90



Virginia Sweets

Processing & Paste Tomatoes

Canning varieties have firm, round fruits that are usually canned whole. Drying varieties are small, low-moisture tomatoes well suited to quick drying. Paste tomatoes have thick, dry flesh with few seeds. Sauce tomatoes are more flavorful and have more seeds than paste tomatoes, and because they are juicier they need to be cooked longer to make thick sauce. Drying and paste tomatoes are more susceptible to blossom end rot due to their low moisture content, so during dry spells provide adequate irrigation and calcium.

AMISH PASTE 🌞 (Indeterminate) One of the largest sauce tomatoes we offer, produces a sauce with a superior flavor. Coreless, top-shaped fruits often weigh as much as 12 oz. Tall plants, heavy yields. Despite the name 'Amish Paste,' the juicy fruits are best suited to making sauce. #49197 Pkt \$3.90; #49197A (1.5 g) \$8.10



Amish Paste

BLACK PLUM 🌞 70–80 days. (Indeterminate) [Russian heirloom.] Prolific producer of 1 oz elongated deep mahogany-brown fruit. Color develops best in hot dry weather. Rich, complex, full-bodied flavor. Perfect for sauce, drying, or eating out of hand. #49205 Pkt \$3.65; #49205A (1.5 g) \$7.55



Black Plum

HEINZ 1350 VF 🌞 (vw, fw1, asc, cr) 75 days. (Determinate) [1963. Developed by the H. J. Heinz Co.] Round 4–6 oz fruits are uniform-ripening, and have good crack resistance. A productive garden variety with concentrated fruit set, and an excellent processing tomato for canning or cooking. Widely adapted, good for salad use too. #49120 Pkt \$3.90



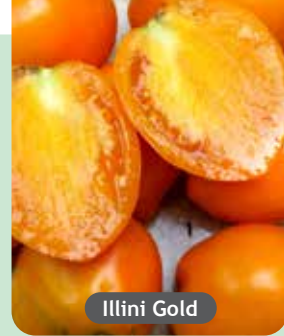
Heinz 1350 VF

BACK! HUNGARIAN ITALIAN PASTE 🌞 79 days. (Determinate) Highly productive pear-shaped paste tomato with good disease resistance and good holding quality. 3–4 oz. fruits borne in clusters of 4. Makes excellent flavored sauce. #49123 Pkt \$3.65; #49123A (1.5 g) \$8.60



Hungarian Italian Paste

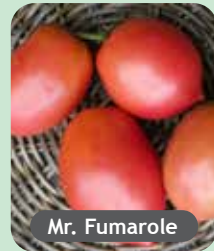
ILLINI GOLD 🌞 75 days. (Indeterminate) [A chance cross of Dad's Sunset and Bisignano #2, selected by Merlyn and Mary Ann Niedens.] 4–6 oz bright yellow/orange paste-type tomatoes. Attractive in salads, or makes a rich, sweet golden sauce. #49225 Pkt \$3.65



Illini Gold

LONG TOM 🌞 85–90 days (Indeterminate) [Family heirloom, sent to Ben Quisenberry by a friend living in PA.] Long, 2 x 5 in. meaty fruits have few seeds. Their sweet flavor and firm texture serves equally well in salads or sauce. Very good yields. #49204 Pkt \$3.40

MR. FUMAROLE 🌞 (ber) 68 days. (Indeterminate) Dark pink, slightly oblong sauce tomatoes, 3–6 in. with pointed tips. Complex tangy flavor that's well suited to eating raw or cooked. This one made the cut because 2-year-old Marsden and his grandpa, after tasting a Mr. Fumarole tomato, each tried to get more Mr. Fumarole for themselves by encouraging the other to take a different tomato instead! #49271 Pkt (0.08 g) \$3.65



Mr. Fumarole



Principe Borghese

PRINCIPE BORGHESE 🌞 78 days. (Determinate) Italian heirloom bred for sun-drying, this low-moisture variety maintains more flavor when dried than do other varieties. Slightly oval, 1 oz fruits. Prized in Italian cooking when reconstituted in olive oil, they can also be crushed into small flakes to quickly thicken a thin sauce while adding a rich tomato flavor. #49200 Pkt \$3.65

ROMA VF 🌞 (vw, fw1, asc) 75 days. (Determinate) Very popular, pear-shaped paste tomato. Widely adapted. Fruit ripens uniformly. Highly productive, good resistance to disease and fruitworm. #49138 Pkt \$3.40

ROMA VF, VIRGINIA SELECT 🌞 75 days. (Determinate) [Introduced 2009 by SESE.] Neighboring farmer and Growing for Market writer Pam Dawling has been saving this locally adapted strain since 2001, selecting for high, early yields and tolerance to Septoria Leaf Spot. 4–5 oz fruits. #49235 Pkt \$3.65



San Marzano

SAN MARZANO OG S ☀️ ⌘ 80 days. (Indeterminate) [Italian heirloom, famous for its use in Neapolitan pizza and other Italian dishes.] Long Roma-type tomatoes, 3-4 oz fruits with pointed ends. Thick, dry, low acid flesh contains few seeds. Very productive 6 ft. tall plants have good disease resistance. Excellent canning variety. #49248 Pkt \$3.90; #49248A (1.5 g) \$8.10

SUPER ITALIAN PASTE OG S

☀️ ⌘ 75 days. (Indeterminate) Meaty, roma-shaped, orange-red, 6-8 oz. fruits. Vigorous, high-yielding plants. These impressively withstood both flooding and drought in 2015. #49254 Pkt \$3.65



Super Italian Paste

YELLOW BELL OG S ☀️ ⌘ 60 days. (Indeterminate)

[Introduced 1986 by SESE. Family heirloom from TN.] Great yellow sauce tomato for salads or for making lovely tomato paste, juice, preserves, salsa, and yellow catsup! Heavy-yielding plants produce 5-12 fruits per cluster. Roma-shaped fruits average 3 x 1½ in. Survives cool wet conditions better than other sauce tomatoes, bearing heavily until frost. Ripens from green to creamy yellow to yellow. Outstanding flavor, both sweet and rich. #49152 Pkt \$3.65



Yellow Bell



Roma VF, Virginia Select

Small & Cherry Tomatoes

Packet: 0.08 g unless stated



Alston Everlasting

ALSTON EVERLASTING S ☀️ ⌘ 65 days. (Indeterminate) [From Alston Seed Growers in NC, via Susan Clausen of Alpine, TX, and SSE.] Vigorous plants with high yield of smooth, blemish-free 1 oz red fruits - a "two-bite" cherry. Holds well on and off the plant; often still good three weeks after harvest! #49266 Pkt (0.16 g) \$3.90



Amy's Apricot Mix

AMY'S APRICOT MIX OG S ☀️ ⌘ 75 days. (Indeterminate) [Family heirloom given to Dustin Swanland by his Italian aunt. Introduced 2012 by SESE.] Delicious fruit (always a hit at our tomato tastings)! Vigorous and productive plants! But... a challenging variety for us to offer. Plants vary a lot, even after years of vigorous selection by us. It tends strongly toward the intensely fruity, sweet, luscious orange spheres we originally described. Many plants bear red fruits, and a wide range of orange types is present as well, in clusters of 2-12 and sizes of ½ - 1½ in. We're unsure just how diverse this variety was before we received it, and why it keeps frustrating our selection efforts. But it's so delicious we carry it anyway! #49236 Pkt \$3.65



Black Cherry

BLACK CHERRY OG ☀️ ⌘ 63 days. (Indeterminate) Cherry tomatoes similar to Cherokee Purple in color and rich, full bodied flavor. 1 in. fruits, dusky purple with black highlights. Vigorous plants. A big favorite at our 2015 tomato tastings! #49252 Pkt \$3.90

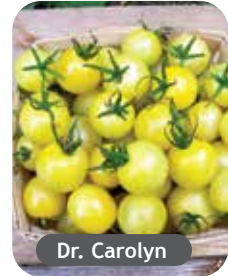


Coyote

COYOTE OG S ☀️ ⌘ 55 days. (Indeterminate) [Grows wild in Veracruz, Mexico.] ½-in. pale yellow fruits on vigorous plants. Very sweet with unusual flavor overtones, including notes of vanilla. A favorite in our 2015 tomato tastings. #49253 Pkt \$3.90

DR. CAROLYN S ☀️

⌘ 63 days. (Indeterminate) [Selected from a sport of Galinas. Named by Steve Draper in honor of Dr. Carolyn Male who first saved the seed.] The most flavorful yellow cherry tomato we've grown. Excellent balance of sugar, tartness and depth of flavor. Pale yellow, round, 1¼ in. fruits typically borne 6 to a cluster. Large, vigorous vines provide excellent cover. #49182 Pkt \$3.40



Dr. Carolyn



Everglades

EVERGLADES OG S ☀️ ⌘ 56 days. (Indeterminate) [Seedstock from Melissa DeSa of Florida.] Vigorous, disease-resistant plants bear til frost. Sweet, dark pink, ½ in. fruits. Similar to Matt's Wild Cherry, but pinker, with some differences in flavor. #49267 Pkt \$4.15

LOLLIPOP OG

☀️ ⌘ 79 days. (Indeterminate) Creamy yellow fruits hang on the plants like lollipops. Sweet, lemon-like flavor. 6-10 fruits per cluster, 1¼ in. fruit. Highly productive in hot weather. Good resistance to foliage diseases. Suitable for ground culture if desired. Widely adapted, excellent garden variety, well received at farmer's markets. #49172 Pkt \$3.65



Lollipop

Small & Cherry Tomatoes continue on the next page.

Small & Cherry Tomatoes Continued



Matt's Wild Cherry

MATT'S WILD CHERRY **OG S** ☀️ 55 days. (Indeterminate) [From seed collected in the wild near Hidalgo in eastern Mexico.] Plants bear loads of intensely sweet, tart, and flavorful ½ in. deep red cherry tomatoes. Plants are vigorous, disease-resistant, and sprawling. Self-sows readily. Harvest whole trusses to minimize splitting. Always a favorite at our tomato tastings. #49804 Pkt \$3.65



Pink Bumble Bee

PINK BUMBLE BEE **OG** ☀️ 77 days. (Indeterminate) Sibling to favorite Purple Bumble Bee – pink-red fruits with yellow and orange stripes, and that nice balance of tangy and sweet. 1½ in. cherries have good splitting resistance, plants have great vigor. #49274 Pkt \$4.15



Purple Bumble Bee

PURPLE BUMBLE BEE **OG** ☀️ 77 days. (Indeterminate) Striking 1½ in. cherries, dusky purple with vivid lime-green streaks. Nice balance of sweetness and flavor. Tall, vigorous plants bear til frost. Widely adapted, good splitting resistance. #49263 Pkt (0.08 g) \$4.15

RED CHERRY **OG S** ☀️ (Old Fashioned Red)

72 days. (Indeterminate) [Pre-1840. This is the small Red Cherry, not the Large Red Cherry commonly used as a salad tomato.] Bright red 1 in. fruits, sweet, tangy and juicy. Grows so vigorously that it tends to outgrow some diseases. Resistant to fruitworm and high temperatures. #49136 Pkt \$3.65



Red Cherry

RED PISA DATE **OG S** ☀️ ⌘ 63 days.

(Indeterminate) [Given to Dustin Swanland by his Italian aunt. Introduced 2013 by SESE.] Small, firm, date-shaped, 1 in. long red fruits, sweet and productive. 7–9 ft. plants. This may be the type of tomato Jefferson served at Monticello as a dessert, the sliced fruits dusted with powdered sugar. #49243 Pkt \$3.65



Red Pisa Date

TROPICAL SUNSET **OG S**

60 days. (Indeterminate) [2019] Ping-pong ball-sizes. fruits ripen from green, to yellow with pink striping, to pink with golden striping. Bicolor interiors, too! Delicious, fruity flavor with medium acidity. Good shelf life. Bred in multiple locations including NC. #49272 Pkt \$3.90



Tropical Sunset



Yellow Centiflor

YELLOW CENTIFLOR **OG S** ☀️ 69 days. (Semi-determinate) [Alan Kapuler, from a cross of Sungold and Red Centiflor.] Large clusters of golden yellow fruits with pointed tips. Short but highly variable plants range from 1 to 5 ft. tall; shortest plants have lower yield. Good disease resistance results in extended harvests. One of the most distinctive tomatoes we have grown. #49260 Pkt \$3.65

BACK! YELLOW PEAR **OG S** ☀️ ⌘ (asc, fw1) 75 days. (Indeterminate) [Pre-1800.] Pear-shaped yellow tomatoes, 1½ x ¾ in., mild flavor. Very productive and heat-resistant, but prone to splitting if not watered regularly. Excellent for popping in your mouth or for preserves. #49154 Pkt \$3.65



Yellow Pear

Currant Tomatoes

Solanum pimpinellifolium

Currant tomatoes are essentially wild tomatoes, little changed by domestication. Vines are long and indeterminate with an open growth habit and generally good disease resistance. Fruits are the size of a berry, ½–¾ in. in diameter. Flavor is intense, sweet and piquant. They are especially suited as salad accents and for the specialty restaurant trade. Seeds are small. **Packet:** 0.05–0.09 g depending on variety.



Sugar Cherry

RED CURRANT **OG** ☀️ ⌘ 64 days. (Indeterminate) [Wild South American tomato.]

Intensely flavored, berry-sized, ½ in. red fruits in clusters of 16–20. #49803 Pkt (0.05 g) \$3.65

SUGAR CHERRY **OG S** ☀️ 76 days. (Indeterminate)

[Introduced by SESE 1994.] Large currant-type ½-in. orange-red fruits borne in clusters of 12. Berry-sized fruits are larger than true currant tomatoes and are intensely flavored and sweet. #49801 Pkt (0.09 g) \$3.65



Garden Huckleberry

Garden Huckleberry

Solanum melanocerasum

GARDEN HUCKLEBERRY **OG S** ☀️ ⌘ 100 days. A great fruit for jam, pies, and syrup. Heavy yields of easy-to-pick berries. Dull black at full maturity. Keeps very well on and off the plant. Green fruits are likely toxic and should not be consumed. Not sweet on its own, and should be cooked prior to eating. Grow like ground cherries or Wonderberry. Cover young plants with row cover to protect against flea beetles. 2–3 ft. tall. #47201 Pkt (0.09 g, ~100 seeds) \$3.65

Husk Tomatoes

Classification and Historical Notes:

Husk tomatoes have light brown, papery husks (calyxes) that enlarge and cover the maturing fruits. The 2 most common cultivated species are ground cherry (*Physalis grisea*) and tomatillo (*Physalis philadelphica*). Both have been cultivated in Central and South America for centuries, before even tomatoes. Ground cherries are so named because the cherry-sized fruits are borne near the ground. The leaves of ground cherries are hairy or fuzzy and the plants grow 1–2 ft. tall with lateral spreading growth. Tomatillos are larger-fruited, typically 1–3 in. diameter, and the plants grow 2–5 ft. tall with smooth leaves. Some varieties may grow 8 ft. or more with a ground-hugging growth habit. The Spanish name tomatillo is derived from the Indian name “tomatl.” **Culture:** Culture of husk tomatoes is similar to tomatoes. (See Tomato section.) Ground cherries need no support, but tomatillos are best caged or trellised. **Tomatillos need at least 2 plants for pollination to occur.** **Spacing:** Space tomatillos similar to tomatoes (see Tomato section). Ground cherries should be spaced 2–3 ft. apart. **Pests:** In areas where husk worms are a problem, plant early-maturing varieties crops as early as possible in the spring. (Self-sown plants from the previous year’s crop often get a head start on even the earliest plantings.) **Harvest:** Husk tomatoes usually do not ripen fully until after falling from the plant. Larger tomatillos need to get pulled from the plants. Ground cherries ripen from green to yellow-gold. Most tomatillos ripen from green to yellow-green to pale yellow. **Fruit Set:** Tomatillos need at least 2 plants for pollination or else they won’t set fruits. Most cultivars of ground cherry set fruit in all areas of the U.S. Tomatillos are more sensitive to heat and day length: some cultivars may not set fruit until late summer, or may not set fruit in northern states. **Preparation and Uses:** Ground cherries are eaten fresh, or are used in desserts, sauces, preserves, fruit toppings, pies and salads. Tomatillos are usually cooked to bring out full flavor: Simmer for 5–10 minutes in a pot of water, then use in chili rellenos, salsa verde, guacamole, or other sauces or dips. **Seed Savers:** Husk tomatoes self-sow easily. Isolate varieties by 300 ft. for pure seed. **Maturation:** Days to maturity are the number of days after transplanting. **Packet:** Tomatillos 0.09 g, Ground Cherries 0.06 g (90–140 seeds).



Tomatillos *Physalis philadelphica*

CISINEROS GRANDE **OG**

S 85 days. Large fruits (up to 2½ in.) make for easy harvest and processing. Highly productive. Most fruits ripen to yellow, while some stay green throughout. Fruits range from the size of a small lime to a summer apple, though most plants produce the larger fruits. For a tarter salsa, use the bright green fruits while the husk is still green; for a sweet and fruity flavor, wait until the husk dries. 4–6 ft. plants. **#48104 Pkt \$3.65; #48104A (1.5 g) \$7.80**



Cisineros Grande

DE MILPA **OG S**

70–80 days. Vigorous variety with ¾ in. fruits, mostly purple, some green. Stronger, sharper flavor than most tomatillos, the preferred variety for some Mexican dishes. **#48101 Pkt \$3.65**



De Milpa

DR. WYCHE'S YELLOW

OG S 65 days. [From the collection of Dr. John Wyche of Hugo, OK, one of SSE's earliest members.] Our earliest tomatillo and one of our sweetest. Heavy yields of 1½ in. cheerful yellow fruits. (Plus an occasional cheerful purple fruit.) **#48106 Pkt \$3.65**



Dr. Wyche's Yellow

EVERONA LARGE

GREEN S 80 days. [Seed collected by Barbara Rosholdt from tomatillos planted by Mexican workers at the Everona sheep dairy near Unionville, VA. Introduced 2008 by SESE.] Finally a tomatillo that not only has nice large fruits (up to 2½ in. diameter), but can handle a Virginia summer and pests and still produce prolifically! Plants thrive even in heavy clay soil and drought. Green fruits, a few with purple blushing. **#48103 Pkt \$3.65; #48103A (1.5 g) \$7.80**



Everona Large Green

Ground Cherries *Physalis grisea*

COSSACK PINEAPPLE

OG S 60 days. ¾–5/8 in. fruits with delicious flavor reminiscent of pineapple. Bite-sized fruits are so tasty they may never make it into the kitchen, especially if you have children. Excellent for preserves, hot dessert toppings, salads or mock pineapple yogurt. Plants are short (12–18 in.) but with bushy spreading lateral branches to keep down weeds. Fruits ripen to a pineapple yellow. **#47101 Pkt \$3.90**



Cossack Pineapple



Mary's Niagara

MARY'S NIAGARA **OG S** 67 days. [Niagara-on-the-Lake, Ontario] Sprawling plants tend to hug the ground, and can surpass 6 ft. wide in good conditions. Flavorful fruits, up to ¾ in. Named for the woman who stewarded this variety for more years than she could remember. **#47103 Pkt \$3.90**



Purple

PURPLE **OG** 80 days. 1 × 1½ in. fruits ripen to dark purple. Sweeter than green varieties. 4–6 ft. plants. **#48105 Pkt \$3.65**

TOMATE VERDE **OG S**

75 days. 1½ in. fruits ripen to pale yellow green. Tall, 4–6 ft. plants. Husks are easy to remove and fruits are excellent quality. **#48102 Pkt \$3.65**



Tomate Verde

Rutabagas (Swedes)

Brassica napus var. *napobrassica*

Culture: Similar to turnips, but plant for fall harvest. Plant 8–10 weeks before first fall frost, seeding 1 in. apart in rows 12–16 in. apart, thinning to 8 in. apart. Thin within a month – crowded seedlings won't bulb properly. **Harvest:** Harvest when roots are 3–6 in. across. Harvest before temperatures drop below 20°F. **Cooking:** Mash rutabagas and potatoes together for a hearty dish. **Packet:** 2 g (about 900 seeds) sows 46 ft.

AMERICAN PURPLE TOP YELLOW **OG S**

90 days. [Introduced before 1920 as an improved strain of Purple Top Yellow (pre-1850).] Long the standard for home and market use. Flesh is mild, yellow, fine-grained, and firm. **#29501 Pkt \$3.65**



American Purple Top Yellow

GILFEATHER TURNIP **OG S**

S (Brassica napus x rapa) 85 days. [1860s.] Famous heirloom selected and named by Vermont farmer Jack Gilfeather. An early addition to the Slow Foods Ark of Taste. A rare cross between a rutabaga and turnip, roots are white and sweeter than most rutabagas. Greens are also tender and sweet. Plant mid-summer as one would other rutabagas. Best flavor after frost. **#29301 Pkt \$3.65**



NADMORSKA **OG S**

90 days. [From seed collected in Lithuania in 2007 by the Seed Ambassadors Project.] Large, vigorous and early maturing. Green tops, sweet golden flesh. Unusually, roots are longer and more oval than regular round rutabagas. **#29503 Pkt \$3.65**



Nadmorska

Turnips *Brassica rapa var. rapifera*

Culture: Turnips grow well in a wide range of soils, but do best in a loose, friable soil that allows the roots to expand. Plantings can be made in the spring and at summer's end. Sow seeds ¼ in. deep and thin to 2–4 in. apart, rows 10–12 in. apart. **Harvest:** Best-quality roots are 2–3 in. in diameter. Both roots and leaves may be eaten raw or cooked. **Pests:** Flea beetles and aphids can be controlled with diatomaceous earth or row cover. **Seed Savers:** Isolate a minimum of 600 ft. for home use. For pure seed isolate at least ¼ to 1 mile from turnips, mustard, and Chinese cabbage, and rapeseed (canola). **Packet:** 3 g unless stated (about 1350 seeds) sows 68 ft.

AMBER GLOBE **OG S**

(Yellow Globe) 63 days. [Pre-1840.] Best planted in the fall. Roots are smooth and globe-shaped, 6 in. in diameter. Harvest at 3–4 in. Sweet, fine-grained flesh is creamy yellow. **#29104 Pkt \$3.65;** **#29104E (28 g) \$10.70**



Amber Globe

PURPLE TOP

WHITE GLOBE
OG S 50 days.

[Pre-1880.] A round, white turnip, 5 in. in diameter, with bright purple color around the top where exposed to sunlight. For best texture, harvest at 3 in. diameter or less. Classic turnip flavor. **#29102 Pkt \$3.40;** **#29102E (28 g) \$7.05**



Purple Top White Globe



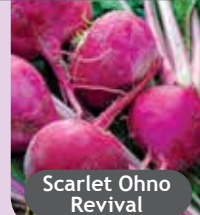
Tokyo Market

TOKYO MARKET **OG S**

46 days. 2-3 in. tender white roots, great flavor, fast growing. Popular Japanese market variety. **#29110 Pkt \$4.15**

SCARLET OHNO REVIVAL **OG S**

55 days. [Japanese variety reselected by Frank Morton of Wild Garden Seeds.] Lovely scarlet-skinned turnips, some round, some flattened. Shiny hairless strap-leaf greens with pink and scarlet stems. **#29106 Pkt \$3.65**



Scarlet Ohno Revival

WHITE EGG **OG S**

48 days. Fast-growing turnip popular in the South. Egg-shaped roots, 3½ × 2½ in., grow partly above ground. Crowns are green-tinted. Flesh is white, fine-grained, and mild-flavored. Good bunching variety. **#29103 Pkt \$3.65;** **#29103E (28 g) \$10.70**



White Egg

Watermelon *Citrullus lanatus*

Culture: See Muskmelons section. Space 12–18 in. apart in rows 6–8 ft. apart. Vines require anywhere from 36–100 sq. ft. of vine space per hill, depending on variety. Don't disturb vines while fruit is ripening or else fruit may ripen unevenly. When planted in good soil under good environmental conditions, melons will do well, but are not as consistent producers as some other crops. The fruit weights we list are for what the variety can achieve given ideal conditions. **Harvest:** For most varieties, fruit is mature and most desirable during a 10–14 day period. It may take some experience to tell when a watermelon is ripe. There are four methods commonly used to determine peak harvest stage: (1) The spot where the fruit touches the ground turns yellow. (2) Look for the presence of a dried-up tendril on the portion of the vine nearest the fruit. (3) The rind feels slightly rough and ridged, and has a dull, opaque appearance, whereas immature fruits are smoother and glossier. (4) When a watermelon is ripe, it will have a hollow sound when you thump it with your knuckles: The melon sounds more like your chest when it is ripe; when green, it sounds more like your head; when over-ripe, it sounds more like your stomach. Mark Twain described it this way: "A ripe melon says 'punk' when thumped, a green one says 'pink' or 'pank.'" **Culinary:** Watermelon seeds are edible, have a nutty taste, and are commonly sold as a snack in some parts of the world. Seeds that mature to black are easier to eat than white seeds. **Seed Savers:** Isolate varieties by at least ¼ mile for home use, or ½ to 1 mile for pure seed. **Packet:** 1–3 g (20–58 seeds, average 39 seeds).

ALI BABA 80 days. [Iraqi heirloom] Light green oblong melons, 15–25 lbs. Vigorous vines. Sweet red flesh has few seeds. The hard rind makes this a good choice for market gardeners and home storage. Great texture, outstanding flavor. **#55126 Pkt (2 g, ~28 seeds) \$3.65**



Ali Baba

BLACKTAIL MOUNTAIN 73 days. [1977, developed by Glenn Drowns.] Small-fruited, earliest of all. An excellent small, fast maturing, highly productive watermelon that can be successfully grown in cool short season areas or southern hot, humid, areas. The earliest of 114 varieties that Glenn Drowns grew in 1994. Round 9 in. fruits have a dark green rind with small brown seeds. Orange-red flesh has sweet, rich flavor. When harvested just underripe, melons will ripen in storage and keep up to 2 months. **#55113 Pkt (1 g, ~22 seeds) \$3.40**



Blacktail Mountain

CEKIRDEGI OYALI (Orange Flesh)

80 days. [Turkish heirloom. Introduced to the US by Two Seeds in a Pod.] Unique seeds look like they have been carved, because as they dry the black seed casing cracks to reveal the white seed inside. Small melons, about 5 lbs each, with sweet orange flesh. **#55135 Pkt (2 g, ~18 seeds) \$3.65**



Cekirdegi Oyali

CHOU CHEH RED 75 Days. This is an exceptionally sweet variety! The clear favorite in SESE's 2019 watermelon tasting. Chou Cheh Red comes from Shaanxi Province, China, via the USDA seed bank (PI 435990), and was identified as a standout in Common Wealth Seed Growers' 2016 trials. Small, oblong fruits average 5 lbs. Very productive and early, and forgiving of sub-optimal growing conditions. Downy mildew resistance makes it a good choice for late season harvests, but it's also great as an early crop. Showed gummy stem blight resistance in a 2005 NC State trial. **#55134 Pkt (2 g, ~41 seeds) \$4.15**



Chou Cheh Red

CRIMSON SWEET 85 days. [1964.] Medium-sized, striped melon with tolerance to anthracnose (race 1 and 3) and Fusarium (race 1 and 2). Great-tasting melons are typically 10 × 12 in., weighing 23–27 lbs. A unique feature of this variety is its ability to promote beneficial soil fungi that inhibit Fusarium wilt. A reliable variety for the Southeast. This is the variety many melon lovers come back to after trying the rest! **#55101 Pkt (2 g, ~48 seeds) \$3.40**



Crimson Sweet

Turnip Greens (Salad Turnips)

SEVEN TOP **OG S**

(Southern Prize) 45 days. [Pre-1880.] Popular Southern variety often grown for winter green. Used for greens, not the roots, which are woody. Leaves grow 18–22 in. tall, but should be harvested when young and tender. **#29201 Pkt \$3.40;** **#29201E (28 g) \$7.05**



Seven Top

CRIMSON SWEET, VIRGINIA

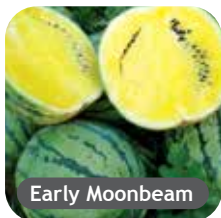
SELECT S [Introduced 2009 by SESE.] It's hard to improve on Crimson Sweet's vigor and great flavor, but Pam Dawling is at it! Since 2001, she's been saving this locally adapted strain, selecting for large, early melons with good flavor and healthy foliage. #55118 Pkt (2 g, ~46 seeds) \$3.65



Crimson Sweet, VA Select

EARLY MOONBEAM

OG S 76 days. [Alan Kapuler.] Sweet, crisp yellow icebox melon, 5–8 lbs. Thin, light green rind. Short vines make this a great melon for small gardens. #55123 Pkt (2 g, ~42 seeds) \$3.65



Early Moonbeam

GOLDEN MIDGET

OG S 72 days [1959.] Early, small 3-lb. melons with salmon-red flesh and a built-in ripeness indicator: the rind turns yellow when the melons are ready for harvest. (Don't be alarmed by the leaves: some yellow foliage is normal for this variety.) #55129 Pkt (2 g, ~36 seeds) \$3.40



Golden Midget

MARMONY MARBLE

OG S Medium-sized fruits with sweet pink flesh and mottled rinds. Small, reddish seeds that several of us found pleasant to munch on along with the fruit. #55132 Pkt (2 g, ~37 seeds) \$3.65



Marmony Marble



Amish Moon & Stars

MOON AND STARS, AMISH OG S

[Reintroduced 1987 by SESE. An Amish heirloom, possibly a variant of 'Sun, Moon, and Stars' introduced 1920 by Peter Henderson and Co.] 15–25 lb. oblong fruits with large yellow moons and small stars on dark green rinds. Foliage marked with yellow stars. This strain has a smooth, slightly ridged rind. Mottled brown seeds. Sweet, reddish-pink flesh. #55103 Pkt (3 g, ~24 seeds) \$3.90 Seed grown and stewarded by Living Energy Farm in Louisa, VA.

MOON AND STARS, YELLOW FLESHED

OG S 90 days. [Early 1900s GA family heirloom. Introduced 1987 by SESE. Years ago, a melon of this description was routinely shipped from Bermuda to some Southern states around Christmas time.] The sweetest Moon and Stars variety. Has a different flavor from other watermelons, with notes of apricot and honey when picked fully ripe. 15–35 lb fruits. Has some tolerance to disease and drought. Rind has many small yellow stars and some moons. To serve, try halving melons and scooping out the insides using a melon ball scoop. Scallop the edges and fill with melon balls of red and yellow watermelon, muskmelon, and assorted fruit. #55106 Pkt (3 g, ~28 seeds) \$4.15



Moon & Stars, Yellow-Fleshed

NANCY S

90 days [Pre-1885, GA. The thinner rind made it hard to ship, so this was the variety that commercial watermelon growers would save for their own families!] 14 in. x 16 in. melons average 25 lbs. Very sweet pink-red flesh, white seeds. Above-average disease resistance, excellent drought resistance. #55128 Pkt (3 g, ~36 seeds) \$4.15



Nancy

ORANGEGLO S

85 days. One of the best orange-flesh watermelons. Very crisp, sweet, and flavorful deep orange flesh. Vigorous plant produces heavy yields of 25 lb. melons with light and dark green stripes. #55127 Pkt (3 g, ~30 seeds) \$3.65



OrangeGlo

QUETZALI OG

83 days. Best of our 1999 taste trials. Very sweet, crisp 7–13 lb. The rind is unusually thick, so loss to splitting tends to be low. Dark and light green stripes. Pink-red flesh, small seeds. #55115 Pkt (2 g, ~47 seeds) \$3.90



Quetzali

RENICK YELLOW S

[From the Renick Family of Ashville, OH, via Linda Roberts, Bill Ellis, and SSE. Introduced 2020 by SESE.] High yields of small melons with sweet yellow flesh. Much tastier rinds than most watermelons have. #55133 Pkt (2 g, ~44 seeds) \$3.65



Renick Yellow

STONE MOUNTAIN OG S

95 days. [1923. A commercial bestseller from the '30s and '40s – thanks to grower Rodger Winn for bringing back this old Southern favorite.] Slightly oval 30 lb fruits with a dark green rind and sweet, juicy red flesh. Thick, split-resistant rind makes it great for shipping and storage. #55117 Pkt (3 g, ~30 seeds) \$3.90



Stone Mountain

STRAWBERRY OG S

85 days. [Selected from a FL heirloom by Walt Childs, introduced 1989 by SESE.] Strawberry-red flesh ripens to within 1/2 in. of the rind. Delicate texture and outstanding flavor, one of the best we offer. Long melons (8 x 20 in.), 15–25 lbs, dark green rind with darker green stripes, white seeds. Very good disease resistance. #55110 Pkt (3 g, ~31 seeds) \$4.15



Strawberry

SUGAR BABY OG S

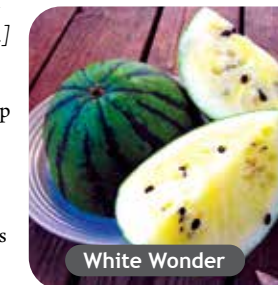
77 days. [1959.] Icebox sized, 6–8 in. melons with a hard rind which turns green-black when ripe. Handles drought well. 6–10 lb fruits with red flesh and small seeds. Consistently reliable and widely adapted, a good space-saving variety. #55111 Pkt (2 g, ~45 seeds) \$3.40



Sugar Baby

BACK! WHITE WONDER S

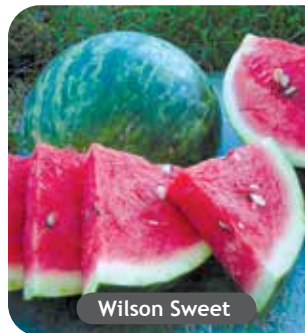
80 days. [Rare today, white-fleshed melons were common in the 1800s.] High yields of 3–10 lb icebox-size melons. Creamy white flesh is crisp with a fresh, sweet taste. Green rind with darker green stripes, this unique white fleshed melon will be a hit at farmers markets or on the picnic table. #55119 Pkt (2 g, ~47 seeds) \$3.65



White Wonder

WILSON SWEET OG S

85 days. The sweet red flesh and crisp juicy texture of this melon draws comments like "the best melon I ever tasted." The unusual green mottled rind protects from sun scald. Thanks to Sand Hill Preservation Center and grower Merlyn Niedens for saving this excellent melon from near-extinction. Try it, we think you'll like it! #55120 Pkt (2 g, ~28 seeds) \$3.65



Wilson Sweet

Culture and germination: Each herb has specific growing requirements. Please see our book section for additional growing information, as well as culinary and medicinal uses. **Medicinal herbs:** Information on medicinal herbs is condensed from various literature sources and is intended as a guide for decisions for planting only. Any remedies described here are not intended as medical claims, nor as a prescription for self-treatment, nor as a substitute for professional care or medical treatment. See your physician or qualified health professional prior to using herbs medicinally. **Germination of herb seed:** Many herbs naturally vary greatly in their germination. Some can be higher than 80% while others can be lower than 20%. Also please note that some herbs have special germination requirements.

Key to Herb Cultural Notes

Cultural notes for herbs are often given in brackets after the variety name or category name. *The notes may also include spacing requirements and days to maturity.*

A = annual, **B** = biennial, **P** = perennial
The USDA Plant Hardiness Zone number is given for most biennials and perennials. For example, B4 means biennial in zones 4 through 10. Note that some perennials perform as annuals in the North.

Temperature °F = recommended soil temperature for germination.

Stratify (Pre-chill) = Seeds require a moist cold treatment to break dormancy. Put seeds in covered moist planting medium in refrigerator for at least 4 - 6 weeks.

Scarify = Abrade in order to break dormancy, such as with a nail file or sandpaper.

D = Dark required for germination. Cover with soil, or use black plastic.

L = Light required for germination. Cover lightly with soil or leave exposed on the soil surface.

LD = No specific light requirement.

Days to germinate: Average number of days to germinate.

Planting: ds = direct sow, **tp** = transplant.
Sp = Spring, **Su** = Summer, **Fall** = Fall

ALF = after last frost

BLF = before last frost

sun = Needs full sun for best results.

shade = Tolerates/requires shade.

Height Mature plant height in inches.

Example: **ANISE** (*Pimpinella anisum*) [A/70°F/LD/14/dsALF/sun/24 in.]: Anise is an annual (A) whose seeds germinate best at 70°F. The seeds have no specific requirement for light (L) or dark (D) in order to germinate. Seedlings will emerge in approximately 14 days at the recommended germination temperature of 70°F. Direct sow (ds) after the last frost (ALF). Anise grows best in full sun and reaches an average height of 24 in.

ANISE (*Pimpinella anisum*) 75 days. [A/70°F/LD/14/dsALF/sun/24 in./does best in cool weather.] Seeds are often used in applesauce, breads, soups, and teas for licorice-like flavor. Leaves can be used in salads. Medicinal: Hot tea helps break up bronchial mucous. Carminative – a digestive aid for relief of gas and cramping. #71201 Pkt (0.75 g, ~145 seeds) \$3.15



Anise

Basil (Sweet & Fancy Types)

Ocimum basilicum, unless noted

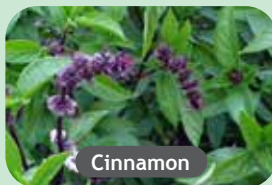
Culture: A/70°F/D/7-14/tp,dS,ALF/sun/18-30 in.
Medicinal: Basil has been used as a carminative. Research indicates it may inhibit gastric acid secretion



Bolloso Napoletano

BOLLOSO NAPOLETANO BASIL **OG S** ☀️ ⚡️
This variety comes from Naples and is highly prized for its strong flavor. Giant ruffled 6 in. leaves are great for pesto, though the thick leaves are harder to dry than most. Vigorous 3 ft. plants are pest-resistant and slow to flower. #71111 Pkt (0.15 g, ~102 seeds) \$3.65; #71111C (7 g) \$9.90

CINNAMON BASIL **OG**
Has a spicy cinnamon fragrance. Use as a tea or potpourri. #71102 Pkt (0.25 g, ~240 seeds) \$3.40



Cinnamon

DARK OPAL BASIL **OG** (var. *purpureum*) [1962, AAS winner.] Ornamental dark purple basil used like common basil for seasoning. May have a few green leaves. Beautiful in salads. #71103 Pkt (0.15 g, ~111 seeds) \$3.40



Dark Opal

ANISE-HYSSOP **OG** (Licorice Mint) (*Agastache foeniculum*) [P/70°F/LD/7/tp,dS/sun, part shade/18-48 in.] Native to the North-Central US. Beautiful decorative herb used for potpourri and to make a superb aromatic herb tea. Also quite tasty as a salad green. Excellent nectar plant for beekeepers. Attractive spires of lavender flowers. Medicinal: Relaxes capillaries. Used by some Asians and American Indians for chest pain and respiratory ailments. #71202 Pkt (0.05 g, ~230 seeds) \$3.65



Anise-Hyssop

ASHWAGANDHA **OG S** ☀️ (Withania somnifera) [P10. Germination: 10-20 days, 75 degrees. Full sun. Direct sow or transplant well after last frost.] Roots are traditionally used in India to strengthen the immune system, increase resiliency for stress, and relieve insomnia. Berries can be used as a vegetable rennet. In the dry regions of India, the Middle East, and North Africa, it grows to be a small shrub. #71315 Pkt (0.1 g) \$3.90

ASTRAGALUS **OG** (Chinese Milk Vetch)

(*Astragalus membranaceus*) [P/scarify seed/D/7-12/Sp,Fall/tp,dS/sun/24 in.] Legume with reclining, spreading growth habit. Medicinal: The 4th or 5th year root is a traditional Chinese herb, Huang Qi, used since ancient times to increase and tonify qi. Said to be a deep immune system activator. #71283 Pkt (0.2 g, ~50 seeds) \$3.65 **Cannot ship to HI**

KAPOOR TULSI **OG S** ☀️ (Holy Basil)

(*O. sanctum*) [A/55°F night, 70°F day/D/14/tp,dS/18 in.] Fragrance reminiscent of fruit and cloves. Many medicinal and culinary uses. Stems, leaves, flowers, and seeds are all good for making tea. Frequent harvests recommended. Easy to grow. Self-sows readily. #71104 Pkt (0.12 g, ~211 seeds) \$3.65; #71104C (7 g) \$9.90



Kapoor Tulsi

LEMON BASIL **OG** (*O. citriodora*) Deep lemon fragrance. Use for fish dishes, herb vinegars, and tea. #71105 Pkt (0.12 g, ~89 seeds) \$3.40

LEMON BASIL, MRS. BURNS' **S** ☀️ ⚡️ (*O. citriodora*) [New Mexico heirloom.] Larger leaves (2½ in.) and stronger flavor make this the preferred lemon basil variety for chefs. #71305 Pkt (0.12 g, ~66 seeds) \$3.65



Lemon

LETTUCE LEAF BASIL (*O. basilicum* var. *crispum*) 85 days. The most productive of the basil, this large Italian variety is excellent for pesto and basil in oil. #71106 Pkt (0.15 g, ~94 seeds) \$3.40



Lettuce Leaf

Bergamot (Bee Balm)

Monarda spp.

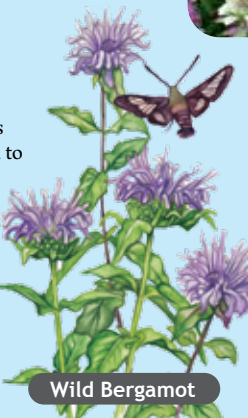
[P4/70°F/LD/14–21/sun, part shade/48 in.]

LEMON BERGAMOT 🍯 (*M. citriodora*)
[Native to the Appalachians.] Some variation in blossom color and citrus odor. Use dried leaves for lemon scented herb tea or for flavoring meat or fish dishes. Harvest leaves before flowers appear. #71203 Pkt (0.15 g, ~270 seeds) \$3.40

WILD BERGAMOT (*M. fistulosa*) A favorite of hummingbirds and bees. Flowers of varying shades of lavender may be added to salads. Use fragrant dried leaves for tea and potpourris. Medicinal: Used by several Native American tribes as a carminative. The strong flavor of the leaves has much in common with fresh oregano, and the flowers are edible, too. Native to most of North America. Hollow stems and a long flowering season make this a great plant for supporting pollinators. Once established, may spread aggressively by rhizomes. #71204 Pkt (0.1 g, ~197 seeds) \$4.15

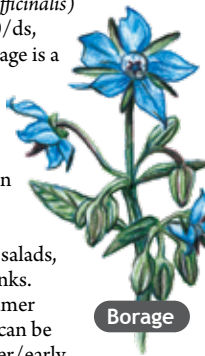


Lemon Bergamot



Wild Bergamot

BORAGE 🍷 (*Borago officinalis*) 80 days. [A/70°F/L/10/ds, tp/sun/24–36 in.] Borage is a bushy herb with bright blue edible flowers. The plant has been used to attract bumble bee pollinators to garden plots. The leaves can be used sparingly to add a cucumber-like flavor in salads, or for flavoring cool drinks. Plants fade in deep summer heat and humidity, but can be reseeded for late summer/early fall harvest Medicinal: Seeds contain over 20% GLA (gamma linolenic acid) which is extracted and used commercially as an economical substitute for evening primrose oil. #71205 Pkt (1 g, ~56 seeds) \$3.40



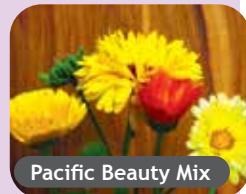
Borage

Calendula *Calendula officianalis*

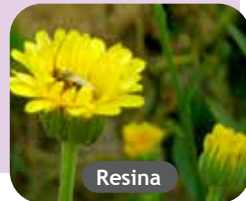
Culture: A/55–65°F/D/14/tp,ds/sun/18 in. /85 days. Plants fade in deep summer heat and humidity, but can be reseeded for late summer/early fall harvest. Flowers are used as a food color, natural dye, and substitute for saffron. For edible flowers, use the outer part of the petals (the whitish bit where the petals connect to the head is the most bitter). Medicinal: Traditionally used as an anti-inflammatory herb for localized skin problems. Reported to activate cellular defense mechanisms.

CALENDULA, PACIFIC BEAUTY MIX 🍷 🍷 85 days. 3 in. yellow-orange flowers. #71207 Pkt (0.5 g, ~92 seeds) \$3.90

CALENDULA, RESINA 🍷 🍷 Bright yellow, medium-size flowers; variety includes a few orange flowers. Medicinal: This strain has the highest amount of the resins prized by herbalists. #71303 Pkt (0.5 g, ~31 seeds) \$3.90; #71303C (7 g) \$8.85

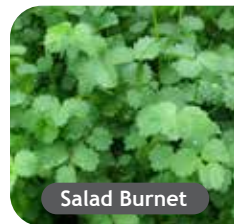


Pacific Beauty Mix



Resina

BURNET, SALAD 🍷 (*Poterium sanguisorba*) [P4/70°F/LD/tp,ds/sun/18 in.] Highly cold-hardy plant has a nutty-cucumber flavor, a great way to add cucumber flavor to winter salads. Flowers during the summer, then revives in cooler weather. In hot climates, shade plants during summer, or sow a new batch in late summer. #71206 Pkt (0.6 g, ~85 seeds) \$3.65



Salad Burnet

LIME BASIL 🍷 (*O. americanum*) Similar to Lemon Basil but with darker green leaves and a lime fragrance. Accent for soups, salads, and fish. #71288 Pkt (0.12 g, ~85 seeds) \$3.40



Lime

MAMMOTH BASIL 🍷 🍷 Huge, wide, shiny green leaves, twice as large as other Italian basil. A few leaves make a harvest. Add it to salads or to make a fine-flavored pesto. #71290 Pkt (0.12 g, ~67 seeds) \$3.65



Mammoth

MRIHANI BASIL 🍷 🍷 🍷 Great-tasting, relatively mild, ruffled leaves with notes of anise. Slow to bolt, and has very good resistance to basil downy mildew. From Zanzibar, where it is used in perfumes as well as food. #71114 Pkt (0.12 g, ~70 seeds) \$3.65



Mrihani

RED RUBIN BASIL 🍷 A purple version of Italian Large Leaf basil. Leaves are larger and more uniformly colored than Dark Opal basil. Sweet aroma and flavor. #71289 Pkt (0.12 g, ~78 seeds) \$3.40



Red Rubin

SPICY BUSH BASIL 🍷 🍷 (*O. basilicum* var. *minimum*) Very aromatic miniature (8–12 in.) bush basil. One of the prettiest basil with small shiny leaves on highly branched stems. #71108 Pkt (0.15 g, ~127 seeds) \$3.65



Spicy Bush

SWEET GENOVESE BASIL 🍷 85 days. A select large-leaf strain. Use fresh or dried for flavoring sauces, soups, dressings, and pesto. Our most popular basil. #71107 Pkt (0.20 g, ~110 seeds) \$3.40; #71107C (7 g) \$7.05



Sweet Genovese

SWEET THAI BASIL 🍷 🍷 Spicy flavor reminiscent of anise and cloves goes well in curries and many other Asian dishes. Purple stems and flowers contrast attractively with the 2 in. green leaves. 12–18 in. plants. #71112 Pkt (0.18 g, ~185 seeds) \$3.65



Sweet Thai

CARAWAY (*Carum carvi*) 70 days. [B4/70°F/L/14/ds/sun/24 in.] Use the dried seeds for flavoring breads, leaves for salads, and roots as a vegetable (raw or cooked). Used especially to flavor rye bread and cabbage dishes. This biennial produces seeds its second year after over-wintering. Medicinal: Highly regarded as a carminative. Also has anti-spasmodic and anti-microbial properties. #71208 Pkt (0.4 g, ~162 seeds) \$3.15

CARDOON 🍷 (*Cynara cardunculus*) [A/70°F/LD/tp/sun/48–72 in.] The ancestor of artichokes, with spinier leaves and a non-edible flower head, but the stalks are harvested like celery and cooked. The leaves are bitter and should be removed. Good in soups or stews, pickled or fried. #71209 Pkt (0.5 g, ~14 seeds) \$3.40

CATNIP 🍷 🍷 🍷 (*Nepeta cataria*) [P4/70°F/L/7–21/tp/sun/24–30 in.] Use this mint for teas, or for amusing your cat. Medicinal: Traditionally used for colds and flu primarily as a diaphoretic for feverish conditions. Nepetalactone, the primary ingredient of the essential oil, is chemically similar to the sedative component of Valerian. #71210 Pkt (0.15 g, ~215 seeds) \$3.40



Catnip

CHAMOMILE, GERMAN

(*Matricaria recutita*)

[A/55–60°F/L/tp/sun/24–30 in.] The sweet-scented flowers of Chamomile are used to make Chamomile tea which has a distinctive apple-like flavor and fragrance. Medicinal: Chamomile has long been used as a carminative, and as an anti-inflammatory, anti-ulcer remedy to protect gastric mucous membranes. It is also anti-spasmodic, and anti-microbial. Used as a nasal wash to treat sinusitis. #71212 Pkt (0.15 g, ~1440 seeds) \$3.90

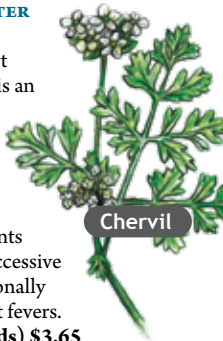


German Chamomile

CHERVIL, BRUSSELS WINTER OG

(*Anthriscus cerefolium*)

[A/55°F/L/7-21/tp,ds/part shade/24 in.] Fresh chervil is an excellent flavoring for peas, potatoes, carrots, eggs, and fish. Loses its flavor when dried, but the flavor can be preserved in chervil butter. Best quality comes from plants grown in partial shade in successive sowings. Medicinal: Traditionally used as a diaphoretic to treat fevers. #71213 Pkt (1 g, ~440 seeds) \$3.65



Chervil

CRESS (VARIOUS VARIETIES) See Greens, p. 21.

CUMIN (*Cuminum cyminum*) [A4/70°F/ds/sun/12 in.] Long warm growing season required. Used for flavoring chili and dishes spiced with hot peppers. #71220 Pkt (0.5 g, ~194 seeds) \$3.15

Dill *Anethum graveolens*

[A/70°F/L/7–21/ds/sun/30–48 in.]

BOUQUET DILL OG

Similar to Long Island Mammoth but shorter plants with larger flower/seed heads and larger leaves. A choice popular variety for pickling. #71221 Pkt (0.75 g, ~576 seeds) \$3.40; #71221D (14 g) \$6.50



Bouquet

DUKAT DILL OG S

A European selection from Mammoth bred for high essential oil content which gives this variety a delicate aromatic fragrance and flavor. Plants up to 6 ft. tall! #71263 Pkt (0.75 g, ~515 seeds) \$3.65



Dukat

FERNLEAF DILL OG

[1992, AAS winner.] An attractive, early, compact dill variety, 18 in. tall with finely divided fern-like dark-green leaves. Best variety for leaf production and early fall crops. Fernleaf is a slow-bolting, space-saving variety especially suitable for containers. #71222 Pkt (0.75 g, ~528 seeds) \$3.90



Fernleaf

LONG ISLAND MAMMOTH DILL OG

70 days. The standard heirloom variety for flavoring pickles, soups, breads, stews, salads, and sauces. #71223 Pkt (0.75 g, ~576 seeds) \$3.40; #71223D (14 g) \$6.50



Long Island Mammoth

Chives *Allium spp.*

[P3/60–70°F/D/tp,ds/sun, part shade/12 in.]

CHIVES OG

(*A. schoenoprasum*) 80 days. Grow indoors or outdoors for year-round onion flavoring. Use chopped leaves and young flowers to add flavor and decorative garnish to salads. Medicinal: A tonifying and healthful herb. The essential oil is highly antibacterial. #71214 Pkt (0.2 g, ~183 seeds) \$3.90



Chives

GARLIC CHIVES OG

(Chinese Leeks, Chinese Chives) (*A. tuberosum*) 80 days. Leaves are larger and flatter than chives. Garlic flavor for salads and seasoning. #71215 Pkt (0.7 g, ~173 seeds) \$3.90



Garlic Chives

CILANTRO/CORIANDER OG

(*Coriander sativum*) [A/60°F/D/7–21/ds/sun/30 in.] Widely used in cuisines from around the world. Plants are most often harvested in the leafy stage of their development (cilantro) or the mature seed stage (coriander). Roots, flowers, and immature seeds are also tasty. Plant monthly successions. Difficult to start in hot weather - sow in shade, or keep soil covered and cool until seedlings emerge. Self-sows in cool weather. Hardy to 15°F. #71216 Pkt (1 g, ~90 seeds) \$3.40; #71216D (14 g) \$6.50; #71216F (114 g) \$8.60



Cilantro/Coriander



Florence Fennel

Echinacea (Coneflower)

Echinacea spp.

Culture: P3–9/stratify at 40°F if needed/LD/tp,ds/Sp/sun/24–36 in. All Echinaceas are drought resistant. Keep young plants well weeded. Germination is typically around 50% and all species except *E. purpurea* require stratification (a period of moist pre-chilling) to break seed dormancy. Seeds may be stratified by sowing in flats or pots in a cold frame over the winter, or a refrigerator for 2–4 months depending on the species. As little as 3 weeks of stratification will give some germination. Medicinal: All 9 species are medicinally important, and all parts of the plant have some activity. Several pharmacological studies have demonstrated immunostimulant, bacteriostatic, and anti-viral activity. It may be used as an anti-microbial anywhere in the body. It activates macrophages, increases white blood cell levels, and inhibits microbial hyaluronidase (an enzyme that causes host cells to break down.) Echinacea is often used as a short term immune stimulant (2 weeks maximum), but it is contraindicated in autoimmune system disorders and progressive diseases.



Echinacea angustifolia

ECHINACEA ANGUSTIFOLIA (Narrow-Leaved Coneflower)

[stratify 90–120 days.] [Native to the dry prairies of the central U.S. This species has a long history of medicinal use starting with the Native American tribes of the Great Plains.] The plants are the smallest of the echinaceas (8–18 in.) and the spreading pink ray petals are the shortest (3/4–1 3/8 in. long). #71264 Pkt (0.2 g, ~52 seeds) \$3.65

Fennel *Foeniculum vulgare dulce*

Culture: B2–5,P6–10/70°F/D/7–14/ds/ sun/36–60 in. Medicinal: Fennel is used as a carminative to relieve flatulence and colic while stimulating digestion. It is also anti-spasmodic, anti-inflammatory, and is similar to anise in calming bronchial coughs. It has estrogenic activity and stimulates milk flow in nursing mothers.

FENNEL, BRONZE OG S

(var. *Rubrum*) This decorative fennel has beautiful lacy bronze leaves. Useful as an ornamental as well as a culinary sweet fennel. #71226 Pkt (0.2 g, ~75 seeds) \$3.65



Bronze Fennel

FENNEL, FLORENCE OG (var. *Azoricum*) 90 days. Known to Italian gardeners as Finocchio. Dill-shaped leaves with distinctive licorice flavor. May produce bulbs, which can be blanched or eaten raw in salads. #71227 Pkt (1 g, ~300 seeds) \$3.40

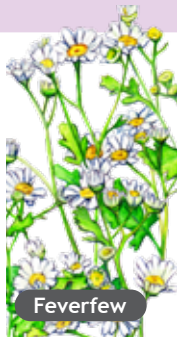
ECHINACEA PALLIDA **OG** (Pale Purple Coneflower) [P3-9/stratify 60 days at 40°F/LD/tp,ds/Sp/sun/24-36 in.] [Native to open woods and rocky prairies from NE Texas to central Illinois.] Drooping flower petals are 1½-3½ in. long and may range in color from pink, purple, or white, but are typically rosy purple, with a purple-brown flower disc. Long, narrow leaves. 18-36 in. tall. Medicinal, drought-tolerant plant. #71265 Pkt (0.2 g, ~42 seeds) \$3.65

ECHINACEA PURPUREA **OG** (Purple Coneflower) A very popular ornamental and the most common species, widely used as a medicinal plant. The flowers are 3-4 in. across with pink-orange cone-shaped centers and purple-pink rays. Easy to germinate and widely adapted. Unlike other echinaceas the seeds do not require cold treatment, the roots are fibrous rather than taprooted, and the plant is more highly branched at the top. #71224 Pkt (0.2 g, ~45 seeds) \$3.65



Echinacea purpurea

FEVERFEW **OG S** (*Chrysanthemum parthenium*) [P4-10/70°F/L/10-14/ds,tp/sun/30 in./Remove flower heads before seed forms, otherwise the plant will grow as an annual.] Small daisy-like blooms on light-green foliage. Medicinal: Vasodilator and anti-inflammatory. Studies published in the British medical journal Lancet reported that 2-3 fresh leaves of feverfew eaten daily over a period of time reduced the severity and frequency of migraines. Feverfew has potential value in relieving arthritis symptoms. Contraindicated during pregnancy. #71228 Pkt (0.1 g, ~800 seeds) \$3.90



Feverfew

HOREHOUND, WHITE **S** (*Marrubium vulgare*) [P4/60°F/D/tp,ds/sun/18-24 in.] This member of the mint family has a pleasant fragrance and a menthol-like flavor. Use as a tea and a flavoring for Horehound candies. Medicinal: Contains substances which stimulate secretions of the bronchial mucosa, soothe coughs, and break up mucus. #71229 Pkt (0.15 g, ~140 seeds) \$3.65



White Horehound

HYSSOP **OG S** (*Hyssopus officinalis*) [P4/65°F/D/tp/sun/24 in.] Ornamental shrubby herb used to season poultry. Active constituents of hyssop include volatile oils with a camphor-like odor and strong flavor. Medicinal: Hyssop tea flavored with honey is used as an expectorant. Collect the flowering tops in August and dry in the sun. #71230 Pkt (0.1 g, ~95 seeds) \$3.65



Hyssop

LAVENDER, ENGLISH (Munstead) (*Lavandula vera* var. *Munstead*) [P5/70°F min/LD/30/tp/sun/18 in./Requires good drainage and wind protection. Sow seed in slightly alkaline sterile medium. Germinates and grows slowly.] Munstead, the most aromatic of the lavenders, is sweet and delicate. Flowers are deeper blue than other lavender strains. Long-lasting, pleasant scent also prevents moth damage in woollens and discourages musty odors in linens. Medicinal: Traditional herbal remedy used for stress-related headaches. Also a carminative, antidepressant and calming tonic for the nervous system. #71231 Pkt (0.15 g, ~150 seeds) \$3.65



English Lavender

LEMON BALM **OG** (Melissa officinalis) [P4/70°F/L/10/tp/sun/30 in.] Use for hot and refreshing cold teas as a lemon substitute. Essential oils are volatile resulting in more fragrance than flavor. Medicinal: Lemon balm has anti-viral action in lab tests against herpes simplex, mumps, and other viruses. Also a sedative, calmative, and carminative. #71232 Pkt (0.19 g, ~345 seeds) \$3.40



Lemon Balm

LOVAGE (*Levisticum officinale*) [P3/65°F/D/14/tp/sun, part shade/60 in.] As a culinary herb, lovage has a celery-like flavor but richer with hints of fennel and curry. Use the stems, leaves, and seeds in the same fashion as celery. Medicinal: As a medicinal herb, lovage is used as a tea for its diuretic effect and as a carminative (relief of gas). #71233 Pkt (0.25 g, ~70 seeds) \$3.15

MARJORAM, SWEET **OG** (*Origanum hortensis*) 70 days. [P10/60°F/LD/21/tp/sun/12 in./Don't overwater.] Resembles oregano in flavor though milder with subtle overtones of balsam. Add it fresh to salads and tomatoes. Uses are similar to oregano. Medicinal: Inhibits herpes simplex virus in laboratory studies. #71234 Pkt (0.05 g, ~300 seeds) \$3.65



Sweet Marjoram

MEXICAN MINT MARIGOLD **OG** (Mexican Tarragon, Sweet Mace) (*Tagetes lucida*) [P8/70°F/L/5-15 days/sun/ds, tp ALF.] Used as a substitute for French tarragon. Often compared to licorice and anise. Leaves are best used raw or added at the end of cooking; goes well in fish and chicken dishes, soups, salads, pestos, and vinegars. In Mexico, leaves and flowers are used for tea. Can be used for dried flower arrangements. Does very well in hot climates, perennial in zones 8-11. #71309 Pkt (0.10 g, ~200 seeds) \$3.65

MILK THISTLE (*Silybum marianum*) [A or B/L/7-14/Sp, Fall/ds/sun/48-60 in.] All parts are edible. The young leaves (with spines removed) may be used in salads or cooked as a vegetable. Attractive, showy rose-purple flowers. Medicinal: The active principle is silymarin, a complex that helps stabilize and regenerate liver cells. #71274 Pkt (1 g, ~40 seeds) \$3.65 **Cannot ship to TX.**

MINT (*Mentha* sp.) [P5/70°F/L/14/tp/sun, part shade/18 in.] Hardy, aromatic native plant. Variable. Mint grown from seed produces plants that vary widely in flavor and appearance from spearmint to menthol mint to peppermint. Sow in pots and transplant your favorite plants. Can be used for mint sauce, jelly, desserts, and, fresh or dried, for tea. Medicinal: A cooling herb for external inflammation. Internally it has spasmolytic, carminative, and expectorant properties. #71235 Pkt (0.05 g, ~600 seeds) \$3.90



Mint

NEW! MOUNTAIN MINT, SHORT TOOTHED (Pycnanthemum muticum) [P4/L/7-14 days/tp, ds ALF/sun, part shade. Ht. 36 in.] Native to most states in the eastern U.S. Despite its name, it is more common in lowland areas than mountains. In its first year and in spring, before it begins to flower, use as a tea herb. In a tea tasting of 3 mountain mint species, this one did best. Before and during its flowering period, great for adding bulk and aroma to bouquets. Circles of small white flowers surrounded by attractive leaves with a frosted look. Feeds a wide range of pollinators with its abundant nectar. In fall and winter, its hollow stems make it a host plant for certain native insects. Spreads by rhizomes. In some situations it will need to be reigned in. Thanks for our seed go to Prairie Moon Nursery, supplying North America with straight species (wild types) of native plants. #71316 Pkt (0.05 g, ~210 seeds) \$3.90



Mountain Mint

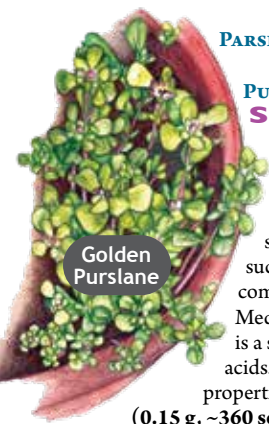
OREGANO, GREEK **OG** (*Origanum vulgare*) [P5/60°F/L/14-21/tp/sun/12 in.] An essential spice of pizza as well as tomato, cheese, and meat dishes. This is the flavorful Greek Oregano, not the flavorless oregano commonly available. Medicinal: Mildly carminative and anti-spasmodic. #71237 Pkt (0.05 g, ~500 seeds) \$3.65



Greek Oregano



Mexican Mint Marigold



PARSLEY See Greens, p. 24.

PURSLANE, GOLDEN OG

S (*Portulaca oleracea sativa*) [A/70°F/7-10/LD/ds,tp/Sp ALF/sun/12-18 in.] Upright plants with orange stems and large smooth succulent leaves. Cut-and-come-again edible for salads. Medicinal: Wild purslane is a source of omega-3 fatty acids. Hypotensive and diuretic properties reported. #71299 Pkt (0.15 g, ~360 seeds) \$3.90

Golden Purslane

QUILLQUIÑA (BOLIVIAN PAPALO, BOLIVIAN CORIANDER) OG S

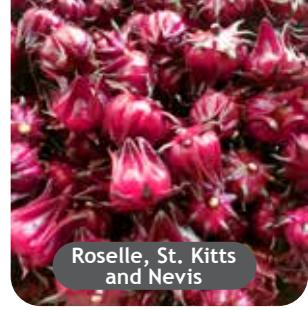
S (*Porophyllum ruderale*) [A/germin: 70°F/L/7-10 days germ/tp, ds/sun/60 in.] Similar flavor to the more common Mexican papalo, with notes of arugula, citrus, and rue. This Bolivian variety has narrower, blue-green leaves, and a very complex flavor with more floral notes that we think a wider range of people will enjoy. Like cilantro, it is loved by many and hated by a few, though your opinion of cilantro is not a good predictor of your opinion of quillquiña! Very aromatic. One planting can provide fresh greens for months. #71310 Pkt \$4.15



Quillquiña

ROSELLE, ST. KITTS AND NEVIS OG S

S (*Hibiscus sabdariffa*) [TP/75-85°F/7-14 days/sun/48-66 in./tp] [Introduced 2020 by SESE.] Highly productive strain, great for Deep South growers. Louise Divine and Herman Holley of Turkey Hill Farm in Tallahassee, Florida have grown many different roselles, and say this is the best for them, bearing loads of large, dark red calyxes from September through November. Here in Virginia, the large plants are 12-18 in. taller than Thai Red Roselle, but flower 6 weeks later, so it may not make sizable calyxes before frost. #71312 Pkt (0.6 g, ~20 seeds) \$3.90; #71312C (7 g) \$10.70



Roselle, St. Kitts and Nevis

Seasonal Items: Shipping Surcharges Apply

At-Risk Medicinal Herbs

Shipping Surcharge: \$2 for one item, \$4 total for any two or more items includes all fall shipped items: garlic, woodland medicinals (below), and onion bulbs.

Ginseng & Goldenseal ship in October.

If ordering by mail, pre-order by September 1st. U.S. shipping addresses only.

The following herbs are on the Appendix 2 of the CITES (Convention on International Trade in Endangered Species) list. They are also on the United Plant Savers primary list. Wild stands of these plants are disappearing from the woods of N. America. Whenever we plant these native plants in our woodlands we help ensure their long-term survival. Planting instructions included.



Ginseng

GINSENG SEED S (*Panax quinquefolius*) Grows 1-2 ft. with toothed leaves, small green/white flowers and bright red berries in early summer. Plant 6 in. apart in raised beds. Requires 75% shade - either forest or artificial. Likes humus-rich soil with good drainage. Fertilize and mulch well. Sustainably grown seeds. See below for medicinal information. Seed stratified for 1 year and shipped in fall ready to plant. #71293 Pkt (2 g, ~20 seeds, see shipping info above) \$4.15

GINSENG ROOT S (*Panax quinquefolius*) Requires north slope in a dense deciduous forest. Grows well with goldenseal and other native woodland plants as companions. Roots are planted in the fall and can be harvested after the 4th to 7th year. Medicinal: Used traditionally as a "cure-all" herb. It is known to enhance physical health due to its ability to help the body adapt to stress. Please read more about this herb before using it medicinally. Planting guide included. #71601 3 roots (2 years old, see shipping info above) \$15.55; #71601Y 8 roots (2 years old) \$41.10

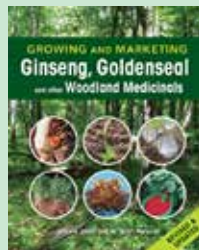


Goldenseal

GOLDENSEAL RHIZOMES (*Hydrastis canadensis*) Grows up to 16 in. with light green leaves, small flower in late spring followed by a red berry. Yellow rhizome is planted by root divisions in the fall. A mature plant can be divided 3 to 5 times. Requires 75% shade in rich soil. Plant grows from southern Canada to Georgia, Alabama, and Kansas. Medicinal: Well known to contain powerful antibacterial properties and has been used to treat inflamed mucous membranes. #71602 5 rhizomes (see shipping info above) \$15.55

GROWING & MARKETING GINSENG, GOLDENSEAL & OTHER WOODLAND MEDICINALS

[W. Scott Persons and Jeanine M. Davis.] This updated and expanded edition gives recommended methods of growing and marketing ginseng, goldenseal, ramps, black cohosh, bethroot, bloodroot, blue cohosh, false unicorn, galax, mayapple, pinkroot, spikenard, wild ginger, wild indigo, and other native woodland medicinals. Includes over 200 photographs, numerous tables, and extensive references and resources. This invaluable resource will excite and inspire everyone from the home gardener to the full-time farmer. 2nd edition. Softcover, 480 pp. #91160 \$49.99



ROSELLE, THAI RED OG S

S (*Hibiscus sabdariffa*) [TP/75-85°F/7-14 days/sun/36-60 in./tp.] Beautiful 3-5 ft. plants with red stems and leaf veins. The bright red calyxes can be used to make "zingy" tea, sauce, syrup, or jam, or candied whole for an unusual treat. For strongly flavored teas, simmer for 10-20 minutes. Roselle was called "Florida cranberry" in the 1890s. The flowers and young leaves are edible and have a citrus tang. The stir-fried greens are much used in Burmese cooking! Space plants 3-6 ft. apart - the wider the spacing, the more calyxes will ripen. The only variety in several trials to begin flowering by mid-summer here in Virginia. #71301 Pkt (0.6 g, ~20 seeds) \$3.90; #71301C (7 g) \$10.70



Thai Red Roselle

ROSEMARY OG

(*Rosemarinus officinalis*) [P8/55°F night, 70°F day/L/14-30 in./tp/sun.] Requires a well-drained, alkaline soil. Sow seed in a sterile seed starting mix with limestone added. Germination is normally low and growth of seedlings is slow. Rosemary is a versatile culinary seasoning for many vegetable or meat dishes. Medicinal: Rosemary has diverse medicinal properties, the most notable being its use as a circulatory and nerve stimulant. Extracts of rosemary have strong antioxidant and preservative properties. #71239 Pkt (0.07 g, ~58 seeds) \$4.15



Rosemary

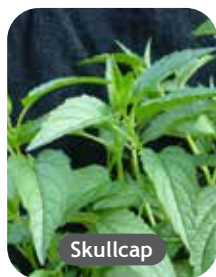
SAGE, COMMON OG

(*Salvia officinalis*) 75 days. [P4/70°F/LD/7-21/tp/ds/sun/22-28 in.] Best known as a flavoring herb for meats, dressings, and sauces. As an ornamental, sage provides a restful focal point for any herb garden. Medicinal: Traditionally used as a digestive tonic and nerve tonic. Astringent and antibacterial. #71241 Pkt (0.33 g, ~40 seeds) \$3.40; #71241C (7 g) \$7.55



Common Sage

SKULLCAP S (*Scutellaria lateriflora*) [P/stratify 4–6 weeks/D/14–21/Sp/tp,ds/sun or light shade/12–24 in.] [Also called *Virginian Scullcap* or *Mad-Dog Scullcap*. The latter name refers to its historical use in treating rabies.] Small purple-blue flowers are borne in slender one-sided racemes in the leaf axils. Leaves are oval-shaped with serrated edges. Medicinal: Nervine tonic, sedative, and anti-spasmodic used to revivify, calm, and nourish the nervous system. Harvest aerial parts during August and September. #71292 Pkt (0.1 g, ~55 seeds) \$3.65



Skullcap



Soapwort

SOAPWORT (*Saponaria officinalis*) [P3/70°F/L/10–21 days/tp, ds/sun, part shade/12–24 in.] Used as a natural soap, the roots and leaves are soaked or heated in water to extract saponins which produce a lather. A non-irritating skin cleanser, shampoo, and soap for delicate fabrics. #71245 Pkt (0.15 g, ~100 seeds) \$3.90


SORREL, GARDEN OG S (*Rumex acetosa*) [P4/70°F/L/3–14/ ds/sun/36 in.] Cold-hardy to 12°F. Use sparingly as a salad green for its lemon-like flavor. Sorrel is best used in soups, where it excels. #71246 Pkt (0.4 g, ~430 seeds) \$3.65



Garden Sorrel



Spilanthes

SPILANTHES  (**Eyeball plant, Buzz Buttons, Toothache Plant**) (*Spilanthes acmella*) [A/germin: 70–80°F/L/7–12 days/tp, ds/sun/8–12 in.] Widely used around the world, and called by many names. A spreading, highly ornamental plant with gold and red, cone-shaped flowers often compared in appearance to eyeballs. Edible leaves and flowers cause a strong tingling sensation in the mouth when eaten raw, with similarities to Szechuan peppercorn. Use in soups, sauces, sorbets, cocktails, and shredded in salads. Has been used in a very wide range of medicinal applications, including for various mouth issues. #71298 Pkt (0.08 g, ~325 seeds) \$3.65

Thyme *Thymus spp.*


Culture: P4/55–60°F/LD/14–30/tp

CREeping THYME (*T. serpyllum*) [Plant in full sun in the north, part shade in the south/4 in.] A low-growing herb suited for rock gardens and raised herb beds. Slow growing at first, it later forms dense mats. Provide shade where the summers are hot. For culinary and ornamental use. #71249 Pkt (0.2 g, ~1015 seeds) \$3.65



Creeping

GERMAN WINTER THYME OG (*T. vulgaris*) 85 days. [Ht. 8 in., space 12 in. apart.] Flavoring for sauces, soups, meats, dressings, and bean dishes. Shrubby, evergreen perennial. Medicinal: Used as an expectorant and bronchial anti-spasmodic and carminative. #71250 Pkt (0.2 g) \$3.65

SUMMER THYME OG  (*T. vulgaris*) 90 days. [Ht 6–12 in., perennial in zones 6–9.] Stronger flavor for cooking, smaller plants than German Winter Thyme. #71304 Pkt (0.2 g) \$3.65



German Winter

Summer

ST. JOHN SWORT (*Hypericum perforatum*) [P/stratify/7–30/Sp,Fall/tp,ds/sun/12–48 in.] A woody-stemmed herb with balsam-scented leaves and clusters of yellow, lemon-scented flowers. Harvest flowers shortly after the plant comes into bloom. Olive oil extracts of the flowers impart a red color to the oil. Medicinal: Anti-inflammatory, anti-viral, and anti-depressive. Many other uses for this multi-faceted herb. #71279 Pkt (0.05 g, ~600 seeds) \$3.40 **Cannot ship to CA, CO, ID, HI, MT, NV, OR, or WA.**

SUMMER SAVORY

OG (*Satureja hortensis*) 60 days. [A/70°F min./L/7–21/tp,ds/sun/12 in.] Cooking herb used for flavoring meats, dressings, soups, and salads. Especially good in bean and cabbage dishes, herb butters, and vinegars. A blending herb with a peppery thyme quality, summer savory draws together diverse flavors. Medicinal: Reportedly the fresh leaves may be rubbed on insect stings to relieve pain. #71242 Pkt (0.25 g, ~450 seeds) \$3.65



Summer Savory

Wormwood

WORMWOOD (*Artemisia absinthium*) [P4/55°F/LD/7–10/tp,ds/ sun, part shade/24–36 in.] Wormwood has been used as a traditional bitter herb, but is now considered hazardous for internal use. It is an attractive ornamental and can be used fresh or dried for flower arrangements. Wormwood repels cabbageworm butterflies, flea beetles, and clothes moths. #71255 Pkt (0.1 g, ~1400 seeds) \$3.90

WORMWOOD, SWEET OG

(**Sweet Annie**) (*Artemisia annua*) [A/70°F/LD/ ds/sun/72 in./Self-sows readily.] Grown mostly for its sweetly scented foliage, its ornamental value, its use in wreath-making, and for use in pressed leaf and flower arrangements. Seed is difficult to clean and contains some light chaff. Medicinal: Sweet Annie is currently being investigated for its medicinal value as an antihelminthic, and for the treatment of chloroquine-resistant malaria. #71256 Pkt (0.05 g, ~1700 seeds) \$3.90



Wormwood




Sweet Wormwood



Valerian

VALERIAN (*Valeriana officinalis*) [P4/65°F/LD/21–30/tp/sun, part shade/ 48–60 in.] Small aromatic white flowers are borne in sprays on tall plants. Naturalizes easily. Medicinal: Pharmacological studies have shown valerian root to be an effective tranquilizer and calmativ without the side effects associated with Valium. #71251 Pkt (0.1 g, ~80 seeds) \$3.65

NEW! YARROW OG S

 (*Achillea millefolium*) [P/ stratify for best germin./ L/ 21 days/ ds, tp ALF/ sun, part shade/ 32 in.] Used in medicinal traditions of many cultures for many purposes, especially in healing wounds. In spring, leaves are also good as an aromatic culinary herb. Finely divided, feathery leaves give rise in summer to stalks with dense clusters of small white flowers. Attracts pollinators including ladybugs, syrphid flies, and parasitic wasps that prey on crop pests. Spreads by rhizomes. In many situations it will need to be reigned in. This species – or by some accounts, this species complex – is native to most of the northern hemisphere, and to all 48 states of the continental US. Our yarrow seed is collected from wild plants at the edge of our grower's field in Louisa County, VA. #01222 Pkt (0.2 g, ~130 seeds) \$3.90



Yarrow

Flowers

Key to Cultural Notes on p. 60.

Everlasting (drying) Flowers p. 73.

Ageratum *Ageratum houstonianum*

Annual. Germination: 75°F, light required, 5-10 days. Full sun or part shade. Transplant after last frost.



Dondo Blue Ageratum

AGERATUM, DONDO BLUE **OG S** (Floss Flower, Bluemink) Prolific clusters of blue flowers. Long stems do well in bouquets, but may take root if allowed to rest on the ground. Native to Mexico. Self-sows. #01190 Pkt (0.05 g, ~200 seeds) \$3.65



Sweet Alyssum, Purple

Sweet Alyssum *Lobularia maritima*

Annual. Germination: 70°F, 5-15 days, light required. Full sun or part shade. Direct sow or transplant after last frost. Space 4-6 in. apart. Ht. 8-12 in.

NEW! SWEET ALYSSUM, PURPLE, ROYAL CARPET **OG S** 62 days. Plants are a lovely mix of white, lavender, and purple flowers. #01216 Pkt (0.10 g, ~250 seeds) \$3.65

SWEET ALYSSUM, WHITE **OG S** 55 days. Low, spreading mounds with sweetly fragrant tiny white flowers in clusters. Often blooms so thickly as to completely hide the foliage! Long-blooming. Attractive to bees, butterflies, and other pollinators. Great for undersowing, planting between paving stones, or as a ground cover. #01180 Pkt (0.10 g, ~250 seeds) \$4.15



Sweet Alyssum, White

Amaranth *Amaranthus caudatus*

Amaranthus caudatus

For more amaranths, see pp. 20 & 74. Annual. Germination: 70-75°F, light required, 7-10 days. Full sun. Direct sow after last frost. Space 12-24 in. apart. Ht. 36-60 in.

LOVE-LIES-BLEEDING **OG S** Crimson tassels up to 24 in. long "drip" from these showy plants. Good fresh or dried. Stake plants for best display. #01154 Pkt (0.15 g, ~750 seeds) \$3.65



Love-Lies-Bleeding

Ammi

DARA **OG S** (Daucus carota) [Biennial. Direct seed. Full sun.] Elegant flower clusters in pink, dark purple, and white. Attracts pollinators including tachinid flies, which parasitize squash bugs. Though closely related to Queen Anne's Lace, Dara is not aggressive in the garden. Best planted in fall, for spring flowers, in most climates. Here in Virginia, our spring planting reached only 24 in., but our fall planting reached 60 in. and produced larger flowerheads over a longer period. #01201 Pkt (0.1 g, ~100 seeds) \$4.15



Dara

Asters *Callistephus chinensis*

Annual. Germination: 70°F, 9 days. Full sun. Direct sow or transplant. Space 6-12 in. apart. 85 days.

CREGO GIANT MIXED COLORS **OG S** Very popular old favorite with large showy blooms in a mix of 6 colors. Tall plants up to 3 ft. Excellent cut flowers. #01101 Pkt (0.1 g, ~46 seeds) \$3.65; #01101C (7 g) \$7.55



Crego Giant

POWDER PUFF MIXED COLORS **OG S** Double blooms in 7 colors: white, pink, rose, peach, crimson red, sky blue, and medium blue on 3 ft. tall plants. Excellent cut flowers for bouquets. #01133 Pkt (0.1 g, ~50 seeds) \$3.65; #01133C (7 g) \$7.55

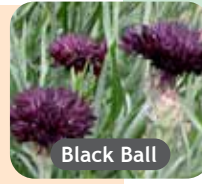


Powder Puff

Bachelor's Button (Cornflower) *Centaurea cyanus*

Annual. Germination: 60°F, darkness required, 14 days. Full sun. Direct sow in mid-spring. Space 12-16 in. apart.

BLACK BALL **OG S** Striking maroon-black flowers, 30-36 in. tall. Dark colors contrast nicely with the lighter shades of more traditional bachelor's buttons. #01176 Pkt (0.5 g, ~106 seeds) \$3.65



Black Ball



Blue Boy

BLUE BOY **OG S** An old favorite for cut or dried deep-blue flowers. Plants are 30 in. tall and are especially suited for backs of borders. #01103 Pkt (0.5 g, ~106 seeds) \$3.65

POLKA DOT **OG S** Polka Dot is a mixture of red, rose, blue, and lavender shades. Compact plants are 16 in. tall and flower more profusely than taller varieties. #01104 Pkt (0.5 g, ~106 seeds) \$3.65

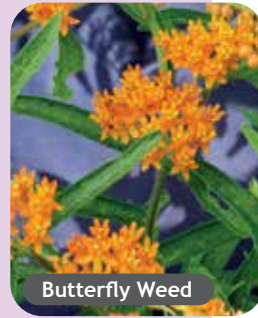


Polka Dot

Butterfly Weed *Asclepias tuberosa*

Perennial. Germination: 65-75°F, light required, 20-90 days. Full sun. Direct sow. Ht. 24 in.

BUTTERFLY WEED [Perennial native to North America.] Bright orange flowers attract bees, butterflies, and some birds throughout the growing season. Requires a very well-drained or gravelly soil in full sun. Quickest blooms come from seed sown in the fall; may take up to two years to become established from seed. Established plants are drought tolerant and freely self sow. #01159 Pkt (0.25 g, ~50 seeds) \$3.90



Butterfly Weed

Celosia

Celosia cristata

Annual. Germination: 60-90°F, 3-6 days. Full sun. Direct sow after last frost or transplant 4-week-old plants. Space 4-8 in. apart. Ht. 24 in.

TALL MENAGERIE MIX **OG S** [Introduced 2023 by SESE.] Beautiful mix of tall celosias selected for many years by CDK Farms in Caldwell, Idaho. This selection was designed for diversity of bloom color and shape for flowers which would complement any garden or cut flower vase. Colors include pastel pink, burgundy, peach, hot pink, coral, red, orange, and yellow, with an occasional bicolor bloom. This selection consists of mostly "cockscomb" or "coral" type blooms with some spikes. 3-4½ ft tall plants are sturdy and heat-resistant. Long lasting in the garden and vase, dries beautifully for wreaths. #01210 Pkt (0.1 g) \$4.15



Tall Menagerie Mix



Queen Cleome

Cleome (Spider Flower) *Cleome spinosa*

Annual. Germination: 60-80°F, 14 days. Full sun. Pre-chill moist seeds at 40°F for 2-4 days, direct sow mid-spring. Space 16-20 in. apart. 70 days.



QUEEN **OG S** Pink, rose, and purple flowers with many side blooms. Attractive to bumblebees and hummingbirds. Blooms all summer. A great trap crop for harlequin bugs and stinkbugs. Ht. 48 in. #01105 Pkt (0.5 g, ~225 seeds) \$3.65; #01105C (7 g) \$9.10

Coreopsis

Coreopsis tinctoria

Annual. Germination: 55-70°F, 21-28 days. Full sun or part shade. Direct sow or transplant after last frost. Space 6 in. apart or closer. Ht. 24-36 in.

DYER'S COREOPSIS

MIX   83 days. Native plant. Abundant 1½ in. flowers with yellow petals and dark red centers. Attracts bees and birds. Yields a broad range of dye colors. Very narrow leaves, even on young plants. Self-sows readily; does well in meadow plantings. **#01177 Pkt (0.25 g, ~500 seeds) \$3.40**



Dyer's Coreopsis

Cotton, Natural Colors *Gossypium hirsutum*

We cannot ship cotton to TX. Some other southeastern states require a waiver or permit: contact your extension agency for more information.

Cotton boasts a captivating history and a lasting legacy that spans centuries. Its origins can be traced back to ancient civilizations across India, Egypt, and the Americas, where its soft and versatile fibers were highly prized. The southern United States played a pivotal role in shaping cotton's legacy during the 18th and 19th centuries, as it became a major commodity, driving economic growth but also tragically linked to the history of slavery. Today, cotton remains an essential global crop, cherished for its role in fashion, agriculture, and history. Backyard growing and seed saving have become cherished endeavors for enthusiasts seeking a deeper connection with cotton's historical significance. Cultivating cotton in backyards offers a hands-on experience, from sowing seeds to harvesting fluffy cotton bolls, nurturing a profound appreciation for the labor involved in producing this cherished fiber. Additionally, seed saving empowers backyard growers to actively contribute to the preservation of cotton's genetic diversity, safeguarding rare and heirloom varieties for future generations. Southern Exposure Seed Exchange proudly supports backyard growers and seed savers, offering a diverse selection of heirloom cotton seeds that celebrate history, heritage, and sustainable farming practices. Together, we cultivate a future where the legacy of cotton thrives responsibly and ethically. **Culture:** Cotton is an annual plant that requires a long, warm growing season to mature properly. Needs full sun. In zones 8-10 it can be sown directly after the last frost. In zones 5-7, treat like tomatoes, start seed indoors and transplant out 4-8 week-old seedlings after last frost. Seed germinates in 7-21 days at 70°F. Plant 18-30 in. apart in rows 5 ft. apart. Plants start flowering in mid-summer. Bolls take a few more months to mature; warm late summer weather is necessary for a good crop. Plants grow to 3-7 ft. tall. **Maturity Dates:** Days to maturity (mature bolls) are from transplanting. **Harvest:** Wait for bolls to split open before harvesting. (Note: bolls that split open after a frost are damaged and immature.) **Seed Savers:** Isolate varieties by ½ mile for home use, or ¼ to ½ mile or greater for pure seed. Virginia gardeners must acquire a permit to grow cotton. For more information, contact your nearest extension agent.

Cosmos

Cosmos bipinnatus unless indicated

sow outdoors after all danger of frost. Plant ¼ in. deep; thin to 12-14 in. spacing. Deadhead to prolong blooming. Seed heads will attract birds. *C. sulphureus* petals are edible.

Annual. Germination: 14 days, 70 degrees F. Prefers full sun. Tolerates partial shade, poor soils, and drought once established. For earlier blooms sow indoors 4-6 weeks before last frost. Or

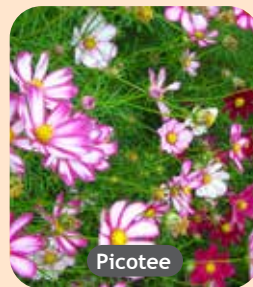
MEMORIES OF MONA **OG S** (*C. sulphureus*)

57 days. [Introduced 1998 by SESE. A red selection of Mona's Orange developed by Dr. Jeff McCormack as a tribute to Mona Spangler.] An extremely hardy, drought-resistant, brightly colored cosmos. Orange and red flowers range from solid deep red to bright orange, many with red borders and streaks. Flowers are 2-2½ in. wide. 6 ft. plants bear until frost. **#01141 Pkt (0.5 g, ~152 seeds) \$3.90**



Memories of Mona


PICOTEE **OG S**   56 days. Beautiful 1½-2 in. cosmos in shades of pink, red, and white, mostly with streaked petals. Good for cut flower arrangements. 4-5 ft. plants. **#01135 Pkt (0.5 g, ~75 seeds) \$3.65**

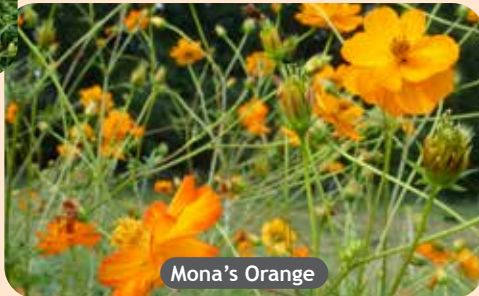


Picotee



Sea Shells Mix

SEA SHELLS MIX **OG**  65 days. Uniquely rolled and ruffled petals come in mixed shades of red, pink and white, giving a bi-color feel. Well-branched plants up to 6 ft. tall thrive in difficult sunny and dry spots, flowering freely all summer. **#01165 Pkt (0.5 g, ~57 seeds) \$3.65; #01165D (14 g) \$9.10**





Mona's Orange

MEXICAN COSMOS **OG S** (*C. sulphureus*)

68 days. [Seedstock courtesy a seed-saver in far Northern California, who received this variety from a seed-saver in Wisconsin.] 2 in. golden yellow flowers on 5-ft. plants. Vigorous plants bloom until frost. **#01203 Pkt (0.5 g, ~43 seeds) \$3.65**



Mexican Cosmos

MONA'S ORANGE **OG S**   (*C. sulphureus*) 59 days. [Introduced 1990 by SESE. Family heirloom from southern California.] Radiant orange, mostly single-petalled blooms, 2-2½ in. on 6-7 ft. plants. About 10% have red-bordered petals with some interior red streaks. Blooms all summer, very hardy. **#01107 Pkt (0.5 g, ~52 seeds) \$3.65**

ARKANSAS GREEN LINT **OG S**

135 days. Soft light green cotton with short fibers and dark green seeds. The yellow-pink flowers are lovely, excellent in floral arrangements. 5-7 ft. tall plants. **#72203 Pkt (~16-20 seeds) \$6.00**



Arkansas Green Lint

MISSISSIPPI BROWN **S**

130 days. [Pre-1860. Once grown by enslaved Africans, this seed came from a plantation near Natchez, Mississippi via Seed Saver John Coykendall.] Drought-tolerant 5 ft. tall plants produce an abundance of light tan to golden brown cotton. Some plants have deeply lobed leaves like Nankeen. **#72204 Pkt (~16-20 seeds) \$6.00**





Mississippi Brown

Naturally Colored Cotton continues on the next page.



Sensation Mix

SENSATION MIX **OG**   45 days. [1936, AAS winner.] Our earliest cosmos. Large single flowers in a mixture of white, pink, and purple. Popular old favorite. 4-5 ft. plants. **#01106 Pkt (0.5 g, ~110 seeds) \$3.65**

Naturally Colored Cotton Continued

NANKEEN S 🌞 🌀 130 days.

[Pre-1860. Seed and history supplied by John House III of the Mansfield State Commemorative Area, Mansfield, LA. Introduced 1997 by SESE.] A short-fiber, naturally brown cotton grown since the Civil War. The lint is a non-fading attractive dark copper color that becomes brighter as it is washed. Branches of the plant are longer and thinner and leaves more lobed than other cotton. Unlike modern hybrids, its blooming cycle is longer, it grows well in poor dry soil, it's hardier and appears to have slightly better insect-resistance. Nankeen is planted as an ornamental in some parts of Louisiana. #72201 Pkt (~16-20 seeds) \$6.00



Nankeen

RED FOLIATED WHITE OG S 🌞 120 days [From SSE member Alice Gamewell via Charles Hoehnle. Introduced 2008 by SESE.] A beautiful plant with dark red stems and leaves. 3-5 ft. tall, grows well in a container or in a flower bed. Green when it first emerges but soon develops its red coloring. The cotton is a short staple white. #72205 Pkt (16-20 seeds) \$6.00



Red-Foliated White



Tina James' Magic

Evening Primrose

Oenothera glazioviana

Biennial. Germination: 65-75°F, 14-21 days. Full sun. Sow May through July in pots or flats; transplant after several true leaves have developed. Space 16-18 in. apart. Ht. 36-48 in.

TINA JAMES' MAGIC OG S 🌞 🌀 [Introduced 1987 by SESE.] The large fragrant blooms burst open suddenly at dusk. The crisp, yellow, showy four-petaled flowers circle a spire of reddish, swollen buds. Blooms are 2/3 open within 10 seconds or less, and fully open within 1-2 minutes! Blooming lasts 5-6 weeks or more. Will bloom indoors as a cut flower for approximately a week. Dim lights to induce flowers to open indoors in the evening. Produces a flat rosette of leaves the first year, followed by 3-4 ft. yellow spires the second year. Very hardy. During the evening the flowers are pollinated by night-flying moths as large as hummingbirds. This variety was discovered by garden writer Tina James who hosts "primrose parties" every year. Makes an interesting container plant for a deck or balcony and is a great conversation piece. #01118 Pkt (0.05 g, ~110 seeds) \$4.70

SPINNERS IVORY S

🌞 [Introduced 2024 by SESE.] 120 days.

This cotton was bred from a cross of green and brown varieties by Cindy Conner through Homeplace Earth's Cotton Project right here in Virginia. It has a short staple and off-white color. Its naked seeds (no lint) makes it easy to remove by hand or to spin right off the seed. Read more about The Cotton Project in Cindy's book *Homegrown Flax and Cotton: DIY Guide to Growing, Processing, Spinning & Weaving Fiber to Cloth*. #72209 Pkt (16-20 seeds) \$6.00



Spinners Ivory

Flax

Linum grandiflorum

Annual. Germination: 65-70°F, light required, 20-25 days. Full sun. Direct sow or transplant. Sow seed 1/4 in. deep, thinning to 6-9 in. apart. Ht. 24 in.



Flax

BACK! FLAX, SCARLET

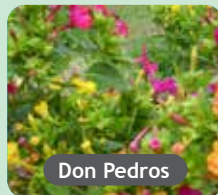
🌞 [Introduced to the U.S. from N. Africa and S. Europe and naturalized in many areas by 1900.] Mounds of brilliant velvety-red blossoms May through September. Grow in clumps in borders or beds, and in mixed plantings such as cottage gardens. A good addition to wildflower or meadow gardens. Can be fall-sown in mild areas, or spring everywhere else. Self sows. #01160 Pkt (0.30g, ~85 seeds) \$3.40

Four O'Clocks *Mirabilis jalapa*

Annual. Germination: 70°F, 14 days. Full sun. Direct sow in late spring. Space 12-18 in. apart. 18-36 in. tall. Flowers open about 4 o'clock in the afternoon and are pollinated by large hawk moths and sphinx moths. Drought tolerant. Self sows.

BACK! DON PEDROS OG S

🌞 🌀 [Introduced 1982 by SESE. Our neighbor brought this heirloom back from her mother's home town in Spain where this flower is locally known as Don Pedro's.] Unlike modern Four O'Clocks it has beautiful variegated flowers. Flowers are primarily magenta or yellow. On some plants both color types occur, on other plants the flowers are variegated, striped, or spotted. #01108 Pkt (2 g, ~20 seeds) \$3.65



Don Pedros

BACK! MIRABILIS BROKEN COLORS OG S

🌀 This nearly lost heirloom variety fills the garden with a riot of bicolored and splashed patterns every afternoon in tones of raspberry, yellow, orange, gold and white. #01164 Pkt (2 g, ~20 seeds) \$3.65

Hollyhock *Alcea rosea*

Biennial. Germination: 60°F, 14-21 days. Full sun. Direct sow or transplant. Grows best in cool season areas sheltered from the wind. Space 12-24 in. apart. Ht. 6 ft.

BLACK OG S 🌞 🌀 [Pre-1830.] Magnificent spikes of satiny blue-black single flowers form the second year from first-year leafy 18 in. leaf rosettes. Flowers may be used for tea. #01109 Pkt (0.40 g, ~25 seeds) \$3.65



Black

OUTHOUSE OG S 🌞 🌀 Mixed colored hollyhock can grow up to 9 ft. tall. Single pink, white, red and burgundy flowers. Traditionally grown near outhouses. #01145 Pkt (0.40 g, ~35 seeds) \$3.65



Outhouse

Hyacinth Bean

Lablab purpureus

Annual. Germination: 60-70°F, 7 days. Direct sow or transplant 1 month after last frost.

PURPLE HYACINTH BEAN S

[Pre-1802, the same variety grown by Thomas Jefferson.] Beautiful climbing bean with purple-green stems and foliage. Edible young leaves, flowers, and tender young pods. The pink-purple flowers are borne above the foliage and develop into 3 in. long purple pods. Grows 10-20 ft. depending on conditions. Thick foliage cover makes a good screen. Especially recommended for arbors. #11401 Pkt (8 g, ~20 seeds) \$4.95



Purple Hyacinth Bean

Johnny-Jump-Up *Viola tricolor*

Perennial. Germination: 70°F, dark required, 12 days. Full sun. Direct sow or transplant after last frost. Space 9 in. apart. Ht. 7 in.

HELEN MOUNT Old-fashioned favorite. Tricolor blooms of purple, blue, and yellow. #01111 Pkt (0.08 g, ~121 seeds) \$3.15



Helen Mount

Lion's Ear (Klip Dagga)

Leonotis nepetifolia

Tender Perennial, may regrow if winter lows are above 20°F. Germination: 65-75°F, darkness required, 14-21 days. Full sun. Transplant out or direct sow after last frost. Space 2-4 ft. apart. Ht 4-10 ft.

LION'S EAR OG S 🌞 🌀 Large and sprawling, this tentacular giant is freedom loving and will certainly become a favorite if you value the wild and woolly. Hummingbirds and butterflies love its nectar-rich, fuzzy flower tubules that leap from sharp, spiky green bracts. Flowers starting late summer. The nectar has a sweet grapefruit taste, and many parts of this bitter plant have been used in traditional medicines. Moderately drought tolerant, prefers well-drained soils. If you like the unusual and unruly, this orange monster is for you! #01197 Pkt (0.25g, ~150 seeds) \$3.65



Lion's Ear

French Marigold *Tagetes patula*

Annual. Germination: 70°F, 4-8 days. Full sun. Direct sow or transplant after last frost. Space 8–16 in. apart.

FRANCES' CHOICE **OG S**

OG S (Tagetes patula) [Alan Kapuler. Named for plant pioneer Frances Huffman.] 93 days. Tidy 3-4 ft. tall plants are covered with dark red-purple single flowers with a dramatic gold rim around each petal. 8 in. stems make lovely bouquets. **#01153 Pkt (0.4 g, ~145 seeds) \$3.90**



Frances' Choice

GOLDEN GUARDIAN **OG S**

OG S Large, sprawling plants with single, golden orange flowers. Marigolds have long been planted to repel the nematodes that parasitize many plant roots in the Southeast. Now a study has shown Golden Guardian to reduce the presence of nematodes more effectively than chemical insecticides. For their anti-parasitic effect, marigolds are most often tilled under for the effect that has on the following season, but we intersperse them with our pepper trials. **#01214 Pkt (0.4 g) \$3.90**



Golden Guardian

LEMON DROP **OG S**

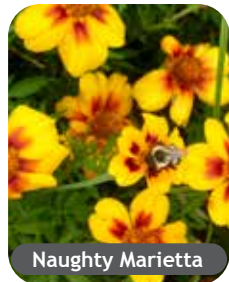
OG S 55 days. Our earliest marigold. 2 ft. plants with large, yellow, double blooms. Flowers from June until frost. **#01114 Pkt (0.4 g, ~124 seeds) \$3.90**



Lemon Drop

NAUGHTY MARIETTA **OG S**

OG S 75 days. Old fashioned marigold. Golden-yellow single flowers with splashes of mahogany. 2 ft. tall plants. (Similar to "Dainty Marietta," but somehow "Naughty Marietta" gets more attention...) **#01167 Pkt (0.4 g, ~112 seeds) \$3.90**



Naughty Marietta



Red Metamorph

Signet Marigold

Tagetes tenuifolia

LEMON GEM **OG S** 59 days. Powerfully scented 10-20 in. tall plants with abundant 1-in. bright yellow blooms. Fern-like leaves can reach 2½ in. long x 1½ in. wide but are generally much smaller. Can be planted more closely (6-8 in. apart) than other marigolds. Petals and leaves are edible; the leaves taste very similar to Peruvian huacatay and can be used as a substitute for parsley. **#01181 Pkt (0.2 g, ~296 seeds) \$3.90**



Lemon Gem

Melampodium

Melampodium divaricatum



Melampodium

MELAMPEDIUM **OG S** [Annual. Germination: 1-2 weeks, 65 degrees. Full sun. Direct sow or transplant after last frost. Space about 12 in. apart.] Mound-shaped plants with many 1¼-inch yellow flowers. Easy-to-grow plants, tolerant of heat, humidity, drought, and poor soil. Flowers most heavily in the fall, until frost, without deadheading. Native to parts of North, Central, and South America. **#01204 Pkt (0.3 g, ~80 seeds) \$3.65**

RED METAMORPH **OG S** 75-85 days. [Bred by Alan Kapuler, named for the alien shapeshifters in Robert Silverberg's Majipoor novels.] In cooler weather, the flowers are a deep ruby color, but in warm weather splashes of orange appear as well! 2-3 ft. plants make a nice, compact annual hedge. **#01173 Pkt (0.4 g, ~124 seeds) \$3.90**



Spanish Brocade

SPANISH BROCADE **OG S** 69 days. Yellow and gold petals splashed with red flecks. An old favorite of the Brocade class. 24-30 in. plants **#01138 Pkt (0.4 g, ~132 seeds) \$3.90**

NEW! SPARKY **OG S** 57 days. Early and pretty, colorful mix of classic orange-and-yellow marigolds. **#01218 Pkt (0.4 g) \$3.65**



Sparky

African Marigold

Tagetes erecta

AFRICAN MARIGOLD, CRACKERJACK MIX **OG S** 82 days. Classic marigold. Large, 3-4 in., double yellow and orange flowers on 3-4 ft. plants. When Ira was growing up in Florida, this was her grandmother's favorite marigold. **#01183 (0.4 g, ~131 seeds) \$3.65**

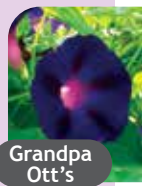


Crackerjack Mix

Morning Glory

Ipomoea purpurea

Annual. Germination: 70°F, 14 days. Full sun. Soak seeds 2 days, changing water every 12 hours, then direct sow or transplant after frost. Space 8 in. apart. 65 days. **Cannot ship to AZ, AR, Puerto Rico.**



Grandpa Ott's

GRANDPA OTT'S **OG S** [Family heirloom from Diane Ott Whealy. One of the original varieties that started Seed Saver's Exchange and the whole heirlooms movement.] Beautiful deep-purple flowers with a ruby throat that can climb 15 ft. or more. Reliably self-seeds here on our central Virginia farm and at Heritage Farm in Iowa. **#01149 Pkt (1 g, ~25 seeds) \$3.15**

HEAVENLY BLUE **OG S** Tall-climbing, fast-growing vine with bright 4 in. sky-blue flowers. Popular old favorite. **#01115 Pkt (1 g, ~27 seeds) \$3.15**



Heavenly Blue

Phoenician Mullein

Verbascum chaxii

Perennial. Germination: 55–70°F, 14–28 days. Direct sow or transplant. Space 15–18 in. apart. Self sows readily.

PHOENICIAN MULLEIN **OG S** (Nettle Leafed Mullein) 100 days. Hardy perennial produces 3–4 ft. spires of white/mauve blooms rising above a decorative rosette of large, dark green, crinkled leaves. Plants flower the first year from seed sown indoors. Drought tolerance and self sowing habit makes it perfect for cottage gardens and informal borders. **#01171 Pkt (0.05 g, ~1000 seeds) \$3.65**



Phoenician Mullein

Nasturtium (Indian Cress)

Tropaeolum majus

Annual. Germination: 65°F, 14 days. Transplant or direct sow after last frost. Space 6–12 in. apart. Ht. 9–18 in.

FIESTA TRAILING MIXED COLORS **OG S** Long trailing vines of attractive, edible leaves and flowers. Watercress-like flavor works well for salads and garnishes. Yellow, orange, rose, and crimson blooms. **#01205 Pkt (4 g, ~32 seeds) \$4.15; #01205D (14 g) \$9.50**



Fiesta Trailing Mixed Colors

Nicotiana *Nicotiana glauca* (Flowering Tobacco)

Annual. Germination: 75°F, light required, 14 days. Full sun. Transplant. Space 9–12 in. apart.

OLD FASHIONED MIX

OG S ☀️ ⌚ Flowering cascades of star shaped blooms in shades of white, pink, fuchsia, maroon, and purple. Sweetly fragrant 2 in. flowers with 3 in. tubes. Ht. 36 in. #01140 Pkt (0.05 g, ~440 seeds) \$3.90



Nicotiana

Petunia *Petunia spp.*

Annual. Germination: 70°F, light required, 10 days. Full sun. Sow in flats or pots in March or April; transplant after last frost. Space 12 in. apart. Ht. 15–30 in.



Balcony

BACK! BALCONY PETUNIA **OG S** ☀️ ⌚ (*Petunia pendula*) Heirloom described in 1934 as the most showy of all petunias. Evening brings out the sweet fragrance of these rich velvety textured flowers in shades of violet, white, pink, and purple. Plants bloom til frost. Hardy and self-sowing. #01157 Pkt (0.05 g, ~475 seeds) \$3.90



Old-Fashioned Vining Petunia

OLD FASHIONED VINING PETUNIA **OG S** ☀️ ⌚ (*P. multiflora*) [Grandma Jean, our first regular staff member, recalls this heirloom petunia from her grandmother's garden. Old Fashioned Vining dates back to the early 1900s, well before Grandma Jean was born.] Ever-blooming and much hardier than modern varieties, this old favorite blooms into the fall when other annuals have faded and gone. Self-sows more readily than Balcony Petunia. Colors from white to shades of lavender and purple. Height 18-24 in. Sweet fragrance, reminiscent of Lily-of-the-Valley. #01131 Pkt (0.05 g, ~475 seeds) \$3.90



Red Drummond

Phlox *Phlox drummondii*

Annual. Germination: 70°F, 7-21 days. Full sun. Transplant or direct seed 4-6 weeks before last frost. Ht. 6-12 in.

RED DRUMMOND ☀️ ⌚ 80 days. [Named for Thomas Drummond, who sent seeds from Texas to England in 1835.] Texas native with clusters of 1 in. magenta-red flowers with burgundy centers and pale pink undersides; Small, pointed leaves. Very hardy – in the fall, blooms survive down to at least 20°F – a great flower for supporting pollinators! #01179 Pkt (0.3 g, ~170 seeds) \$3.15

Poppy, Breadseed *Papaver somniferum*

Annual. Germination: 60°F, light required. 6-10 days. Direct seed. Plant in late fall to early spring. Thin to 24-36 in. apart.

CHARLOTTESVILLE OLD **OG S** ⌚ Scarlet Blooms with purple centers. Long bloom time. Thanks to Seed Savers Exchange members Christina Wenger and Patrick Holland for keeping this variety alive. #01189 Pkt (0.15 g, ~540 seeds) \$3.90



Charlottesville Old

ELKA WHITE OILSEED **OG S** ⌚ White blossoms with lavender centers, followed by good yields of pods with white seeds. Closed vents help prevent seed loss. Rare variety selected in Slovakia for oil production; also ornamental and good for using the delicious, nutty-flavored, white seeds whole in baked goods. #01194 Pkt (0.25 g, ~500 seeds) \$3.90



Elka White Oilseed



Hungarian Blue

HUNGARIAN BLUE **OG S** Beautiful bluish-purple flowers give way to attractive pods filled with poppyseed for baking. Pods can also be used in dried arrangements. Stake seed heads to prevent seed loss. Plant in late fall to very early spring. #71306 Pkt (0.15 g, ~300 seeds) \$3.90

Rudbeckia

Biennial to Perennial. Stratify for best germination, then light required, 70°F, 7-21 days. Direct sow or sow indoors 6-8 weeks before transplanting. Space 12-24 in. apart.

NEW! CHEROKEE NF ECOTYPE ☀️ ⌚ (*Rudbeckia hirta*) This ecotype (wild strain) originates from the Cherokee National Forest on the TN/NC border. Species native to roughly the Eastern half of the US. Flowers have deep brown to black centers and 2-3 in. two-toned yellow ray petals, above slightly fuzzy leaves on 3 ft. plants. Our plants flowered abundantly in their first year. Feeds beneficial insects with its nectar, and birds with its seeds. Thanks to Roundstone Native Seed for our seed. #01221 Pkt (0.05 g, ~185 seeds) \$3.40



Cherokee NF Ecotype



Goldsturm

GOLDSTURM ☀️ ⌚ (*Rudbeckia fulgida*) [Cultivar introduced 1937.] Attractive, gold-colored 3-4 in. flowers with chocolate-colored centers on 2 ft. plants. Perennial species native to upland areas of most states in the Eastern US. Self-sows and naturalizes aggressively. Very hardy. #01119 Pkt (0.2 g, ~20 seeds) \$3.90

PRAIRIE SUN **OG S** ☀️ ⌚ (*Rudbeckia hirta*) Flowers up to 5 in. with unique green centers, and petals in two shades of yellow. Highly valuable to pollinators. Great as a cut flower. May self-sow. #01200 Pkt (0.2 g) \$4.15



Prairie Sun

Sage *Salvia coccinea*

Perennial in the tropics, usually grown as an annual. Germination: 60-75° F, light required, 10-30 days. Direct sow or transplant after last frost. Ht. 4 ft.

SCARLET SAGE **OG S** ☀️ Native to the southern US. Spikes of red flowers that attract hummingbirds and butterflies from early summer until frost. Not a culinary type. #01208 Pkt (0.3 g, ~183 seeds) \$3.90



Scarlet Sage

Sweet Pea *Lathyrus odoratus*

Annual. Germination 55°F, requires darkness, 15 days. Full sun. Soak seed 24 hours, direct sow in fertile soil as soon as soil can be worked. Space 6–12 in. apart. Does best in cooler temperatures.

CUPANI  The original sweet pea and one of the most fragrant. Named after Francisco Cupani, who found it growing in the wild in Sicily in the 1690s. Maroon-and-purple blossoms in small clusters with much shorter stems than modern cutting sweet peas have. #01206 Pkt (2 g, ~27 seeds) \$3.65



Sweet Pea





Sweet William

Sweet William

Dianthus barbatus



Perennial. Germination: 60–70°F, 14–30 days. Direct sow in spring or fall or transplant after danger of frost. Space 12–15 in. apart. Ht. 12–18 in.

SWEET WILLIAM   A sweet-scented perennial usually treated as an annual. Brilliant little flowers are tinged with pink, red, purple, or violet. Prefers a moist but well-drained soil in full sun (partial shade in the South). Used as a spring bulb cover and as a long lasting cut flower. Reseeds easily. #01166 Pkt (0.07 g, ~67 seeds) \$3.65



pollinators on fennel



Wild Garden Perennial Insectary

OG S   The backbones of a spring through fall oasis for your resident beneficial insects. A complement of self-sowing annuals, biennials, and perennials provide food, shelter, and pollen. Broadcast or sow in rows 14 in. apart, thinning to a final spacing of 12 in. Manage plants by weeding and thinning volunteers each spring. The leaves are edible. Includes fennel, Korean mint, garden sorrel, chervil, parsley, chicory, cress, turnip, mustard, calendula, amaranth, and orach. #92010 Pkt (7 g) \$11.25

Tithonia (Mexican Sunflower)

Tithonia rotundifolia

Annual. Germination: 68–86°F, 8 days. Full sun. Direct sow or sow indoors 3–4 weeks before transplanting after the last frost. Space 24 in. apart. 58–62 days. Ht. 5 ft. Do not over-fertilize; plants may grow to 6–8 ft.



RED TORCH   58 days. [1951, AAS winner.] A member of the sunflower family. Flowers are 3½ in. orange discs surrounded by orange-red petals. Highly branched. Attracts butterflies. Spectacular in mass plantings. #01122 Pkt (0.5 g, ~38 seeds) \$3.65; #01122C (7 g) \$8.10



Red Torch





Yellow Torch

YELLOW TORCH   62 days. A color breakthrough, the first yellow-flower Tithonia. Flowers are 3 in. orange discs surrounded by yellow petals. #01123 Pkt (0.4 g, ~43 seeds) \$3.65; #01123C (7 g) \$8.10

Zinnia *Zinnia elegans* unless noted

Annual. Germination: 70°F, 7 days. Full sun. Direct sow or sow indoors 3–4 weeks before transplanting after the last frost. Space 12–24 in. apart depending on plant height. Easy to grow.

CACTUS-FLOWERED   Spiky looking 2–5-in. blooms are a striking contrast to regular zinnias, bringing cactus flowers to mind. Mixed colors, 30–54 in. plants bloom over a long season. #01184 Pkt (0.5 g, ~65 seeds) \$3.65; #01184C (7 g) \$8.10



Cactus-Flowered



California Giants

NEW! CALIFORNIA GIANTS  Tall, colorful mix of big double flowers, including dahlia types. Excellent cut flower variety. #01223 Pkt (0.5 g) \$3.40



PERUVIANA RED   (*Z. peruviana*) [Pre-1700. Introduced 1992 by SESE.] Flowers of uncluttered simplicity and antique elegance. Single blooms, 1½ in. diameter, are bronze-red, changing to antique-red, then fading to pastels of red. Appropriate for historical gardens, mass plantings, rockeries, or natural settings. Ht. 18–24 in. #01124 Pkt (0.5 g, ~70 seeds) \$3.65



Peruviana Red

BACK! PERUVIANA YELLOW   

(*Z. peruviana*) [Pre-1700. Introduced 1994 by SESE.] Single blooms, 1½ in. diameter, are yellow changing to light yellow. Similar to Peruviana Red. #01125 Pkt (0.5 g, ~125 seeds) \$3.65



PINK ZINNIA   Lovely mix of single, double and semi-double flowers. A smorgasbord of pink flowers on tall plants. #01213 Pkt (0.5 g, ~64 seeds) \$3.65



Peruviana Yellow





Pink Zinnia

RED BEAUTY   Beautiful dark red double flowers with gold-tipped centers. 4–5 in. flowers on 3-ft. tall plants. Long stems and great vase life make this an ideal cut flower. #01175 Pkt (0.5 g, ~62 seeds) \$3.65




Red Beauty

SOLEADO   (*Z. haagenia*) Single, tricolor blooms: yellow and pale orange, with deep red at the center. Small, narrow leaves and 2–3 in. flowers on 18 in. tall plants. #01207 Pkt (0.1 g, ~66 seeds) \$3.65





Soleado

STATE FAIR MIX  Large 4 in. single, double and semi-double blooms in mixed colors on 48 in. tall plants. Tolerant to alternaria and mildew. A wonderful cut flower for bouquets. Popular variety. #01126 Pkt (1 g, ~125 seeds) \$3.15



State Fair Mix

ZAHARA STARLIGHT ROSE   (*Z. marylandica*) 15 in. plants with 1½–2½ in. white blossoms with faint pink around many of the centers. Resistant to heat, disease, and drought. #01193 Pkt (0.2 g, ~120 seeds) \$3.90



Zahara Starlight Rose

Sunflowers *Helianthus annuus* unless noted

Culture: Annual/70°F/LD/14 days/sun/direct sow in May or June/space 12–18 in. apart. Taller varieties may need staking. Early in the growth stage, place a pole at the base of the stalk. As the stem grows, use twine or soft ties to secure it to the stake every 6 ft. or so. **History:** Some archaeologists believe that Native Americans may have cultivated sunflowers as early as 3000 B.C. **Uses:** You can leave any remaining seed-heads in the garden for fall and winter visitors. Or you can cut and dry the seed-heads indoors. Throughout the winter months, tie dried heads to fences or to your deck or suspend in trees to feed birds.



Mammoth

Confectionery Sunflowers

MAMMOTH OG S 71 days. Stalks average 9 ft. tall and may reach a height of 10 ft. or more. Heads average 11 in. across, with some reaching 14 in. or more when plants are well grown. Gray and black seeds. Space 18 in. apart. **#05106 Pkt (7 g, ~70 seeds) \$3.40; #05106E (28 g) \$7.05**

Oil Seed Sunflowers

PEREDOVIK OG S 55 days. Commercial Russian cultivar used for making sunflower oil; also used as a source of sunflower seed in bird seed mixes. 4–5 ft. stalks, mostly poly-headed. 4–11 in. blooms. Elongated black seeds. Great for feeding wild birds. **#05201 Pkt (4 g, ~76 seeds) \$3.65**



Hopi Dye

Dye Seed Sunflowers

HOPI DYE OG S 62 days, 95 days for seed. Purple-black seeds are used by the Hopis as a natural dye source, especially for coloring baskets. Seeds may also be used for food or feed, and this is the best variety for dehulling. 7–11 ft. stalks with 5–13 in. heads, mostly poly-headed. Yellow rays surround attractive purple-green centers. Adapted to cool, high desert areas, but can be grown elsewhere. If grown for seed, plan to mature seed in driest part of the growing season. Mounding soil around the base of stalks helps keep plants upright. **#05401 Pkt (3 g, ~45 seeds) \$3.65**



Short Stuff

Dwarf Sunflowers

SHORT STUFF OG S 54 days. [Selected by Merlyn and Mary Ann Niedens of Illinois.] Beautiful 5–7 in. golden yellow flowers borne on 30 in. plants, perfect for borders and growing seed to feed the birds in winter. Rogue out the occasional tall plant to keep your border neat. A great alternative to PVP varieties. **#05314 Pkt (2 g, ~40 seeds) \$3.65; #05314D (14 g) \$8.85**

SUNSPOT OG 65 days. 4–4½ ft. high dwarf sunflower. Produces a single large flower head 8–12 in. in diameter. Yellow flowers with golden brown centers. Can be grown as an ornamental or used for edible seed or bird food. Great for children. **#05312 Pkt (4 g, ~60 seeds) \$3.40**



Sunspot

TEDDY BEAR OG 59 days. An attractive double-flowered ornamental with 3–5 in. yellow to light orange blooms on compact 3 ft. plants. Excellent for cut flowers. **#05306 Pkt (4 g, ~225 seeds) \$3.40**



Teddy Bear

Ornamental Sunflowers

We chose the sunflower for our logo because it symbolizes for us the unity of beauty and utility, and serves as a reminder of the boundless source of life's energy and creation. We offer sunflowers for both the body and the spirit.

AUTUMN BEAUTY OG 70 days. 3–5 in. flowers in light fall colors. The poly-headed 5–7 ft. stalks may require staking once the seed heads have formed. Excellent tall screen, cut flower, and food source for self-feeding small birds. **#05301 Pkt (4 g, ~120 seeds) \$3.40; #05301E (28 g) \$8.60**



Autumn Beauty

BEACH (CUCUMBER-LEAF) OG S (H. *debilis cucumerifolius*)

56 days. Attractive wild sunflower native to the Gulf Coast. Multi-branching plants grow to 6 ft., with dozens of 2–4 in. yellow flowers on long stems. Leaves are similar to cucumbers' - a lighter green and more ragged. Drought tolerant and vigorous, keeps blooming for up to 3 months. Longest bloomer in our 2013 sunflower trials. Birds love the small seeds, choosing them over other sunflowers. **#05315 Pkt (0.5 g, ~85 seeds) \$3.65**



Beach

COLOR FASHION MIX S

55 days. A sunny blend, yellows with some reds and purples. Single blooms are 4–5 in. across and are very attractive in cut flower arrangements. Stalks up to 9 ft. make an attractive screen or background. **#05302 Pkt (2 g, ~122 seeds) \$3.40**



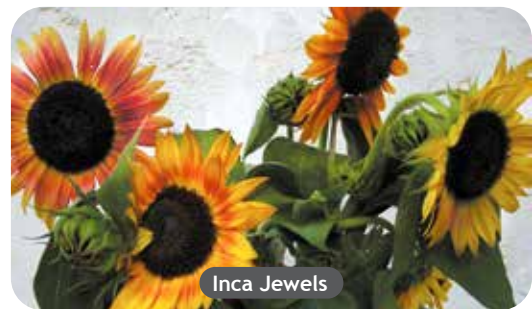
Color Fashion Mix

EVENING SUN OG

53 days. Shades of autumn colors ranging from red, mahogany-red, burgundy, russet-bronze, vivid gold, all in bicolor blends. 3–5 in. flowers. Plants grow 6–8 ft. tall with a number of secondary blooms. **#05309 Pkt (2 g, ~50 seeds) \$3.40; #05309D (14 g) \$8.60**



Evening Sun



Inca Jewels

INCA JEWELS OG S 60 days. An early blooming ornamental mixture of 5 or more floral types ranging from soft yellow to bright yellow, some flowers with halos ranging from maroon to red-brown to copper. Secondary and tertiary flowers are borne on 7-ft. sturdy stalks. Flowers are ½ in. across with large burnt-orange discs. An excellent cut flower or showy hedge. **#05303 Pkt (2 g, ~120 seeds) \$3.65**



Selma Suns

SELMA SUNS **OG S** 🌻 61 days. 7–8 ft. sturdy plants support between 6–30 heads with many striking earth tone colors including red, orange, brown, green, and yellow. Many multi-color flowers. Heads range from 3–6 in. and store well as cut flowers. **#05313 Pkt (2 g, ~56 seeds) \$3.65; #05313D (14 g) \$9.10**

SENECA **S** 🌻 ⌚ 56 days. [Native American heirloom. Thanks to Tony West for our seedstock. Introduced 2020 by SESE.] 6–10 in. yellow flowers, usually one large flower with many smaller flowers. 7–9 ft. tall plants. Mix of grey, white, and black seeds. **#05317 Pkt (3 g, ~55 seeds) \$3.65**



Seneca

SILVERLEAF SUNFLOWER **S** 🌻 ⌚ (H. argophyllus) 54 days. Very unusual – silvery green, soft, waxy leaves like Lamb’s-ear! 6–15 ft. plants have many branches. 2–4 in. bright yellow flowers with ¾–1½ in. centers. Highly attractive to pollinators and birds, blooms until frost. Rare species native to the Gulf Coast and southern Texas. Crosses with common sunflowers. If planted early, the plants can get up to 15 ft. tall, with the stalks bending to keep their balance. Late in the season tall plants may shed their lower leaves, so some gardeners pair these with another plant like zinnias in front to preserve the modesty of the lower bare stems. **#05701 Pkt (0.5 g, 55 seeds) \$4.15**



Silverleaf

TAIYO **OG** 🌻 ⌚ 68 days. [Japanese heirloom; in Japanese, “taiyo” means “sun.”] 3–6 in. golden-yellow heads on 6 ft. plants, long blooming period. **#05316 Pkt (4 g, ~99 seeds) \$3.40**



Taiyo

Everlasting Flowers Drying flowers for year-round blooms.

Jewels of Opar See Greens, p. 20



Nigella
Love-in-a-Mist

Nigella (Love-in-a-Mist) *Nigella damascena*

Annual. Germination: 60°F, 21 days. Full sun. Direct sow after frost since it does not transplant easily. Space 9 in. apart. 75 days. Self sows readily.

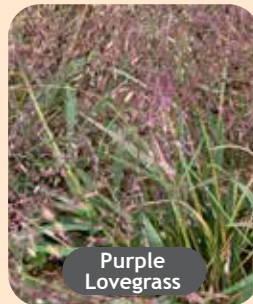
NIGELLA LOVE-IN-A-MIST MIXED COLORS

OG S 🌻 ⌚ An old-fashioned flower from southern Europe sometimes called Fennel Flower because of its nutmeg-flavored seeds. Mixed flowers in shades of blue, pink, white, and purple, averaging 1½ in. in diameter. **#01605 Pkt (0.2 g, ~77 seeds) \$3.65**

Lovegrass

Eragrostis spectabilis

Perennial. Germination: 70 degrees F, 10–20 days, Light required. Full sun, part shade. Transplant or direct seed after last frost. Space 12–24 in. apart. Ht. 24 in. Species native to most of eastern North America.



Purple
Lovegrass

NEW! PURPLE LOVEGRASS 🌻 Lends a soft, ethereal feel to gardens. Airy, pinkish purple panicles are a great choice for adding volume and texture to bouquets. Our plants flowered abundantly their first summer. Tolerates drought and a wide range of soils, but not waterlogging. Supports a variety of wildlife. Unlike cultivars of Purple Lovegrass, this straight species (wild type) has not been selected for human-centered goals. Thanks to Prairie Moon Nursery for our seed, supplying North America with straight species of native plants. **#01623 Pkt (0.05 g, ~493 seeds) \$3.65**

Our flower selection emphasizes open-pollinated traditional favorites. Many people have told us that they enjoy the single-flowered old-fashioned types because of their elegant simplicity and beauty, and others have commented that the fragrance has been bred out of many modern varieties. Our Seed Shares exchange policy (pg. 85) also applies to family heirloom flowers. With your help we all may be able to enjoy the fragrance and simplicity of old-fashioned flowers in modern gardens.

VELVET QUEEN **OG** 🌻 55 days. 4–6 in. flowers in gold, brown, cream, orange, and muted reds and violets. Well-branched, sturdy, poly-headed 6–7 ft. plants. Use for cut flowers and tall borders. **#05311 Pkt (4 g, ~140 seeds) \$3.40; #05311E (28 g) \$8.60**

Strawflower *Helichrysum bracteatum*

Annual. Germination: 60°F, light required, 10 days. Full sun. Sow indoors in March, transplant after frost. Space 9–12 in. apart. Harvest flowers when blooms are 2/3 open. The flowers keep for months, great for indoor color after fall frosts.



Strawflower Tall Mix

STRAWFLOWER TALL MIX **OG** 🌻 Standard tall strawflower with mixed colors: yellow, bronze, crimson, white, and shades of rose. **#01608 Pkt (0.2 g, ~280 seeds) \$3.65**

Ornamental Wheat *Triticum sp.*

An excellent addition to dried flower arrangements. All require full sun for good color development. Plant in the spring as soon as soil can be worked. Matures in mid-to-late summer. Space 12 in. apart.

BLACK EAGLE **OG** **S** [24–36 in.] Mostly black, ornamental hard red spring wheat with black awns and black/white glumes. **#01611 Pkt (7 g, ~175 seeds) \$3.40**



Black Eagle



Velvet Queen

Grain Amaranth *Amaranthus spp.*

Amaranth has been grown as a staple crop for at least 8,000 years in Central American cultures. Amaranth has many valuable qualities: (1) high content of lysine-rich protein, (2) high mineral and vitamin content, and (3) ability to grow at high temperatures when many other crops become unproductive. **Pest Control:** Try using amaranth as a trap crop or decoy crop for cucumber beetles, which are highly attracted to amaranth. This strategy may reduce the number of beetles on cucurbits planted nearby. **Culture:** Two weeks after last frost, sow seed ¼–3/8 in. deep, 1 in. apart in rows 2–3 ft. apart. Keep moist until seed has germinated. Thin to 4–10 in. apart. Established they withstand dry soil. Too much nitrogen causes plants to lodge. Amaranth is a nitrate accumulator, so avoid any synthetic nitrogen. Plant height is very dependent on soil fertility and moisture content. **Seed Harvest:** Seed heads mature unevenly. Some early seed may be collected by “massaging” the seed heads above a bucket. To harvest later maturing seed wait until after frost to cut the seed heads. Thresh the seed heads (while wearing a dust mask), screen out the chaff, and winnow the seed. Freshly harvested seed may have a high moisture content. Spread the seed in thin layers until it has fully cured. **Preparation:** Grind grain in a flour mill, sprout it, pop it like popcorn, or use it in hot cereal. **Seed Savers:** Amaranth is primarily self-pollinated. Separate varieties by at least 150 ft. for pure seed. **Packet:** 2 g unless otherwise stated (about 1700 seeds) sows 65–130 ft.



Mayo Indian & Golden Amaranth

GOLDEN S (A. hypochondriacus) 80 days. A high-quality Aztec grain amaranth. Stalks and leaves are golden yellow with bronze-gold seed heads. Stalks average 6 ft. Can be used as a dry land/irrigated amaranth. In the far north long days may delay flowering. #72101 Pkt \$3.65

MAYO INDIAN OG S (A. cruentus) 90 days. [From Sonora, Mexico.] Very vigorous variety with sturdy stalks. Can reach 7-8 ft. tall in good conditions. Primarily used for grain or to make pinole and atole. The leaves may also be used like spinach. Black seeds. The stalks, leaf veins, and large seed heads are a beautiful maroon red, a bright contrast to the green foliage. Makes a nice ornamental as well. #72103 Pkt (1 g) \$3.65



Purple Karma

Barley

Hordeum vulgare

PURPLE KARMA OG S

[Rare Tibetan variety, first collected in 1924 in the Himalayas, and more recently a standout in OSU's Barley Project trials.] Naturally

hullless variety, easy to grow, good drought tolerance. Beautiful purple seeds turn reddish-brown after cooking. Plant in spring in colder areas, or in fall in areas with mild winters. ¼ lb sows 100 square ft. #73271 Pkt (¼ lb) \$9.40

Buckwheat

Fagopyron esculentum

BUCKWHEAT OG

30–45 days as a green manure crop, 80 days for grain. Wait until grain heads form if you want the crop to re-seed. May be used as a nutritious cereal grain or pancake flour. Young leaves may be added to salads. The deep root system of buckwheat is good at mining subsurface minerals and it is an excellent crop for utilizing the nutrients in rock powder fertilizers. Sow any time between last spring frost and 1 month prior to first fall frost. A great quick summer crop – fast-growing plants choke out weeds, bees love the white flowers that appear in 4–5 weeks, and the tender stems are easy to cut down when the crop's done. For a fall/winter cover crop we recommend sowing buckwheat together with crimson clover. The buckwheat acts as a nurse crop for the crimson clover during the heat of the day. In the fall, the buckwheat is killed by frost. 1 lb sows 400 sq. ft. #73101 Pkt (1 lb) \$8.60



Buckwheat

Grinding Corn Pgs. 14–16.

Pearl Millet

Pennisetum glaucum

PEARL MILLET (HYBRID TYPE)

Excellent warm-season cover crop grass – drought-tolerant, handles poor and acidic soils. At 3-6 ft. tall, it won't get as big and unwieldy as sorghum-sudangrass! Sow after last frost – usually 2-4 weeks after – wait for soil to warm to at least 65°F. Hybrid-type plants don't set viable seed. ½ lb sows 700-2100 sq. ft. #73213 Pkt (½ lb) \$4.45



Pearl Millet

Flax

Linum usitatissimum

AVIAN

100 days. Sow in late winter/early spring. For easiest sowing, prepare a bed in the fall, mulch it for the winter, then rake off the mulch in late winter to sow the flax about a month before average last spring frost. For linen, harvest plants 30 days after they've fully flowered. ¼ lb packet sows 50 sq. ft. #72401 (¼ lb) \$8.50



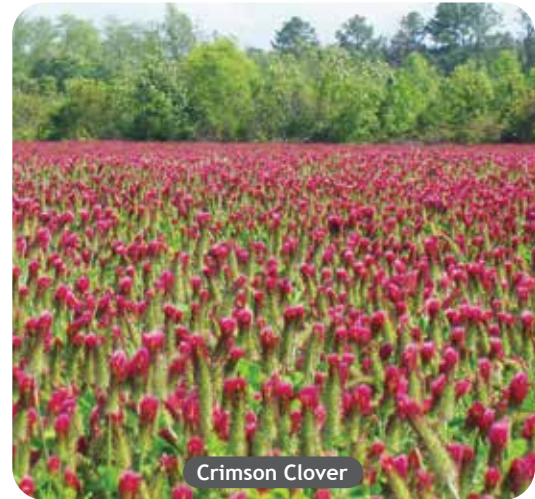
Avian Flax

Legume Cover Crops

Legume cover crops belong to the Fabaceae (Leguminosae) plant family, commonly called the pea or bean family. They all share a common trait: they form symbiotic relationships in their roots with nitrogen-fixing bacteria found in plain old garden soil. Plant these cover crops to create an astounding underground community that pulls nitrogen out of the air! Most of the nitrogen winds up in the plants themselves, not the soil, so for the most benefit, till these crops under when they're still live and green... before they die back and release all that nourishing nitrogen back into the atmosphere!

Legume Inoculant see p. 81.

Clover *Trifolium spp.*



Crimson Clover

CRIMSON CLOVER S (*Trifolium incarnatum*) (annual) Upright winter annual resembles red clover in size and growth, but with longer, bright crimson blooms. Widely used in Mid-Atlantic areas where winter lows stay above 10°F. Sow from mid-July through mid-September. ¼ lb. sows 450 sq. ft. #73204 Pkt (¼ lb) \$3.90

RED CLOVER OG (*Trifolium pratense*) (biennial)


Rapid-growing green manure crop to 10–18 in. The flowers can be harvested for tea. Sow in the spring or fall for turndown to incorporate organic nitrogen into the soil. Sow in the aisles between taller crops to deter weeds. Buckwheat may be used as a nurse crop to aide germination of clover in summer heat. The clover will grow slowly under the buckwheat until fall frost kills the buckwheat and allows the clover to establish quickly. This method eliminates fall tilling. Seed coated with Apex Green Hydroloc, an organically-approved blend of minerals and beneficial bacteria. ¼ lb sows 500 sq. ft. #73201 Pkt (¼ lb) \$6.00



Red Clover




White Dutch Clover

WHITE DUTCH CLOVER  (*Trifolium repens*) (perennial) A low-growing (4–8 in.) clover sometimes used in grass seed mixtures. Can be sown between garden rows or used as a living mulch to add nitrogen and to smother out weeds. Sow in late winter, spring, late summer, or fall. ¼ lb sows 1000 sq. ft. #73202 Pkt (¼ lb) \$6.00




Austrian Winter Peas

AUSTRIAN WINTER PEAS  (*Pisum sativum subsp. arvense*) (annual) Sow Aug. 15–Nov. 1 as a winter cover crop in zones 6 and up. Hardy to 0°F. A great edible cover crop – snip off the tendrils and growing tips for salads! At the shelly stage, seeds are tasty, but much smaller than those of regular shelling peas. Flowers earlier (April) than hairy vetch. For maximum nitrogen fixing, wait until at least 50% of the plants have flowered before mowing crop. Sow at rate of ½–1½ lb per 500 sq. ft. Best sown with annual rye in a ratio of 1 lb peas to 4 lbs rye. #73205 Pkt (½ lb) \$4.45



Hairy Vetch

HAIRY VETCH  (*Vicia villosa*) (annual) Sow Aug. 1–Nov. 1 as a winter cover crop. Grows slowly in fall, then rapidly in spring, putting out beautiful purple flowers that bees love. Highly efficient nitrogen fixer; for maximum nitrogen fixing, wait until at least 50% of the plants have flowered before mowing crop. Mow it in the spring after flowering starts and transplant tomatoes or other large plants directly into the vetch, or till under. Best sown with annual rye in a ratio of 1 part vetch to 4 parts rye. Or sow alone at rate of ½ lb per 500 sq. ft. #73203 Pkt (½ lb) \$6.80

IRON & CLAY – See Southern Peas (p. 36).

NEW! PARTRIDGE PEAS 


(*Chamaecrista fasciculata*) A great native summer legume cover crop. Bushy 3–4 ft. tall plants start flowering in 60 days, bright yellow flowers, nitrogen-fixing. Often planted in the South to feed birds such as partridges. ¼ oz sows 65 square feet, or can be sown 1 in. apart in rows 2' apart for greater coverage. #01219 Pkt (¼ oz) \$3.65



Partridge Peas



Sunn Hemp

SUNN HEMP  (*Crotalaria juncea*) [Native to South Asia.] Summer cover crop can grow to 6 ft. within 60 days. Fixes lots of nitrogen, suppresses nematodes, thrives in heat, tolerates drought, pulls nutrients from deep in the subsoil, and dies with frost. Day-length-sensitive plants produce lots of attractive bright yellow flowers late in the season but won't mature seed above 28°N latitude (i.e., only makes seed in s. Florida and the s. tip of Texas). Best planted in rows 2–3 feet apart. In warm areas, mow when plants reach 5–8 ft. to keep stems from becoming too massive and fibrous. ¼ lb sows 250 sq ft. Traditionally used for soil improvement and fiber. #73221 Pkt (¼ lb) \$4.45

Oats *Avena nuda*


OATS, HULLLESS, STREAKER PVP 

Growing your own oats is easy with Hullless Oats. Sow in early spring as soon as the ground can be worked. Harvest in mid- to late summer, thresh, and winnow. Hullless Oats lack the indigestible husk of common oats; they do have a hull, but it's easily threshed off. Grind into oat flour or crack in a grain mill to make oatmeal. Oatstraw, the green leafy stems, can be harvested for tea. For a winter cover crop, sow in late summer; in cold areas, oats will get winter-killed when temperatures drop below 10°F, and the crop residue is then easy to work under for planting early spring crops like peas and potatoes. ½ lb sows 175–250 sq. ft. #72552 Pkt (½ lb) \$5.50



Hullless Oats

Radish *Raphanus sativus*

DEEP-TILL RADISH  Cover crop radishes have gained much traction in recent years, especially in no-till systems, because of how well they break up compacted soil. Winter kills them where temps regularly get below 20°F. Residue decomposes quickly and releases its nitrogen early. Channels created by radish roots improve infiltration, drainage, soil warming, and growth of the next crop's root systems. Other advantages of cover crop radishes include rapid fall growth, weed suppression, high biomass, excellent scavenging of nutrients, and suppression of root knot nematodes. Generally good eating quality, but expect more variability than with radish varieties selected for food. Sow with caution if there are harlequin bugs in your area; one strategy for fighting harlequin bugs is to ensure that at some time of year there are no crops in the radish family for the bugs to feed on. Sow –late July–mid-Sept. Sow alone at ¼ lb per 1,000 square feet, or mix with other cover crops. #73243 Pkt (¼ lb) \$5.50

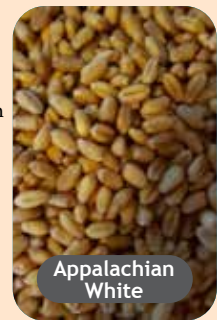


Deep-Till Radish

Wheat *Triticum aestivum*

APPALACHIAN WHITE   [2009, NCSU.]

Another great new wheat variety from North Carolina State University. High protein (14%) with mild flavor, semidwarf variety with good disease resistance to most wheat diseases of the Mid-Atlantic. ½ lb sows 125–250 sq. ft. as cover crop or 250 sq. ft. as grain crop. #72803 Pkt (½ lb) \$4.70




Appalachian White

Grains & Cover Crops continue on the next page.

Grains & Cover Crops Continued

Rice *Oryza sativa*

Culture: Rice needs nitrogen-rich soil. Rice does not need to be flooded – flooding is traditionally used for weed control – but plants will need an inch of rain or irrigation per week. Direct seed or transplant healthy seedlings, rows 9–12 in. apart, 6 in. in rows. Keep well-weeded – don't let grass weeds become mixed up in your rice! **Harvest:** Finches and other birds love rice, so use bird netting to protect the mature seedheads. Harvest when seeds are brown, gently pulling mature seeds off the stalks, harvesting several times over a period of a few days. For eating, rice needs to be de-hulled, which requires specialized machinery, such as Grain Maker's Homestead Huller.

CAROLINA GOLD   145 days. [1685 or earlier. The main rice grown in Carolina wetlands for hundreds of years. Seedstock from Anson Mills.] Golden long grain rice. Slow Food USA, in the Ark of Taste listing, praises its "stunning subtle green tea, nutty almond and floral aromas and flavors. Carolina Gold brown rice tastes almost like barley with a nutty taste and a little bit of a sweet finish. It has a beautiful chewy texture." #72555 Pkt (7 g, ~230 seeds) \$4.15




Carolina Gold



M-101

BACK! M-101   120 days. [Cooperatively introduced 1979 primarily by the California Cooperative Rice Research Foundation and the USDA.] Can be grown as a paddy rice or as an upland (dry rice). A California-type, 3 ft. tall, medium

grain, with smooth hulls and leaves, and moderate awns. Plants are very vigorous, resist lodging, and have excellent cold tolerance in the seedling and reproductive stage. Needs more nitrogen than heirloom varieties. Grows from Albany, NY, south to FL. #72551 Pkt (7 g, ~320 seeds) \$4.15

NEW! SCARLETT  110 days. [2022, Anna McClung, USDA. The first red rice bred for the U.S.!] Great flavor and high yields. Early, vigorous plants. #72559 Pkt (7 g, ~305 seeds) \$4.15

TIARA PURPLE (USDA-TIARA)  118 days. [2022, Anna McClung, USDA.] Beautiful purple rice. Originally from Asia, this variety was selected in Brazil for many years, then selected for another 15 years by Dr. McClung. Historically, in Asia, purple or black rice was often exclusively eaten by royalty. #72558 Pkt (7 g, ~302 seeds) \$4.15



Tiara Purple

Winter Rye *Secale cereale*

WINTER RYE, COMMON  

Rye cover crop is great for controlling erosion, adding organic matter, enhancing soil life, and suppressing weeds. Its extensive root system makes it among the best green manures for improving soil structure. It is an excellent soil renovator and pioneer crop for new fields. Rye is very good at releasing phosphorus and potassium. It also stabilizes excess soil and manure nitrogen. Rye and vetch together are one of the preferred cover crops for no-till tomato planting. Rye is also good for animal grazing; it's highly palatable and of good nutritional quality, and regrows after grazing. Rapid establishment and growth together with germination suppression make rye an excellent choice preceding organic transplants. Sow Aug. 1–Nov. 15 as a winter cover crop. ½ lb sows 85–125 sq. ft. Plant at 4–6 lbs per 1000 sq. ft., or 60–112 lbs per acre. #72702 Pkt (½ lb) \$3.90



Winter Rye

Sesame *Sesamum indicum*

Culture: Vigorous, heat-loving plants. Direct seed or transplant after last danger of frost. Space plants at 8-24 in. May benefit from staking. Harvest either by cutting stalks when there are more brown pods than green and standing them upright to dry, or by cutting dried stalks with open pods. Turn dried stalks upside down over a tarp or cloth, shake seeds out, and winnow.

BENNE SESAME   160 days. [Thanks to David Shields for seedstock.] An old-fashioned sesame, common in 19th century Southern cooking, traditionally processed into flour and oil. Richly flavored brown seeds with lower oil content than modern sesames. 7-ft. plants. #72622 Pkt (1.5 g) \$3.40



Benne

SHIROGOMA WHITE SESAME   150 days. The highest-yielding sesame in our trials, with 8-ft stalks. White seeds similar to the sesame commonly found in food markets. #72623 Pkt. (1.5 g) \$3.65



Shirogoma White

Sorghum & Broom Corn

Sorghum bicolor

Classification and Historical Notes: Sorghum originated in Africa, where it has been cultivated since 2,200 B.C. Though sorghum may have been grown in the U.S. as early as 1700, the first recorded introduction was by William R. Prince of Flushing, NY in 1853. By 1859 it was grown in 32 states. There are four main classes of sorghum and many cultivars: (1) cane sorghum with sweet stalks used for making syrup, (2) grain sorghum used for feed or for making flour or cereal, (3) broom corns, and (4) grass sorghum used for pasturing. Sorghum has excellent resistance to drought due to its extensive root system. It is a valuable crop in dry areas since it will produce grain where corn may fail. **Culture:** Sorghum is planted in the same fashion as corn, with similar spacing. (See corn section.) Sow seeds ½–¾ in. deep. **Seed Harvest:** Seed is mature for harvest when the seed stalk has started to dry. Cut the stalk, allow to dry further under cover, strip the seeds by hand, and winnow to clean. Grain sorghum can be used like flour corn. It is especially good for making pancake flour. **Syrup Harvest:** In the fall, strip the leaves, and after cutting the cane into convenient lengths, crush the cane and press out the juice into a pot. Cook to reduce the liquid until it reaches the consistency of maple syrup. The sweet canes of cane sorghum can be peeled and chewed like candy – we like to plant a small patch for snacking. **Seed Savers:** Isolate ½ mile from other sorghum, broom corn, grass and sudan grass. **Packet:** 7 g (about 350 seeds) sows 50 ft.



BLACK AMBER CANE   99 days.

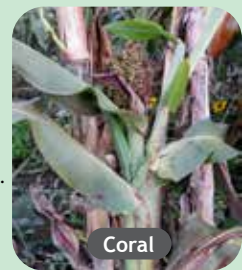
[Heirloom sent to us from R.C. Mauldin of the Southwestern Seed Service Lab in Waco, TX. Reintroduced by SESE 1997.] One of the earliest sweet canes introduced to American agriculture.

Not as sweet as other syrup sorghums. As a silage crop it has the hay and wild game quality of 'Merit'. A good intercrop with beans and peas. 8–9 ft. stalks, loose heads of shiny black seeds are grown by many folks for their chickens. #72606 Pkt \$3.65; #72606F (¼ lb) \$14.30



Black Amber Cane

CORAL   [From the Shilluk, or Chollo, people of Malakal, South Sudan, via the USDA and the Experimental Farm Network.] Multi-use and high-yielding. Huge stalks, 1½ in. wide and 9-12 ft. tall. Sometimes tillers to produce multiple stalks per plant. Sweet stalks are good for syrup or chewing. Immature sorghum seeds are a traditional food both in Sudan and in South India; this variety is ready when the highest seeds have just begun to turn purple. We found them tasty but still haven't managed to thresh them efficiently. Mature seeds can be ground into flour, cooked whole, or popped like popcorn, making for an impressive range of foods from one variety. **30% of proceeds from this rare variety will go to the Experimental Farm Network and their seed grower, to support their work to preserve and return varieties from communities endangered by war.** #72616 Pkt \$3.65



Coral



Dale

DALE OG S 120 days. [1970 USDA/ADS & MAESS] Sturdy 12 ft. stalks with excellent disease resistance, well adapted throughout the Southeast. Syrup has mild flavor with good color; small, reddish-brown seed also good for grits and pancake flour. #72609 Pkt \$3.65; #72609F (¼ lb) \$14.05

DELLA S 115 days. [1991, Virginia Polytechnic U.] Similar to Dale, good disease resistance, makes mild light syrup. A week earlier than Dale, with more variable stalk height (10-11 ft.). #72612 Pkt \$3.40; #72612F (¼ lb) \$13.30



Della



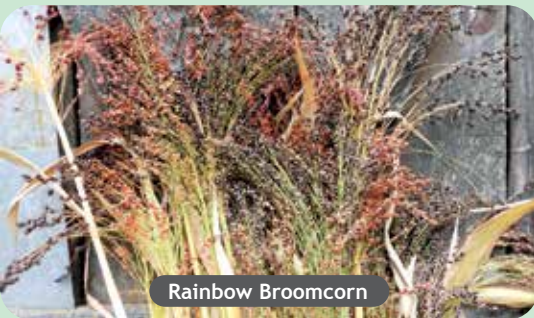
Korjaj

KORJAJ OG S 110 days. [Darfur, Sudan.] Shorter stalks than most sorghums mean this variety is primarily used for grain – huge seed heads! -- though the sap does have good sweetness. Stalks reached 10 ft. in our garden. This early variety is suited to a wide range of climates, including areas with a short season. **30% of proceeds go to the Experimental Farm Network, to support their work to preserve and return varieties from communities endangered by war.** #72618 Pkt \$3.65

MENNONITE S 105 days. [Mennonite heirloom from Jamesport, MO area.] This old fashioned cane sorghum is used to make light-colored syrup for pancakes or waffles. 7-9 ft. tall stalks. The red-hulled seed may be ground to make flour, especially for pancakes. #72604 Pkt \$3.40; #72604F (¼ lb) \$13.30



Mennonite



Rainbow Broomcorn

RAINBOW BROOMCORN OG S 110 days. Gorgeous ornamental. 7-8 ft. tall mix of colorful sprays of red-bronze, brown, black, and burgundy, plus natural straw color. #72615 Pkt \$3.40; #72615F (¼ lb) \$14.05

SUGAR DRIP OG S

102 days. One of the earliest-maturing varieties for the South, and one of the most widely grown varieties in the southern mountains. Grows 6-8 ft. tall; susceptible to lodging if not harvested early. Used for early production of very good quality syrup. #72608 Pkt \$3.65; #72608F (¼ lb) \$14.30



Sugar Drip

TARAHUMARA POPPING S

115 days. [From the Tarahumara people of NW Mexico.] The dried seeds can be popped like popcorn! Small, white seeds with nutty flavor. As with popcorn, the seeds need to dry a good while after harvest before they'll pop well. Unlike popcorn, unpopped kernels in the pan are tender enough to eat. 10-12 ft. tall plants. #72607 Pkt \$3.65



Tarahumara Popping

SWEET SORGHUM: PRODUCTION & PROCESSING

[George Kuepper.] A simple guide to small-scale, ecological production of pure sorghum syrup. Chapters on harvesting, milling, juicing, cooking, packaging, labeling, pricing, and more. Includes sources of supplies and equipment. Softcover, 3rd ed. 122 pp. #91134 \$18.00

Books

by Ira Wallace of Southern Exposure Seed Exchange

Grow Great Vegetables: gardening guides written specifically for your state!

Five new Southeastern state-specific gardening books by Southern Exposure's own gardening expert Ira Wallace. Ira takes the regional info you all expect from her and makes it specific for each of 5 states. Learn what to plant, when to plant and harvest for the best results in the regions of each state from monthly planting guides. Each book provides the info you need to succeed in growing vegetables, herbs and fruits in your state. Covers building fertile soil, mulch, crop rotation, climatic zones, first and last frosts, best varieties and other tips for an abundant harvest year-round in your garden.

GROW GREAT VEGETABLES IN VIRGINIA

softcover pp 248, #91201 \$19.95

GROW GREAT VEGETABLES IN NORTH CAROLINA

Softcover pp 244, #91198 \$19.95

GROW GREAT VEGETABLES IN SOUTH CAROLINA

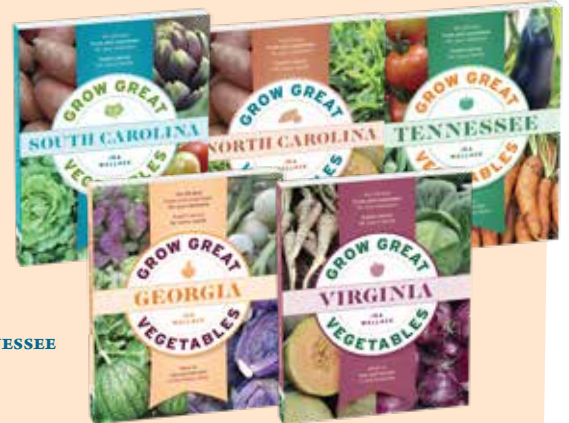
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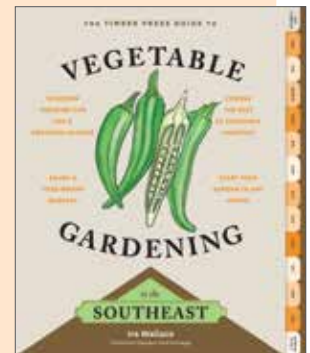
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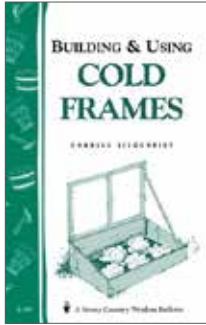
A quintessential guide for our region.

VEGETABLE GARDENING IN THE SOUTHEAST, THE TIMBER PRESS GUIDE TO

[Ira Wallace.] Southern Exposure's own gardening expert Ira Wallace gives home gardeners the regionally specific information needed to succeed in our hot, humid climate. It features what to plant, when to plant, and when to harvest, based on our climate, weather, and Ira's decades of experience. The Southeast region includes Alabama, Arkansas, northern Florida, Georgia, Kentucky, Louisiana, Maryland, Mississippi, N. Carolina, S. Carolina, Tennessee, Virginia, W. Virginia, and a slice of NE Texas. Monthly planting guides show exactly what you can do in the garden from January through December. The "Skill Sets" in the book go beyond the basics, with tutorials on seed saving, worm bins, and much more. This book also includes a comprehensive gardening primer and an A-to-Z of edibles—a detailed guide for the region's tried-and-true varieties. Softcover, 216 pp. #91178 \$19.95



Growing Guides & Companions



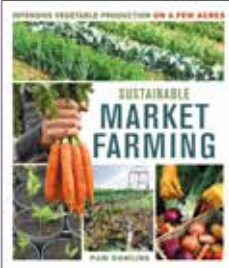
BUILDING AND USING COLD FRAMES [Charles Siegchrist.] This handy booklet gives easy-to-follow instructions for the using and constructing of cold frames. Softcover, 32 pp. #91103 \$3.95

Pam Dawling, Twin Oaks Community Farm

Our neighbor and *Growing for Market* contributing editor Pam Dawling offers these excellent, informative, and highly detailed gardening guides. Highly recommended.

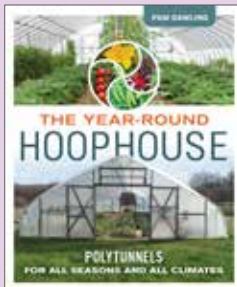
SUSTAINABLE MARKET FARMING

[Pam Dawling.] A practical guide for farmers or serious gardeners raising a variety of crops on a few acres. Pam is a contributing editor to *Growing for Market* magazine. She provides a wealth of how-to growing details, time-saving field techniques, and extensive info on variety selections with a welcome Southeastern flavor from her years of experience providing year-round vegetables for 100 people at Twin Oaks Community in central Virginia. Chapters on cover crops, cultivation, individual vegetables, crop rotation, succession planting and more offer time and money-saving insights for experienced growers as well as beginning farmers. Pam's early years as a gardener in England provide insights that make this volume an excellent resource for serious growers in any climate zone. Softcover, 400 pp. #91174 \$34.95



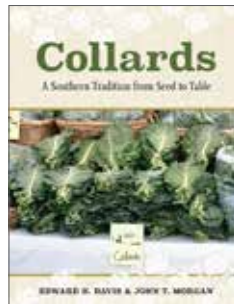
THE YEAR-ROUND HOOPHOUSE: POLYTUNNELS FOR ALL SEASONS AND ALL CLIMATES

[Pam Dawling] Another must-have book from SESE neighbor and author of *Sustainable Market Farming*. This is a thorough, clear and easy-to-follow guide for designing and building a hoophouse and making a success of growing abundant, delicious fresh produce all year round, in any climate, for market or just your family. Softcover 320 pp. #91194 \$33.00



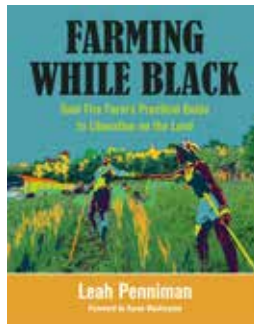
COLLARDS: A SOUTHERN TRADITION FROM SEED TO TABLE

[Edward H. Davis & John T. Morgan] Collards are an icon of southern food and an underrated nutritional powerhouse that has long sustained southerners both black and white. This book by two respected geographers traces the path of collards, exploring origins, sharing collard history, and preserving the stories of dozens of aging stewards of heirloom landrace varieties. These stories and the seeds donated by Davis and Morgan inspired the "Heirloom Collard Project" to preserve this living history of the South. To learn why collards matter read this book! Hardcover, 291 pp. #91191 \$34.95



FARMING WHILE BLACK: SOUL FIRE FARM'S PRACTICAL GUIDE TO LIBERATION ON THE LAND

[Leah Penniman] A rich and culturally relevant how-to manual for black and brown farmers. Filled with uplifting stories of black contributions to agriculture and the ongoing work at Soul Fire Farm to build an anti-racist and just food system. "This is the most inspiring book I have read in years" – Ira Wallace. Softcover, 368 pp. #91193 \$34.95



GROW OR DIE: THE GOOD GUIDE TO SURVIVAL GARDENING

[David the Good] This is an eccentric, informative, and very entertaining little book for beginner gardeners—or more experienced growers who want a different perspective. David the Good is a popular blogger and author who writes about "survival gardening" in times when store-bought food, electricity, fuel, and other 'essentials' are not available. He is clearly an experienced gardener who loves to experiment and learn, and writes with an irreverent, jokey style. Softcover, 199 pp. #91204 \$14.99



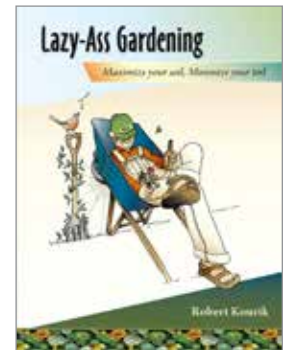
GROW YOUR SOIL! HARNESS THE POWER OF THE SOIL FOOD WEB TO CREATE YOUR BEST GARDEN EVER

[Diane Miessler] Practical, science-based descriptions of soil structure and the soil food web. Includes instructions on how to make compost, compost tea, and biochar, as well as how

to increase soil biodiversity and address nutrient deficiencies. Diane's humor and simple language will help you remember the lessons! Diane lives in Nevada County, California, which gets about 46 inches of rain per year - just a little more than our home in Virginia. Softcover, 176 pp. #91202 \$16.95

LAZY-ASS GARDENING: MAXIMIZE YOUR SOIL, MINIMIZE YOUR TOIL

[Robert Kourik] Get the practical wisdom of Robert Kourik's 40+ years of gardening and landscaping in California. (Most of his advice transplants well to other climates!) Kourik is an enthusiastic gardener who likes doing smart things that save him work so that he has the time to sit out in his garden and enjoy it. Great advice for watering, tools, soil, pruning, veggies, fruit, and landscaping. Fun and engaging. Softcover, 241 pp. #91203 \$24.95



THE MARKET GARDENER: A SUCCESSFUL GROWER'S HANDBOOK FOR SMALL-SCALE ORGANIC FARMING

[Jean-Martin Fortier.] Practical information for the small-scale organic farmer: how to grow better, not bigger. The style is down-to-earth and so readable you want to sit down with it like a novel. Learn how Jean-Martin and his wife Maude-Helen gross \$110,000 on 1.5 acres. Anyone starting out in market farming or serious about producing their own food can benefit from reading this book. Softcover, 224 pp. #91185 \$25.95



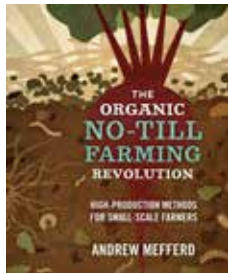


THE NEW SEED STARTER'S HANDBOOK [Nancy Bubel with Jean Nick] Comprehensive, updated guide to seed and seedling care, indoors and out. Topics include light and temperature requirements, transplanting, diagnosing, and correcting problems, requirements of vegetable

crops, pollination, selection, seed saving, and seed storage. Contains numerous informative tables and supply sources. Readable reference for all gardeners. 2nd ed. Softcover, 464 pp. #91118 \$19.99

THE ORGANIC NO-TILL FARMING REVOLUTION: HIGH PRODUCTION METHODS FOR SMALL-SCALE FARMERS

[Andrew Mefferd] There's many benefits to reducing soil tillage – reducing weeding, increasing storage of carbon and nutrients, improving water retention, and more. But no single strategy works for every farm and for every crop. Andrew Mefferd profiles 17 different farms in this book, hearing what works and what doesn't work for the different farms and their crops, and covers tools, supplies, and techniques. Very readable, and very practical! Softcover, 336 pp. #91196 \$29.95

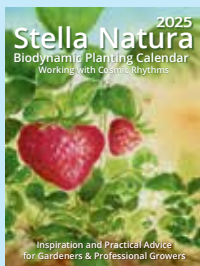


Agricultural Calendar & Records

PERPETUAL GARDENING RECORD BOOK Just the thing for gardeners who prefer to use pen and paper to keep track of what's happening in the garden. Inspired by Thomas Jefferson's meticulous garden record books and proudly made in Alabama using recycled materials, it includes growing charts, calendar pages, sketch pages, and a resource page for keeping all records for several years in one place. The large calendar pages allow one to compare one's planting dates, harvest dates, yields, and weather over many years. Printed on coated paper, so dry erase marker and china marker offer different options for erasing your writing. This wonderful book works in all zones, needs no batteries, chargers or wifi. Timeless garden quotes and photographs make it a great gift for the gardener in your life. Softcover, 80 pp. #91179 \$14.95

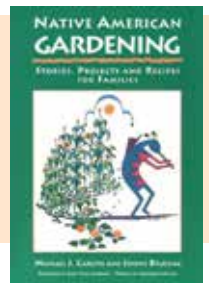
STELLA NATURA: KIMBERTON HILLS AGRICULTURAL

CALENDAR A yearly guidebook to using the cosmic rhythms in working the land to help determine the best times for planting, pruning, and harvesting. Based on ages of farming experience and observation, this guide connects astronomical events to the biological rhythms of plants. Included are 12 articles, one for each month. Hand-illustrated wall calendar and 40 page book, 9 x 12 in. Includes space for garden notes. Current edition. #91131 \$16.95



Native American Gardening

NATIVE AMERICAN GARDENING [Michael J. Caduto and Joseph Bruchac.] Stories, projects, and recipes for families. Combines Native American stories and traditions with the nurturing experience of gardening. Learn to grow traditional "Three Sisters" gardens of corn, beans, and squash. Explore the relationships between people and the gardens of the Earth, seed preservation, Native diets and recipes, garden crafts, and games. Softcover, 158 pp. #91148 \$21.95



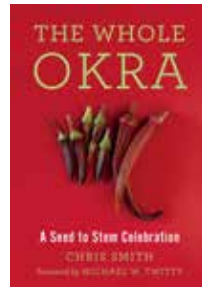
Cookbooks & Food Preservation

WILD FERMENTATION: THE FLAVOR, NUTRITION, AND CRAFT OF LIVE-CULTURE FOODS [Sandor Katz.] This book is a fave. Nearly 100 home recipes for vegetable ferments (sauerkraut, kimchi, pickles); bean ferments (miso, dosas); dairy ferments (yogurt); cheesemaking (and vegan alternatives); sourdough and other grain fermentations from Cherokee, African, Japanese, and Russian traditions; vinegars and alcohol. Fascinating reading about the amazing world of beneficial bacteria and fungi! 2nd ed. Softcover, 298 pp. #91161 \$29.95.



THE WHOLE OKRA: A STEM TO STEM CELEBRATION

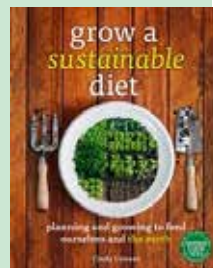
[Chris Smith] British expatriate Chris Smith's love letter to a favorite crop of his adopted country. There's great recipes from restaurant chefs, and Chris gives an engaging account of the many uses for okra (okra oil, okra coffee, okra marshmallows, okra tofu, okra vodka, okra pickles, okra pancakes...). Okra's history is also explored (okra paper, someday your time may come again!) and there's an excellent share of growing advice as well. Softcover, 272 pp. #91195 \$34.95



Cindy Conner, Homeplace Earth

GROW A SUSTAINABLE DIET: PLANNING AND GROWING TO FEED OURSELVES AND THE EARTH

Cindy Conner brings us a must-read book for anyone working toward increased food self-sufficiency for their family. This guide combines the garden planning and cover crop information from her DVDs with more about growing a complete diet, food preservation, storage, and getting it all to the table so everyone in the family is satisfied, all using the least amount of fossil fuel. It is a tall order that Cindy handles well, using permaculture and bio-intensive gardening methods. She ends with a chapter on "Rethinking Everything" based on her years of helping gardeners make this change. Softcover, 240 pp. #91180 \$24.95



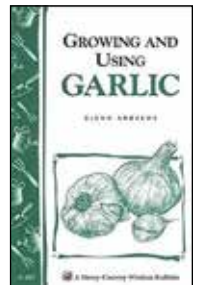
Herbs & Herbal Medicine

BUSH MEDICINE OF THE BAHAMAS: A CROSS-CULTURAL PERSPECTIVE FROM SAN SALVADOR ISLAND, INCLUDING PHARMACOLOGY AND ORAL HISTORIES [Southern Exposure founder Jeff McCormack, Kathleen Maier, Patty Wallens.] A comprehensive treatment of Bahamian bush medicine, dedicated to the preservation and continued use of this knowledge before it is lost. Covers 120 medicinal plants, including details of administration and dosage, pharmacology, and cross-cultural uses; non-botanical remedies are covered as well. Fascinating oral histories provide details of the healers' practice and glimpses of the culture of San Salvador Island. Includes color illustrations of over 100 medicinal plants, and the people who use them. Outstanding Book of the Year Award (2011) by the Society of Economic Botany. Large Hardcover, 396 pp. #91169 \$37.00

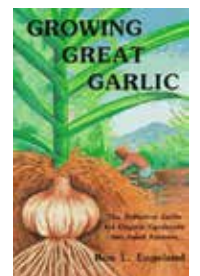


Garlic

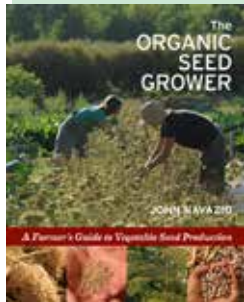
GROWING AND USING GARLIC [Glen Andrews.] This Storey Country Wisdom booklet has good practical advice for the first time garlic grower, stressing advance soil preparation for success. Covers a range of preservation techniques from braiding to making your own garlic salt, including 29 recipes. Softcover, 32 pp. #91182 \$3.95



GROWING GREAT GARLIC [Ron Engeland.] The definitive sourcebook for growing garlic organically. Written for gardeners and small farmers, it covers everything from site preparation through planting, fertilizing, harvesting, storing, and marketing. Also includes chapters on the history and evolution of garlic. Based on the author's experience with over 200 strains. Softcover, 226 pp. #91111 \$16.95



Seed Saving Guides



THE ORGANIC SEED GROWER [John Navazio.] Written for both serious home Seed Savers and diversified small-scale farmers who want to learn the necessary steps involved in successfully producing a commercial seed crop organically. "An essential guide to high-quality, organic seed production:

well grounded in fundamental principles, brimming with practical techniques, thorough in coverage, and remarkably well organized, accessible, and readable."

– Jeff McCormack, Southern Exposure founder.

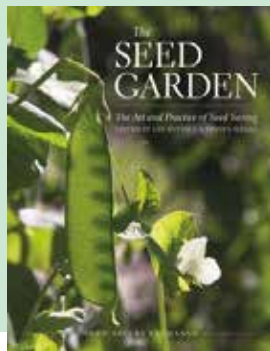
Softcover, 388 pp. #91176 \$39.95

SEED TO SEED:

SAVING OUR VEGETABLE HERITAGE [Suzanne Ashworth.] 2nd edition. A thorough and comprehensive book on seed saving for both new and experienced seed savers. Covers all major and minor vegetable crops, many herbs, and unusual or rare vegetable crops. Discusses pollination dynamics, methods of maintaining variety purity, seed cleaning methods, seed collection and storage. An essential reference for Seed Savers. Large format softcover, 222 pp. #91117 \$24.95



THE SEED GARDEN: THE ART AND PRACTICE OF SEED SAVING [Sharyn Siegel and Lee Buttala (editors), Micaela Colley and Jared Zystro (authors).] Seed Savers Exchange partnered with the Organic Seed Alliance to publish this beautifully illustrated volume written both for home gardeners and farmers. An excellent complement to *Seed to Seed*, focusing on more of the main vegetable and herb families, and including new seed saving research. Guidelines that break down numbers and methods for the home garden, commercial seed crops, and variety preservation are especially valuable. Softcover, 390 pp. #91187 \$39.95



"Made Easy": Perfect for Beginners

GROW YOUR OWN FOOD – MADE EASY [C.

Forrest McDowell, PhD & Tricia Clark-McDowell.] This small, inexpensive treasure of a book distills the basics into 68 colorful, accessible, even humorous, pages. The authors have decades of experience growing food and teaching others to grow food. This book is a step-by-step guide to producing lots of nutritious, delicious food using everyday skills, even if you have a small space. When we show this book at workshops and festivals, people gobble it up. Softcover, 68 pp. #91162 \$6.95



HOME COMPOSTING MADE EASY [C. Forrest McDowell, PhD & Tricia Clark-McDowell.] Over a million copies of this delightful and inspiring book are in print. It's used by hundreds of municipalities, organizations, and businesses to spread the word about home composting. It covers pretty much all you need to know in a simple, direct, and amusing style. Lots of practical tips, how-to information, and answers to common questions. Softcover, 32 pp. #91163 \$5.00

Weeds and Plant Disease

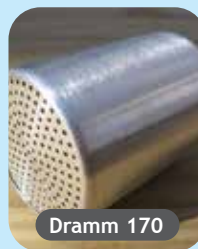
WEEDS AND WHAT THEY TELL US [E.

Pfeiffer.] 3rd edition. The presence of common garden weeds provides valuable clues about your soil, your garden environment, and the kinds of conditions that favor weed growth. This book tells you how to read the weeds. First written in the 1950s, and still a great resource. Softcover, 80 pp. #91123 \$13.95



Watering Supplies

DRAMM 170 WATER BREAKER Allows for a concentrated and gentle flow of water into small areas. Use for hand-watering of raised beds, garden areas, and potted plants. Ideal for watering trays of seedlings. Durable aluminum construction. Fits standard 3/4 in. hose thread. #81102 \$22.05



Dramm 170

Supplies

Handheld All-Purpose Gardening Tool



Cobraheads

COBRAHEAD "STEEL FINGERNAIL" WEEDER AND CULTIVATOR

Made in the USA of knife-quality steel, the CobraHead is simply the best all-around small tool I've come across. It cuts through all types of soils. The weeds it can't cut, it lifts. The self-sharpening blade can be used in all directions. The comfortable handle is made from recycled plastic. The CobraHead has a full one-year warranty against manufacturer defects. If defective, return it within the year together with your receipt, and we'll send you another or refund your money. (Review by Ira Wallace) Mini version measures just 9 in. and weighs just 4.6 oz. Original version measures 13 in. and weighs 9.5 oz. #81616 Mini \$28.95; #81643 Original \$31.95

Corn Shellers



Corn Shellers

CORN SHELLER This hand-held aluminum sheller makes quick work of shelling corn. #85111 \$11.45

POPCORN SHELLER A smaller corn sheller for popcorn and other small-eared corn. #85112 \$11.45

Bird-Scare Tape

BIRD SCARE FLASH TAPE Bird repellent tape resembles a fire when blown by the wind. Helps keep birds out of gardens and fruit crops during the ripening period. Made of highly reflective, red and silver mylar ribbon that is twisted in a spiral and suspended from stakes over crops. Slight breezes vibrate the ribbon creating the visual effects of a brush fire. 290 ft. roll, 7/16 in. wide. #81501 \$6.80





Reemay® Garden Blanket

Row Cover / Season Extender

REEMAY® GARDEN BLANKET (Row Cover)

Extend your gardening season and control insects. Floating row cover is a spun-bonded, reusable polyester material that can be placed directly over row crops without use of support hoops. Under normal use it should last 1–2 growing seasons; with care it can last longer. Crops grown under row cover produce earlier and higher quality harvests. In sunny weather, raises daytime temperatures 10°F. Frost protection averages 4°F. Use to protect crops from wind and destructive insects. Allows passage of light, air, moisture, and sprays. Some delicate crops may require wire support hoops. Simply unfold the row cover loosely over the seed or plant bed. To secure the edges, cover with a board, bury the edges in soil, or use fabric staples (see below). Store dry, clean row cover out of sunlight to extend row cover life. #81617 Reemay 67 in. x 50 ft. (279 sq. ft.) \$23.40

Labels, Markers, and Tags

ALL-WEATHER MARKING PEN

Permanent, xylene-free, quick-drying ink writes on all materials, even when surfaces are cold or wet. An ultra-violet filter in the ink reduces fading. #81403 \$4.70



Marking Pen

PLASTIC PLANT TAGS (for pots and garden rows)

Tags measuring 5 x 5/8 in. last one or two seasons depending on the amount of sunlight exposure. Can also be fastened directly to plants by using a hole punch and a twist tie. #81406 50 for \$4.70

WOODEN GARDEN LABELS (for garden rows.)

Made from New England White Birch. These sturdy labels have been coated with an environmentally friendly preservative to resist rot. Labels are 10 in. tall x 7/8 in. wide x 1/8 in. thick. #81408 25 for \$8.85 #81408B 250 for \$50.15



Wooden Garden Labels

Seed Saving Supplies

Seed Packets & Bags



Self-Seal Seed Packets

SELF-SEAL SEED PACKETS White kraft with double-sealed seams. Sift-proof corners prevent loss of small seed. Self-seal re-closable tops allow closure without moistening, thus helping maintain good, low-moisture storage conditions for seeds. Can be opened and resealed 5 or more times in normal use. Measures 3 1/4 x 4 1/4 in. For quantities of 5000 packets or more, contact our supplier, Cambridge Pacific, 518-677-5988, cs@cpacific.com

#85110 50 for \$6.95

#85110A 200 for \$18.95



Sealing/Grafting Film

Not Just for Grafting: Ensure the Security of Frozen Seeds

SEALING/GRAFTING FILM For use on seed storage container lids that are not already clearly moisture-tight, to prevent moistening of seed. For best results, unstick from paper backing, then cut into strips, then at warm room temperature, stretch a strip while wrapping it around the edge of the lid. Overlap one layer of film with another, at least the ends of the strip, and press to stick them together. Does not stick to fingers. This is also the preferred material for grafting, better than grafting wax. Composed of waxes and synthetic resins. Supplied as a 5 ft. long, 4 in. wide roll. #85108 \$3.95 per roll

Seed Cleaning Screens & Frames



Seed Cleaning Screens

SEED-CLEANING SCREENS, SET OF 5

Screens are some of the most essential tools for small-scale cleaning of seeds that mature dry. These five screens - 2 mesh (strands per inch), 4 mesh, 8 mesh, 16 mesh, and 30 mesh - are effective for cleaning seeds ranging in size from amaranth to beans, on a homestead or small farm scale. For most types of seeds, we recommend pouring the seed harvest over two sizes of screens: one to separate out the larger chaff, and one to separate out smaller chaff and dust. Screening generally complements winnowing and threshing, but can also be effective on its own. This set of screens is affordable in part because of how little space it takes up. Comes with instructions on how to use screens, and how to build a frame that screens can easily be moved in and out of, similar to the ones we sometimes sell. Avoid small cuts by wearing rubber or leather gloves to handle unframed screens. Screens are hand-cut to 11 in. x 11 in. See our website for further seed-saving instructions, and p. 85 for more on how and why we support seed-savers. #85131 See website for price and availability.



Inoculant

Legume Inoculant

NEW! EXCEED LEGUME INOCULANT For garden peas, sweet peas, lima beans, soybeans, fava beans, common beans (e.g. snap beans), runner beans, tepary beans, southern peas (cowpeas), peanuts, sunn hemp, partridge peas, and vetch. Beneficial rhizobial bacteria in the inoculant powder (also in healthy soils) help legumes to fix nitrogen, increasing vigor and yield. To use, dampen seed with non-chlorinated water - 1 tsp water: 1 lb seed - and add 1.5 tps inoculant per 1 lb seed, mixing well. Protect inoculant bag and inoculated seed from sun, high temperatures, hot winds, and freezing. Store in sealed bag, between 40°F and 77°F. OMRI-listed. #85154B (1.5 oz, treats 8 lbs of seed) \$6.50

🌀 Collections & Mixes 🌀

GARLIC & PERENNIAL ONION SAMPLER PACKS – p. 18, 34

POTATO & SWEET POTATO SAMPLER PACKS – p. 83–84

Grow a Traditional 3-Sisters Garden!



Three Sisters Garden Pack

THREE SISTERS GARDEN PACKAGE **OG S** Native Americans have been companion planting the three sisters (squash, corn, and pole beans) for thousands of years. A well-maintained three sisters garden is both beautiful and productive. The corn provides a tall stalk for the beans to climb. The transpiration from the corn leaves provides mild cooling for the beans. The beans, in turn, have the amazing ability to fix nitrogen from the atmosphere. The squash serves to provide a living mulch, suppressing weeds and keeping the hot summer sun from baking the earth dry. A Three Sisters garden is beautiful. The circular yet directional pattern provides a calming space to work in. The bean flowers draping from the corn leaves seem to dance over the large squash leaves. The squash and bean flowers are heavily visited by pollinating insects. Included is enough corn (Pungo Creek Butcher), beans (Kentucky Wonder), and squash (Seminole pumpkin) seeds to plant a 25 ft. circular Three Sisters garden, and our planting guide. **#92001 (3 full-size packets) \$10.95**

Mesclun Collections

SPRING MESCLUN COLLECTION **OG S** A wonderful collection of spring salad greens. Includes one packet each of Long Standing Bloomsdale spinach, Salad Bowl lettuce, Black-Seeded Simpson lettuce, Crawford lettuce, Susan's Red Bibb lettuce, Red Russian kale, and Mizuna mustard greens. **#92006 \$22.90**

SUMMER MESCLUN COLLECTION **OG S** These heat-resistant greens should provide great salads all summer long. Includes one packet each of Carolina Broadleaf mustard greens, Ruby Red orach, Parris Island Cos lettuce, Buttercrunch lettuce, Loma lettuce, and Jericho lettuce. **#92002 \$20.80**

FALL MESCLUN COLLECTION **OG S** This mix is specially selected for both fall and winter harvest. Includes one packet each of Parris Island Cos lettuce, Rouge d'Hiver lettuce, Susan's Red Bibb lettuce, Forellenschluss lettuce, Red Salad Bowl lettuce, Tatsoi mustard greens, Arugula, Winter Bloomsdale spinach, and Bulls Blood beet greens. **#92003 \$30.20**

Substitutions for Collections:

In case of a crop shortage, we may need to substitute a variety in any of our collections. We'll note any such changes to in the collection's description on our website!

Easy Seed Saving Collection



EASY SEED SAVING COLLECTION **S** Seven varieties, each of which has an interesting history. Includes an okra (Stewart Zeebest), a cucumber (White Heron), a pole snap bean (Turkey Crow), a flower (Elka White Oilseed Poppy), a cherry tomato (Matt's Wild Cherry), a sesame (Benne), and a dill (Dukat). All these crops are widely adapted, easy to grow, and easy to save seed from on a small scale. All of the culinary varieties in this collection are prized for their flavor. Most of these seeds can be stored for years, even at room temperature. Comes with our Guide to Seed-Saving for Home Use, our Guide to Using Screens to Clean Seeds, and variety descriptions. **We give 30% of your purchase to the Grassroots Seed Network to help home seed savers share and sell the seeds they grow and preserve the varieties they cherish.** **#92023 (7 full-size packets) \$24.45**

Small Garden Spaces Collection



SMALL GARDEN SPACES COLLECTION **S** A collection of 10 productive and compact varieties for folks with small garden plots and container gardens. Includes one packet each of Spacemaster cucumber, Geranium Kiss tomato, Fernleaf dill, Red Russian kale, Maxibel snap bean, White Icicle radish, Sweet Pickle pepper, Tokyo Bekana looseleaf Chinese Cabbage, Dark Green Italian parsley, and Spicy Bush basil. Includes some notes about growing plants in small garden spaces. **#92024 (10 full-size packets) \$34.35**

Our Heritage Collection



Virginia Heritage Seed Collection

VIRGINIA HERITAGE SEED COLLECTION **OG** A specially priced collection of 12 varieties rich in flavor and history, all associated with Virginia and the Appalachians. All are certified organic and open-pollinated. Includes one packet each of Contender Bush Bean, Anne Arundel muskmelon, Whippoorwill Southern Pea, Hen Peck Collards, Roseland Small White Cucumber, Deer Tongue Lettuce, South Anna Butternut Winter Squash, Carolina Broadleaf Mustard, Early Golden Crookneck Summer Squash, Old Virginia Tomato, Doe Hill Golden Bell Sweet Pepper, and Bowling Red Okra. **We give 30% of your purchase to the Piedmont Environmental Council for their "Buy Fresh Buy Local" Campaign.** **#92011 (12 full-size packets) \$42.65**

Pollinator Collection

WELCOME-TO-THE-GARDEN POLLINATOR COLLECTION

S We've added phlox, for an even more diverse sampler! Bees and other pollinators need pollen, nectar and shelter all season, from early spring through late fall. Support your pollinators with this special



Sample Varieties

collection of 13 old-fashioned single-blossomed heirloom, open-pollinated flowers and herbs. The white, purple, yellow, and orange colors preferred by pollinators provide beautiful blooms for the gardener as well as food and shelter for honeybees and a variety of native pollinators. Includes phlox, calendula, echinacea, cosmos, sweet alyssum, bachelor's button, cleome, sunflowers, rudbeckia, beebalm, and zinnia, as well as our *Gardeners Quick Guide to Welcoming Pollinators and Other Beneficial Insects*. **We give 30% of your purchase price to the Piedmont Environmental Council for their "Buy Fresh Buy Local" Campaign.** **#92019 (13 full-size packets) \$46.80**

WILD GARDEN PERENNIAL INSECTARY See p. 71.

Seasonal Items:
Shipping Surcharges Apply

Potatoes

Solanum tuberosum

Shipping Surcharge for Seedling Potatoes:
\$2 for one item, \$4 total for any two or more items.

Seedling Potatoes ship in the spring.
Pre-order in winter or early spring.

Shipment begins in March, southern-most areas first, from Wood Prairie Farm, where they are grown.
U.S. shipping addresses only.

Culture: Cut potatoes into pieces no smaller than an egg with no fewer than 2 eyes. Plant at 12 in. spacing, rows 3–4 ft. apart, in rich soil with lots of extra compost. Kill Colorado Potato Beetles as soon as they appear. The adults lay many eggs, and the pink-purple larvae are much more destructive than the adults. When plants are 6 in. high, side dress with compost and hill them by mounding dirt up against them until only the very tip of the top leaves are showing. For best results, hill again when plants have grown another 6 in. Dig potatoes from the ground after the plants have died and the stems are dry to the ground level. Potatoes are shipped at appropriate spring planting time for your area. For more specific shipping dates, see our website or call us. **Order by April 1st.** If you intend to make a second, later planting, please order extra seed potatoes to store in the refrigerator or root cellar until planting time. **Warning:** After eating some home grown potatoes, you may never be able to eat commercial potatoes again. **Bag:** 1 lb, sows 6–10 ft. **Each 1 lb of Certified Organic Seed Potatoes includes detailed planting instructions and a variety photo card.**



Our potatoes are grown by Wood Prairie Family Farm. Their farm on the edge of Maine's North Woods is located just six miles from the Canadian border. For 48 years they've dedicated themselves to time-honored organic farming practices and building up the fertile soil.

Potato Collection

NEW! BIG SIX POTATO COLLECTION **OG S** Try all six of our selected potato varieties and save \$2.05 off the per bag price. 1 pound each of Adirondack Blue, Caribou Russet PVP, Dark Red Norland, Keuka Gold, Purple Viking, and Yukon Gold. All shipped in a sturdy box with planting instructions, recipes, and variety photo cards. Certified organic seed potatoes - 6 separate 1 lb bags. **#39806 (seedling potatoes, see shipping info at left) \$75.00**

ADIRONDACK BLUE **OG S**

New, moist, blue-skinned, blue-fleshed selection from Cornell University. Strong plants support good yields. Mid-Season. **#39102 (seedling potatoes, see shipping info above left) \$14.55**



Adirondack Blue

BACK! CARIBOU RUSSET PVP **OG S**

Vigorous plants produce good yields of large, oblong russet potatoes. Midseason maturity. High yields using organic practices. Great mashed, fried, or baked. Has an exceptionally low instance of hollow heart, a common problem of most russets. Moderately resistant to scab and verticillium wilt. **#39602 (seedling potatoes, see shipping info above left) \$14.55**



Caribou Russet

DARK RED NORLAND **OG S**

Very dark red skin, bright white flesh, and high yields make this early maturing selection a favorite with both home gardeners and market growers. The moist, waxy, firm flesh is delicious boiled, mashed, in potato salad or served whole as "baby reds." **#39504 (seedling potatoes, see shipping info above) \$14.55**



Dark Red Norland

KEUKA GOLD **OG S**

[Cornell U. 2004.] A handsome golden-fleshed potato with excellent flavor. It excels when boiled, can be roasted, and is a fine moist baker. Golden skin, golden flesh. Good yields and disease resistance — easier to grow for some than Yukon Gold! Mid-season. **#39304 (seedling potatoes, see shipping info above left) \$14.55**



Keuka Gold

PURPLE VIKING **OG S**

Beautiful and unusual, purple skins with pink splashes. White flesh, great baked or mashed. Big potatoes, compact plants. Early Season. **#39402 (seedling potatoes, see shipping info above left) \$14.55**



Purple Viking

YUKON GOLD **OG S**

Renowned for outstanding flavor. The best known of the European-style yellow-flesh potatoes. Drier than most other yellow flesh potatoes. Perfect for baking and mashing. Good yields and an excellent keeper. Very early maturing. **#39301 (seedling potatoes, see shipping info above left) \$14.55**



Yukon Gold

Seasonal Items:
Shipping Surcharges Apply

Sweet Potatoes *Ipomoea batatas*

Shipping Surcharge for Sweet Potato Slips: \$2 for one item, \$4 total for any two or more items.

Sweet Potato Slips ship in late spring and early summer: most orders go out in early June. We strive to fulfill our southernmost orders first, but strongly discourage growers who desire slips earlier from purchasing.

Slips are above-ground vine cuttings from sprouted sweet potatoes for transplanting to your garden in the spring. Slips are shipped without roots or soil in accordance with regulatory requirements. Each package contains carefully bundled slips and a copy of our Sweet Potato Growing Guide.

Continental U.S. shipping addresses only.

A tracking number will be emailed within 24 hours of shipment.

Culture: Plant slips one month after average last spring frost. Sweet potatoes need full sun and warm, settled weather to grow well; slips planted too early won't thrive. Provide loose, well-drained soil high in organic matter. For maximum production, plant in raised beds. Space slips 10–18 in. apart in rows 3–5 ft. apart. Keep the slips well-watered for several days after planting while the roots establish. In northern areas, use black plastic mulch and row cover to warm the soil. **Harvest:** Sweet potatoes need at least 90–120 days to mature. Use a garden fork to gently dig the mature tubers before frost. Cure for 7–10 days in a dark room at 80–90°F and approximately 90% relative humidity. Curing sweetens the flavor and toughens the skins, which increases storage life. Store above 55°F. Every order includes our detailed Sweet Potato Growing Guide (also available online at www.SouthernExposure.com).

Sweet Potato Pricing

Remember to include the correct letter on the Order Form or Quick Order webpage!

A (6 slips) \$12.50	D (50 slips) \$47.50
B (12 slips) \$18.50	E (100 slips) \$74.00
C (24 slips) \$29.50	

Limited Quantities - Other Varieties!

Limited quantities of additional sweet potato varieties may be available online only.

Check www.SouthernExposure.com for varieties and availability.

Order early, as we expect to sell out of any limited online offerings quickly.

Sweet Potato Collections

SWEET POTATO COLLECTION, 3 ORANGE VARIETIES OG S 6 slips each of 3 orange-fleshed sweet potato varieties of our choosing, from a selection of many varieties. #74155 (18 live slips, see shipping info above left) \$36.00

SWEET POTATO COLLECTION: ORANGE, WHITE, PURPLE OG S A mix of 3 different sweet potato varieties of our choosing: 6 orange-fleshed slips, 6 white-fleshed slips, and 6 purple-fleshed slips, from a selection of many varieties. #74156 (18 live slips, see shipping info above left) \$36.00



Bayou Belle

NEW! BAYOU BELLE OG S 100 days. [Louisiana AES.] Red skin and deep orange flesh. Yield is unequalled. A super-productive variety. High sucrose content - tastes quite sweet. Great for sweet potato fries. Well suited for most processing uses. #74204 (live slips, see shipping & pricing info above)



Beauregard

BEAUREGARD OG S 100 days. Visit any sweet potato farm and there's a good chance they're growing some Beauregard. Thousands of farmers rely on this reliable, high yielding variety. Crack-resistant roots and deep orange color with dry flesh. Even big roots will bake quickly compared to other varieties. #74102 (live slips, see shipping & pricing info above)

NEW! COVINGTON OG S 110 days. [North Carolina State University.] Covington has become a favorite for both home gardens and commercial farms. Produces uniform, blocky, and well-formed roots with smooth, light rose skin and rich orange flesh that is moist and sweet when baked. #74211 (live slips, see shipping & pricing info above)



Covington

NEW! EVANGELINE OG S 110 days. Attention Foodies: this is The One! The pride and joy of the Louisiana State University sweet potato breeding program, Evangeline has all the characteristics of a star. It has the sweetest taste, the most intense deep orange flesh, and the best baking quality. Fairly tolerant of heavier soils, but less productive in sandy soils. #74213 (live slips, see shipping & pricing info above)



Evangeline

NEW! MURASAKI OG S 120 days. [Louisiana State U. AgCenter. "Murasaki" comes from the Japanese word for "purple."] Japanese-type staple sweet potato with purple skin and white, nutty flesh. Its drier texture crisps well, and is versatile for roasting, frying, and baking. Resistant to Fusarium Wilt and Root Knot Nematodes. #74217 (Live slips, see shipping & pricing info above)



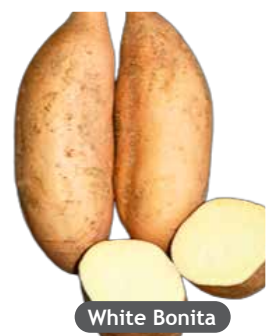
Murasaki

NEW! PURPLE MAJESTY OG S 110 Days. [NCSU, 2021.] Newly developed to meet the increased interest and popularity of purple skin/ purple flesh sweet potatoes. Its amazing color, uniform shape, and reliable growth habits make this a tempting choice for anyone who enjoys unique qualities. Rich in healthy anthocyanins. #74201 (live slips, see shipping & pricing info above left)



Purple Majesty

NEW! WHITE BONITA OG S 115 days. White-fleshed sweet potatoes were classically considered easier to grow than "Irish" potatoes in the Southeast. White Bonita is an improved selection, and is white at harvest. #74207 (live slips, see shipping & pricing info above left)



White Bonita

Southern Exposure grew out of Dr. Jeff H. McCormack's love of heirloom vegetables and the tradition of seed saving. What began in a family garden and kitchen in 1982 has expanded into a network of farms and gardens, a modern germination testing facility, and environmentally controlled seed storage. Our first catalog offered 65 varieties; now we feature over 800, with an emphasis on heritage, flavor, disease resistance and other qualities of interest to market and home gardeners. Although we specialize in seeds adapted to the Mid-Atlantic and Southeast, we have loyal customers throughout the U.S.

Since 1999, Southern Exposure has been cooperatively owned and operated by Acorn Community Farm, an egalitarian income-sharing community in rural Louisa County, Virginia.

Our Mission

We encourage cooperative self-reliance in agriculture. We promote and participate in seed saving and exchange, ecological agriculture, reducing energy use, providing locally adapted varieties, and regional food production.

Our Seeds

See our website for more on why we specialize in heirloom, open-pollinated, and regionally adapted varieties.

UNTREATED SEEDS We do not sell chemically treated seeds. To help give your seeds the proper start in life we provide detailed cultural instructions in our catalog. We especially urge you to pay close attention to recommended germination temperatures and moisture requirements.

GERMINATION TESTING Our seed is germination tested to ensure it meets both federal and Southern Exposure standards. (Our standards are higher than federal standards for some crops.) Please note that germination tests are often conducted under optimum conditions and that field results may vary.

On rare occasions we find it necessary to package seed below federal standard. In those cases we add more seed to compensate and the packet is labeled, "Below Standard: More Seed Added."

OPEN-POLLINATED VARIETIES We offer a diverse selection of open-pollinated (non-hybrid) varieties. This helps to preserve agricultural and cultural heritage; it also helps to ensure a genetic reservoir of disease-resistant varieties, regionally adapted varieties, and varieties which are diverse in flavor, color, and culinary uses. While hybrid varieties sometimes offer greater uniformity and yield, uniformity may be a disadvantage to home gardeners who want an extended harvest season.

REGIONAL VARIETY PERFORMANCE Our region, the Mid-Atlantic, is characterized by high summer heat, humidity, and uneven precipitation. Soils are predominantly clay except in sandy coastal areas. Our varieties perform well in regions sharing similar characteristics to the Mid-Atlantic, including the Pacific Northwest. Many varieties will perform well in warmer and cooler regions if planting dates are adjusted accordingly.

Our detailed variety descriptions help you decide which seed is suited to your region and your needs. Some varieties are best adapted to specific soils, climate, or other cultural conditions. Others are widely adapted and will generally perform well under many conditions.

MATURITY DATES Maturity dates provide a guideline for comparing relative maturation times of different varieties. Actual maturity dates depend on climate, weather, soil, season, exposure, and other local conditions.

HEIRLOOM AND FAMILY HEIRLOOM VARIETIES Heirloom varieties are those that have been around for generations. We draw the line at 1940. After 1940, hybrids began to displace traditional, open-pollinated varieties. Many have become scarce or lost. We define a special class of heirlooms as "family heirloom varieties." These have been handed down within families for generations. As far as we can tell, family heirlooms are unique and have not previously been in seed catalogs until their recent introduction. Some of these are begun as commercial varieties, and have been modified by environment, cross pollination, selection, and random mutation.

SEED SAVER PACKETS™ Heirloom and rare varieties are sometimes sold in Seed Saver Packets™, our trademark used to indicate varieties in need of preservation and distribution. Seed Saver Packets™ often contain fewer seeds than most commercial-size packets. They are intended for Seed Savers and gardeners who would like to experiment with heirloom and rare varieties.

PVP VARIETIES PVP designates protected varieties regulated by the Plant Variety Protection Act which prohibits unauthorized marketing.

GENETICALLY MODIFIED VARIETIES (GMOs) We will not knowingly offer seed of genetically modified varieties. Some studies suggest that avoiding genetically modified pollen may require isolation distances up to four times greater than those required by natural pollen, so we have increased the isolation distances for producing our seed. See our website for more information.

HEIRLOOM AND FAMILY HEIRLOOM VARIETIES Non-hybrid varieties introduced prior to 1940 are defined as heirloom varieties. After 1940 hybrids began to displace these traditional varieties, and many became scarce or lost. We define a special class of heirlooms as "family heirloom varieties." These have been handed down within families for generations. As far as we can tell, family heirlooms are unique and have not previously been in seed catalogs until their recent introduction. Some of these are old commercial varieties that have been modified by environment, cross pollination, selection, and random mutation. Determining the uniqueness of a variety is not easy and we would rather risk duplication than lose a valuable variety forever. To help in identification, synonyms of variety names are indicated in parentheses after the most common name.

Seed Saving: Open-Pollination

SEED SAVING Seed saving promotes self-reliance, conserves agricultural resources, saves money, and connects us with our agricultural roots. By selecting seed from the plants that do best for you, you can create your own locally adapted strains. Mostly self-pollinating plants (like tomatoes, peppers, beans and peas) are easy for the home gardener to experiment with.

If you save seed from hybrids, the second and subsequent crops (the F2, F3, F4, etc., generations) will be unlike the parent generation. There will be a tremendous amount of genetic variability. Therefore we sell very few hybrids and we label them clearly.

We began carrying seed saving supplies in order to make them available in the small quantities required for small-scale Seed Savers. The "Growing Guides" section of our website has specific information on how to save seed from many common crops.

CONSERVATION OF GENETIC RESOURCES We are concerned about the erosion of our genetic resources and the trend toward replacement of standard or open-pollinated varieties by F1 hybrids. Unless we have genetic diversity in our food crops, our food supply is vulnerable to epidemics. This has been a repeated lesson of agricultural history. The Irish potato

famine of the mid-1840s and the U.S. corn blight epidemic of 1970 both show the dangers of lack of genetic diversity. In 1970, nearly 80% of the U.S. corn crop was planted in hybrids containing a genetic trait that made the crop vulnerable to blight. Our country came close to losing our entire hybrid corn crop, but all the open-pollinated varieties resisted the blight.

We offer a diverse selection of open-pollinated varieties. This helps to ensure a genetic reservoir of disease-resistant varieties, regionally adapted varieties, and varieties which are diverse in flavor, color, and culinary uses. What a shame it would be if we lost varieties such as Country Gentleman corn or Brandywine tomato. We would lose not only unique taste and quality, but also part of our agricultural and cultural heritage.

Seed Preservation Programs

ORGANIC SEED ALLIANCE The integrity of organic food starts with seed, yet unhealthy trends in the seed industry (consolidation, contamination by genetically modified organisms and the erosion of farmers' rights) threaten this integrity. OSA confronts these threats while building decentralized, regional, farmer-oriented seed production models. Learn more at www.SeedAlliance.org. **10% of our sales at events this winter go to the Organic Seed Alliance. See our event schedule on inside front cover.**

SUSTAINABLE MOUNTAIN AGRICULTURE CENTER provides training in identifying, collecting, and maintaining heirloom seeds and plants, and coordinates the activities of growers of heirloom fruits and vegetables. It maintains many heirloom beans and tomatoes and offers some for sale. The center facilitates a Kentucky heirloom seed exchange the first Saturday in October. www.heirlooms.org

UNITED PLANT SAVERS is a non-profit dedicated to replanting endangered medicinal plant species. The wild plant resources of the North American continent currently face serious depletion and possible extinction. UPS works to research, educate, and protect plants and habitats. www.unitedplantsavers.org

SEED SHARES™ is Southern Exposure's program to collect seed of varieties that are not in general circulation, but that have a special point of interest or usefulness. If you have a variety that you would like to share, tell us about it. Family stories are of special interest. In exchange for seeds that are not in our seed bank, we offer your choice of gift certificate, or seeds that we have available for sale.

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Phone (540) 894-9480

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11 am–3 pm, M–F, June 1–December 31 (EST).

Please have your order and credit card ready.

**Mail P.O. Box 460,
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Please use the order form on page 87.

Questions About Your Order?

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We accept all major credit cards (Visa, MasterCard, Discover & American Express), personal checks & money orders. Your credit card is charged the day your order is received, including back-ordered and seasonal items.

Shipping & Handling

Up to \$10.00	\$4.50
\$10.01 - \$30.00	\$5.50
\$30.01 - \$60.00	\$7.50
\$60.01 - \$120.00	\$8.50
over \$120	add 8% to total

We ship all orders via the United States Postal Service. Orders usually ship within 2–3 days. During our busy season please allow 4–6 days to ship. We notify you via phone or email if a delay is anticipated. Shipping & Handling fees are non-refundable.

Priority Handling Service

For 2025, we expect to generally not be able to offer Priority Handling Service. When it is available, we will make it an option on the checkout page of our website.

Spring & Fall Items Shipping Surcharge

Potatoes, Sweet Potatoes, Ginseng & Goldenseal, Garlic & Onion Bulbs!!!

Seasonal items do not delay your order. Your order ships normally and the spring or fall items ship when they are ready.

Garlic, Perennial Onions, Shallots, Ginseng and Goldenseal

ship in the fall, mid-September through early November.

Shipment is to northern areas first, moving south. We can only deliver these items within the 48 contiguous U.S. states.

Please add \$2 for any one fall-shipped item or \$4 for any two or more items.

Seed Potatoes ship in the spring directly from the farm in Maine where they are grown. Shipment is to southern areas first, starting in March, moving north. We cannot ship potatoes early due to the danger of freezing damage in transit.

Please add \$2 for one potato item or \$4 for any two or more potato items.

Sweet Potato Slips ship in the late spring and early summer from our growers in North Carolina.

Please add \$2 for one sweet potato item or \$4 for any two or more sweet potato items.

Virginia Sales Tax

There is a 5.3% state sales tax on orders shipped to Virginia addresses, unless accompanied by a signed exemption certificate.

Substitutions

We occasionally run out of a variety. Our website has updated availability information, so please order online for the most accurate information and fastest order fulfillment.

If a variety you request is out of stock, we may substitute a similar variety unless you indicate a preference to the contrary.

Back-Orders

If an item you order is out of stock, we may briefly hold your order until that item is available again. Otherwise we will ship the rest of the order, and later ship the back-ordered item separately when it becomes available.

Foreign Orders

We do not ship orders internationally.

We are no longer taking orders from Canada and Mexico. Research and seed-saving organizations may contact us for an exception.

PRICES & QUANTITIES Prices are in effect until December 31, 2025, or until superseded by the next catalog. Seed is sold by weight; seed counts per packet are approximate. We reserve the right to change prices and quantities without notice.

GUARANTEE We want you to be 100% satisfied with your purchase. If your purchase proves dissatisfactory we will replace the item or refund the purchase price according to your preference. Limitation of remedy and conditions of sale: Southern Exposure Seed Exchange (SESE) warrants only that our seeds and nursery stock are labeled in conformance with the Virginia Seed Law and the Federal Seed Act. We make no other or further warranties, expressed or implied. SESE disclaims any warranty of merchantability, fitness of purpose, or otherwise, of its products or the seed or crops grown from such seeds. SESE limits its remedy to the replacement of the dissatisfactory item or to the refund of the purchase price.

RETURNS Prior authorization by SESE is required for return of hard goods. Claims for defects must be presented to SESE as soon as practicable within 30 days of discovery, and in any event, no later than 60 days from date of shipment. If the item is not returned in saleable condition, SESE may assess a restocking fee based on the condition of the item. Claims for defects in seeds or nursery stock must be presented within 30 days of discovery, and in any event, no later than 6 months from date of shipment.

RESTRICTIONS ON SALE By placing and accepting an order the customer agrees to all terms and conditions. We reserve the right to limit or refuse sale in any locality, state, or country.

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Billing Address Please clearly print all information.

If your address has changed, indicate your former zip code: _____

Date _____ Member # _____
 Name _____
 Address _____

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 E-mail _____

Shipping Address (If Different from Billing Address)

Name _____
 Address _____

 City _____ State _____ Zip _____

If an Item is Out of Stock

If you do not make a selection we will provide a similar substitute if available and otherwise you will receive a refund.

- Check if you prefer a substitute of a similar item if available.
 Check if you prefer a refund.

Payment Information

Visa MasterCard Discover American Express

Card Number

Card Expires /

Name on Card (please print) _____

Order Total \$ _____

Check # _____

Money Order # _____

Gift Certificate # _____

Item #	Item Name	Size	Price Each	Quantity	Line Total

Fill in all columns completely. More space is on the reverse side.

Total This Side: _____

Total Reverse Side: + _____

Order Subtotal _____

Virginia Residents Only Add 5.3% Sales Tax: + _____

Shipping & Handling (see left): + _____

Seed Potato Surcharge (Shipped in Spring, see left): + _____

Sweet Potato Slip Surcharge (Shipped in Spring, see left): + _____

Onion Bulbs & Garlic Surcharge (Shipped in Fall, see left): + _____
 Ginseng & Goldenseal

Subtract Credit/Gift Certificate (Enclose): - _____

Shipping Surcharges

Onions Bulbs, Garlic, Ginseng & Goldenseal:

\$2 for 1 item,
 \$4 for 2+ items
 (Shipped beginning
 mid-September.)

Seed Potatoes:

\$2 for 1 item, \$4 for 2+
 items (Shipped beginning
 March 1)

Sweet Potato Slips:

\$2 for 1 item, \$4 for 2+
 items (Shipped beginning
 mid-May)

Shipping & Handling

For Subtotals:

Up to \$10.00 add \$4.50
 \$10.01 - \$30.00 \$5.50
 \$30.01 - \$60.00 \$7.50
 \$60.01 - \$120.00 \$8.50
 over \$120 8% of total

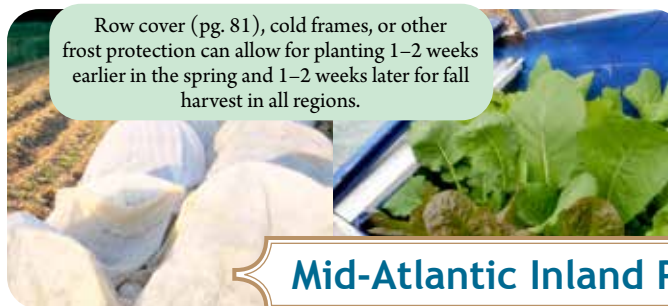
Order Online:

www.SouthernExposure.com

Order Total: _____

Recommended Planting Dates

We've found the dates below to be the best times to plant in the **inland plains of the mid-Atlantic**, based on our experience in central Virginia (Zone 7a. Average last spring frost April 15. Average first fall frost October 15). Adjust according to your own frost dates.



Row cover (pg. 81), cold frames, or other frost protection can allow for planting 1–2 weeks earlier in the spring and 1–2 weeks later for fall harvest in all regions.

Mid-Atlantic Inland Plains Planting Dates

Artichoke	sow indoors Feb 21–Mar 21, transplant out Apr 21–May 21	Endive	direct sow Mar 15–Apr 15, Jul 21–Sept 15	Spinach	direct sow Mar 1–Apr 21, Sept 1–Oct 1
Beans, Bush	direct sow Apr 15–Aug 10	Garlic	plant bulbs Oct 15–Nov 15	Summer Squash & Zucchini	direct sow Apr 21–Jul 21
Beans, Pole	direct sow Apr 15–Jul 15	Kale	direct sow Mar 10–Apr 15, Jul 21–Sept 15	Winter Squash & Pumpkins	direct sow May 1–Jun 10
Beans, Lima	direct sow May 7–Jul 25	Kohlrabi	direct sow Mar 10–Apr 15, Jul 15–Aug 21	Sunflowers	direct sow Apr 15–Jul 7
Beets	direct sow Mar 15–Jul 31	Lettuce	direct sow Mar 10–Jun 1, Aug 7–Sept 21	Sweet Potatoes	transplant out May 15–Jun 21
Broccoli	direct sow Mar 10–Jul 1 sow indoors Jan 31–May 31, transplant out Mar 15–Jul 15	Muskmelon	direct sow May 1–Jun 15	Swiss Chard	direct sow Mar 15–Aug 1
Brussels Sprouts	direct sow May 1–Jun 1 sow indoors Apr 1–May 15, transplant out May 15–Jun 15	Mustards	direct sow Mar 10–May 1, Jul 25–Oct 1	Tomatoes	sow indoors Feb 21–May 7, transplant out Apr 21–Jun 21
Cabbage	direct sow Mar 10–Jul 15 sow indoors Jan 31–Jul 1, transplant out Mar 15–Aug 1	Okra	direct sow May 1–Jul 1	Turnips	direct sow Mar 10–Apr 15, Aug 7–Oct 1
Cabbage, Chinese	direct sow Mar 10–Apr 7, Jul 15–Aug 15	Onions, Green	sow indoors starting Feb 10, direct sow Mar 15–Aug 10	Watermelon	direct sow May 1–Jun 10
Carrots	direct sow Mar 10–May 1, Jul 25–Aug 15	Onions, Bulb	sow in cold frame Nov 10–Dec 1 (or indoors Jan 1–Jan 21), transplant out Mar 1–Mar 21		
Cauliflower (spring)	sow indoors Jan 31–Mar 7, transplant out Mar 15–Apr 7	Onion, Multiplier	plant bulbs Oct 15–Nov 15		
Cauliflower (fall)	direct sow Jun 1–Jul 1	Parsnips	direct sow Mar 1–May 1		
Celery & Celeriac	sow indoors Jan 21–Feb 15, move to cold frame Mar 1–Mar 15, transplant out May 1–Jun 1	Peas	direct sow Mar 1–Apr 15, Jul 15–Aug 1		
Collards	direct sow Mar 10–Sept 1	Southern Peas	direct sow May 7–Jul 25		
Corn	direct sow Apr 21–Jul 15	Peppers	sow indoors Mar 7–Apr 21, transplant out May 7–Jun 21		
Cucumbers	direct sow May 1–Jul 21	Potatoes	transplant out Mar 15–Apr 15, Jun 1–25 (mulch)		
Eggplants	sow indoors Mar 7–Apr 21, transplant out May 7–Jun 21	Radishes	direct sow Mar 10–Jun 1, Aug 1–Nov 1		
		Rutabaga	direct sow Aug 1–Aug 21		

Adjust these dates for your region!

We consider the mid-Atlantic to be divided into 3 distinct gardening regions: inland plains, coastal, and mountain.

Use these guidelines to adjust dates for your region:

Coastal Gardens:

Mild winters allow for planting spring crops up to 2–4 weeks earlier in late winter and early spring. Continue to plant cool-season fall crops up to 2–4 weeks later in summer and fall.

Mountain Gardens:

You may need to delay plantings up to 2–4 weeks in the late winter and early spring to allow the soil to warm up and dry out. Take advantage of long springs by planting cool-season spring crops up to 2–4 weeks later. Discontinue fall plantings up to 2–4 weeks earlier to ensure adequate time before frosts. Hot-season crops should be planted early enough to ensure adequate heat and time for maturation, but be sure to allow the soil to adequately warm.

Choose faster-maturing varieties for hot-season crops.

Alternative Greens & Dual Crops

In addition to the greens listed here, the leaves of sweet potatoes, amaranth, hyacinth beans, asparagus beans, southern peas (cowpeas), and squash can be cooked and eaten. We recommend using young leaves and shoot tips of squash and hyacinth bean plants. Amaranths vary in taste: we recommend Callaloo amaranth and Mayo Indian grain amaranth for greens. Buckwheat (cover crop) leaves can be eaten raw in salads. Many herbs work well in salads, including roselle, salad burnet, anise-hyssop, sorrel, chives, cilantro, dill, borage, and basil. Young pea shoots can be eaten as a salad green.

Find more tips like these on our blog:
www.SouthernExposure.com/blog

Cold Season Gardening Quick Reference

Cold hardiness varies with variety, the health of the garden soil (the healthier the soil, the hardier the plants), wind chill, etc. Be aware of the idiosyncracies of your garden – low areas collect cold air, south-facing slopes with good air drainage stay warmest. Take notes, experiment, find (or breed!) the varieties right for you!

CROP Recommended Varieties
Cold Hardiness Advice

Early Summer

Start planting for fall and winter with two of the hardiest winter vegetables, but also the slowest to reach maturity. We direct sow parsnips by early May, when the soil is still cool, and we sow Brussels sprouts by mid-June. **BRUSSELS SPROUTS** Catskill · **20-25°F** **PARSNIPS** Harris Model, Hollow Crown, Turga · **0°F** **SALSIFY** Sandwich Island Mammoth · **0°F**



Catskill Brussels Sprouts p. 10

Parsnips p. 34

Late Summer to Early Fall

For fall & winter salads, start weekly sowings of lettuce. In late summer, sow greens more thickly to survive insect damage. Add cilantro and parsley in early fall. Radishes and turnips can be sown earlier, but we prefer to wait for cooler temperatures in early fall. Wait for the soil temperature to cool before direct sowing spinach (when galinsoga weeds bloom).

LETTUCE Red Salad Bowl, Bronze Arrow, Winter Density, Rouge d'Hiver, Red Sails · **25°F** (large leaves), **15°F** and lower (small leaves)

· Red lettuces are more attractive for fall planting, as cold temperatures intensify red colors, while green lettuces look yellow and sickly. Lettuce may have difficulty germinating in hot soil. **LARGE LETTUCE** Large heads don't handle very cold weather well. They usually rot and decline by mid-Dec. **SMALL LETTUCE TO OVERWINTER** Plants should have 4–10 leaves before winter. Growth slows with onset of cold, then resumes, with plants reaching maturity in Feb./March.



Winter Density Lettuce p. 27

ENDIVE, ESCAROLE **25°F** and lower · Similar to lettuce.

COLLARDS **12°F** · Young collards are shorter and easier to cover, so start a fall crop!

KALE Red Russian · **15°F** · Vates, Siberian, Lacinato Rainbow, Lacinato · **12°F** · Even' Star Smooth Kale · **6°F**



Champion Collards p. 22

Red Russian Kale p. 24

Mid-Summer

We sow our earliest fall broccoli and cabbage in early June, by July 4th at the latest. We make a second, late sowing by mid-July, adding cauliflower & Chinese cabbage. We do a large sowing of carrots late-July through mid-August for fall and winter harvest. Kohlrabi and rutabaga should be sown by early to mid-August.

BEETS Lutz Green Leaf, Chioggia, Bulls Blood · **20°F** (roots), **16°F** (leaves) · Sow beets before hot weather arrives.

BROCCOLI **28°F** · Leaves can handle to 15°F, but heads are more tender.

CABBAGE **20–25°F** · If damaged by frost, harvest and peel off damaged layers before storing.

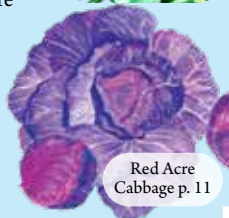
CARROTS Danvers, Oxheart · **12°F**



Early Wonder Tall Top Beets p. 10



Broccoli p. 10



Red Acre Cabbage p. 11

CAULIFLOWER **32°F** · Leaves handle as low as 15°F, but heads damage easily.

CHINESE CABBAGE **25°F**

LEEKs American Flag **10°F** (probably lower) · Don't overwinter tender 'Summer' types

ONIONS, GREEN Evergreen Hardy White, Deep Purple · **25°F** · Purple types have more color in cold weather.

KOHLRABI Early Purple Vienna, Gigant Winter · **20°F?** We're still experimenting.

RUTABAGAS American Purple Top Yellow · **20°F** (roots), **16°F** (leaves)

DILL Fernleaf · **25°F**



Danvers 126 Carrots p. 12

Snowball Cauliflower p. 12

Purple Vienna Kohlrabi p. 26

American Flag Leek p. 26

Rutabaga p. 57

MUSTARDS Red Giant, Southern Curled · **25°F** · Bolt in Jan./Feb. as days lengthen. Tat Soi · Succession plantings 1–2 weeks apart. Good mustard to overwinter · hardy, close to the ground, & easy to cover, but will bolt in Jan./Feb. as days lengthen. Even' Star Tender Tat, New Star Mustard, Chinese Thick-Stem Mustard · Even' Star winter-hardy varieties · **6–12°F**

RADISHES Cherry Belle · **20°F** (roots), **16°F** (leaves) **DAIKON** **RADISHES, FALL RADISHES** · Misato Rose, Black Spanish Round, Miyashige White Daikon · **20°F** (roots), **16°F** (leaves)

RADICCHIO · **25°F** and lower

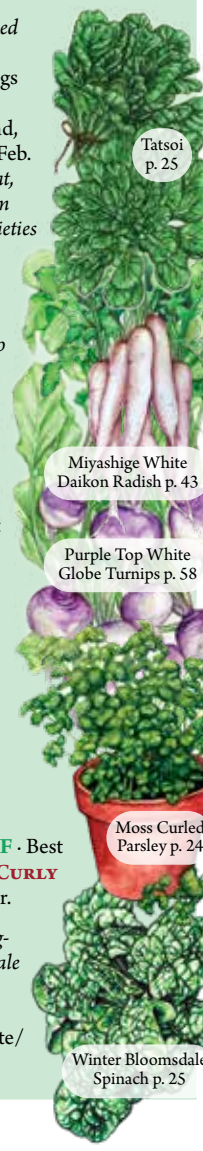
SWISS CHARD · **25°F?** (Variable) · Smaller-leaved varieties are the most cold-hardy.

TURNIPS Purple Top White Globe, Seven Top (greens) · **20°F** (roots), **16°F** (leaves) · Ice-Bred White Egg · **6°F**

CILANTRO **15°F** · Plant earlier for fall harvests, later for overwintering crops. Younger/smaller plants overwinter best. May have problems germinating in hot soil.

PARSLEY FLAT Flat Leaf Italian · **20°F** · Best for flavor and drying, but less hardy. **CURLY** Moss Curled · **15°F** · Prettier & hardier.

SPINACH Abundant Bloomsdale, Long-Standing Bloomsdale, Winter Bloomsdale · **10°F** (large leaves), **5°F** (small leaves) · Wait until cool weather to seed as spinach seed doesn't germinate/survive well in hot soil.



Tatsoi p. 25

Miyashige White Daikon Radish p. 43

Purple Top White Globe Turnips p. 58

Moss Curled Parsley p. 24

Winter Bloomsdale Spinach p. 25

Mid- to Late Fall

Wait until mid-Fall to plant garlic & perennial onion bulbs (including shallots). Don't despair if you still haven't planted winter greens we've had success sowing greens in early November in a makeshift cold frame. Our fastest growing fall-sown greens are arugula, cress, Tatsoi, and kale. Lettuce seedlings can be transplanted under row cover in early November. We've even harvested a last round of radishes from a November sowing.

Great for last minute sowings: Arugula, Cress, Tatsoi, baby Kale, Radishes.

ARUGULA Even' Star Winter Arugula (**6°F**) · **22°F** · Will bolt in Jan./Feb. as days lengthen.

CRESS Belle Isle Plant by mid-fall, (slow germinating).

GARLIC · **5°F** if not too much topgrowth · Frost-burned plants will survive, but won't produce as large a bulb. Plant later to avoid frost damage.

PERENNIAL ONIONS (SHALLOTS) Yellow Potato Onions · **0°F** · Withstand colder temperatures so long as they are mulched and deeply planted.

RADISHES Cherry Belle · Choose quick-growing spring-type radishes for late plantings.



Arugula p. 20

Belle Isle Cress p. 21

Hardneck Garlic p. 19

French Round Shallot p. 33

Cherry Belle Radish p. 43



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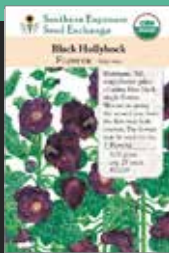
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Our Events Calendar

See our full calendar at SouthernExposure.com or like us on Facebook and Instagram.

Virginia Association for Biological Farming (VABF) Conference & Small Farm Outreach Program Summit

January 10–12, Roanoke, VA

vabf.org and

ext.vsu.edu/small-farm-outreach-program

Chesapeake Alliance for Sustainable Agriculture (CASA) Future Harvest Conference

January 17–18,

Silver Springs, MD futureharvest.org

SOWTH: A Regional Small Farms, Big Community Conference

hosted by Georgia Organics

February 4–6, Atlanta, GA

georgiaorganics.org

PASA Farming for the Future Conference

February 5–7, Lancaster, PA

pasafarming.org

Organic Growers School Spring Conference

March 14–17, Asheville, NC

organicgrowersschool.org

Annual Sustainable Agriculture Conference, CFSA

November TBD, Durham, NC

carolinafarmstewards.org



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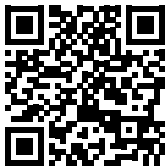
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 <p>Hales Best MUSHMELON 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Danvers 126 CARROT 14000-000</p> <p>Hardness: 1942 75 days. Deep orange spines 1 1/2 inch wide. A good choice for the home. 1 gram avg. 20-40 seeds #2121</p>	 <p>Delicata (Zeppelin) WINTER SQUASH 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Jacob's Cattle DRYING BEAN 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Homestead 24 TOMATO 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Black Hollyhock FLOWER 14000-000</p> <p>Hardness: 70 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Tall Utah CELERY 14000-000</p> <p>Hardness: 110 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>
 <p>Winter Luxury Pie PUMPKIN 14000-000</p> <p>Hardness: 100 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Tatsoi MUSTARD GREENS 14000-000</p> <p>Hardness: 60 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Bowling Red OKRA 14000-000</p> <p>Hardness: 70 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Costata Romanesco ZUCCHINI 14000-000</p> <p>Hardness: 60 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Golden Bush Scallop SUMMER SQUASH 14000-000</p> <p>Hardness: 60 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Selma Sun SUNFLOWER 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Chioggia (Beet) or Chiogfio BEEF 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>
 <p>Cayenne Long Red HOT PEPPER 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Resina Calendula HECK 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Purple Beauty SWEET BELL PEPPER 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Prismatic Rainbow SWISS CHARD 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Mortgage Lifter VFN TOMATO 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Jalisco Jalapeno HOT PEPPER 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Violet's Multicolored Butterbean LIMA BEAN 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>
 <p>Sugar Cherry CHERRY TOMATO 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Cherokee Long Ear Small POKCHON 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Green Zebra TOMATO 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Markermore 76 CUCUMBER 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>	 <p>Acorn (Crisp) WINTER SQUASH 14000-000</p> <p>Hardness: 80 days Sweet, flavorful medium orange flesh. The elongated melon plants grow prostrate and are highly productive. A good choice for the home. 2 grams avg. 50-60 seeds #2304</p>		

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